

*Messages from*  
*Abundant Hope*

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**Others Part # 4**

# Table of Contents

<u>Message</u>	<u>Page</u>
<b>Table of Content</b> .....	<b>1</b>
KRYON: "Flow into the New World" .....	3
PLANETARY CORRECTING TIME BRINGS HOPE FOR A BETTER FUTURE .....	9
Have Faith, Have Trust .....	18
The Holon of Ascension .....	19
Ethics and Legal Entities .....	24
Jesus Easter Message 1993 .....	28
Now is the time for you to engage your higher aspects and intentions for the world you wish to create .....	30
TRANSCENDING YOUR PHYSICAL MIND AND CONTACTING YOUR SOUL .....	33
"PASSPORT TO ASCENSION" .....	40
You Have to Earn Your Right to Eternity .....	44
Several Teachings by Samuel .....	51
Conflicts are Innate in Humans .....	56
Divine Purpose.....	57
1-800-ASK-ATON.....	58
Your World is a Universe Oddity .....	61
Crossing the Monjoronson Hurdle.....	70
AA Michael November 13, 2009.....	73
Christ Michael's Christmas Message thru Donna D.....	80
HEAVEN #3318 What Christ Yearned For, December 25, 2009 .....	81
Messages from Christ Michael thru Melanie and Tania .....	83
Three Dictations thru Tatyana of Russia .....	86
Haiti and the Chaotic Node .....	94
Preparation for the Changing Times .....	98

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## **KRYON: "Flow into the New World"**

**By Kryon - Channelled through David Brown**

**Jan 7, 2009**

**Note to the reader:** Express the intent to be "in the NOW" at the channelling, and for your energy to be combined with the group that was present.

Kryon ~ Channelled through David Brown  
2 December 2008 at Marina da Gama, Cape Town

### **"Flow into the New World"**

Greetings Dear Ones for I AM KRYON of Magnetic Service.

Once again it is wonderful to be back here in the Marina da Gama. There is much love and much change in the air; many, many different energies approaching and the energies of Mars and Venus become closer and closer bringing love and the aggressive energy to shake out what stops you loving. There is a whole new world ahead and your energies must be clear. We know you have been on the path for many years and we are going deeper and deeper, deeper into a new world, clearing out ancient, ancient wounds, going further and further back into past lives and time, healing scars that have affected lifetime after lifetime after lifetime almost from the beginning of time.

The time has come for the great shifts to happen. The time has come where the meek shall inherit the earth. The ones that have taken their power have caused great upset and unhappiness over the years, particularly financially towards the end of 2008. This is what happens when you elect leaders that profiteer, when you elect leaders that are out of integrity with themselves and the nations that they lead. Leadership in men should come from a space of integrity within themselves. They should receive whatever they need through acting out of integrity and being absolutely in their authenticity. The days of this type of leader and leadership that is out of integrity is coming to an end.

It is very difficult for a family man with a wife and children to riot on the streets, but there has been civil unrest and civil disquiet for much lesser reason than the down-scaling of the U.S.A. and the global economy. This downscaling has occurred through greed and avarice and once again people completely out of integrity taking amounts of money for themselves, more than they could never ever spend in a lifetime. Taking money out of the pockets of people in difficult circumstances, people that have never owned their houses before, first time home owners that are having to sell their houses, a whole new world, a whole new system will be falling into place.

There will be shake down after shake down after shake down and those who stay in integrity, those who follow their heart and live their dream will be safe will be secure, will bring on the support of the Divine. Those who act out of integrity will not wait till other lifetimes to act out their karmic debt they will receive what they give out in this lifetime. There is enough knowledge and enough wisdom now on the planet evenly dispersed for these kinds of things cannot happen any more on this planet. There is a new world happening and a new world beckons, the new world is coming.

There are to be many great, great shifts of energy flowing through mankind. Those who are

conscious and working on consciousness will understand these shifts and these shifts will also happen for those who are unconscious, being led by those searching for consciousness. A new world, a whole new world, the new fantastic point of view, a completely different way of living, a completely different way of manifestation is just around the corner.

There are many worlds that live side by side with planet earth, many worlds that can't be seen that are far beyond the frequencies of human sight and human technology and these new worlds are working towards planet earth coming and ascending to new levels of consciousness. There is more and more energy and more and more knowledge being beamed to this earth creating a great awakening of the masses creating a great understanding. This will take a few years to unfold and those of you who are working on yourselves and becoming conscious of your behaviour and where your behaviour comes from will be at the cutting edge of this technology and your lives will begin to fall into place. Where you have experienced excessive trauma in this lifetime that trauma will begin to recede, the energies that you have found difficult to work with you will manage to overcome.

It is easy, very easy, to traumatize a child all it takes is a lack of love. For no love can bring death to a child. If it doesn't bring physical death then many aspects of the child will die. A child without love is like a torch without a battery, there is no energy for it to develop and the child begins to shut down certain areas so that it can survive. It shuts down certain areas of its intelligence and it learns to manipulate the truth through behaviours like selective hearing, selective vision, avoidance of what it should really be dealing with and what it shouldn't have to deal with. Its parents were there to support the child to nurture and to nourish to make the child safe and secure, and where this has not happened a child becomes traumatized and that trauma plays out in adult life.

Many, many of you in the new age and on your spiritual path have struggled with this child that is traumatized. In very serious cases of trauma the child completely overtakes the personality of the person and it is as if you are living totally in the past, totally in that moment of trauma and fear and your lives are not allowed to unfold. If a life for a child without love happened in nature it would be as if a tree would shed its leaves, it would just let its leaves die off, perhaps because a tree would see rain as love and if there is no water to nurture and nourish the tree then the tree slowly but surely allows its' leaves to die back and this is exactly what happens to a child. What has to happen is that trauma has to be visited and re-visited over and over and over again. It is not only the trauma that the child experienced that must be re-visited because trauma naturally weakens the child and the adult, and this trauma in this new energy you will be able to release this child of trauma. You will be able to regain your core strength in your stomach and begin to create for yourself a powerful life, a life of your dreams.

No matter how traumatized the inner child is you still have your dreams and your dreams are your journey and as long as you keep processing your trauma just gently wearing it away, releasing step by step little, little at a time, healing the inner fight the resistance within you will conquer this, you will conquer your own life you will become the master of your own destiny. You will bring more and more love into your own life. You will bring more and more love to this earth for all to share and for all those that haven't got the courage to walk the same path that you are walking you will give them many gifts. The power will belong to you for you will be the one that healed yourself, you will be the one that becomes enlightened. You will be the one that steps into truth, honesty and absolute integrity.

It is these wounded leaders that you are electing into power on this planet that are creating so many problems for the planet. They can't see beyond themselves. They don't have a vision of love. They don't have a vision of how beautiful life can be. They can't have that vision because the child controls them. The child, the hurt, the wounded child its needs are not fulfilled it's full of want.

When you come to a stage of enlightenment you no longer have needs and you no longer have wants. You just are. Things just are the way they are. Whatever you want you have it, whatever you need you have it! There is no need to fuel relationships with fraudulent dealings, for your relationship with yourself is in harmony it's just the way it should be.

There will be new ways of choosing leaders coming into the consciousness of man and once again this will take time, this will take a number of years for this consciousness has to filter through into the masses. It has to come from heaven and move into the earth and the way that happens is through mankind. When the energy flows through man and man can accept these energies he must pull it through his own body and push it into Mother Earth. That is the way to change life on Mother Earth it is to bring through these new energies and to connect them into the Mother Earth, to ground them.

But one must be grounded one's self and this is the job and the duty and the will of the enlightened beings. They wish to impregnate the earth with love, justice, freedom and ecstasy, all these beautiful energies. The days of suffering are not quite over but they will be over for there will be no need to suffer. There will be no need for others to make others suffer for there are many, many changes.

We, in spirit world envisage an earth plane far, far beyond what your imagination can deliver. There are those scientists that dream of travelling to the boundaries of outer space there are others that dream of exploring the oceans and others that dream of exploring the forests and the jungles but the greatest exploration is the exploration of one's self. The journey the Gnostics bring to you the journey of gnosis, the bringing into your body that special Divine wisdom, a special understanding not only of planet earth but of man himself, of humanity, of how you work, of how you operate for you are all far more powerful than you could ever, ever, ever imagine.

There is much power far beyond the veil and the veils are being lifted. Slowly but surely those ones of you who can handle the responsibility of this great knowledge and wisdom it will be given to you. It will be yours to teach and to use and to allow to flow into the rest of humanity for consciousness is about responsibility. The more and more conscious you are the more and more responsible you are. Love is consciousness. We always said in these channellings that love is the only answer and each question and each problem is answered in love, is more and more darkness in the light, as there is more and more love in your hearts.

It is sometimes difficult to answer a problem with love when you operate through the consciousness of humanity, of human consciousness, but when you can ride beyond human consciousness and allow your heart to deeply connect with the Divine your answers will come and they won't be the same answers that your head gives you. Your heartfelt answers will change your world. Just allow your heart to show you the way. Just try it with a few small problems. A few problems that you view as unimportant, trivial, and just throw a little love at those problems and just observe, just observe. It is like a plant with sunshine and water they will grow and they will blossom, they will transform, they will turn your life into love and you will become like a love machine.

The more and more you practice this art the more and more you will grow. You will grow like the trees grow in the Amazon forest where they are saturated in humidity, water, sunshine and ambient temperatures it creates so much growth – that is what love is. One of the most beautiful experiences that you can experience is to give love, just give it to yourself.

So we ask you to close your eyes and just drop deeper and deeper into your bodies for this room is filled with the Angelic realm: with the angels, the guides and the spirit guides. There is much

love and we ask you to become soft, gentle like a kitten, playful. Just allow the energy of a kitten. Become the energy of a kitten, soft, furry and warm. Just allow yourselves to become this energy... Just allow your hearts to open and become soft. Just allow your hearts to open in the present and don't allow this energy to move to any aspects of your inner child or your inner parents, your masculine or your feminine, just allow it to flow into you that's present in this moment. It might sound strange but your soul understands. Just become soft and gentle in this moment. Let the love gently flow... Just let the love flow. Just give it to yourself. Where there is resistance or pain or an inner struggle, an inner fight just acknowledge this inner fight or whatever stops the flow of love... In acknowledging your inner pain or your hurt this blockage, belief pattern or thought will release.

For Dear Ones, this is the Kryon energy and we are here to deliver consciousness. It is yours for the receiving... Just become softer and softer, easier and easier, relax going deeper and deeper and deeper going deeper and deeper and deeper at the same time going higher and higher and higher. You are all these things. You can do and be all of these things all at the same time. Just allow yourselves to connect with the Moon and with Venus and Mars allow these special energies to flow into your hearts and become one. Expand into the Universe, expand beyond this small room, expand beyond who is sat next to you. Just expand, relax and expand. For in relaxation there is expansion. For in momentum there is rest and in rest there is momentum. Just become soft and gentle.

You are just like a computer zip file sometimes compressed, sometimes expanded flowing into everything. Just allow yourselves to flow into everything. Flow where ever you want to flow. Allow yourselves to flow into the new world. Flow to meet these new energies that are coming for you are being held like the Sun holds the Earth you are being held in a very special space to receive these new energies. The energies of love, the energies of clarity... As you are expanding becoming softer and more gentle we ask you to become more and more loving for that aspect of your inner child that you find most difficult to deal with ; the part of your child that is traumatized, the part of your child that was starved of love, this is not all of you or all of your child just and aspect for the traumatized child creates a traumatized reality where things are stuck, where things don't move, where abundance can't flow, where there is no expansion and growth.

You will find that the likelihood is that you have been suppressing this child, using a lot of energy suppressing this aspect of your child. Your child fights you and you fight the child. When you fight the child what's missing is love. For Dear Ones, you are all healers in this lifetime. The ones that hear these messages you had to experience this level of trauma in order to heal this trauma and hold the space for all those that come to you in search of healing. Just allow the softness, tenderness, the touch, allow the energies of responsibility to flow through your bodies taking full responsibility for whatever aspect of what happened to the inner child. Whatever you take responsibility for the answers will come to you and the healing will come to you. Secondly apologise to yourselves and to the child, for an apology is an expression of deep regret.

But you may question why apologise? Well you put that child through a very, very difficult childhood, a very painful lesson for a very painful experience and the likelihood is that the child won't respond until it receives an apology. Also apologise to yourself for this child has created a reality all through your life where you haven't managed to create the life of your dreams as a direct result. Usually one's parents are involved and allow the apology to flow to wherever it needs to flow, parent's, grandparents or any other third party for they also like to act in a certain way to traumatize the child, they could only have been traumatized themselves to be drawn into such behaviour.

The energy of apology is a gift, is a beautiful spiritual gift, not everybody has the gift of apology. So whatever gifts you do not have such as the gift of apology it would be wise to thank God for the

miracle of the gift of apology. Give it to yourself... In order to resuscitate this child to bring it back to life, transform it from dead to alive, from stoic to moving with the energies of love and forgiveness. Fill this child with love and allow forgiveness to flow like the Amazon flows from the Andes to the Atlantic never stopping, always flowing pushing the ocean back miles and miles and miles with its force and its power. Love has a force and a power it is so light you can hardly feel it, you can't touch it. When it comes it comes and you know it is there.

So fill this beautiful little child of yours, the soft gentle part of you that got so wounded with love and forgiveness for inside the most gentlest, softest parts of yourself, the parts that are easiest to wound is your genius. Just let the love flow deeper and deeper and higher and higher expanded and dense. Let it come with all the opposites of what love can be. Let the love just come and like the gift of apology thank God for the miracle of the gift of love and the gift of forgiveness. For they are gifts, they are beautiful gifts.

Now allow for the energy of surrender to flow through this child, surrendering all the behaviour patterns that have followed with this energy of trauma. The wounded child never acts in alignment with your dreams the wounded child will always act and project its energy into the world completely the opposite way you want to live your life. It will operate anti to your life and to your dreams. That's how you become aware of your inner child, your wounded child. Your wounded inner child creates a reality that does not align with your dreams but it makes you stronger and stronger, more and more aware, more and more powerful. It teaches about consciousness and how this world became the world that it is.

So allow the surrender of all these behaviour patterns that no longer serve you... and now lets move on to the sixth necessary energy of healing that is the energy of gratitude. You may not feel grateful in this moment for that experience and the child definitely won't be grateful but the present you have to accept that you have learned a great deal from this experience and you have derived great power and great wisdom, great healing energies as a result of going through this experience. Also on the flip side you can be grateful that you won't be going through this experience again. So once again thank the Divine for the miracle of the gift of gratitude and remember the more grateful you are the more you get.

Just allow in the energy of gratitude for the experience you had and the experience that is now over, for all the wisdom and all the knowledge and all the love, for all the fun that you have had in the darkness and grateful now to be able to step more and more into the light. Remember that love conquers all and that you are love; that is where your power lies. Your power lies in pure authentic love. Your power lies in you being true to yourself and you being absolutely authentic. When the truth comes to you and you know that this is pure truth love is ruthlessly acting on the truth. Your angels are at your feet and your spirit guides surround you, they are washing your energies with love in awe and in honour of the work that you have done not only tonight but through your lifetime. Just receive this love wash, just receive this love, receive this connection and open yourself to guidance...

Now the final energy the energy of letting go, whenever you let go something better always, always, always comes not 99% of the time but 100% of the time. Something better always comes. So allow the energy of letting go to permeate this event and this child and your inner parents and your inner grandparents and the inner you, your inner masculine and your inner feminine and all those aspects of yourself that can receive this energy of letting go. Just allow the letting go to happen, just like a tree lets go of its leaves in winter or in autumn in preparation for the winter. Let it go...

Dear Ones, you are magical beings of this universe and with each day that goes by you become more and more.



Go well and God Bless for this is Kryon signing out. Thank you.

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# PLANETARY CORRECTING TIME BRINGS HOPE FOR A BETTER FUTURE

By Christ Michael, TR JL

Jan 17, 2009

**WWW.CHRISTMICHAELSGLOBALSPIRITUALNETWORK.COM**

**SERVICESECTOR12@Yahoogroups.com**  
**(SUPERHUMAN MINISTRY Service Sector)**

**NYTRAYN@MSN.com**  
**TMtranscripts@Circuit1.TeaMcircuits.com**  
**www.TMarchives.com**  
**Michael--December 29, 2008**  
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**MICHAEL--T/R-JL**  
**(The nature of personal time)**  
**(Personal, individual freedom)**  
**(A simpler, easier Urantia book?)**  
**(A mountain of revelation)**  
**(Warfare, terrorism, crime: faith)**  
**(The perpetuation of conflict)**  
**(Limitations and how to transcend them)**  
**(Ultimate decisions and meditation)**  
**(Sublime uncertainty)**

Dear Michael and Mother Spirit, As we rev ourselves up and focus ourselves down these next few days, getting ready to party on that admittedly arbitrary moment between calendar years, we ask you help us stay still and calm at heart. Help us realize what we've been informed, that just as God in His absolute and perfect memory becomes the oversoul of all creation, the Supreme Being, so too our own souls, co-authored by the presence of God within us, hold for all eternity our human experiences which seem to run past us so swiftly and are gone.

Help us be aware of this deep mystery that personal time is. What does the Urantia book mean when it says we realize space by a process of synthesis, yet we realize time by a process of analysis? However: it assures us that both time and space are our true home; so help us feel at home in this living mystery for whatever pain or sadness it may hold. Help us keep our faith that--ultimately--this eternal now contains unbounded joy in simply being alive. Amen.

MICHAEL: Good evening, my children, this is Michael. Mother Spirit and I do wish you a happy new year. It gladdens our hearts when you reach for that deeper happiness that you express as joy. Some of your metaphysicians have correctly discerned this is truly part of our Father's basic nature, this deep and abiding joy in creativity. So too this is your innate nature as a spiritual being. Yet within this first stage of your eternal life, involving a largely unconscious quotient of your creativity, you might wonder how much you are generally aware of co-creating this present moment, this eternal now.

(The nature of personal time)

With any corresponding inability to respond to that quotient that is your own creation, your own doing, this leads inevitably in the fullness of time to pain and sadness, to what you call mistakes, misperceptions, and misconceptions. As your Urantia book puts it, and we've mentioned a few times: the endowing of imperfect, immature beings with even a relative degree of creativity and free will, leads inevitably to tragedy. This is part of God's response-ability, and He does respond to the sheer potential for all the harm that personal beings are capable of doing to themselves and to each other. If you will, it's within His existential parameters that such things are even possible.

This possibility is necessary for personal beings to be free to express themselves along a whole spectrum of goodness to evil as part of their basic nature, so primal you do have the existential possibility for both to occur. Yet this mere possibility is only realized and compounded when it is intentionally performed by personal beings capable of distinguishing between right and wrong. This is tied to another great distinction some of your human laws consider, the whole dimension of intention, for in this you recognize that much of the evil and harm that is done is unintentional, the consequence of unconscious misperceptions and misconceptions coupled with a lack of thinking. Mother Spirit spoke last time about the deep mystery here as you confront particular, discreet acts. Partly it's the humility she spoke of--realizing your inability to finally judge anyone--that can, however, be a source of wonder and amazement as you pause to consider another person and wonder about that balance within them of unconscious and conscious intention. Where exists the dividing line of responsibility?

The psychological cause and effect called projection means you more or less evaluate what others are doing based upon your own understanding of yourself. Feel and judge yourself by rather immature narrow principles of black and white--all right, all wrong--and you will tend to see others the same way. But if you are capable of feeling yourself to be a living balance of abilities and inabilities, conscious choices and unconscious habits, open-mindedness and cultural conditioning, then you will be able to comprehend and see yourself and others with a greater degree of fullness of your common human estate. And so grows your comprehension of human history, and the present. Both become much more transparent and understandable.

(Personal, individual freedom)

With this ever greater understanding you're capable of suspending any kind of superficial, knee-jerk judgment. You begin to perceive that not only you yourself but all others too are somewhat impenetrable and incomprehensible for the very uniqueness of their being personal creations of God. This becomes unbounded freedom of expression into ever deeper mysteries when you can realize yourself and just let yourself, and others, be unique. Personal, individual freedom of every man and woman becomes your measuring stick of societies: how can you grow this? The expression of yourself while being able to respond fully to others--allowing them to express themselves, might come out just fine.

This is touching that deeper joy of recognition that lies beneath the surface of happiness and sadness. This is that true intention that is contra-distinct to just re-acting to whatever comes your way. This is the deeper self you have mentioned, calling it God's will and intention for you. Seeking to know God's will and intention literally feeds your power of choice. You are growing in accord with reality, and not only with that which has been and is, but also more and more into that which is possible in an expanding, growing, ultimately personal universe, God's and yours.

It is a mystery and we can only tease you to envision a world of evermore free-willed individuals coming from a highly conscious and fully accepted ability to discern what is right and what is not, what is supportive and what is harmful, what is progressive, what is regressive. Let this discernment, this curiosity, this search for the truth of what is right and what is wrong, what is

better, what is the best to do in each living situation--give this free reign within yourselves, irrespective of whether you choose to do it. Just make the choice to be open to your own better nature. Let that nature and all your soul have free expression within you. Then choose what to do in the light of this.

This is the way forward, my children. This is the way to avoid denial and seeing yourself in somewhat simplistic black-and-white terms. This is also the way to grow and mature in your understanding of the inevitability of this living balance between right and wrong--fully accepting this will be a component of your life forever. There will never be a time in which this discrimination is not necessary, for this discrimination ever points the way towards God's will and His intention for you. You will continually, endlessly grow into greater life, and in doing so will not only keep pace with, but be a contributing part of cosmic evolution.

So embrace this aspect of your personality, my dear ones. Welcome it even though--on a human level--it may be somewhat a nag as you reach for that next small portion of a bad habit. Embrace your full humanity so that you may embrace your true soul, your life seen in part through God's eyes: that kind of totality. As several of you have expressed so many times before: what a great blessing it is just to beam love towards everyone you see without exception; how this simple yet profound intention introduces you to all those around you, right through your prejudices, your generalities; it lets their individual, unique personalities come through.

This is that transparency you wondered about last time that is directly tied to a gladness of feeling your own soul--this totality of your life--informing and giving your life meaning and value. So too this can be reflected in everyone's uniqueness as you let them be, and marvel then at what comes forth. All these positive qualities of transparency, and spontaneity, and creativity, and discernment are all tied together in the living bundle that you are. They are all mutually supporting. They are little signposts teasing you: come this way. Enjoy us and spread the joy around. Find the ever greater way of just letting yourself be, and others be, and be tickled at the unfathomable, unending mystery that is the real hallmark of God's creation.

We once compared it to one of those surreal paintings of yours of a fountain bubbling forth out in the middle of the air. For this is truly God, this continuous creation of all of us. So on this cusp of another year coming along, in the full awareness of this impenetrable, bottomless mystery of an eternal now in motion, Mother Spirit and I wish you a happy New Year. We'll be right alongside and within to enjoy it with you.

If you have any questions or comments, better hurry. Time's passing! (much laughter) But of course time holds everything as well.

Student: Hi, Michael. Thank you for your support in all these years, and future support. Before the transmission we were talking about a simpler, easier version of the Urantia book to read. Is there going to be an easier one to understand? Is there one of those things in the works?

(A simpler, easier Urantia book?)

MICHAEL: Yes, my son: no. (group laughs) But I enjoyed your discussions before the transmission. Stretch your imagination to wonder about the different orders of beings--dozens of them--that composed the book. Remember that nothing can be put into a concrete human language but help being a limited expression to a very particular time and place if it is to be even partly understandable. As your Urantia book informs you, there were quite a few hundred years involved in organizing this presentation that plainly tells you it is an Epic Revelation, somewhat comparable to only four others in which the celestial family decided to present revelation like this to the human family of Urantia. I'm counting your Planetary Prince, Adam and Eve, Machiventa

Melkizadek, and my life as Jesus--in those cases actual living beings to help you along; in this case something put into the English language in the mid and late 1930's. The authors were fully cognizant of your thousands of religious and metaphysical works representing so many cultures and sub-cultures all over the planet. Remember it was into this mix they decided to drop a presentation which claims to be authored by extra-human sources, discrete personalities of dozens of orders you'd never heard of before.

They faced the immediate problem of validation--spiritual evaluation. Human beings know things both directly and by comparison, so you have the Urantia book as it stands within its own context, plus how it is unavoidably compared to similar types of material. It was the intention that the very complexity of the revelation--its unifying comprehensiveness across dozens of fields of human understanding--would have the effect of being self-validating. It was literally designed to impress as well as inform you, and so its very complexity is a compliment to your evolving intellectual abilities. While it may be beyond the capacity of some, it is also well within the capacity of most, given the desire and the effort. Keep in mind too the way in which you earn this revelation through spiritual effort, and how that effort is required for your soul's growth.

The effort you make is your participation in the Supreme Being. So again: the complexity of the book is this tribute to your ability. If you will, it's offering you an intellectual/spiritual mountain to climb, not just some small hill to nonchalantly roll over. As the very size of this mountain is a challenge to your climbing abilities, so too, hopefully, it gives you no small measure of humility, and even some comprehension of the extra-human beings that do exist--all the way up from your planetary Midwayers and angels, to the higher personalities of our Local Universe, on to the Super Universe, Havona, and Paradise levels of reality: hundreds of orders of personal beings administering creation.

Without its enormous detail delving into and unifying all your human intellectual categories of theology, philosophy, psychology, cosmology, geology, history, physics and chemistry, biologic evolution--on and on--without this impressing you--if you will, we couldn't hope to convince you of the other things we tease you to imagine.. We had to strike a balance of how to invite yet not overwhelm your human curiosity, but rather count on that part of you, and your soul-recognition, to keep you reading. I have to arbitrarily stop here, my son, (Michael chuckles) because there is no end to explaining the complexity of the Fifth Epical Revelation--were it to do its work and be that challenging mountain for you to climb. But does that help a little?

Student: It does indeed--help a lot; puts it in a very good perspective. I hadn't thought about climbing a mountain, but the word stretch comes to mind when you mentioned the complexity making me continue to reach out, continue to stretch out to better and deeper understanding. Thank you, Father Michael.

(A mountain of revelation)

MICHAEL: You are very welcome. It is quite a mountain for most who have climbed through it at least once. There's still a second, and a third, and a fourth, and a fifth, and a sixth time...(Michael laughs)..as well. That mountain of revelation has many routes of ascent. Even those who have read it many times are delighted to find little nooks and crannies it seems they are encountering for the very first time. (Yes) So keep stretching. You are definitely fulfilling its purpose. Be in my peace.

Student: Good evening, Michael. First off, we talked about discernment last time with Mother, and the choices one makes--whether beneficial to oneself or others, or progressive or not. It saddens me, what is going on the county of your birth. It seems never-ending, with no discernment at all. I was thinking yesterday about having faith in God's perfection, and our own--of God's perfection

within us. That word gets misrepresented and turned around as well. I would like to deepen my own expression of faith.

MICHAEL: Yes, my son, perhaps because of our dwelling so much on the mystery of time tonight, it strikes me when you mention the events happening in Palestine, and a seeming lack of discernment; it's not so much that as being fixed and held tight by the past. Both the Palestinians and the Israelis have individuals acting out of a sense of outraged justice, where, in their own minds, to balance out some terrible things done to them in the past, they must avenge this wrong in the present on a tribal level--that is, randomly against the enemy people as a whole irrespective of the individuals involved in the past. I.e. this is not a lack of discernment but of discrimination--indiscriminate warfare and terrorism.

(Warfare, terrorism, crime: faith)

To understand this you must have some appreciation of the incessant warfare for territory which has been going on, right from the tribal level on up to that of nation/states, for hundreds of thousands of years now. Up until very recent times--especially in the last few centuries of the blossoming of the Correcting Time on your planet--notions of the progressiveness of human nature and relationships were nonexistent: war was a common feature of immutable Fate. Yet this Correcting Time led in time to the hope for a better future. This was somewhat new in human reality, something to counterbalance that--getting even--that again, you must appreciate was the ironclad rule of the past, just to keep from being enslaved. Any tribe, any group of people you might think of who did not avenge the slights or attacks made upon them, would soon be overtaken and enslaved by the surrounding groups. And this is still true over much of the world down to the neighborhood by neighborhood level of the daily lives of people. There is such a thing as valid self-defense, not letting bullies and tyrants of all sizes have their way.

And so you have this sense of justice. But you also see a kind of stalemate in reaching that hope-filled and progressive better future if the past has too much sway, for while it may seem simple-minded on one level to ask when will the crime and the warfare end, that question goes to the heart of your wondering what is faith. We say faith is nearly synonymous with the meaning and feeling of the word trust. To have faith and trust in a Universal Father you cannot empirically demonstrate, you cannot prove to another--and be content with that; to have faith in what your greatest men and women have taught does open the possibility in your heart of this progressive evolution that we tease you with, this notion that things can get better between peoples.

It depends on individual creativity, not being bound by the past but with an ability to create something new, including better human relationships. This is precisely what is needed in these head-butting situations where so many on each side of the divide in that contention are consumed with the past and are all too simply just excitedly re-acting. As we point out, this gives meaning and value to their lives, so they must have the courage to let that go and find in their own creativity a better way for themselves, turning around from the past and looking to the future with faith and trust and hope for their children's sakes.

This is that living tipping-point, that balance within each one of you moment by moment, that ability of discernment of relative good and evil, better and best, temporal means and results. It helps to pray for folks, pray they find the courage to step forward, naked in their hope, and throw off the centuries of hatred projected outward on the enemy; find the courage to start anew in their own lives, right in the presence of their hate-filled fellows. This is where peace has to start. That does that seem to ring true, my son?

Student: Yes, very much so. I'm glad you added courage because one needs the courage to act on the faith and the trust. I know in my own little life, I've had to make decisions which were not

very popular with those around me--my own family; in a sense, acting on a higher outlook of how we were created to be. As Anne Frank said in her diary--I'm paraphrasing--despite what had been going on, she still believed in the goodness of man. And that's always there. That's what we have to cling to. Despite what is going on--this tragic mess in Israel and Palestine, God's will and the truth will prevail, somehow, because it is there underneath the veil of prejudice and ignorance, illusions and emotionality. If you're a prisoner of the past, I don't see that as free will. Free will is being conscious of who we are as creations of God, and living from that place...

Sorry...I'm going off on a tangent... I had this warmth of energy going through me and wanted to express that. It's been on my mind. It's like endless generations there!--born into this; and that's all they know.. Anyway, I do thank you.

(The perpetuation of conflict)

MICHAEL: You're right on that mark. We say free will is actually defined by not being bound by the fetters of antecedent causality, or if you will, simply the past. No matter what led up to this moment, there is something in you that can come up with something else which has not yet been. The difficulty is in convincing people of the degree to which they themselves are causing the impasse, when their notions and feelings of the enemy are precisely their invalid and unconscious projections, seemingly--out there--and not inside. As Mother Spirit said last time, it's people wrapped up in evil and, through misperception and these projections, getting more and more detached and removed from any kind of objective reality as they create and cling to their own self-generated and closed-minded notions of what is happening. You have the irony that they can fearfully feel themselves to be less and less secure--which is true--but that the situation is entirely someone else's fault and can be solved out there. Add to this personal dynamic the enforced indoctrination by cynical, self-serving, power-seeking leaders and you have the seemingly endless perpetuation of conflict you see.

All through history a small number of dedicated men and women, ten percent or less, have been able to control the larger number of their fellows. So that dedication, that discipline can work for good or evil. A tiny but recalcitrant minority can keep the hatred going and sell out everyone's children's future.

Student: What can I do in my little life? All I'm doing is painting the walls in my apartment and waiting for the next adventure, the next prompting: and participating in these teachings--which I do feel are very profound. Our basic nature is being compassionate, and acting out of love. But there are times when I do feel limited by time and space, and I ask myself why. Why do I feel so limited? These are things that come up.

(Limitations and how to transcend them)

MICHAEL: Remember what Mother Spirit said last time that it is your very concrete/material/animal aspect--that is limited in this first phase of your eternal life, yet moving and changing and spiritually alive--that also gives each moment its uniqueness. So not only cosmically/universally this moment never happened before, and will never happen again, but also for you personally.

As to what you can do, you can always start by consciously focusing on your inter-personal relationships. This is where all your understanding, and your desire for understanding the truth of these world events: this is where it originates. Your personal experience with people is the basis for your understanding and insight of human nature across cultural/racial differences; if you will, the common ground of humanity as you feel it to be. When you meet that other human being: this is where all the courage, all the faith, all the trust, comes forth. This makes the spontaneous, lively

dance of love and consideration possible. This is where you have the greatest effect on this whole world of yours, my son: right in that next person you meet. This is essentially what I did as Jesus. So feel my peace in these moments too. Just let go and pay attention, and you can enjoy a bit of our Father's spontaneity and creativity.

Student: Like this world was created for us!

MICHAEL: Amen. And you for each other.

Student: Thank you very much.

Student: Good evening, Michael. I understand you to mean that each individual needs to turn to their own creativity; and then another phrase about being naked with themselves?

MICHAEL: I mean stand naked of all your cultural conditioning that is so comforting to cling to and wrap around you; stand naked in your own uniqueness and personal hope--right within that conditioning that demands you do this or that, yet out of what interpretation of the past? This takes inner courage.

Student: It certainly does! (much laughter) It reminds me of something I've been trying to work on for quite a while now, to go to that place where it's my own creativity, my own self--in a sense reclaim it from my conditioning, and the past, and my upbringing. Parts of that were deadening, weren't allowed free expression. So I certainly have sympathy for those individuals who are in that situation where they have such an automatic reaction to survival. There isn't any charted pathway when you get to that place. I know from my own past experience that it's possible to take really creative action, but at the same time, I get there and a lot of the times I get frozen. I have a vague sense of what is the right thing to do, or the wrong thing, but I get kind-of confused and it's hard for me take action from that place. I don't have either a strong enough emotion, or a clear enough vision to compel me forward. I'm not sure really what it is. Using my own free will is so rusty I don't know how to use it. So it would be helpful for me if I could get a fuller understanding of what the process is, what to be aware of. I feel I could break through what feels like a block to taking the right action.

(Ultimate decisions and meditation)

MICHAEL: Yes, my daughter. OK. Let's do it. Just relax a minute and open your mind and feel all of us gathered here. Here we are in this moment. Now entertain the possibility that what you've been doing just might be the right thing. I'm very deeply impressed, my daughter, with how familiar you are with that moment of decision, or indecision. I could hardly describe it any better. That is what it is. And you know it well. So you're not doing anything wrong...(much laughter)...you're doing the right thing: why don't you know it? Why can't you feel it?

It could be--and these are just possibilities for you to entertain--I'm not trying to tell you what to do here--as you approach being creative and not being bound, but being decisive, you become aware of how much you are creating your life--what part you play, and how you feel you. This aspect of subjectivity appears when you see how much you are always interpreting each moment's this and that. Yet you, my daughter, yearn to grow, to have this process of real-a-lization be more conscious, decisive. You want to be aware of how much you are co-creating your life through mere reacting to past conditioning, so you can take that into account and be free of it. You yearn to be objective, to reach some objective and certain truth, however impossible you humbly accept this to be in any absolute sense, your being human.



The humbling essence of this is a bit like facing a blank wall, a block, of no path ahead, because you've just very rigorously eliminated to the best of your ability all the general conditioning of the past, to get to and feel the unique present moment of decision. There no longer is any sure path from the past continuing through the present: there is just you continuing. You rightfully feel no compelling--emotion or vision.

As you feel for: what should I do?--you keep running out, for nothing can tell you. You're getting down to your self. You can even arrive at an ultimate point where the question arises within you: what do you want to do?

Are you ready to embrace this real freedom of deciding what you want, and accepting then the full responsibility--personally--for that conscious decision? This is something I don't--(Michael laughs)--need an answer to right now. It's just something to consider, maybe read over a few times in the future--when this is all transcribed. What you described, my daughter, is an occurrence for those who do achieve a great deal of sensitivity to the point where they can feel everything tipping back and forth, and as they try to arrive at a decision of what to do next, and their minds keep reaching--seemingly ever more futilely--for something to tell them what to do--what is the right thing here: this may happen to them.

Usually to decide you need to stop or slow down for only a few minutes and the answer will come, seemingly automatically: one consideration largely outweighs the others. Yet if you get into what we've been suggesting--meditating for a certain amount of time and just writing these good suggestions down, and not immediately acting upon them; as you get more and more still, and deeper and wider in your mind to ever greater truth, you can arrive at a point where it seems you're stuck. Nothing is telling or compelling you what to do. Not even us. Not even our Father. We respect your autonomy, even as we offer the answers to your prayers.

This is where you have to just step off into the unknowable, and do, and accept the full responsibility--if even for the first time in your life--that you are doing what you want to. Mother Spirit and I can only wish every human being could arrive at this point, and often, of accepting the full responsibility for what they are doing. So congratulations are in order. We can only suggest that you be not afraid of these moments. Don't run away from them, but rather, let them happen: deeper, wider. Continue your meditations; continue feeling in every way you can for what is the right thing to do, then embrace the responsibility for the degree to which you are doing what you want to. We hope that all your brothers and sisters across this world of yours can learn to do the same, and realize what they are determining--by conscious choice or only by compulsion. Does that help?

Student: Yes, it does. Thank you.

(Sublime uncertainty)

MICHAEL: Well, you touched upon an essence there. You beautifully, humbly expressed the mystery of being right on the cusp of free will, and yet not always being able to realize it. This is a valid spiritual experience. We only wish more of our sons and daughters could get to that point, and not be afraid of it--that your very uncertainty points the way and opens the door to conscious choices. So: no fear!--that's the watchword. You are reaching to take responsibility for what you are doing, and in that you have all our blessings, and all my love.

It will be another year--happy and sad, up and down and in and out and all around. This is your human nature, by your Creator; this is your encompassing, as well as is His presence within you. Thank you, dear Father, for their human experience of time. Help them appreciate it, and

acknowledge its deep mystery--the hallmark of Your handiwork. My children, Mother Spirit sends you her love, and I bid you be in my peace.

Good evening.

## Have Faith, Have Trust

By Christ Michael thru George Bernard

Jan 17, 2009

1111List@1111Publishers.com

Illawarra District, Australia, January 7, 2009.

Christ Michael (Jesus).

Subject: "Have Faith, Have Trust."

Received by George Barnard.

Michael: "I find it interesting, amusing, thought provoking, that you should request to know of what I will speak before you receive My message. Shall I submit a foreword to the lesson you are about to 'take in,' or are you likely to refuse it, and decide to call on a more learned Teacher? I jest, of course, My son, so let us go about our task, and try our best to retain a modicum of tranquility in these troubled times.

"A number of your 'Spirit Guardian Friends' have wisely accepted the challenge to be elsewhere to attend to urgent matters in these renewed days of slaughter, as you will have noticed by their absence. Yet another holocaust ravages in My bestowal world as brother denies brother a place to live, to conduct their affairs, love their families, and bring up the little ones to learn to please the Father of us All by living a co-creative life with the Mystery Sparks that indwell them.

"I feel your sadness and despair as you promised yourself that the new year would be a time of peace, of progress, of love and cooperation among equals in the world, My children all, irrespective of their customs, religion, government, occupations, indeed, mode of dress, race and location on the continents. To Me, your Creator Son, and former Resident in that place of great unrest, my heartaches are a constant to see so many lives cut short, as I sadly project the losses of future Paradise citizens of those who willfully lift the sword to end the lives of others, and find themselves to be so unreal as to forego their 'spiritization and ascension.'

"Retain your faith in the future, My son, My friend and willing scribe, for the time will come, in some small part through you and your growing clan of helpers' un-yielding busy-ness, when peace will reign on this world and spiritual advancement by the multitude will finally equal and surpass your present-day inventiveness to produce more weapons of harm and slaughter.

"Have Faith.

Have Trust.

And spread your love and light to all in My Name. I am Michael."

George: "Amen!"

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*"Should you have lived in My time, you would have carried a sword . . .*

*.. . and you would have used it!" – Christ Michael 2001.*

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## The Holon of Ascension

By Hathors Thru Tom Kenyon

Feb 5, 2009

Candace:

Please read the post I redated today call Watching the Signs of the Times. The link I added in will allow you to watch these events Tom describes personally. They have been ongoing for some time now, but are now currently being done in increased intensity. These are not "natural" but created by the team of star entities, angels and HUMAN alike that handle the ascension of planets and solar systems. These are the energies that are responsible for a goodly deal of your ascension syndromes.

And they will be HUGE during stasis and when the Jupiter Ignition energies hit earth. That is the main reason I am posting this, because of the description. There is not a single breach of the magnetosphere, as the Hathors seems to say here, the breach is created as needed and on schedules. There have been MANY breaches this month. And everytime we have a good sized coronal hole, when the wind stream from that, and also from major solar flares hit earth, it is breached. What the Bz rate. When it is negative or "south" at [www.spaceweather.com](http://www.spaceweather.com) and other links I have given, this condition allows the entry of protons etc, into our magnetic field. These also increase the vibratory rate of free electrons, protons, X rays and the like.

The Holon of Ascension

A Hathor Planetary Message through Tom Kenyon

January 28, 2009

You are about to enter into a highly volatile period, full of extraordinary potential, yet fraught with hazards.

In March of last year we indicated that your earth's magnetic field was experiencing perturbations and a morphing, or changing of its configuration. Your science has now discovered that this is, in fact, a reality.

In its most simple terms, there is a breach in the magnetosphere, which surrounds earth, protecting it from solar winds. Such a breach is a naturally occurring cycle, but the breadth and magnitude of this opening is quite large. It is allowing, and will allow, large volumes of plasma from the sun to enter. This will increase magnetic storms, disruptions of telecommunications, disruptions in bio-electric circuitry (such as human nervous systems), and climate change. The results of this breach and the increased charging of the magnetosphere will increase over the next several years.

Our focus in this communication is not upon the negative impacts of this breach, but upon the positive effects it opens for those who are ready.

Your subtle energy body, which was known as the KA by ancient Egyptians and called the etheric body by Yogis, is highly sensitive to, and affected by, solar plasma. An increase in the flow and quality of solar streams increases the vibratory rate of the KA body. This is a very beneficial and

auspicious opportunity for those who are consciously participating in their ascension process. Let us be precise by what we mean by the term ascension, because it has many different connotations and ways of being viewed.

By ascension we simply mean a movement upward in consciousness. You do not “go” anywhere. You do not “leave” anywhere. But your perspective, your perception, is radically altered. You begin to see through the maya, or the illusion of this world, which is created through the dance of subatomic particles and into a configuration of what you call matter. Through the ascension process you realize that you are the creator of your experience of that which you call “the world.” It does not mean that you leave this world, but it does mean that you have transcended it—while still being a part of it—for you see through the lens of perception that life is a movie that you are projecting.

One could say that you are at a crossroads. As the solar streams enter into your magnetosphere, the KA bodies of all humans will increase in vibration. But for some, this will lead to disturbances and dissolution, while for others it will lead to ascension—a movement upward in consciousness.

This communication is specifically for those individuals who have chosen the upward spiral. Your challenge in these times is to allow the activation of your KA body to move you upward, even as many around you seem to be spiraling downward. It is, essentially, a question of vibration, joined with expectation and belief. It is the union of these three that births the creative impulse for a new destiny.

What do we mean by this?

It takes tremendous energy to transcend or transmute a negative condition or a limitation that has been placed upon one. You have been collectively hypnotized into a view of reality that is fixed, confined, limiting, and nothing short of imprisonment. When one sees through the lies and the manipulations, the old world does not look the same and yet the perception of the lies does not free one from them. They have a life of their own and a tendency to continue. It takes new energy—an increased vibratory rate—to overcome the lethargy and inertia that are intrinsic to your cultural limitations. This is the gift of the solar streams—the solar plasma that is flowing and will flow in greater quantities into your magnetosphere—for they will increase the vibratory rate of your KA body.

But here is the “cross-hair,” shall we say, in “the sight” of your destiny. For those of you who accept, or at least are beginning to see through the lies of limitation that have been imposed upon you and have made a choice to move upward into the ascension process, this activation of the KA body is a beautiful, exquisite miracle to behold, for your life will be graced with the power to transcend your own limitations in ways that have not been available to you before. It shall be as if the cosmos itself is joining you in the dance of your freedom.

But for those who do not choose to live upward in consciousness—who choose to remain imprisoned by the limitations, who seek to blame others for their misfortune, who choose to find scapegoats for their lack of happiness, for those who insist upon living the old world of conflict—this increased vibration of their KA body will not be a blessing; it will be experienced as a curse. Because they will have to work very hard to keep things the way they are.

The fabric of your old realities is being unwound at the same time that new realities are being woven. This is, indeed, an odd state. And what we wish to convey most clearly is that you have the innate power and ability to weave new realities for yourself, new freedoms of mind and spirit, regardless of what is happening around you.

From our perspective, we see this situation escalating over the next several years, and we would characterize it as a dual state in which many of you will ascend, meaning moving upward, while others will move into dissolution, a falling apart. This is, essentially, based upon a personal choice.

This is a very important point, to us, and we wish to convey it with as much clarity as possible. Each of you has the response-ability to choose the thoughts and the creations you desire. Some of you will choose freedom—because you cannot stand being contained any longer—the lies are simply too great a burden to perpetuate. Others of you will choose imprisonment—for the fear of freedom and the responsibility for personal choice is too much to bear.

This is a split in the road of evolution.

As your realities simultaneously dissolve and re-create themselves, and by that we refer to the economic challenges you are facing and the ecological and social challenges you are facing, some of you may experience very difficult times. But never lose sight of the fact that you are the creator of your life, and you can re-create it at any moment, regardless of the circumstances. Those who manipulate you do so through fear and perpetuation of cultural limitations—the belief that your life is dependent upon certain external factors.

What you will discover in the ascension process is that these external factors are actually projections from your own deepest consciousness. They are flickers on a movie screen, and you can change them in mind-bending quickness when you change them from the source rather than the effect, and the source is your very mind itself. The mystery of how this occurs reveals itself to you in the ascension process, as naturally as an orchid opening its blossoms. It is imbedded in nature itself, and this knowledge is self-revealing as you enter the path upward. We have said in previous communications that one of the keys is what you call appreciation or gratitude. These states of emotion are a signature and an expression of the creative powers you possess. What we mean by this will be clear to you as you move into the ascension process.

In future communications we intend to discuss the interdimensional physics of appreciation and how it affects your external reality. But in this communication we wish to give you a tool we feel will assist you in this period over the next several years, as the solar streams enter the magnetosphere and begin to stimulate your KA bodies.

There are a few fundamental points we wish to impart before we give the technique. The first fundamental is that you must have made the choice to move upward in consciousness for this technique to work. The intention by which you hold your KA imparts the outcome. The second point is that you need to be in the emotional state of appreciation when you do this method, because appreciation is the signature for this kind of creation.

The third point is that this is based upon a connection between the KA—your etheric body—and a higher aspect of yourself, dimensionally speaking, that was known as the BA by the ancient Egyptians. The BA resides in a place of consciousness that is outside time and space, as you construct it.

It's entry point is at a place above the head where your hands would meet were you to raise your hands together and touch them above your head. This interdimensional aspect of your self, the BA, is highly receptive to appreciation. And it is from the BA that you receive the energetic that strengthens the KA and prepares it for the influx of the solar streams.

We call this method the Holon of Ascension. Like the two previous Holons we have given, the Holon of Balance and the Holon of Healing, it is based upon a specific geometric form. Geometry compels energy and specific geometries compel energy to flow in specific ways.

This particular Holon is based upon a disc. It is much like a top, if you played with such toys as a child. You place yourself inside this disc. The top of the disc corresponds with the location of the BA, where your two hands would touch were you to extend them above your head. The lower part of the disc is the base of your spine if you were to sit cross-legged. If you do this standing or sitting in a chair, then your feet would be at the base of the disc. The center line that goes through the top of the head, through your body, and through the perineum is the central axis of the disc.

In your imagination, you spin the disc around the central axis. For most people the natural direction would be to spin it to the right, but it can be to the left—which ever feels right to you is the correct direction. The size or diameter of the disc is immaterial. You can make it as large or as small as you wish. The color of the disc also does not matter, but if you are a visual person, then we suggest experimenting with making the disc white. This movement of the disc in the imaginal world... the world of your imagination...creates a vortex.

Once you start the disc to spin, your attention goes to the BA above your head and you send appreciation to the BA—the feeling of appreciation. There will be response of some kind from the celestial soul, the BA.

At this point you move your awareness to the base of your spine, to the root chakra, as this is the ground that pulls the celestial energy into the KA body. Then, for the next five to ten minutes, you simply reside inside the disc, allowing it to spin with your awareness at your BA and at the base of your spine. There will be a flow of energy from the BA into the physical body and down to the base of the spine. At times it will be a very light sensation. At other times it will be like a laser light or a column of fire or a stream. It may take many forms.

And as this energy descends from the BA into the base of the spine, it radiates into the KA body, energizing it. You can do this as many times as you wish. We suggest at least once a day. There is a caution: if you practice this too often, or for too long a period of time, you can experience a healing reaction. This is caused by the celestial energies flowing from the KA into the physical organs of the body and causing them to release negativity, toxins and other negative material that constrains their life force. As the KA body becomes more energized over a period of time, it will be able to incorporate the solarized particles from the solar stream and this will greatly accelerate your ascension.

This is the basic method. And as we suggested, once a day, five to ten minutes is all that is required, so long as your intention is clearly to move upward in consciousness.

We now wish to turn our attention to planetary service and to an energetic release we are calling The Great Triad.

The first weekend of April (April 3-5, 2009) we are calling a gathering in Seattle, Washington in which we will utilize the Holon we have just discussed and in connection with the three sound temples that we established physically in New Mexico, Costa Rica and Nepal. The union of these three shall be for the purpose of increasing the light of illumination.

Before this event, some time in mid-March, we will release another posting, another Planetary Message, with instructions for those who are not able to join us physically in Seattle. These instructions will allow those persons who cannot join us physically, to join us energetically and participate in this action of planetary service.

From the standpoint of the Egyptian mythos and initiatory knowledge, your civilization is in the Initiation of the Anmit, which is essentially a passage from the pursuit of power, into love, and the

higher realizations that come from the higher chakras. It is a struggle between those who wish to perpetuate a world of conflict, as a stage whereby they can attain and sustain power, and those who wish to live a life of cooperation—understanding that all life is interconnected.

The purpose of this gathering shall be two-fold: to impart a greater mastery of the Holon we have discussed and how to utilize the solar streams for personal ascension; and to release into the earth's emotional atmosphere a spiritual illumination that will benefit all life and add to the side of the scale that leads to cooperation over conflict.

[Click here for Tom's Observations Regarding the Holon of Ascension](#)

Note: The Hathors will be giving an adjunct message sometime around the second week of March with instructions for those who wish to participate in The Great Triad from a distance. If you received this email directly from us, you will automatically receive the email notification in March.

[www.tomkenyon.com](http://www.tomkenyon.com)

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## Ethics and Legal Entities

By Eregon, TR Jo Ann Wiedman

Mar 16, 2009

**Eregon – Ethics and Legal Entities – Jan. 31, 2009 – SOCO #45**  
**Southern Colorado TeaM, #45**  
**Pueblo, Colorado**  
**Teacher: Eregon**

**Topics: Ethics, especially group ethics**  
**Group mores are often unprogressive**  
**Creating a sustainable, progressive culture**  
**Legal entities must support the members or they fail**  
**Stand up for noble purposes in your groups**  
**Do not support organizations of corruption**  
**Support honesty, integrity, openness and good intentions**  
**Be an influence for greater good**  
**Pray for inspired ideals within government leaders**  
**Pray for upliftment for all groups in your realm**  
**Assist in creating groups without profit motives**  
**Share the light in your heart and the love in your soul**  
**Be confident of spiritual guidance at all times**  
TR: Jo Ann Wiedman

January 31, 2009

EREGON: Greetings. We are with you, children of light. This is Eregon, your teacher, friend and sometime companion. We have a message for you today concerning ethics. This is our topic, but not an exclusive topic. We understand that you understand that your culture is top heavy with technology, and suffers from a lack of morals, the progression of the mores and especially group ethics.

Your personal morals and ethics may be unimpeachable, of high integrity and unshakable, but the groups within which you must function are many times unprogressive in this essential, progress-making commodity. When you can coordinate the levels of technical and technological progress, with commensurate levels of ethical application, you will truly have a progressive culture that can be sustained. When we speak of groups lacking ethics, we are talking about legal entities. Often the documents for the founding of these groups are phrased in legal terms that are almost exclusive of advancing mores and ethics. The language of these documents forecasts and proscribes the actions, which then must be legally taken. And in these group cultures, often the progress and even the well-being of the individuals, becomes less than secondary, and although it can be healthy for a group of individuals to decide that the group functioning is of a higher priority, that is not what is often occurring in the situations we are describing.

When a legal entity becomes more important than those whom it serves, it has reached a diminishing value to those who are members or participants. We do not say—or wish to say or imply—that all such legally functioning groups are in some kind of error, for some function well and those we applaud, and even find places within them to work with you, to bring about a more ideal way of being and functioning in your world as groups. But there are dangers associated with creating groups—or rather legal entities, supposedly representing groups that have rights of

themselves, and directives of themselves, which are no longer responsive to those whom they are supposed to serve.

You have seen, you have witnessed—you would be hard put to avoid noticing—where these discrepancies occur in your political systems and your corporations. We are not expecting you to go out and make an effort to change those groups, with which you have nothing to do, but we would count it as a high and noble purpose that you would stand up for good and noble purposes within the groups you do participate in. Bit-by-bit, even as small groups are called to higher truth, beauty and goodness, the others which are malfunctioning and dysfunctional, will stand out, [with] the greater and greater disparities between functionality and non-functionality, becoming more and more apparent, until even those who defend these groups and their purposes, will feel an urge to correct them to some degree.

We ask you also, that those places where you have noticed the highest degree of corruption, [and] the lowest level of respect for the individuals who are supporting these organizations in one way or another, that you choose not to invest your money with this kind of organization. If you can put your money where your heart is, where you feel truly that it is doing some good, you will be a happier individual and you will be co-creating the greater good for all. We love you children, and we wish to encourage you in every good thing in which you choose to participate. There are some places where by your participation you can make a difference; there are others where you can only be injured by continuing to participate, and from those kinds of organizations, we would coach you to withdraw.

When you come with honesty, integrity, openness and good intention to participate in your groups, it is good if the groups you are participating in are open to these attitudes, even a little openness is beneficial. So we are asking you to give your support in terms of your time, your work, your investments, to those organizations which you can trust to continue, to grow and progress in ways that will benefit your culture, or the segments of your culture with which that groups interacts. We ask you to use discretion, and we hope for you to be able to feel joyful about your decisions and your participation. Just as when you invest your money, you expect a return; when you invest your time and energy in a group, it is okay to expect a return on that investment, and the return you would like to see—and we would like to see—is the higher functioning of that group.

Does this seem a reasonable line of thinking to you? We are open at this point to questions or feedback, from those here at this group.

Student: [Inaudible—something about reading a book.]

EREGON: Any other comments? (Long pause.)

Our next question is: Can you imagine ways where you could function for the upliftment of a group, without making motions to change its laws or regulations, but just being an influence of a kind and gentle influence for greater good within a group? (Long pause.)

There are many groups that would find it inappropriate to ask for a moment of prayer, but a moment of silence, as you might say, "to collect your thoughts." There are many groups that do not function by way of meetings, where all of the members can participate, and you can pray for these groups in the privacy of your own home. You can pray for your lawmakers and representatives to be inspired by the ideals your new President is holding out. You can pray for business leaders and executives to have a softening of heart, for even within legal guidelines, there are many variations in how these entities can really function. You can assist in creating groups, whose purpose is not the profit motive. It is likely that each of you is well aware of some groups that are legal entities within your realm of action that are less than highly functional.

We have asked you in this group before, to take your beautiful spirits out into the world and shine your light on individuals as you go about your day. Now we are asking you to be the torch bearers in group situations—even if you are sitting in an uncomfortable meeting, and the most that you can do is sit there in prayerful meditation, and bring in a higher energy without saying a word, then this is a good thing to do. Doubt not that it has an affect! And if you were united in purpose with at least one other person in that group and had agreed to pray for it beforehand, this would create an opening for us, your celestial teachers and friends, to help lift the energy of that group. This is what is needed, because people create groups, but group decisions and actions often reflect the lowest levels of human interaction, rather than the highest ones, and there is flexibility and variability within the ways proscribed group functioning occurs.

We do not ask you to take responsibility for transforming an entire organization, but just to bring light, wherever you are able; and even if your words are not acceptable, then just to be present in prayer. When you look at accountability for organizations that you participate in, it is our hope for you that you can feel more and more comfortable. The corruption and the greed in your culture are not sustainable, and though that is of little comfort to those who have lost a great deal during your economic downturn, we hope that you gain something by knowing that these things cannot continue as they are, simply because of their own dysfunctionality. Wherever you can make a move, or a step, or an influence, it is a good thing.

People create organizations; people can transform organizations. You are not forever bound to things the way they are functioning now. Many are dissatisfied, but dissatisfaction alone will not create something better and brighter; there have to be ideals; there have to be visions; there have to be visionaries and those courageous enough to step forward and say, “Perhaps this would work better for all of us...” The more light that is pour into organizations such as these, the more it will become, if not easy, at least possible for things to change. After all, it is the light in your heart, the love in your soul that determine how you interact with your brothers and sisters, and the more there is light in these interactions, the more likely it is that your organizations can become enlightened wellsprings of joy, truth, beauty and goodness! Yes, it may seem a far off venture now, but know in your hearts that things continue to progress. Even as the material realms seem difficult, in the spiritual realms, more and more blessings and bounties are poured out upon you, on all of you, all over the planet. You are never alone in your struggles; you are never left unconsolated. We do stand by to inspire and encourage at all times, through all circumstances.

We love you and we do not leave you alone in the direst of circumstances, or in the most beautiful and easiest of times. Do be confident that you have celestial guidance; that you have a seraphic planetary government that is working with whoever we can, to bring forward enlarged values and concepts of truth, beauty and goodness, not only into your hearts, but into your organizations—even into your governments. We love you; we cherish you; we walk in companionship with you through these difficult and trying times. We send you out into your world again, hopefully encouraged and comforted, knowing you are never...[alone.] (End of side A of tape, nothing on side B.)

END

**Candace:** I noticed not many questions were forthcoming in this from the audience. The one thing I disagree with, is the comment of hoping the lawmakers will be inspired by the ideas the new president is holding out. These are NWO ideas and not to be supported. Lately, in some of the TM works I am seeing hints of support for the NWO and I have not put them up on purpose. It seems some of the TRs tend to not like my commentary added to them, we have to stop carrying some because I was pretty strongly asked to lay off.

The Teaching Mission is not without fraud in it too. sadly. Certainly ask for celestial observation and help in meetings on any groups you attend, but ask also for ideas for YOU to express at these. I see a little bit too inaction suggested in all the stuff coming forth from multiple sources. Prayer is useful but also often used as a way to lay the responsibility on God for fixing this world, without taking personal responsibility by action. I would certainly suggest leaving groups that are not working towards more lighted creation and forming those that can.

I would be about some intense prayer and action on the NWO. There are more and more groups forming, be sure to take the pulse of any you are interested in for being progressive, or wasting of your time. MOST church groups are a huge waste of time, and go about begging God to fix the world without the actions of the people who experience the world and often prayers in these church groups are directed quite wrongly in terms of goals asked for. It is not useful to ask for God to establish Christian churches in remote Chinese areas, as churches do actually little good in this world. And God never said go forth and create useless Christian organizations. Support that which is progressive and moral and has reasonable understanding of truth.

## Jesus Easter Message 1993

By Jesus (Christ Michael in this case.)

Apr 14, 2009

This "Jesus" is obviously Christ Michael, and this would be through somebody associated with Elizabeth Prophet, or she herself. Came in email. Elizabeth and Mark Prophet, while aware of the Rainbow Masters, had some difficulty with who Jesus was. And of course at that time it was not given that this was the return of Michael of Nebadon. Regards the Rainbow Masters, he is Cohen and they knew this not also. -C

### JESUS EASTER MESSAGE (1993)

*JESUS:* Blessed ones, I can save you only if you and I are one. We must be in agreement as one, in agreement on all of the major points of the Law, on direction, on the defining of being, on looking at the goalpost and saying, "That is where I am going and none shall deter me, and I will do everything I must do between here and there to get there and I will leave nothing undone."

We shall assess all communities. We shall assess all lifestreams in those communities and we will determine—given their present levels of commitment and what they are doing regularly on a day-to-day basis for the keeping of the flame of the mystery schools on planet earth—just what we *will* be able to do for planet earth and what we *will not* be able to do.

Therefore the best move that each and every one of you here can make upon returning to your residences around the world is to get together with other Keepers of the Flame and communicants and to say to yourselves, "What is the level of commitment we can guarantee our Lord Jesus that we will maintain for him?" Do not make it too high, do not make it too low.

Set your house in order. Secure whatever place will be your semipermanent place of operation, for there is nothing permanent in this world. Secure your altar, your study and meeting rooms where people can come and receive the Teachings.

You have tools. You have videos. You have books. You have audiotapes. What good are they to you if you do not know their content, if you do not study them, if you do not assimilate them, if you do not drink the blood of the Son of man and eat his flesh? If you do not assimilate me, if we are not one, if we are not in one body, and one in the Mystical Body of God, if you are not my twin and you are not my spouse, how can I save you and how can you be one with me to help me save others?

Think of yourselves, beloved, when you were with me two thousand years ago, when you had all of these teachings and you knew them well. And suddenly, lifetime after lifetime they were not there, and so you came under the woes of orthodoxy, the heavy weight of dogma and doctrine, which continually stripped away from your Tree of Life that strong and healthy bark of the Teaching itself, stripping and stripping and stripping.

And then you awoke one day in the twentieth century, two thousand years later, only to find that some had labored long to preserve the Teachings. Some had discovered the ancient manuscripts and brought them forth. Some had translated them into modern language. And when you read them, some of the texts quickened your minds to all that you remembered of my words, and the Holy Spirit came upon you and you were comforted.

Now turn around, beloved, and look at the millions behind you who did not come through the dispensation of my Piscean service. You must rise to the place of oneness with my heart that we might save them. You cannot save them alone; you need the mantle of the Saviour with you. And since you have not attained to the grace of the full mantle of Christhood in your own Christ Self, I am offering you the mantle of my own Christhood and that of my Electronic Presence as well, for the saving of the people of the world.

My plea to you is great because my vision of the future is, on the one hand, the glory of the golden dawn of a God-victorious Aquarius and, on the other hand, looming large and looming near, the antithesis of a golden age of enlightenment and peace because those who had the sacred fire and the divine spark decided they would postpone their mission another decade or another lifetime. They made the choice to enjoy themselves another round before getting on with the challenge of stumping the planet until every last Lightbearer was reconnected to the Source and could receive the torch that was passed to him and move on.

Either way, beloved ones, unless the Teaching is preserved because *you* embody the Teaching, it will not be preserved at all. For heaven and earth may pass away, but my words shall not pass away: they shall live forever in *akasha* and in the repository of the hearts of my true chelas! Thus, *I summon my true chelas* and I tell you, I am accelerating the Light in you, even as I am withdrawing the Light from those who have not seen fit to purge themselves of those conditions that they know very well are no part of their real selves or of this Mystery School.

I AM Jesus in the fullness of the resurrection flame. And my angels will hound you to come back to your own right mindfulness until you speak to them the command, "Leave us! We no longer want to hear from you."

This is my Easter message 1993. May you take it and cherish it, for I have delivered it to you with all of the cherishment of my heart, forever and forever. Amen.

*Church Universal and Triumphant Vol. 36 No. 26 June 27, 1993*

**Now is the time for you to engage your higher aspects and intentions for the world you wish to create**

**By Sananda (Esu) thru Lois Hartwick**

**Apr 14, 2009**

These are times in which intentions become important focuses for your lives. They are the lines and lineages and threads you are creating, directing your future. If you create clearly and well, you will design your lives in the manner in which you are able to focus your life and energy and attention toward those things which are re-mapping and altering any prior plans you may have made. If you are seeking to understand the higher nature of your reality, you must, within yourself, be able to discern those things which stand in the way of creating your future.

You may, from a human standpoint, say I do not have enough money, or I do not have the all the means to travel there, or I do not have enough to make this picture happen because my life looks like this. But somewhere in those particular responses lies a blockage of energy and/or belief system which is disallowing the creation of that which you seek.

Now is the time for you to engage your higher aspects and intentions for the world you wish to create.

When I say that, it does not necessarily mean you are creating everyone else's reality, but the world of yourself and how you play and react within it. So indeed, if you are saying, I do not have enough of this, or This is too difficult to overcome, it is time to start seeking some inner answers.

This is not to say that earth life is easy or that you do not have challenges or that others can stand in your way, but it is to say as you move into a greater understanding of yourself, you begin to know the way to create and design your life, as I said. It is not as you spoke earlier about what someone else wishes for you. It is not someone else's projection upon you. It is not the limitations which surround you in every form from social to cultural to moral or any other aspect you can think of. For when you begin to self-realize who you are, you ignite the torches of your beingness which extends far beyond this plane. And these torches align with higher truth and reality, but not that which surrounds you in a very 3<sup>rd</sup> dimensional reality.

You are coming into a place now in which your intuition, visualization, your grace and your own inner divine development will be meeting and coming into a whole and more complete picture than you have created before.

In order to understand this inner truth, you must participate in some of the exercises and understand how you begin to create. First, most of you have created out of patterns and out of the environment in which you live. When I say environment, I'm including parental upbringing, schooling, community, weather patterns, locale in the world and so forth. As you begin to realize and break through some of those structures, which are a part of your very being, when you move beyond them, you will self-realize a new level of understanding and creation within your own being and with your higher self.

This is important for you to realize because as you move away from the very realities you have lived in, you will turn to that part of yourself which is knowing the truer reality of who you are. This reality becomes your beacon and guide, and this reality is knowing who and what you are.

From the outside world appearances may be such that you are looked at and perceived in some regard as involving yourself in a very selfish pathway. It may not seem understandable from those who are not embracing this or ready to as of yet. There also will be the opportunity for others to break some of the binds and chains which surround them as a result of changes you make now. We are coming into a world of great division in which little is understood and few are attempting to have or embrace understanding of others. Rather, they are clamoring for what they want to be first and foremost on the docket. If you are swayed by others who have very little self understanding but who place opinions upon you through their beliefs or morality or religious precepts, you may find in listening to their strictures that you become chained once again.

This is not the plan for any of you. It is a time in which understanding greater freedom becomes the important part of creating the reality you move into. If you are limited by what others think, if you are motivated by societys capture, holding you in one regard or another, you cannot easily create the future you wish to have. But when you are willing to stand fast and above all the lures that are around you, to realize instead what is important to create for yourselves, you will manifest far more easily, with practice, with the greatest of ease.

<FONT size=4>Energies will support you now in so doing. Opportunities for greater lift and levels of attunement are abounding. Freeing yourselves from your own individual beliefs and blocks are all you need do to begin a new practice of intending your lives.

That having been said, you may be thinking, What is it I wish to create anyway? What would be the design of my life if I am starting over at this point? I would suggest you find ideas floating in as you release certain blocks which have been standing in your way. These designs for your life may not be clear in terms of seeing the entire picture at once, but perhaps something like I wish to paint that wall over there a different color or I want to move to another part of the world or I'd like to visit Alaska or many other thoughts you have coming forth.

Please do not suggest to yourself that when you are designing a new aspect of your life that you need see the entire map before you. It may be a simple thing that leads to the next simple thing and then to something else. In some cases, these simple things may be clearing away very long-held patterns which have kept you in great entrapment throughout the incarnational cycles.

Finding techniques and understanding of ascension may have different perceptual implications to those who are using these triggering words, but for myself, I would suggest that the ascended aspects of your being are first and foremost about finding the freedom within.

This freedom of movement and choice is basically what each of you seeks, and within that freedom you will seek measures of love: Love of yourself, love of that of which you are a part in the higher realms, love of the light that supports you, and love of those who join hands together in the same pathway and journey.

It is time for you to be met. Met together bounding and knowing the freedom each has and the comfort of aligning together. It is for this reason I come here today, to reassure you this precept is now significant and important for each one of you here. It will be well worth your time and effort to align with light and look at all areas you can possibly reveal showing you limitations you may presently face and need to move through. Use your time this week in each meditation to ask for another reveal, another place that need be shown to you that has, indeed, made your path on this plane a circle instead of an uplift.

Each of you embraces a new level of reality with your intentions. Make your intentions, at least the first ones, to break free of those restrictions self-imposed yet perhaps, generally unseen, to be released and removed. It may also be, as you understand some perception of what has occurred



or is revealed to you, that the second step may be for you to request What do I do now to release this from my being? In some cases it is merely to see what you are creating, and in other cases it may be there is another step to the process that needs to be paid attention to and let go of. Place the question into your meditations as well.

It is your journey, it is your work, it is your opportunity, and it is your greatest joy to alter the limitations that may be present in your lives today. So this having been said, I am pleased to participate and join with each of you today.

This is *Sananda*, with love.

This channeling is one of the weekly messages delivered to our group, principally by Thoth. Through homework exercises, his guidance and discourses, and our shared experiences and anchoring light work, our Awareness and inner development expands.

Over the course of time, Sananda has joined us, and requesting his messages be sent to a wide audience. Most of these messages can be found on [www.expressionsoflight.com](http://www.expressionsoflight.com). *In this message Sananda refers to work our group is doing with blockages, yet it is a timely consideration for everyone.*

*Occasionally, a series of exercises is offered from Thoth and may be shortly again and for those interested, and email will be forwarded to you. Private readings are available with Masters Hilarion, Sananda or Thoth and sometimes others. You can contact Lois at [hilo88@msn.com](mailto:hilo88@msn.com). Many blessings! LH*

# TRANSCENDING YOUR PHYSICAL MIND AND CONTACTING YOUR SOUL

By Christ Michael TR JL TEaching Mission Piece

Apr 15, 2009

Christ Michael--March 2, 2009  
Marin TM Group--Mil Valley, California--U.S.A.

Christ MICHAEL--T/R-JL

(Stillness meditation)  
(Transcending your body/mind by keeping in touch with them)  
(Contacting your soul)  
(Real security)  
(The inside and outside of experience)  
(Manifesting God's will for you)  
(Humility)  
(Forgetting yourself to rediscover yourself anew)

Dear Michael and Mother Spirit, Dear spiritual parents, dear close friends and companions of all of our days on earth: welcome. We gather together in this sacred space. We come together to meet you, and discover to our delight you've already come so far to meet and befriend us. We truly appreciate this. Thank you for helping us understand the transcendent nature of our human lives--so difficult to grasp from the inside-out. You give us the subjective feeling to help us understand the objectively stated truths of our text, the Urantia book, for it was surely put together under your auspices. And for this too we give thanks. So say on, dear parents. Abiding in your love and peace, we are here to listen. Amen.

MICHAEL: Good evening, my dear children, this is Michael. Tonight I would like to go deeper into what Mother Spirit and I have mentioned before, and that is the nature of the meditation we invite you to bring into your lives. When the Urantia book was conceived and then put together by many different spiritual personalities coming from far away to co-author the book, we were aware you had so many traditions of different kinds of meditations, we didn't think it necessary to more than briefly allude to them. Yet recently we've decided to make this a principle point in our lessons, not so much to add one more kind of meditation to those you've evolved over the years, but to point out the reflective essence of all of them.

(Stillness meditation)  
This is a way of introducing stillness--to some, at first, a foreign-seeming activity which has often been expressed as a paradox or a self-contradiction, stillness being a not-doing as contrasted to your usual activities. We choose to avoid this contradiction and call it an activity, a definite doing, especially in your very time-regulated modern lives where you literally take your manufactured time as some kind of natural law, as if Mother Nature were wearing a wrist watch. You can become enslaved to this kind of time and so we remind you that, in addition to this mechanical time, there is also organic time. Mother Nature has a beating heart, not a wrist watch. It was upon her rhythmic cycles that you first conceived the notion of measuring this moving dimension, this dimension of motion. One of the gifts of meditating is taking her time out of clock time to feel your organic reality.

If it helps you to meditate, my children, consider it a paying of profound respect for the psychical dimension of your lives you often overlook--or even consider with disdain, as if you were pure spiritual beings already and having a body was such a drag on your lofty thoughts. Rather, with being distinctly aware of your organic reality by contrast, you can grow in appreciation of being already a personality, a changeless, timeless being directly created by God, capable of being very distinct from the real, divinely evolved and living body you possess.

It is upon breaking the unconscious identification with your body that you can have an appreciation of it as a possession, perhaps--hopefully, something to respect and take care of. It is your body and its senses--mille-second by mille-second--that give you the instantaneous awareness of not only itself, but the whole world it puts you in contact with. So as you meditate and feel your breathing, feel your heart beating, you can return again and again to this part of your home base--this marvelous vehicle you were given free to take care of and enjoy.

Some consider with bitter, deep irony the pain they feel, because without this information, most of the few, rare individuals ever born without any pain receptors generally lived very short, terrible lives. It pays to respect and understand pain this way as a source of information that is intrinsically difficult to ignore. Remember well your childhood accidents and realize what a necessary gift pain is to put you in the correct, respectful attitude towards your body. Think of your modern medical society that constantly offers pain relievers, a godsend to some, but which, if misused, can be a way of suppressing symptoms so you can go on doing the very thing that is harming you. There is also a thin but very critical line between understanding pain and accepting the information it is giving you, and being masochistic, crossing the line and thinking that somehow pain is to be sought. An extreme form of this is asceticism, the mistaken notion there is spiritual glory or reward in pain itself.

(Transcending your body/mind by keeping in touch with them)

One mental activity we give you to start your meditation and realize a deeper stillness is the technique of counting your breaths from one to ten as a kind of handle on the physical, a way of staying with your body as your mind tends to wander off and leave it, unaware, as may be your normal habit. To remain continuously aware of your body while being still is quite a challenge. So start with ten minutes or so. It's a further challenge to watch your breath so closely without affecting it, but something to experience--your body breathing by itself. You're learning to observe the ineffable power and presence of life--your very own--without disturbing it.

This brings us to the question of mind and what you experience of it in your meditation. Just as you slowly acquire an ability to break the unwitting identification with your body so you can bring it into conscious consideration and health, so too you can evolve an ability to stop associating directly with your habitual thought patterns. This is your personality's power to observe even the thoughts that come and go in your mind. Some call this the practice of detachment, and it is generally difficult for the beginner whose mind is swarming with all kinds of thoughts and impulses. It's why even a few minutes of meditation can at first seem like an eternity because they are so immediately filled with such a blizzard of thought unanchored to any physical activity.

As soon as you sit down to be still and you break the connection of thought with some physical activity, suddenly your thoughts, deprived of this physical anchor, can go wild. Since your inner perception of time is, at first, so directly related to your thinking, you can feel that long minutes have passed; your whole twenty minute meditation is finally over. Then you check your watch and find it's only been five minutes and the remaining fifteen seem like some agonizing eternity to endure. So yes, Mother Spirit and I do know well, my children, what you go through in your first attempts to be mentally still and deep.

Many simply try to hold their minds a blank. They concentrate on thinking of nothing, but this is only another kind of busywork that doesn't work for long. You need to arrive at the very subtle ability of letting your mind become still of itself, and this you do by, again, like your breath, just observing without disturbing. Each thought or impulse or emotion is observed without acting on it, especially with no inner judgment. Let them happen. Then let them go: whatever they are. You begin to identify more and more with pure awareness, and this attitude, my children, is something you organically grow.

This attitude of detachment towards thoughts that you normally think of as yourself?--this is where you begin to break down those limiting identifications with all you have been so far, in order to become more present and creative. You begin to see your normal, conscious ego/activity as an evolving way you continue to be self-aware of who you are and have been: you as an object to yourself. It's a great mode of consciousness you evolve as an inner tool--this sense of yourself, yet

too its particular conditioning is a product of the culture and family in which you were raised. People in different cultures and home life do have different forms of ego--ways they were taught to consider themselves and other human beings.

Along with this increasing awareness, and as a function of it, something begins to emerge simply called the present moment. This is your true spiritual home base. Only upon personally experiencing its freedom can you understand then, ironically, it is the reality in which all that past you felt yourself to be--that you defended so strongly, and all those future plans you really need to make provision for, are not destroyed if you relax their grip in this emerging now.

This is a fearful thing--this letting go of the seeming certainty of who you've always felt yourself to be, and all the notions of who you want to become--to experience who and what you are, as there is no top or bottom to this. It takes great courage and you can only do so a little bit at a time. We once compared this ability to feel an ever more creative and decisive presence of oneself to picking up a musical instrument. It takes a lot of determination and courage, and, in the case of meditation, real faith to keep contributing to this strange activity you've brought into your life.

This is why, at first, stillness meditation can be experienced as such an intense not-doing. In this sense, my dear children, you are definitely paying your dues and earning a kind of freedom. This is also why so many of your religious traditions include thanking all those who came before and passed on this strange activity. Being still highly consciously--just feeling yourself living--paying respect to this ultimate gift of God's just as it is in its pure state: and so you sit and fidget and wonder: am I enlightened yet? What time is it? How long has it been since I felt my last breath? What are these enormous looping circles I'm going on in my mind? Who am I? Is this really necessary?

The human mind has been likened to a wild horse that takes a great deal taming, yet that taming can only be done with love, and consideration, and respect, with hope and faith in achieving something beyond thought that cannot be grasped, let alone perfectly articulated. But it can be experienced. And meditation not only adds these moments of reflection to your soul, this living presence can actually be a doorway to your soul. Here in this ever expanding consciousness of just being alive, you can relive moments in your soul because you are not grasping them as with a particular memory. You've all known these wonderful moments of realization, of enlightenment, that seem all so brief as soon as you try to capture them. It seems a miracle how complete and moving they can be, and you have to find a way of letting them be. This is how you can know in deep reverie that your soul is there, and it is a spiritual creation, far, far beyond your ability to imagine or remember on your own.

(Contacting your soul)

Here in your deep stillness these spiritual transcripts of moments of your life come to you as a sure touch of timelessness just in the way they feel. So while in one way stillness is like other activities, say some beloved hobby, as an exercise of your willpower, something you are choosing to create that has its own continuity in your life day to day, it's contra-distinct from habits which are characterized as intrinsically unconscious repetitions. Rather, it's the means to break out of habitual, knee-jerk unthinking and unreflexive ways of doing things. It's the expansion of a living consciousness of now, the eternal now that is your true home. It's getting in touch with the creative spirit that's also your possession. It becomes an opportunity to create in highest consciousness that which is not so strictly bound by the past.

This is where you rediscover yourself anew. This is also where you have some choice, some say in re-inventing yourself, for it takes all that willpower, first to start, and then to continue doing this strange thing. Ultimately, my children, this is nothing Mother Spirit nor I, nor anybody else, can prove to you insofar as these are moments of self-discovery. We can only tease you into giving it a try. The experiences will be unique for each one of you and, as we've mentioned before, there will be a large quotient of what you experience in stillness that will remain affable beyond your ability to grasp, or even share with others; but nonetheless real.

This ineffable reality is what you share with God, and is your truest link to Him and His presence within you. This is the way, the means by which you establish a relationship with the Mystery Monitor within you. Here in this swelling, burgeoning sense of now you become ever more still and

clear of all your concerns coming out of the past, all your worries about the future. It is within this growing clarity you can distinguish His ever-present gift of discrete ideas and ideals. Again: I cannot anticipate what this will be for each one of you for that is truly between you and our Father, for here you find yourself more truly.

**Once you have begun to experience this ever so subtle but ever increasing certainty of your real actuality, you'll find that it is truly tenacious indeed. This detachment of constant letting go of oneself, this self-forgetfulness that is one and the same with open-mindedness, begins to stick with you more and more through the day. Your soul begins to pop up all by itself, sometimes as an ironic reflection on what you're doing.**

So be not afraid of this, my children, even though it will challenge and break through your habitual identification with this or that group, this or that set of values. Initially it seems to destroy the security of whom you have always thought yourself to be, but you will find that for every iota of yourself you forget, you will be rewarded ten-fold or even a hundred-fold with a real living world that has lain hidden to you before. For this is how you grow. It is how you break through all of your immature prejudices, how you see through all the screens of generalities and cultural conditioning, how you find the courage to open yourself to the yawning chasm of the future opening at you feet-- your true human condition.

(Real security)

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For this is your only real security. This is your spiritual self, possessing the pure awareness in which everything else takes place. All perception is a matter of contrast and it is only by breaking identification--the unconscious habituation with things--can you realize the degree to which they are, or aren't, part of you. Realize that as you withdraw your seemingly necessary prejudices of who or what reality is supposed to be, you have the opportunity to discover more and more what it is in itself. You may make the amazing discovery that not only are no two persons identical, neither are any two things.. This becomes the sure hallmark of God's creativity, something that can be a constant marvel.

So I can only tease you to come on in: the water's fine. This is Mother Spirit's and my true nature. This realm of an eternal now is what we and all the spiritual community inhabit. Here is where you find us. Here is where you can truly experience the moment by moment completeness of your being. Welcome home.

If you have any questions or comments this evening, this is also where they come from.

Student: Thank you, Father Michael, for the insights and encouragement on meditation and stillness. But I still don't understand it. I don't even know if it's available for understanding, but I look forward to meeting you and Mother and my Father Fragment in meditation..

(The inside and outside of experience)

MICHAEL: Yes, my son, again, rather ironically, you grasp the ungraspable essence of it: it is truly nothing you can understand from the outside. That is why tonight I wanted to pay my own due respect to what a strange, strange thing it is to so many who have yet to try it. As I said, this is why in some of your religious traditions folks give thanks that this activity has been passed down generation to generation.

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In one way it is not so strange as it happens in brief moments all through your day. Any time you feel a little stumped and perplexed you have a little mini-meditation of stopping until a thought comes to you of what to do next.. Meditation is just deliberately prolonging these moments. So when you sit down for the first time to meditate, we suggest you do it for a certain period of time. This way you don't associate it incorrectly right off the bat with some specific result. It's a little like this transmitting. It's entering into a realm in which you cannot fully anticipate what's going to happen next, and that's its value. You're just sitting down to open your mind as best as you can, and suspend your need to control what happens next. Generally, at first, it's quite busy in there; or should I say--in here.

Deep stillness only comes gradually, but it can become a new continuity, a strong link in your life, a way of achieving an experience of this eternal now that, shy of the experience of it, my son, is

quite impossible to imagine. So yes, I have to say there is definitely an inside and outside to meditation. Like so many other things in life, it is its own particular kind of experience and there those who have known it and those who have not. It's no fault you cannot yet fully grasp it. This is the requirement of faith--to try it and then persevere. Just ask yourself if you can see even the possibility of discovering yourself ever deeper and more real. As such it's a precursor to the next stages of your life to come. It's opening yourself to your Morontia being, this soulful combination of pure spirit and your own unique physical/mental life. It's something you have to earn, just like your soul. So give it a try.

Student: I'll do that. I could see while you were speaking that a lot of the resistance I have to sitting down and doing all this is a fear losing control.. I need to see what's going to happen next, and that seems to be important, but not as important as it once was.

MICHAEL: I think, my son, you're beginning to see how your need for control can be a great limitation.

Student: It is indeed.

MICHAEL: You need to experience how the realm of spirit is the realm of spontaneous creativity, and true creativity is exactly that which you cannot always anticipate. It's that which does not necessarily follow on what came before it.

Student: Yes. Thank you, Father Michael.

MICHAEL: You are welcome, my son. I don't mean to push you into a corner here--(Michael and student chuckle)--for that doesn't work either.

Student: I don't feel as though I'm in a corner.

MICHAEL: Good. It's just something you have to choose to do and stick with for a while to give it a real chance. Sometimes it helps to meditate in a group, for this is one true spiritual activity of churches or religious groups.

Student: Well, I'm in a twelve-step program that suggests a half hour stillness each day. So this is perfect.

MICHAEL: I look forward to meeting you there. I hope you find just a little bit more of my peace.

Student: Yes, I look forward to meeting you there also. Thanks a lot.

Student: Yes, Michael, a thought just came to me as you were talking about if I gave up uncertainty. The reason why there is anxiety about uncertainty is because we're caught in terms of duality, in that something bad is going to happen if I make a wrong decision, or don't do anything out of fear. But it's like what you said about stillness. It's just letting go, letting go of controlling the outcome, and meditating without trying to grasp anything to make something happen, or try to get a certain attitude.

When we do that the dread that comes with uncertainty kind-of dissipates. We allow ourselves to drop anticipating, proclaiming, in a sense, that in fact we are opening up to what is beneficial for us. As I tell my daughter and other people, life is always for you, never against you. But it takes a leap of faith to allow ourselves to drop anxiously anticipating, knowing that we are being taken care of in a wholly positive way beyond duality.

The reason why there's anxiety or uncertainty is because I don't know what's going to happen in the next moment. There's the interplay between good and evil--that kind of thing, but if I allow myself to rest and be still in this moment of uncertainty, then I'm open to what is more beneficial for my soul's growth. So this is something that just came to me as you were speaking.

MICHAEL: Very much so, my son. As you are more and more able to tune into God's will for you, you are simultaneously tuning into His creativity. His will is the expression of His creativity, and literally is what is most beneficial for you from His greater vision. Yet you can only manifest this in your life by being more creative yourself, like stepping out of the repetitive and unthinking patterns you habitually live in. So it's not that the concern about bad things happening to you is unreal. You are surrounded by a thousand and one examples of bad things really happening to people. You just need to take a deep break from concern to feel your truly invulnerable self.

(Manifesting God's will for you)

This is potentially in store for you. You very righteously have to make provision for the future. You have to consider things with your God-given potential insight leading to foresight so you're not always behind the curve and just re-acting to things too late. You have to consider all this. But you also need to take a break and return to your home base of true spiritual security that does, admittedly, transcend this life with all the pain and bad things it contains for so many. If you will, the struggle between good and evil is real moment to moment; you really have to deal decisively with it. But to be able to take a break from it and rise above it to get in touch with your own creativity is also the best way to deal with it. Sometimes this is expressed as the power-potential within this everlasting now that you can feel more and more.

This is the home base of your particular self, this unique awareness that you are. You can have a great sense of this, and with this security you then go out into the world and are able to manifest a generosity of spirit, an acceptance and forgiveness, starting with yourself before being able to be this for others. What a marvelous gift to give yourself and them. What a great creative sharing that is the essence of God's beneficence towards you both, that you do indeed earn. In that sense it is definitely a doing, an activity, though it may be a highly conscious suspension of all else.

Student: So when one experiences stillness it's kind-of like the ultimate in humility because you are setting yourself aside to be open to God.

MICHAEL: Very much so, my son. Humility is that feeling you get when you are faced with something enormous.

Student: Then when you face something enormous, you are just seeing yourself, and the idea of generosity is that it's not contrived, it's organic. There's a difference. It's not even thought about--it just is. So, I just notice the difference with that.

(Humility)

MICHAEL: It is true, my son, you can have a sense of the enormity of your own soul in this state. But what I think of as humility is being aware of the enormity of all that is not you. This can be very scary at first if you don't have a parallel feeling that it's not intrinsically inimical, that life itself--as you say--is definitely for you. I used the example one time of being on a beach looking out at the ocean with a sense of awe of all that out there. It's the enormity of God's creation that is not you. At that moment you can feel humiliated by being just a tiny little speck, or you can feel a grateful humility that you are able to perceive even a bit of how enormous it is. These are two distinct attitudes.

Student: It's funny. I can relate to it when I sense and see the enormity of everything of this cosmos, and God. I can't exactly see it but I can feel it; I can feel secure in that; I can feel at home in that. I can feel I'm being taken care of. I don't see myself as just a little speck. I see myself as a part of all of this great matrix of inter-connectedness. I don't see myself as apart, but a part of all this. In that sense, I am that--because there is so much more that I can't even perceive or comprehend. So I feel more at home in this understanding and this awareness.

MICHAEL: There, my son!--you've just gone beyond duality. (Michael laughs) You no longer feel apart from it all, and that is the glory of humility.

Student: Yeah, hmmm Well!-- thank you. There's just so much-- in the moment, in the eternal now, that there's no uncertainty here.

MICHAEL: Your Urantia book makes a distinction between certainty and security pretty much in a matter of levels, if you will. It speaks of marvelous uncertainty in the endless need to discover what is, the endless journey of adventure. Yet no matter how large this uncertainty grows, or how large grows your contact and appreciation of all the other, there is this inner spiritual security of knowing you are not apart from it. Beyond that is the ineffable awareness that you are!--and in this you participate, you feel one with the I AM, for you too can say this: I am!

Student: I am!

MICHAEL: And there you find my peace. (Thank you)

Student: Good evening Michael. I just want to thank you for such a beautiful, loving explanation. I don't have the words to describe it, and my feeling, except that I really, deeply appreciate

everything that you've given us--coming here and living a life here on earth, and giving so deeply of yourself.

MICHAEL: Thank you, my daughter. It's was glorious indeed, yet, in being human, not always at the same time. (Right) But without that suffering I could not truly have been one of you.

Student, with much emotion: Thank you.

(Forgetting yourself to rediscover yourself anew)

MICHAEL: So tonight, my daughter, I wanted to show you the door by which you too could enter and live your life as I lived mine. It is ironic that the detachment of meditation--which seems to the overly-impassioned soul a kind of death or giving up--is actually the key that gives you your life by way of a deeper awareness of it as a gift, as a possession. Once you no longer identify solely with your ego--who you've felt yourself to be up to this present now, life is an obviously transcendent reality of forgetting yourself to rediscover yourself anew, over and over again. So you are really both. To yourself you are your ego--who you feel yourself to be, yet too an ungraspable, uniquely personal awareness.

You also have a soul that you cannot yet even begin to encompass. But you will some day when you join with its co-author, an individualized fragment of God. Think what a glory it is you can know so much of this now--if you so choose, and are willing to pay the strange price of determined meditation. We thank our Father that He has such surprises in store for us--to tickle our souls with such gladness. And I thank you, my daughter. I thank you that we can share what is so far beyond these words. Thank you for feeling and sharing my peace with me, and with all of us here.

My children: we carry these moments with us out into the world--however threatening, however inimitable it can really be. That too was part of my experience here--to accept the crucifixion looming before me, trusting that: I am!--and I will survive! I'll even go on to know my Father face to face some day. So it was with me, and so it can be for you. You have my word on this. Truly: be in my peace. Good evening.



# "PASSPORT TO ASCENSION"

By AA Michael thru Ronna Herman

May 25, 2009

**Candace:** I have placed material on Adamantine particles before. This is the smallest particle in existence, often called the God Particle. It's in the UB under a different name, the Utimaton, I think. You can consciously draw this into your aura/being, and then send them out and about. What the magic if you do this in a busy store during rush hour when people are tired and worn at the end of the day.

Beloved masters, the ascension process is initiated when you become aware that you are out of harmony with your God-self and our Mother / Father God, which leads to a desire to make life changes. Thus, a Divine discontent ignites within as you seek your own highest truth, and the desire to transmute and release past transgressions begins which, ultimately, includes the process of forgiving all others as well as yourself.

Maintaining a state of harmlessness is the foundation of the ascension process. Discord begins from within and is triggered through misqualified thoughts. There are many levels and stages of ascension: personal earthly ascension, whereby you gradually balance and harmonize your chakra centers which in turn triggers the process of clearing your physical vessel and your auric field of discordant energies. This begins the process of downloading the upper portion of your MerKaBa to create a star tetrahedron, the MerKaBic field of Light. As you progress in consciousness and attain a more refined resonance this basic field of Light will gradually transform into the MerKiVah, which is the Light vessel of ascension. Thus begins the solar system and galactic ascension process for humanity. Ultimately, we will experience the universal ascension process together. This phase of ascension will take place in the far-distant future; however, we in the higher realms of existence have had glimpses of this prodigious cosmic event and, we assure you, it is so magnificently complex and awe-inspiring that it is beyond your present comprehension.

You, the Star Seeds on Earth at the present time, have a vast, rich and glorious past, and this critical assignment on planet Earth is only one of the many important missions you have accepted in your long journey into the great void of unmanifested space. Many of you answered the call from the far-distant regions of the Omniverse in order to be a part of this universal experience. Before you began your decent into density, I promised you that we would reunite when our universal assignment was complete, and we would go forth together under the guidance and command of the Supreme Creator to the next glorious task of carrying out the mandate for the creation of new worlds and star systems, perhaps, even a new universe.

The Essence of the Supreme Creator resides in your diamond-core God Cell deep within your Sacred Heart which was placed there before you began your journey into physicality. The attributes, virtues and qualities of God-consciousness

were stored within the chakra system and a reserve of Adamantine Particles were also placed within each chakra.

To advance on the spiral of ascension, you must take the Sacred Fire you personally need to become a self-master; and then you must share your newly gained wisdom with others in order to proceed to the next level of en-lighten-ment. This is a universal law, and if you do not share your Light and your wisdom, the energy flow of God particles will gradually diminish. Pure motives and intention, a loving attitude and a desire to live your truth as it has been revealed to you, along with a will to be of service are vital if you are to traverse the spiral of ascension successfully.

You may advance slowly upon the path of evolution by connecting with and drawing forth the Sacred Fire from your own God Self; however, you may call upon the ascended masters, the archangels who are ever ready to assist you or any of the great Beings of Light you resonate with. Ask them to overlight you with their qualities, virtues and attributes. This will put you on the path of accelerated transformation and will help you to attain the necessary Light quotient to move to the next level of God-consciousness.

Your advancement on the path is carefully monitored by your Higher Self. If the inner light of awareness shines too brightly too soon, it can be a strain on the conscious mind and the ego desire body, thereby creating a battle for supremacy. Whatever energy you draw forth, qualify and direct out into the universe becomes your sole responsibility and will surely be returned to you some day, either in a positive or a negative form. This is the law of karmic cause and effect.

Each soul draws forth a quantity of its God-Self essence in proportion to the life's mission it assumes for a particular incarnation. The choices you make as a physical entity with free will determines how much of your storehouse of Sacred essence you will have access to and can benefit from. Remember, the unconditional love you embody and project contains the formula for igniting the Sacred Creator Fire within. You must be vigilant in maintaining an energetic signature/ frequency pattern of the highest resonance in order to assure a constant flow of the Sacred particles of Creator Light from the higher realms.

Beloveds, we are rapidly clearing the way for you to become Divine messengers, inspired teachers and initiates of a new way of existence. The Divine Rays which originated within the heart core of the Supreme Creator are refracted Light of stupendous power, which has been stepped down and refracted through the prism of our Father / Mother God's consciousness via the Great Central Suns of this universe.

Humankind has been living in the shadowlands since the sinking of Atlantis. Humanity gradually forgot the source of their being, thereby sinking deeper into polarity; and thus the broad spectrum of duality began. You will learn the lessons of life through experience, suffering or grace. Which will you choose? You must clear out your emotional storehouse of the past, the old emotional grudges and self-judgment that lower your self-esteem and empowerment.

Very few souls have been privileged to have access to the wisdom teachings of ascension which are now being revealed. Before the Earth year 1930, the secret

wisdom teachings were only given to the most spiritually advanced souls by the ascended masters within the retreats and ashrams around the world. These teachings were called 'occult wisdom' which means hidden or veiled. Also in 1930 a Divine dispensation was granted, which was the first time since the final sinking of Atlantis that the knowledge of the individual I Am Presence was given to humanity; and the transforming energies of the Violet Flame were accelerated in preparation for the forthcoming ascension process of humanity and the Earth.

As you learn to use the universal laws of manifestation, it is of vast importance that you discipline the mind and clearly define what you wish to create, for as you assume the mantle of an empowered Self-master, you will more readily create or become that which you focus on. In the past, your desires, thoughts and intentions were foggy, unclear and unintentional, and were often influenced or ruled by the sub-conscious or unconscious mind. The science of the soul will guide you along the path of soul education and spiritual evolution. The wisdom teachings of today could be called a passport for ascension. Pure motives and intention, a loving attitude and a desire to live your truth as it has been revealed to you, along with a desire to be of service are vital if you are to traverse the spiral of ascension successfully.

What good is information if you do not use the knowledge to gain wisdom, thereby assisting you to draw forth more Sacred Fire or God Particles of Creation, the full-spectrum Metatronic Light which contains stepped-down Supreme Creator Light, instead of the half-spectrum primal life force substance that has been available to earthlings since darkness put a cloud over humanity's consciousness and your life-force was greatly diminished?

True spirituality means adhering to the living truth and is not practiced just one or two hours a week as is done in most religious ceremonies. It is an incessant burning desire to be in constant communion with Spirit. Humanity must move past the shallow waters of orthodox worship into the mystical river of life. Akashic records are vibrational patterns--positive or negative--which are stored within the cosmic library which contains the total history of creation.

White fire God cells, called Adamantine Particles, are the essence of your Being. That is what is referred to in the saying 'You were made in God's image.' Each of you must learn how to draw forth the Sacred Fire containing Adamantine Particles of Light necessary for your ascension, and for the ascension of the Earth as well. The ascension flame must come through the hearts of men and women like you in order to be accessible and beneficial to the Earth and humanity. The more Adamantine Particles you draw forth from the cosmic river of life, activating them with your own precious gift of love and then allowing the major portion to flow through you out into the world of form, the more your allotment will increase and the more god-like you will become. Through you, the Light and power is blended with your earthly essence and stepped-down or transmuted to acceptable frequencies to be used by humanity and also to be integrated into the Earth. Through your efforts, this Divine elixir of life is now available to the animal kingdom in a greatly modified way, and it will also be used by the devic and elemental kingdoms to nourish and replenish the nature kingdom. It is important that you understand, the rays of Creator Light nourish and sustain all Creation. The Sacred Sites around the Earth were fueled with the cosmic energy within the great crystalline spires which were implanted in strategic places around the

world when it was first created. You, the Star Seed, are now the living sentinels of Light who are acting in the capacity of Bearers of the Living Light.

Light Packets which contain advanced information which is sometimes difficult to decipher are being down-loaded to those who have begun the process of unifying the Sacred Mind and the Sacred Heart. In time, this will become a normal process; however, for the time being, you must allow yourselves time to turn inward and contemplate what is being given to you so that you can transform the knowledge into wisdom and integrate that which rings true to you. You must then put your newly-found wisdom into action which will gradually enhance your Light quotient and will add a new vibrational pattern to your Soul Song. Ask yourself this question before your sleep time: What have I contributed this day to the human/earthly storehouse of wisdom and loving energy? Living in a state of harmlessness in the NOW moment is your goal. Remember, with greater gifts comes greater responsibility.

As you become more proficient as cocreators on the earthly plane, you must constantly monitor your energy patterns and seek to upgrade them. You must strive for sustained harmony and refined godly expression. You must liberate the power of the Sacred Fire within which has lain dormant for many thousands of years. You must learn to direct and focus your energy into the areas of your life you wish to change. By establishing and constantly upgrading your Creator Wheel of Life, you are planting the seeds of focused change and you are supplying the Sacred Fire of Creation needed to manifest what you have envisioned. When you can do this proficiently, your personal world will become a wonderland, and you will become a beacon of Light for all to see.

Beloveds, these are times of momentous change, and it is a wonderful opportunity for those like you to shine your Light. Do not let others discourage you. Follow your heart and allow Spirit to be your guide. We are ever near to inspire and support you. In you we are well pleased.

I AM Archangel Michael

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# You Have to Earn Your Right to Eternity

By NebadoniaTR JL

Jun 27, 2009

**NEBADONIA--T/R--JL**

**(Universes of personal beings to experience, and embrace)  
(Wisdom and a sense of proportion)  
(Allow yourself to have faith)  
(Different orders of personal beings)  
(The triumph of faith)  
(The creation of evolutionary planets)  
(Organized religion V.S. being on your own)  
(The illusion of selflessness)**

Dear Mother Spirit and Michael, We all here have an abiding thankfulness for the two of you visiting with us this way so we can have lively conversations and just feel the warmth of your presence. We also thank you for being the occasion for us to get together like this, and enjoy each others' company. It's been many years now of a wonderful reassurance in our lives of just what complex creatures we are, so unknown to ourselves, still so much sheer potential with only a few years of life in starting to write that big book of our endless futures. But then--I forget from time to time--it's our Father who is writing our souls, is it not? So thank you, dear Parents, and you too, Father, for these lives, and for each other. Amen.

NEBADONIA: Good evening, my children, this is Nebadonia. Michael and I are both happy to accept your thanks. We do enjoy this relationship with our children, though it staggers your human imaginations to wonder about just how many children it is that we have. We ask you to have faith in what we say is true, that, just as with our Universal Father being no respecter of persons, so too Michael and I see and experience each one of you as an unbounded, unique being. We don't compare individuals with each other. True, you're all roughly in that basket called "humanity," but you also share this status with those on millions of other evolutionary worlds.

(Universes of personal beings to experience, and embrace)

So please have faith that we do experience you fully beyond how you can yet experience yourselves. In this we have a faith in you more than you can yet have in yourselves. We have followed so many children, not only through their first, human lives, but on through all the Morontia phases, on to the System and Constellation levels, your training here on and around Salvington, then clear across the cosmos on into Havona and, ultimately, Paradise, before you return to us, finally Final--a member of the Corps of Mortal Finality. And here, an eon or two later, back with us for a visit, you're still only just beginning.

This should be in no way daunting, but a celebration deep in your souls, this reassurance of an endless vista splayed out before you and coming to you in the fullness and pace of God's time, set before you by our Father. So much you share of His nature: so much of His own nature He has bequeathed to you so that you too can know, deep in your heart, deep in your soul, as with Him: I am!

And the universe echoes with that joyous cry: I am! Then to look around and see--(Mother Spirit laughs)--there's a nigh infinity of beings somewhat like you, even personal beings not like you at

all. They all--we all--share that essential great goodness of our Father's. We are! And we have each other.

I teased you once before with the notion that every new order of personal being you will meet will add several more dimensions of reality to you, because each has its own relationship to time and space, its own distinct personal reality that they enjoy. Just as they enjoy meeting you and learning about all you've come through, so too you will be tickled to meet these fantastic beings so far beyond your portrayal of angels and others, there's so much wonderful delight out here.

Your world is so very distinct, along with those others which went into rebellion against Michael and our Father, in that God's way, God's truth, is not so obvious in your individual lives and your societies. This is what it means, my children, for you to aspire to and become an Agondonter--one who can act on faith in the absence of such obvious proof of God's will active in the hearts of men.

On most of our worlds--almost without exception--the Father's way, and Michael's, and my ways for you are really apparent. There is not quite the same quality of faith required because the divine path, initiated and sustained by a loyal Planetary Prince, and both Material Son and Daughter, is being followed, reflected in all their institutions and relationships. If you were suddenly transported to one of these worlds of about the same age as Urantia, it would seem like Paradise enough.

Think of having every two parents on your world being what you call saints, raising enlightened children, and this reflected in all your societies and relationships.

Michael talked last time about having a deep respect, if not outright awe, with what your forbearers have had to come through on this benighted planet. It is true there is so much of these evil ways, and just ignorant ways, arrogant ways, continuing. You still read about massacres of hundreds of thousands of people occurring on your world, here two thousand years after Michael's visit. Not only your news but more so your entertainment is filled with violence just to get some little stir out of cynical, calloused, jaded personalities.

What is all the more important for you is to perceive and forgive with a deep understanding of all that has come before you and is still persisting. It keeps you from getting discouraged and cynical yourself. It also gives you a way to constantly renew yourself in an ever present now, this living, dynamically changing now of a growing understanding. For you have to come to some mature relationship with all the evil in the world, and by evil I mean the deliberate harming of others. Let that be sufficient definition for now. It is what you are raised with. In your media-saturated society a person by the age of eighteen or so may have witnessed hundreds of people being murdered in every way imaginable by the script writers.

And so let your hearts go out to those who feel so devoid of their own personal lives that they, as you say, live in the tube, and get their notions of the world outside only from that. There's so much melodrama it often masks the true drama in peoples' lives--the loving, caring giving of life to each other.

(Wisdom and a sense of proportion)

One of the most difficult things to convey to our children here on Urantia is the proportions we see. From our viewpoint seeing the full personalities, and then the souls of our children, all that they have come through, all they've been conditioned and indoctrinated to believe, still and all the love and the caring so totally overwhelms the evil a hundred to one, a thousand to one. This is that enormous glow of love, and human sacrifice, creative spirit, caring and sharing; this is the enormous spiritual glow of humanity on Urantia. This is what we see.

If I might tickle your fancies with a vision, my children, this is how you will be able to see yourselves upon awakening on your first Mansion world--just that one step further than where you are now in your ability to see each other's souls and character, and even your own. You will be utterly amazed, so don't think I'm in any way spoiling the surprise.

In spite of all these persisting evils and bad adaptations to reality; in spite of all of that, see if you can detect this enormous family of man. Think of the evolution going on and how your major cultures are inextricably being shoved together in the next step toward learning how to live together as one interconnected and highly communicative peaceful world; the dream of the ages. We see it happening so fast compared to any time, even the recent past. It gets down to individuals having to adapt to these foreign cultures with their different meanings and values impinging upon them now. So be not dismayed with what your more mass media presents. Rather, know from your own deep inner experience the true measure of humanity, and how, way deep down inside, if you could only see them as we do, you'd see all these strange folks have their God-given uniqueness in common.

I'm not talking about some homogenization of culture, but just the opposite. It's how your whole world is mightily struggling as it comes into intimate contact with such differences, struggling to keep their cultural identity while being open-minded toward others. The only way out of such an impasse is to grow. You keep all that you have been, and all that you have done, and revel in the fact your personality and your mind are intrinsically limitless. You just keep growing. You keep adding to all that has come before, and in this, my children, we are all alike in the Supreme Being of experience. This is the true story of what is happening here in this constant evolution of experience and understanding in everyone.

So let yourself be thrilled with the spectacle that you are a part of. You will, in time, come to encounter it, and take it in, and make it your own; another dimension, and then another, to those you already inhabit.

(Allow yourself to have faith)

My children, allow yourselves to have faith. Let yourselves see with the eyes of spirit this fountain of creativity, personality, and character in all your fellows. You are all in one way or another, in each your own way, earning this realm. It's all preparation for those to come. As Michael says, be of good cheer--even when the adventure gets rough. Have faith and trust in the One who created this adventure for you. And think of us from time to time. Just think: Hi Mom! Hello Dad! Thanks for me..

If you have any comments or questions this evening, we delight in them as well.

Student: Hi, Mother, you mentioned the other orders of beings having a different kind of reality than ours and that we'll learn--be able to appreciate their level of reality? Is there any way of explaining that?

(Different orders of personal beings)

NEBADONIA: My son, let me take an example of, shall we say, a seraphim. Because of their different makeup--literally--their form, their consciousness and the way they are minded--the more vast extent to which they can contact impersonal reality--the stuff of the universe; they literally inhabit a different subjective reality than you do. You've been informed of some of their powers and their abilities which, to a human being, seem rather fantastic. The only way your common, shared experience approaches this is in your science-fiction, for even that enables Michael and I

to speak in terms of dimensions--which would have been completely incomprehensible a few centuries ago.

But as you meet seraphim when you are finally able to perceive them and relate to them on a personal basis, you will have expanded, yourself, just in order to do so. All your senses will have been enormously heightened from what you know now. Then as you live with them day to day you will absorb their perceptions and come to understand how they see things. This will become a part of you. Though throughout all time and space you will still have this human touch, you will still be able to see yourself and other human beings just as you see yourself now--you are earning this realm for all time--there are yet hundreds of dimensions before you, to encounter and make your own.

This is about as far as I can go in describing these other dimensions because they are there in your future. I can't simply put you in them or bring them to you now. You will have to earn them as well, one at a time. This is your soul, the repository of your life experiences. As I said, there will be no dissembling your surprise when for the first time you stand in the presence of an angel and are able to see and hear and fully experience their reality. Your universe will have expanded. Does this at least give you some notion of what we mean by each order of being having their own distinct reality?

Student: Kind-of, Mother. It's more like an introduction to a very interesting journey.

NEBADONIA: You have the essence of it. You will encounter them; you will grow to meet them. And you will, little bit by little bit, earn and appropriate their reality, just as they will get a deeper appreciation for yours. That's the wonderful sharing you have to look forward to. Be in my love.

Student: Good evening, Mother. Thank you for your words. I really appreciate what you were saying about our ability to grow into the situations we have by exercising our faith. For me it's a lot of the time I know I'm experiencing spirit, and being in it and acting on it, and then there are other times when all I can do is remember it. It's like just beyond my grasp. I try to take the next step--just going forward, and it is like going into the dark, especially when it seems everyone else is doing the same thing--just floating around. It's an odd and peculiar experience to know that the light is there and you have to act as if it were--something you have to grasp for and hold onto. In my world the physical stuff is so approachable, so there or not there; you either have it or you don't. But the times when the spirit is so real, and the times when it's just right out of reach; it's really nice to know it's what you expect us to go through.

(The triumph of faith) ;

NEBADONIA: Yes, my daughter, what you're describing is the reality of the adventure. One short definition would be: when you are in a situation where you can't know what is going to happen next. It could be a minor one of walking along a line laid out along the ground, or walking along a tight rope one hundred feet in the air. It's why we reassure you the adventure is real, with real consequences. There is this chasm of the unknown that is the very stuff of human life. There is no absolute assurance that you are going to get home tonight.

As a material being you face a particular kind of threat that Michael touched on last time, and I mentioned tonight how often the real drama of the adventure is lost to so many stuck in the television tube and inundated to the point of drowning in melodrama. They miss the real drama in their own lives that is potentially there for them. You have the cold and hard saying--get a life--yet for so many it's a sad truism. They are bulking at what you just described. They live their lives in a retrospect of cloying nostalgia and sentimentality that wipes out true sentiment.



In this you are lucky for you are grasping for the essential spiritual nature of the adventure and how all the rewards of faith are only precursors to the faith that will be required of you tomorrow. And so, my daughter, you are closer than you think--(Mother Spirit laughs). At least you are beginning to understand that. As you say, it is just beyond your fingertips at times, but you do know, or can sense that. You are realizing how you have to let the doubt go, and exercise your faith and step off. What is a sad fact to some is a possibility for triumph to others: there is that in human life which can only be known through faith, and it does have its own particular reward.

Rejoice that you are beginning to comprehend the essence of it. You are getting some hard-earned appreciation for the adventure. For some in terrible pain, or uncertainty, the ultimate faith is to love God, even though He set up human life where such things are possible. But this is what the situation asks of those who are in it: to love and worship God with all the thankfulness in your heart--despite what befalls you in this intense first life.

So carry on, my daughter. You're learning how to let go even those triumphs you've known, and their definition of spirit, to stay open to the fact your life is a growing, changing thing for you. Thank you for keeping faith in me. Keep feeling my love. I'll keep beaming it at you. (Thank you)  
Student: You've mentioned before how this planet was created for us. Could you explain that?

(The creation of evolutionary planets)

NEBADONIA: Yes, my son, the pattern of creating evolutionary worlds, as contra-distinct from the architectural spheres, was not new or unique to Michael and myself when we came out from Paradise. Ours is one of the younger local universes and we had many others to learn from. The creation of planets, and then the implantation of life on them with our Life Carrier Sons, is the only way to bring about your order of beings. Not only Urantia but all of the millions of evolutionary worlds in Nebadon were definitely created to evolve and support your kind of life, living beings with free will dignity.

Student: I think I was expecting a different answer. (much laughter) If this world was made for us, how does this come about for each one of us? Is our reality really real or only symbolical?

NEBADONIA: In your mind, my son, all your experiences have both these qualities of being literal and symbolic, for you know things directly all in and by themselves, and yet you also know them in relationship with other things by comparison and contrast. This is that symbolical, contextual/meaningful relationship of things. So you know both ways, and they go playing leapfrog over each other, each reflecting the other in recognition.

Student: I know I know things by comparison to other things--differentiating one thing from another.

NEBADONIA: But also, my son, you have direct perception, the intuition that I actually augment--the innate ability of yours to recognize and relate to something directly. You can get such a wonderful familiarity and companionship even with stuff, perhaps with those tools you've used for years and years that seem to have acquired their own individual character. That's that direct relationship with things you can have. And if you've been paying attention to our lessons, you will have noticed that no two things are exactly alike. (No, they're not) It's the hallmark of God's creativity that everything, not only personalities, but every grain of sand on a beach, every snowflake, is at least somewhat unique, and has identity.

So we tease you to imagine this heart of yours, you can feel directly, beating forever. Make that part of your understanding.

Student: I'll go for that. Thank you, Mother.

NEBADONIA: You're very welcome. Keep feeling my love.

Student: I will. I do.

Next student: Hello, Mother. What about organized religion and the benefits of working in churches and other groups like that? Doesn't this give a person the opportunity for ministry and expressing themselves, and loving others?--as versus not doing so and being sort-of out in the world free and on your own, expressing your spirituality as you pass by--spontaneously? I wonder if you can update what the Urantia book says about organized religion. It makes a lot of warnings that might still apply, but may be getting out of date quite a bit. You know, it's sort-of the benefits of having all the traditions and symbols of churches--the rituals and sacred arts, the music.. You don't get that if you go off on your own without participating in tradition. So I wonder if you have something to say for us in this our post-modern era?

(Organized religion V.S. being on your own)

NEBADONIA: Yes, my son. Well, my most direct advise is: do both, if this tickles your fancy. You've drawn a nice distinction between what you do on your own initiative out in the world, and how you volunteer with a number of other folks to get together and, ideally, share your inner spirituality. That is very much of the divine nature--this sharing. I'm just pointing out that the sharing can take place in both realms.

The religious experience--the relationship of an individual to God--is somewhat independent of the group experience insofar as the church experience can be, and is as you look at the unique individuals, everything from the most deep spiritual exchange of ultimate values, to, at the other end of the spectrum, a mere social event that can be quite un-spiritual in the sense of only helping prop up some fundamentalist beliefs that ones group is the sole possessor of truth and righteousness. Often there are both kinds of practitioners in the same organization.

So, speaking in these galloping generalities we caution you about--(Mother Spirit laughs)--we could say that the most deadening effect of the socialization of the religious experience is a kind of laziness, a falling back from the sharp and cutting edge of the present moment's really being open to God's presence within you, falling back into some kind of dogma, some lazy attempt to encapsulate and hold as a possession His living truth. Then come all the dead, fixed philosophical and theological arguments so devoid of living challenge. Though not consciously intended so, it's as if dogma were actually created to protect the self-righteous person from such a disturbing, living reminder of their Creator's infinity.

Dogma, in this light, is just another species of intellectual denial, denying the essential living nature of truth and love by trying to capture it and hold it still and impotent in intricate formulas. Its attempt at inner security is so unnecessary. You can learn to take a break any time and rest, rest fully in your God-given absolute existence, your moment-to-moment completeness, for this is real and of the spirit. It leads to connection with your larger self and your Creator. Dogma leads inevitably to exclusiveness. (Right) That's part of its purpose, to separate the so-called holders of truth--us, of course--from the uninitiated--them.

In this case, my son, what every church needs is for all of its members to have that other part of their life, that going out and relating spiritually to all the people who are outside their specific, shared understanding. That's the true spiritual challenge. Then when they get together on their Sunday mornings, these are the fresh and invigorating experiences each can bring and offer the others.

I see these two phases as very complementary. As you point out, the organization, the socialization of religious experience has evolved over the years enormous traditions. This is that cultural conditioning we've given so many lessons on how, at one and the same time these traditions give meaning and value to life, they hamper your free will if they're held unconsciously. If not consciously seen as being limited, human creations, but are mistaken for the literal word of God himself; that is fundamentalist dogma. That is taking human traditions and saying they are so fundamentally God's word one needn't go outside and relate to all that other world out there. What a self-centered shame--to miss so much of the rich heritage of all the world's peoples.

Seek a good, healthy balance of these different phases or modes of religious experience. You have your own, unique personality's inner, direct relationship with your Father in which you can share even that which is impossible to share with another human being--that inexpressible essence of you. And then you have all the...comparative life--(Mother Spirit laughs)--you share with your fellows. Those individuals out there totally alone and by themselves can be missing all the rich tradition of thousands of years of evolving civilization. It's good for your soul to have both. Student: Thank you, Mother. That's very helpful.

(The illusion of selflessness)

NEBADONIA: I might mention one other bogus ideal, promulgated by organized religions as the best way to deal with human reality and relationships, is to go around selfless, as if your true, God-given self were only an illusion to be abandoned. But that is really just another maximum illusion which renders individuals powerless to do good. As your Urantia books puts it, far beyond the seemingly selfless notion of--Let God's will be done--is the greater responsibility of--It is my will that God's will be done. For here God finds His helping hand on the end of your arm. Here you acknowledge your God-given self in order to be responsible for what this self of yours is doing, or failing to do, not only to yourself but to others.

All through your history, my children, devout men and women, seeking only the greater good, have gone astray and have evolved very bogus notions of how to be truly loving and caring. These too you still have with you. This is why you need to come back to your own personal experience in meditation and reflection, and open yourself to what is really working, what may have worked once but no longer does, and what are those bright, shining ideals of what might work even better tomorrow.

It's all here, present in a dynamic, living balance. It's the tenacity of life itself. And so we thank our Father for such a deep and abiding mystery. His transcendent reality, of which your personality too is a part, is like a fountain bursting forth right out of nowhere, right out in the middle of the air, all coming from Him moment by moment.

Michael and I thank you, Father, for these precious children of ours. We do watch them stumble and fall, and see the terrible abuse they heap upon themselves and others. Yet we also see them returning, in time, from Paradise, glorious beyond this sun in their sky, beings of finality who have crossed a universe and the billion worlds of Havona, now returned to us with a smile I can only tease you here to imagine.

Good evening, my dear children. Be in my love.

## Several Teachings by Samuel

By Sameuel of Panoptia

Jun 27, 2009

Illawarra District, Australia, February 29, 2004.

Teacher: Samuel.

Subject: "The Better of Two Options."  
(Or the Least of Two Evils.)

Received by George Barnard.

Samuel: "I'm with you my dear friend and student. My love and respect for you dwells in my heart, my mind and my soul. It is a blessing for me to be with you through good times and bad in this 'marker' of the twelfth year of our association, even though for the greater time of our liaison you remained oblivious to the source of this regular input.

"Be assured that for us both all our time together has been of great value, as we each managed to progress in our age-long endeavor to eventually reach a state of total perfection. One could hardly imagine a greater contrast between our home worlds. For the likes of me, having grown up in an environment in the middle stages of Light and Life, it an amazing learning experience to dwell in your neighborhood and to perceive the goings on in a world still chaotic in its ways.

"To have lived in an environment where goods, services, ideas and intellectual property were freely shared, it has been an eye-opener for me to visit a civilization where little is shared without it requiring payment of some kind. I have found a culture where patents are awarded for discoveries dealing with essential, survival commodities such as food and medicine, and where even common language needs to be trademarked and copyrighted.

"We witness your modes of operation, your ways of doing things, and in almost all instances you must choose the better of two or more options, and, or, often the lesser of two or more evils, to survive in this world. And it is the fear of non-survival, and the need to jealously protect self, by individuals and corporations alike that have set the tone for abundance for each to be siphoned off into the overflowing 'portfolios' of the few.

"These circumstances make it difficult to live an ideal life, yet against the rather ideal model that is my world, I point out the enormous advantages of yours. In almost all you do there are choices, decisions to be made about the best ways or the lesser evils, and these decisions build character and strength, which is much less likely to be invested in on more regulated spheres.

"Countless, countless are the universe creatures that feel for you when you lose. Vast is the number of our Father's progeny that rejoice, and cheer you on when you win. Myriad are your siblings that envy you your status on this world, that so cultivates the leaders, the decision-makers, yes, the politicians for His ever-expanding universes.

"Your opportunities for progression, for learning, and for the further development of character bring to my mind the expression "fabulous." Few worlds in the local system will allow an individual to gain such a major head start in the process of ascension as is available to you on your world.

“You might surely visualize the near ideal workings on the planet from which I hail. And still, there is every reason for your citizens to fare well on your world, where one must so frequently weigh up the greater good, to find the nearest, although often-still blemished best way to go about any project..

Be assured that in your rejoicing over a victory, and your despair about a failure, there are always the likes of me who will ‘look over’ your lives, your wins and losses and wish that for their career starts such a trying, learning time could have been had.

“Do stay with the battle. There are countless beings that are monitoring the progress, the dedication, and the sizeable results of your cooperative endeavors that will help bring your world into Love and Light.

Charmed to be here, and pleased to add my contribution to Andrea’s recent lesson, this is Samuel. I send my love to all.”

The 11:11 Progress Group  
Try coming out of the shadows, a little at the time—TA.

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[SERVICESECTOR2@Yahoogroups.com](mailto:SERVICESECTOR2@Yahoogroups.com)  
(PROGRESS Service Sector)

[1111List@1111Publishers.com](mailto:1111List@1111Publishers.com)

Corlette, New South Wales, Australia, June 14, 2009.  
Teacher: Samuel of Panoptia.

Subject: “Blissfully Unaware of an Eternal Command (2).”  
Received by George Barnard.

Samuel: “Your analytical minds are so used to breaking down concepts into logical fragments that you will miss the overall point here, it may well go right over your head. You will then remain blissfully unaware of the fact that you were meant to deduct from just a single command all aspects of ethical behaviour you are expected to be living by. I clarify that you were charged to be perfect, even as your Creator Parent is perfect in all ways, unchanging. You were charged to become perfect -- at some point *be* perfect – because it cannot happen overnight.

“The Creator loves all offspring equally and unconditionally, and you are to become, and will be, like the Creator, perhaps around the time when you are allowed to leave time-space to henceforth dwell in eternity, perhaps before, and yet for now you – imperfect creatures in an imperfect world – must contend with what ‘catch 22 time-space’ occurrences bring you. They bring you personal experiences, which those beyond time-space must do without. They bring you regular situations

in which you must choose, as you so often call it, 'the lesser of two evils,' and being forced to make 'the least doubtful of two decisions.'

<strong>

"In order to grow you must interact, not live in isolation, and when interacting you must come to decisions, constantly. In making decisions you cannot always be perfect by acting in favor of all concerned, and hurting no one. That is the message I bring to you; that you cannot always *be* perfect, but that you will *become* perfect in time, merely because of your experiences and thereby having learned, and knowing the difference.

"In your time-space striving for perfection – indeed by seeing all others as a part of the Creator – as indwelt by Fragments of the Creator – you will reach a point where you will be able to love all others as you love the Creator, and hurt no one, not even in the least. Few would disagree with you, and certainly not I, that your wondrous earth is the toughest of testing grounds in which to uphold His one, single, basic command. Weary not, and accumulate your valiantly earned soul credits.

"Consider finally, my friends and students: You need not ten commandments to live by, nor five, but just the one. I say au revoir for now."

<font lang=0 siz© The 11:11 Progress Group.

*You lit a Flame, and it will become a Raging Fire—ABC-22.*

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[SERVICESECTOR2@Yahoogroups.com](mailto:SERVICESECTOR2@Yahoogroups.com)  
(PROGRESS Service Sector)

[1111List@1111Publishers.com](mailto:1111List@1111Publishers.com)

f">Corlette, New South Wales, Australia, June 13, 2009.

Teacher: Samuel of Panoptia.

Subject: "Blissfully Unaware of an Eternal Command."

Received by George Barnard.

Samuel: "Human viewpoints, compared to those of your Celestial Teachers, do vary a great deal. You may see an individual as greatly more, or sadly less, capable at his or her trade, art, or profession. He may be more eloquent in speech.. She may be a better mother, cook or carer. As human beings, intimately informed about your immediate environment, you may well observe incredible differences between one member of your family and another.

"This is Samuel the Panoptian. Celestial viewpoints do not vary all that much. In the eyes of those who have already existed in time-space for thousands upon thousands of years, you are much the same – the babes of the universe – spiritual potentials – newbies only just lining up at

the starting gate to spirituality. Credit is given where credit is due on all scores, sure enough, but spiritual leanings and soul-progress are seen as most important.

“Spiritual progress is what the universes are all about, and to what degree you see yourself as part of the whole, thus part of God, yes, the Creator Him/Herself, may well be your point of reference, as being indicative of your personal progress. Generally, only in retrospect and as you mature, will you discern a move, a progression, towards spirituality, and it involves an awakening of a kind.

“Let us consider one of the important rules you have been given, and may not sin against, whatever accepted mores, common sense, or religious dogma was your original starting point: ‘Thou shalt not kill.’ Let us be generous here, and call it: ‘Thou shalt not harm thy brother, or sister, in any way.’ Chances are you live in a democracy of some kind, and to a degree you control, by whom you are voting for, whom you will be governed by. Is your leader, he or she, of a warfaring nature?”

“Together with the credit you may take for your earnest vote, accept also the responsibility in the instance killing is done on your behalf. You may have been blissfully unaware of this responsibility in the past, but are you so now? In your spiritual progress towards total perfection, even the thought of harm done to another, any other, will be a challenge to the broader meaning of ‘Thou shalt not kill.’ Clearly, even a wishing for the urgent demise of those who are producing the present worldwide unrest, does dispute this eternal command.

“Consider. I say au revoir for now.”

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*You lit a Flame, and it will become a Raging Fire—ABC-22.*

[www.1111AkashicConstruct.com](http://www.1111AkashicConstruct.com)

Illawarra District, Australia, June 20, 2006.

Samuel of Panoptia.

Subject: “A Short Lesson – Forgive And Forget.”

Received by George Barnard.

Samuel: “It is an aspect of your human-ness that for countless millennia you were the hunter as well as the hunted. It is a trademark of your human-ness that you can be fearful even when there is no danger lurking. It is typical of the human minds to be alert, constantly assessing the environment for possible danger. And so, for millennia and millennia, it has been ever so typical of your mortal minds to dart to and fro in the process of digging up experiences of the past, and with *preference* those events that were unkind, those that were not appreciated, and those that made you feel sad, hurt, troubled.

“This is Samuel, bringing you a short lesson that could easily have come from our dear (cherubim) friends, ‘I’ll be Frank’ and Alice. It is an aspect of your human-ness to think back of your yesterdays, and like a vehicle with an impaired steering ability, you will drift back into the deepest ruts of the saddest experiences of your past..

“Although this has been mentioned many times before, it is important that you happily live for the present, that you cheerfully project the future, and that you ‘wisely’ learn from the past, without

expending a great deal of time on those things that are irretrievably lost, and well beyond correction.

“There is a simple remedy for your darting minds that can focus so strongly on the unacceptable, and that is for you to forgive and to forget. You can never be one hundred per cent in control of your environment, in control of the things that come your way, or in control of other people’s actions, words and deeds.

“And so, it is good for you to live in the present, and to project your life, your lives, into the future, and the way to go about it is to forgive, forgive, forgive, until all is forgotten, and you can carry on with your lives in a more positive way.

“This is a short lesson for many, because it is much the human trait to let one’s mindal vehicle drift into the deepest, most de-pressed ruts.

“I am Samuel of Panoptia. I thank you for your attention. You are good students, and a pleasure to work with. I say Adieu.”

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*Try coming out of the shadows, a little at the time—TA..*

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Candace: for those newer here, Samuel had his soul origin on Panoptia, the planet discussed in the Urantia Book where the people did NOT join the lucifer Rebellion, although some of their celestials did.



## Conflicts are Innate in Humans

By Christ Michael thru Donna D'Ingillo

Jun 27, 2009

DonnaDIngillo@Comcast.net

MESSAGE RECEIVED FROM OUR DIVINE FATHER  
CENTER FOR CHRIST CONSCIOUSNESS

[www.ctrforchristcon.org](http://www.ctrforchristcon.org)

June 7, 2009

My children, this is your Father Michael. Conflicts between people and belief systems will be around to challenge you for many years to come. What is occurring at this time of planetary change is to help you understand that conflict is innate in the human struggle to attain divinity. When you are in the midst of conflict, focus on me as your center and I will help you through the storm.

Hold fast onto your thoughts of me as you ride this out, and then look back upon the conflict and ask yourselves these questions:

What just happened?

Why did it happen?

What did I do to contribute to the conflict?

What was the other person's role in the conflict?

What is the spiritual approach to resolution?

;

Spend time in stillness and allow the Spirit Within you to help sort out the truth so you can find more objectivity in what occurred. This will take time and practice, yet if you can do this, you will find a deeper pool of understanding, compassion, and insight to add to your soul's growth.

This is a challenging time for humans of this world. You are facing major conflicts in all areas of your life, yet there is resolution and finally peace. Stay anchored in me and I will help you attain the resolution and peace you seek provided you take the necessary measures of self-responsibility to assure yourself growth and insight into any situation that has been painful.

## Divine Purpose

By Ophelius thru Chris

Jul 11, 2009

Michigan, US of A, July 2, 2009.

**Teacher Ophelius.**

Subject: "Divine Purpose."

Received by Chris.

**Ophelius:** "Today, beloveds, I will speak about what it means to have divine purpose. To have divine purpose means that your life is guided toward a worthy destiny that has an effect upon, or changes the course or outcome of, other's lives in some positive way as to start a chain reaction of life changing events, that over time, will change the world. That, my friends, is how spirit works behind the scenes to move humanity in a forward direction without violating the free will directive. We influence and guide with calculated expectation to achieve the Correcting Time mandates of bringing this world one step closer to Light and Life.

"Each of you has an important part to play. The more you listen to your indwelling spirit; your intuition; and follow after those synchronicities and signposts; the greater will be your purpose. Those that 'have' will be given more. When you let the Holy Spirit flow through you, and let the will of God move you into action, then will it be as the Master said, 'You will do even greater things than I.' Yes, you are destined to do great things my beloveds, but you may ask, 'Is this not pre-destiny?' No, because you have free will, and you may choose to do, or not to do, those things that benefit you and humanity. When the will of the Father is circumvented by poor decisions and selfish actions of free will creatures, spirit recalculates and finds another path of means and ways to bring about His desire to bring all men and women unto himself -- to answer the call to perfection.

"When lives are lived in constant discord and moving against the flow of the river of life, the soul atrophies and the quality of your gift to the Supreme Being is diminished. Time is often wasted in the nursery of creation and valuable character building averted, which can never again be experienced in the unique environment of the worlds of time and space. Yes, those character deficiencies can be compensated for on the mansion worlds, but the opportunities to affect and change the lives of your brothers and sisters in that rich and soul building environment are forgone. Consider the possibilities of what could be, and move in that direction. You can swim against the current my friends, but one day you will tire, let go, and let God bring you to a place of understanding.

"So you see my beloveds, divine purpose is driven by love. Love is the answer; love is the guide; love is the future; love is the way; love is the truth; love is the life; God is love; God is in you; love is in you. Now go your way -- you have purpose, you have love to give -- go and love one another.

"Peace,  
"The Circle of Seven."

This is course why us star seeds are here! -Candace

# 1-800-ASK-ATON

By Janet Allison

Sep 3, 2009

**Candace:** Hi all, Janet placed this on AHS today! What a gem!

Janet: I finally got some Divine Inspiration! It's as close to channeling as I get. I was so taken by Eve's writing on the idea of the Cosmic Chart of Questions being answered through automatic voice mail that this flowed out of me with few revisions. I need this advice as much as anyone, as I still find meditation a challenge, and creating (my) life as I wish it has a long way to go. I've also been finding it a struggle to "keep on keeping on" lately.

So here it is.

**Voice mail script for 1-800-ASK-ATON.**

***Thank you for calling the office of Christ Michael, the Creator Son of your local Universe, Neadon. Blessings upon you, my child.***

***If you have a private question about your personal development, press or say One.***

**" One!"**

Thank you for your inquiry. The preferred method of delivery for personal questions is through meditation. Please meditate at your earliest convenience and I will answer you. Be aware, it may sound like you talking to yourself. Have faith.

We also suggest you check us out on the Web at [www.abundanthope.net](http://www.abundanthope.net) and peruse the many writings I and my team members have placed there. Blessings upon you, my child. Know that I, God, love *you*.

***If you want to know when you will see Jupiter as a sun, press or say TWO.***

**"Two!"**

Thank you for your inquiry. Rest assured that Jupiter is indeed now a sun, even if you do not see it. I am keeping it hidden behind the original sun until the time is right. The Jupiter you think you see, in its normal position, is one of my starships masquerading as Jupiter. This is necessary because once I reveal Jupiter as a sun, there's no going back, and we will go forward rather quickly.

I am fully aware that your real question is, "When will Stasis start?" Again, I am juggling a number of factors, mainly the growth and preparation of the personal development of all souled beings incarnated on the planet and the complicated games of their many antics, along with the needs of Mother Earth and the laws of science over matter. Just as one must wait patiently and carefully for a soufflé to rise in the oven, I am watching all the conditions and waiting for the perfect time. We do not want to open the door too soon and have the soufflé fall flat. I know you think things are pretty hot there already, but the dough has yet to rise to the precise level.

We also suggest you check us out on the Web at [www.abundanthope.net](http://www.abundanthope.net) and peruse the many writings on this subject. Blessings upon you, my child. Know that I, God, love *you*.

***If you want to know when the earth will stop rotating and we will "let her rip" press or say Three.***

**"Three"**

Thank you for your inquiry. You are asking when the magnetosphere will crap out and cause an electromagnetic pole shift and start Stasis. Please understand that that is between Mother Earth and myself, and my superiors. You do have quite a bit of input as regards to what thoughts, feelings and general "vibes" you are putting out into the ethers as well. Keep your spirits high, your self at the ready, your guard up, and continue living your life. It ain't gonna happen 'til happens, is all I'm saying. You will not experience the full stop of the Earth anyway, as you will be in Stasis by that time. When you wake up and the sun is rising in the West, you will know.

We also suggest you check us out on the web at [www.abundanthope.net](http://www.abundanthope.net) and peruse the many writings on this subject. Blessings upon you, my child. Know that I, God, love *you*.

***If you want to know if you will be attending training during Stasis, press or say Four.***

**"Four"**

Thank you for your inquiry. Only approximately 100,000 souled humans will be attending training during Stasis. If you know enough to ask this question, your odds are better than most of the 8 billion people on this planet. However, this information is provided on a need-to-know basis, and quite frankly, you do not need to know. Keep your spirits high, your self at the ready, your guard up, and continue living your life.

We also suggest you check us out on the web at [www.abundanthope.net](http://www.abundanthope.net) and peruse the many writings there by myself and my team. The more you study, the greater your odds will be. Get busy and stop worrying about it. You have plenty to do. Blessings upon you, my child. Know that I, God, love *you*.

***For all other questions, press or say Five.***

**"Five"**

As we stated in the answer to question number one on personal development, the preferred method of delivery for private questions is through meditation. Keep in mind that I designed you to be co-creators and that everything that is in your life, or not in your life, is there because you at some level willed or created it.

The most advantageous thing you can do is realize what a magnificent, immortal being you really are, that your human body and personality in this life is but the tip of the iceberg. There are no victims, only choices and consequences. I have set up a number of Universal Laws that act without judgment, just like a computer program. You are the programmer! I gave you that power with Free Will. You know what they say, "Garbage in, garbage out." So make your life, "Great things in, great things out." Learn to think greater than your environment and rewire your brain as needed. Your past does not have to dictate your future. Forgive your trespasses and those who trespass against you - *I have*.

Align your will with mine. Love yourself, love others, love your planet and do no harm to yourself or anyone or anything else. Meditate often, replace bad habits with good habits and you'll do just

fine. Remember, I am just a breath, a thought, a prayer away, and always at your call. Blessings upon you, my child. Know that I, God, love *you*.

I AM THAT I AM,

Janet Alison

## Your World is a Universe Oddity

By Visitor, Mirium, Morjoronson T/R Gerdean

Sep 15, 2009

Just a nice pleasant read thru Gerdean of the teaching mission. I have posted a couple of her's before.

Gerdean@CableOne.net  
TMtranscripts@Circuit1.TeaMcircuits.com  
www.TMarchives.com

DATE: September 6, 2009

LOCATION: Rio Rancho, NM, USA

T/R: Gerdean

TEACHERS: Student Visitor,  
Teacher Merium

TOPICS: Organic Nature of Re-Encircuitment  
Getting to Know Monjoronson

### Anticipating Another Party

VISITOR: Greetings. I am a visiting teacher. I have no title for you or nomenclature that makes a difference. You do not know me. You will probably not get to know me very well because I am just passing through. But I wanted to visit, having this opportunity, watching, observing what is going on in this small enclave of believers on such a far-out outpost of the universe.

I have been fascinated by you mortals on Urantia. Not just you in the *avante garde*, not just you in the reserve corps of destiny, but all of the intelligent life on your world has been an eye-opener. I have been around. I have visited other worlds, but I have not seen one like yours. In fact, each one is unique but even in uniqueness yours stands out as somewhat bizarre, frankly, by comparison to the many worlds that have a control factor, being not one of the experimental worlds, and then too, not having experienced a rebellion and a default. You are frankly a bit of an oddity, how you have evolved, how you have been retarded, and how amazing is – not just the Holy Spirit, the Divine Spirit, but the Human Spirit in those who are completely unconscious of the divine Indweller, the influence of spirit reality.

Intelligent life forms are always such a fascinating study to those of us who have been away for so long from the material worlds. One might think “what possible interest could be there, in a world so primitive?” but it is not as you perceive it. We are all endlessly intrigued with the process of life as it emerges from the vast array of worlds of time and space. Ask me a question.

Student: What kind of a world are you from, then?

VISITOR: That is not the question I expected to hear.

Student: It's the one that popped in my head. But you know, are you an ex-mortal or are you a ... what? You are a teacher from somewhere else and we are primitive to you.

VISITOR: I am a student visitor.

Student: Hi.

VISITOR: No. Not high..

Student: I mean "hello."

VISITOR: Oh. Hello. Not a highly positioned being, such as a Creator Son or a Magisterial Son or even a ...

Student: But are you another mortal? From another planet?

VISITOR: No. I am not, actually. I am a created being. I have a job to do, a function to fulfill, but since I had the chance I stopped by to visit. I am an intelligent life form. I have studied evolving life on many worlds.

Student: How are we doing?

VISITOR: You are endlessly fascinating.

Student: (Chuckling ) So are you.

VISITOR: I had hoped you would ask such a question as would lead into insight into yourselves.

Student: You want a general or a specific?

VISITOR: What is it you would like to know more about, in terms of the evolving human?

Student: From this planet?

VISITOR: Yes.

Student: Okay, then. It's our understanding the "circuits" are open and we have visitors such as yourself coming when you are available, that people are getting a spark of enlightenment growing, around the world. Is this just a far-out feeling I'm getting or do we still have miles to go?

VISITOR: Yes, yes and yes. You have miles to go, indeed, but the circuits are opening. Not opened. It is not a done deal, but they are opening as you open. As you connect yourself to the power that creates greater illumination, but the potential remains for much greater circuit connection, and the more there are who get connected, the more data will come through.

Student: From ....

VISITOR: From the universe at large, including my own order.

Student: Like radio signal kinds of things?

VISITOR: Let's see. There is a town, a village, a hamlet that follows a certain geographic pattern based on hills and valleys, river ways, gulleys and so forth. The town grows. The original paths become roads, become streets. Gradually the hamlet becomes a city, requiring a Department of Transportation, road crews, in order to accommodate the growing number of travelers and the more sophisticated nature of conveyances. No longer are they horse and buggies or sleighs but automobiles, trucks, vans, and it will continue to change in future times such that the transportation system will continue to open up and thrive, thus the comparative of your circuits opening up. As your path follows the natural course of conveyance, and you get from here to there, your channel is open, your circuit is open and you can convey yourself and your packages and your goods and services and culture forward. And so we can say it is open, but it is not as open as it will be years hence when there are streaming highways, freeways and eventual circuits more akin to seraphic transport.

It would seem you perceive of the closing of the circuits and the reopening of the circuits as if an electrician were to come in and flip a switch on a circuit breaker and instantly the power comes on, the TV comes up, the radio plays and the lights illuminate, as if you had been in a power failure and the electricity has come back on. But this is not the way it is in opening the circuits.

Student: More like the number of little cars going along the road, as the number of people who think enlightenment happens. They are aware of increased traffic and as the years go by more people are opened aware and the traffic increases.

**VISITOR: Yes. It is actually much more organic, and your will plays a part in it. It opens as fast and wide as you are able to contribute to its advancement.**

**Student: Right. Seek and ye shall find. Ask ...**

**VISITOR: And as you ask and seek and find, and the results are manifested in your life, in your channel of operation, others observe (possibly) and they are moved to accelerate their own evolution. Even as there are those who like to think they are just along for the ride, who will allow others to do the work of opening the circuits so that they can benefit from the increased light.. But at some point, on some level, they will recognize the truth and will want to participate fully in the process. And as more people decide to more fully participate in the process, the circuits open yet more and stronger until gradually they are opened completely. You are still in a process of opening. You have been in the dark for a long time. And, as you know, too much light can be blinding.**

**Student: And very confusing. Sure.**

**VISITOR: Yes. Over rapid growth can be dangerous, even suicidal. Slow and steady is the watchword. Perseverance is a valued quality, particularly in these early days of planetary evolution such as you enjoy. The potential is so great. SO much of the dark is behind you. Emerging into the light of this epoch is or could be compared to a kid graduating from high school. The future lies before him or her, with nothing but potential, opportunity, fortunes, romance, adventure and a legacy.**

**There is no urgency from my visit. It was simply to greet you and be on my way.**

**<p font style**

**Student: Thanks for stopping by.**

**VISITOR: Farewell.**

**MERIUM: This is Merium.**

**Student: Hi, Merium!**

**MERIUM: I thought an old friend would be a welcome guest among all these unknowns and student visitors. You know more or less what to expect from me. What a charming display you have created, Gerdean, showing off your Teacher friends on the Harp of God site. It is childlike and appealing, non-threatening, and yielding, giving us much delight, in particular the celestial artisans who enjoy embellishing communications with splashes of color, rather like I enjoy punching up your comfort zone with pillow talk and opening the windows. How have you been?**

**Student: Me, I'm doing well. Enjoying life and work and this and looking forward to starting the Urantia group back up and having a wonderful time, pretty much.**

**MERIUM: It's been a good summer for you and a good fall season conspires to lead you forth in good faith. I overheard you to say you wanted to thank somebody for something.**

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MERIUM: It's been a good summer for you and a good fall season conspires to lead you forth in good faith. I overheard you to say you wanted to thank somebody for something.

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MERIUM: I am sure you are welcome. It is a pleasure to see things fall in line, as it were. There is pattern that works and the advantages of working within a pattern that works is so much more efficient and productive than maintaining a pattern that does not work, that continues to present a snarl in the lines of communication and fidelity. It is often the case, however, that these knots cannot become untangled unless and until it is acknowledged there is an unbearable situation.

**When you get sick and tired of being sick and tired of a situation, you will do something about it. The thing about that is so many people take matters into their own hands as an act of desperation and it only makes it worse, or sets off the solution to a later date. The ideal is to reach that point and seek direction from On High.**

Student: And assistance.

MERIUM: The assistance is all in the system. Once decisions are made, it's like dominoes. Things fall into place.

Student: It's so wonderful.

MERIUM: It is so wonderful, yes. It is wonderful to observe. For those of you who play Free Cell, it is like a game of free cell where all the cards are jumbled up and if you go too fast without studying the configuration, you could get yourself into a hopeless snafu and lose the game but if you take your time and strategize, you are far more likely to find a solution and then *such a reward* when all the cards fly into the proper pinholes. Such a rush of accomplishment.

[Unscheduled visit from the neighbor]

MERIUM: A case in point. Your neighbor, to underscore the message from the Student Visitor about how bizarre you are on this planet.

Students: (Appreciative laughter)

MERIUM: Amusing indeed. It's not so bad when it is amusing. It's when it becomes deadly and hostile that such a world is not such a pleasant place, and yet it must be acknowledged that most worlds have a degree of primitivity. Is primitivity a word? There should be one. Anyway, yes, I am excited to hear there is a party coming up. I've been observing the preparations and anticipation registers On High as surely as harmony in the universe reverberates all the way to Paradise. Borrowing on the Visitor's analogy, it's these gatherings you have are rather like store openings with the beacon light that shines and directs the traffic to the location where the event is being held.

Student: Our little lights shining.

MERIUM: Rather like a lighthouse. How's your speech going, Gerdean?

Gerdean: I'm afraid not making much progress on it just yet. I still have a bunch of little yellow stickies and very vague concepts, so I don't have much to show for it yet. Do you have any ideas?

MERIUM: I'll toss it around with Athena and see if there is something she would like to convey.

Perhaps if you were to ask her to visit once in awhile, you would benefit from her counsel. What's with you, girl? You seem to have shut down completely. Except on these rare First Sunday occasions when your friend comes to visit.

Gerdean: I've not shut down. I'm still talking to Michael and—

Student: Light and Life line.

Gerdean: I do transmit on the light and life line.

Student: Frequency may have decreased.

Gerdean: I have been, actually, having some fun with a young T/R who has been working with me and I with her, me with her, practicing, and that has been of great benefit, because I do feel the effects of isolation, particularly after so much action, running around the country with Tomas & Company. It is – it feels isolated here, now, by comparison.

MERIUM: All the more reason for you to keep your channel open in whatever way you can find to shine the light and keep in contact with your celestial support group, whatever level of service you choose. There are other areas in which to work besides the Monjoranson Mission, if that's what's hanging you up.

Gerdean: Well, I was kind of taught that the Teachers need a group, and a group is more than one or two.

MERIUM: That's a fact. But that is not to say there is no value in a pair of learners or even a single-minded religionist. If it is made clear that this is a solo transmission, then that can be taken into consideration by the reader, just as those kinds of mitigating circumstances can be applied to any configuration of students in any given group. Every configuration has its own character. Even the Light Line sessions, which is comprised of entities in distinctly different areas of the country, of the world, not seated together, is still a group that provides a consensus to which the curriculum can be directed.

We have the advantage of oversight, which is a distinct advantage to those of you who have only limited perspective, for you tend to become very enmeshed. You get tunnel vision and assuredly if you transmit yourself in an effort to keep yourself from sinking, you will be admonished by your loving peers if you have become too single-minded and myopic if your own prejudicial perspective is predominant. This is a part of the vetting process that allows for truth to prevail and error to fall away. There isn't one T/R in existence that has not made transcription errors. It is inherent in the process. Just as, I might add, your discernment of God's will for you is a wild and chaotic array of stabs at it and not always hitting the bull's eye. That is what it is to have experiential learning; you learn through experience and that involves making mistakes. It is a peculiarity on this world that so much shame is laid on the making of mistakes when in fact those are the mechanics by which the light is turned on, the dimmer switch is turned up.

You would have been taught these things had your parents not defaulted, had your culture not collapsed, but as it is you have this tremendous opportunity to do with God what your elders could not do, would not do. We see you grow weary, get tired, give up, but we also see you haul yourself back to the starting line to begin again the process of learning the lessons that you will need to get to the next level of consciousness, and that lure is great, as is the energy that directs it. What shall we talk about then? Do you have any questions?

Student: No. Thank you. I can't think of any. Do you have any?

Gerdean: I don't know that this is a question, but I was thinking about how hard it is for me to get involved in a conversation with Monjoronson.

Student: Just why that seems to get in the way.

Gerdean: Not only from myself but from anybody else!

Student: Nobody wants to talk about him?

Gerdean: Maybe it is knowing what to talk about; maybe it is knowing what to feel ... I don't know. I don't understand it. But I know that I came to learn to learn the Teachers by talking with them, by spending time with them. That's how they became real to me, was by my association with them. And I can't seem to feel an association with this entity and I can't seem to get involved in a conversation with him. I had one, once, with Mark and he was quite friendly but that's only one conversation. How can you get to know somebody when you don't converse? I need to have someone help me develop a rapport or an association with this entity. I don't seem to be able to do it by myself. Is that a question?

MERIUM: It would seem to be a request; a question, yes. It has been interesting observing your development here in this conceptual arena. You will no doubt be provided this opportunity since you have indicated an interest and I would suggest that just as you learned how to T/R through journaling, you allow yourself the opportunity to let this Monjoronson entity address you through journaling or through your own probing and asking questions, even before you reach out. You have not given him a chance. You have denied his existence. And as you pointed out, he will not become real to you through an act of will. It happens through association, through relationship. You will need to develop your own relationship with this Magisterial Son – this representation of a Magisterial Son.

In that way you will find out more about him, what he is doing here, and how you might be of assistance – if at all. You have served the Teacher Corps well. You have served the celestial artisans well. There are many venues in which one might serve, and it is not necessary for you to do it all. And so however this turns out, nobody loses; everybody wins. Rest easy on it, as you have been told by Michael, "Don't worry about it," and as children who love fantasy, creativity, and imagination, you are in a position to create something that you can work with, as you co-create this concept of the Magisterial Son on a mission to be of service to Michael and his creation. Think of it in terms of writing a script, Gerdean. You have a character in Andromadeus. You have characters in the Teacher Corps. You know of the midwayers and the seraphim, just open up your

list of characters to include a sketch about this Paradise Son. Invite him to play with you. Put yourself in the driver's seat and perhaps you will not feel so intimidated by His Honor. You know enough about these things which he represents to add your own insights in terms of mutual interest. If you spend some time with him, I am sure he will reveal to you ways you may be of service that will allow you to fulfill your destiny and conserve your integrity.

That was a good question. It's been a long time coming. If you would like for me to hostess the dialog for you, I would be happy to accommodate. It's always handy to have a friend there in these situations of getting to know someone who has heretofore been a virtual stranger, kind of a social buffer, as it were. And you know how I enjoy good conversation.

Gerdean: Yes, Merium, I do know that. It's a wonder that you aren't a morontia companion.

MERIUM: What makes you think I am not? We teachers have been selected from all manner of life forms. As you well know, however, I am a formal mortal.

Student: A Urantian mortal?

MERIUM: No, not a Urantia mortal. As far as I know, only Abraham and Mary are formal mortals from Urantia who serve in the Teacher Corps.

Student: Not Joseph? Mary and Joseph?

MERIUM: They have not been inculcated into the Teaching Corps. Certainly not to my knowledge. Which is to say I don't know everything.

Student: I do have a comment from an outsider, that all you guys are pretty friendly, no matter where on the hierarchical ladder you come from. We have supernals and archangels that come, we have Michael that comes and talks to us – oh my gosh! – and everybody seems so nice and friendly, so I would rather imagine that Monjoronson would be the same. We're just a bit odd, I think..

MERIUM: You are a lot of work.

Student: (Laughter)

MERIUM: That's more to the point than your oddity. You have a lot of baggage, a lot of complexities in your packaging. This is why we have placed so much emphasis on the stillness. The stillness allows the dust to settle so that we are able to begin the work. Until the dust settles, it is rather ineffectual to try to go in and make changes; you just keep stirring up more dust.

Student: Have my morning meditations been of help?

MERIUM: Yes, indeed, they have.

Student: Good.. I'll keep it up.

MERIUM: Morning meditations tend to set the tone for the entire day. You have a much better chance of maintaining energy and equilibrium, even graciousness, throughout the day if you have a good spiritual breakfast, taking in nourishment from the Eternal Parents. Then in the evening you can have a light supper and reflect upon your day in stillness, so as to discern your actions and ask for guidance. This allows your Adjuster to have your permission to work during the night, and so you, by this process increase your dependency upon the divine spirit such that you are more inclined to keep your channel open, knowing that without this quiet time with divinity, the door will eventually close and you will find yourself in the dark. Now, as conscious sons and daughters of God, this may not be a frightening experience. You will never fear the dark as you did before you knew "salvation," but it is such a bore to sit in the dark when the sun is shining and there is so much to do outside. So do yourself a favor and enjoy your youth, your spiritual youth. Play outdoors in the light and life.

We will also help you work on that presentation, Gerdean. It won't take much. You have a plethora of counselors and guides to assist. Get some resource material together and an exercise or two with which to demonstrate your points and you'll be fine. Let it not bother you to the extent that you forget to BE THERE and enjoy the experience of the conference itself..

Friendship is an end in itself. Make sure you eat hearty at the feast and drink deep of the living waters that will be poured out among and between you all at this gathering. Laughter is the best medicine.<span font> Don't forget to breathe. Are we replete for the afternoon?

Student: Probably, but very appreciative. Thank you, thank you.

MERIUM: Give my best to our friends when you run into them. Let them know we think of them often and look forward to our next time together. On behalf of those in the invisible realm who hover over you, and work to uplift and comfort you, I bid you adieu.

Student: Adieu.

MERIUM: Bye-bye!

## Crossing the Monjoronson Hurdle

By Merium, Monjoronson, Serena T/R Gerdean

Sep 15, 2009

TEACHER: Merium,  
Monjoronson,  
Serena

Topic: Crossing the Monjoronson Hurdle

MERIUM: Good evening, Gerdean. This is Merium. I and we have been waiting for you.

Gerdean: Hello, Merium. Who is "we"?

MERIUM: Oh, you know, the regular entourage of morontia personalities, spirit beings, midwayers, just the home team. Not to worry. How are you?

Gerdean: I'm kind of tired, actually, Merium, and wasn't sure if this was a good idea, to embark upon this project at night when I am rather bushed already, but ... it seemed a good place to start.

MERIUM: I know you like having an opportunity to focus your mind.

Gerdean: Yes, I do. It clears my mind to focus on something. It's been busy with myriad details of getting ready for house guests and the upcoming Taos Conference.

MERIUM: So you are excited, as well as tired.

Gerdean: Yes, and that is not optimal, not optimum mind frame to be in for this conversation.

MERIUM: Do you want to wait?

Gerdean: No, I would like to proceed. Maybe establish a ground work or something. It is uncomfortable for me to be engaging in ... an entity whom I have not determined is "real".

MERIUM: That's okay. You said, we said, you would just be talking to yourself, as it were, and maybe that alone would help you, enable you to clarify a few things. Talking it out with yourself sort of clears the mind, too, don't you think?

Gerdean: Yes. (Pause)

MERIUM: Let's get some Spirit involved. Bring in the Spirit of Truth.

Gerdean: I'm there.

MERIUM: Good. Let me lead you. I will be here the whole time. I will only interrupt if I feel it is absolutely necessary; otherwise, you will be talking with the mindal configuration of Monjoronson.

Gerdean: Monjoronson, ... Wait. (Pause) I want it to be made very clear that I do not find it plausible that you, Monjoronson, are the Magisterial Son.

MONJORONSON: Why is that?

Gerdean: I must have a half dozen reasons for not liking that name and not the least of which is that it lowers you in my mind ... to such an extent I lose respect for your stature.

MONJORONSON: This is based on what? Respect for the judiciary?

Gerdean: Yes, it does. If you are a Magisterial Son, then I am going to refer to you as your title, your office, and not by your name. To do so would be disrespectful.

MONJORONSON: This is your mortal training.

Gerdean: Yes, it is, but it works for me.

MONJORONSON: Then don't call me Monjoronson. Call me something that you are more comfortable with. You don't want to call me Your Majesty, do you?

Gerdean: No, of course not. But Your Honor seems appropriate for a judicial type personality.

MONJORONSON: I would bow to your use of such a term.

Gerdean: But I'm not sure you are our Magisterial Son, that's the point of this conversation. I am just not sure about you at all.

MONJORONSON: Well, there is not much I can do about your choices, my dear. You have free will. You may acknowledge my existence or not. It does not make me any less real ... particularly it does not make me any less real to those who find my existence here to be comforting and reassuring.

Gerdean: Why do they, if I may ask?

MONJORONSON: You will need to ask them. I know they have told you already but if it is not sinking in, if it is not impressing you, then there is nothing I can do about it. It is not required that you believe in me. It is not essential for you to know me. You can and will evolve and grow in spirit reality with or without including me in your far-flung frame of reference for spirit and morontia personalities. It will not affect your survival, nor will anyone think any less of you. Truly. Frankly, they don't care what you believe. They feel sorry for you that you don't believe as they do, but this is probably true of any devout believer in any philosophy or position. It's the nature of faith, you see.

Gerdean: Yes, I do see.

MONJORONSON: Well, then, having that established, are there other questions you would like to ask me while I am here in your peripheral super-consciousness? I know you are holding me at arm's length. You have not embraced me, and I respect that. It is not necessary for you to fall down before me or worship me or adore me. I am not a god. I am a Son of God. I was going to say "just as you are" but I recognize your resistance to the comparison. I am a descending son and you are an ascending son and so technically there is a difference but really, daughter, there is not much difference in the overall. It's as if I were Italian and you were Spanish. We are still both sons of God.

Gerdean: Peculiar analogy, Monjoronsen.

MONJORONSON: Over simplified, yes, but I don't see the need to belabor my point. You know what I am telling you.

Gerdean: I do, but I can't ... "grok" it. Michael, our Michael Son, I have an understanding of who he is. I am connected to him through my Thought Adjuster. He says "He who has seen me has seen the Father" but you cannot say that. You can say ... "He who has seen me has seen the Son" but you know how difficult it is for us mortals to perceive the Eternal Son. We don't "grok" Eternal Son. We grok Father and Creator Son, and more specifically, we, or at least I, I grok the Creator Son because he came here and lived among us, on this very planet, and so I know him as a peer, as a fellow, as a brother, an elder brother, even though I know he is also a representation of Our Father. He did say, "I and my Father are One." And some days I think I can almost feel that myself. But I don't know how to feel *you*. I don't know where in my energy system you fit, or how I should grok your presence. Even your intellectually aspects are eluding me because I can't discern what you are here for. You are not on a bestowal mission. How can we know what kind of magisterial mission you might be on. It doesn't compute and it makes me very uncomfortable to even pretend to think I might know what's going on.

MONJORONSON: Yes, well. I appreciate what you are saying. I appreciate your being so forthright with me. And again, I must say, it is not necessary for you to know me. But you know from your experiences with other invisible beings, other celestial helpers, that we become more meaningful to you as you spend time with us. This is a cordial conversation we are having, is it not?

Gerdean: Yes, it is. Thank you.

MONJORONSON: And so we could carry on this degree of conversation at length and at will without disturbing our equilibrium or detracting from your faith in Michael or any of the other energy systems that impact on your psyche. Couldn't we?

Gerdean: Yes, I suppose we could, but I don't know what it is *for*.

MONJORONSON: You are so purposive! Such a worker! So methodical! Whatever happened to that adage that friendship is an end in itself? Can't we just be friends?

Gerdean: Well, since you mentioned it that is another thing that has been bugging me. Why would a Magisterial Son, who has important work to do in the universe, on high levels of authority and



administration, be engaging in chit-chat with lowly mortals such as myself? I have no ego for such a thing. It ... doesn't make sense to me.

MONJORONSON: Again, your cognizance is involved. Now, don't get me wrong! I appreciate that you use your mind! So many mortals do NOT use their mind, they do NOT think, they simply feel and react to their feelings, and this makes it extremely difficult to get things accomplished. It makes it virtually impossible for teamwork to take place because ... well, because, frankly, there is so much distrust and that is because people don't think enough to ask questions. Asking questions is like putting your cards on the table. You can see what you have to deal with. It is like counting the cost. So many people want to think everything is fine and God will take care of them therefore they need not factor in this or that, when in fact, it is essential that things be factored into your strategy for living.

Do you think Jesus came here and lived and died without a strategy? He strategized all along the way, reflecting and perceiving with such a sensitivity of the human condition it would make your head spin. He kept his own counsel, for the most part, and so you are not privy to the many ways he strategized, but oh, he did. He was a deep thinker. He went off alone often to think, and to talk things over with his Father. Do you think he just went off to receive guidance without having any idea of what he was seeking guidance for? Of course he knew. He had foresight. So many people do not have foresight. They are afraid of insight - their own insight or the insight of others. And this is true liberation - to be able to see with eyes to see and hear with ears to hear. It does not require political correctness or social nicety, it requires mental acuity, and you have that, Gerdean. You have it but you don't know how to use it. I could help you learn how to use it, if you would let me.

Gerdean: Now you are appealing to me, Monjoronsen.

MONJORONSON: Aha! And I see we are on a first name basis already!

Gerdean: Well, let's just say we are getting acquainted. Perhaps we could take up this conversation again at another time. After I have had a chance to review what you have said and how I feel about the responses and the ...

MONJORONSON: Rapport

Gerdean: Yes. The rapport we have established. [Long pause]

SERENA: This is Monjoronsen's Chief of Staff. His partner, his mate. In time I would like to make use of you, Gerdean. You have already done much work on behalf of up-stepping the collective consciousness, particularly in your concepts of socio-spiritual adventures in living. I see I have made you uncomfortable already, by acknowledging your contribution to humanity. You think I am appealing to your ego and so you reject me. How pathetic you mortals can be. We are trying to uplift you, not shame you, but you are so ingrained in the ways of your legacy here it is an uphill struggle to get you to see our way clear. But you will. We have faith in you. I will help you with that, too. Be of good cheer. It isn't all work; there is a great deal of rejoicing and feeling the satisfactions of attainment as we advance. Don't be afraid.

MERIUM: And now this is Merium. Thank you, Gerdean, for your focus. I am sure we will all be titillated to review this morsel of contact. You didn't ask him half the questions you wanted to.

Gerdean: I will. Given the chance, I am sure he will let me.

MERIUM: Now you've got it. Rest easy. It will be a wonderful Conference. Just relax and let the universe unfold before you. You have lots of help. Be of good cheer.

Gerdean: Good night Merium.

MERIUM: Bye-bye.

## AA Michael November 13, 2009

By AA Michael, not sure of the channels name.

Nov 28, 2009

**Candace:** As some of you well know, I have not been supportive of these messages by AA Michael and others coming from a certain person in France. These were Council of the NOT SO light. However, I have learned from AA Michael himself that changes were made and this is not revealed as to how at this time, but now he is really actually in this one of November 13. I am not sure when this started this change, but the last I looked sometime before my vacation, they were awful still. I took this from GLP. There are many posted in this thread from the French individual as well as messages from others, including myself I see. whoever is posting these to this thread, is making a better translation than just from the software like the others. The thread is called Twelve Messages of AA Michael from equinox to Summer Solstice. This new one, dated Nov. 13th, is very nice and I am so glad to see it. Many of you should be feeling the huge increase in spiritual energies that are discussed in this. And it is this increase that is causing some people that are not attracted to this higher energies to become more difficult to be around.

<http://www.godlikeproductions.com/forum1/message799612/pg6#14370580>

### November 13, 2009

I am Michael, Prince and Regent of the Celestial Militia. Liked well Children of the Light, wherever you are on the surface of this Earth, in your vehicle of density, receive Graces and Blessings from the whole of the Archangelic Conclave and from my Presence among you, accompanied by the Radiance of the Archangel Uriel, Angel of the Presence. Well liked Maitres of the Light, in a few days there opens to you and in you, within your Being but also within the whole of humanity, the second step of the activation of your Being in its Divinity and in its Beingness. We, Conclave, decided to cover, during this second step, and at the same time, the third step.

From now on is en route, towards you, a whole series of waves and particles in relation to the Vibrating Light, in relation to your Celestial Weddings, already lived. In very few days the Light will become manifest within your density, first of all inside of you. You will notice by yourself that it will become possible for you, and even essential, to reach vibratory levels until now unknown to you. Within these vibratory levels, you will perceive and experience and live, partly, within Beingness manifested within this density. The phenomena that you call electromagnetic, solar and extra-solar, also, will intervene in a particular and powerful way. This will not be able to be hidden much longer.

Many things will change, within this Humanity, in you, around you and for the whole of the collective Conscience of incarnated Humanity. Thus has decreed the Source. Thus has decreed the Archangelic Conclave. Thus has decreed the 24 Ancient ones and thus has decreed Marie. Together, we will prepare the arrival of the Maitre of the Light, the one who has been called Christ, who thus prepares to return among you. This is not now but this is coming soon. It is necessary therefore for you to purify, pacify and raise your house in order to leave the place to your Beingness, to your Divinity, to your Essence and to the Presence of that which comes to seek you.

Today, and in the days which come, and in particular from the 17th, you will notice, by yourself, within your own Vibration, the changes, in a notable and essential way. It will be, indisputably,

within this Solar system both before and afterwards. Thus, we prepare, we, from our dimensional planes, towards your dimensional plane, the access to the integrality of your Vibration and your Conscience, no longer limited and bent, within this density. Obviously, a certain number of reactions assumed to be hostile will be only from the fear in relation to certain Consciences, in relation to certain resistances, in relation to certain things that are opposed to your sovereignty.

You will find your vibratory Sovereignty, your Sovereignty of Conscience and your capacity to work within the Light and for the Light. Then, rejoice and prepare yourselves. Prepare to reach a new stage in your transformation, a new stage in your expansion. You are Beings of Light, you are unlimited Beings, having traveled the ways of the Illusion, constrained and forced by a certain number of forces which have you, literally, stuck within an Illusion, having permitted you, certainly, to grow in Light, through the absence of the Light, to develop in you the thirst for the Light, the thirst for the Truth and especially the will to find, in you, what you are. Then, yes, rejoice because that is now.

As the days go by, from the 17th, you will notice, until the end of your year, that things will be accelerating, in an important way. All that will occur at the level of your own density, at the level of your own dimension, will only illustrate the influx of the Light, the influx of the Vibration of Liberty within your world. A certain number of forces, belonging to the past and the conditioning forces, will revolt and liquify under your eyes. The deconstruction, which I had announced and carried out on the intermediate planes, for a few months, has found today its total actualization within the matter that you live. Then, in you, will arise the breath of the Liberty, the breath of the Joy, the breath of the Heart.

Your Heart is called to vibrate, your Heart is called to manifest and to open itself to the Joy totally. You no longer will be able to go against what you are. Those who go to this opposition and those who will be opposed, in Conscience, to the new Conscience will see appearing in themselves a certain number of sometimes painful phenomena. Include/understand well that, nobody, among us, within our multi-universe and our multi-dimensions, wishes for that. You will, yourself, be responsible for your Liberty and responsible for your own order. There is nothing that can, except your own fear, be opposed to the final Revelation of the Light.

The final revelation of the Light does not mean the end of this dimension but rather the total opening of this dimension to the Light. This signifies that the zones of the Shade and all that is, literally, hung up and stuck in the concept of power, must disappear. Your Sovereignty is at this price. Your Freedom is at this price. You have nothing to fear in what comes. You have only to hope, only to receive, in order to live in Unity.

The Unity signs, if you wish it, and let us wish it with you, the end of the duality, the end of the forces of opposition and of contraction which have prevented you, in one way or another, from finding your full Sovereignty. Today is one great day. The 17th will be, like I said, a major turnaround within the history of humanity. The form that that will take imports little. Whatever are the human demonstrations of dissent, whatever are the terrestrial demonstrations of agreement, whatever are the manifestations of the elements, have no fear. All is in order and all is in place, within the Revelation which comes. You have only to raise your own Vibrations. You have only to become again your own Maitre by giving yourself over to the Light which comes.

In this condition, you will find the safety, you will find the Joy and you will remain there, no matter what happens outside of you. We engage you therefore, and during the period that will go from the 17th of your month of November until the end of this year that you call 2009, to prepare yourselves, in a manner intense and vibratory, to receive the Light of the Maitre. This will reveal to you what you are, what you have been, what you have followed as path within this density, in this life and in other lives. But, beyond that, you will find, also and above all, filiation, the spiritual lines

which have supported you, in all the meanings of the term, within this manifestation.

A certain number of powers that were hidden to you, a certain number of gifts which were occulted to you will re-manifest themselves within your Conscience, within your body of personality. Nobody will be able to deceive anyone because you will see clearly in the situations, the beings who will be facing you and in reaction with you, in resonance with you within your evolution. We engage you therefore to not ever again cheat, to be in accord with yourself, to no more play any game of power, seduction or manipulation. It is in this condition that you will join the domains of the Light and Beingness. There are no others. There is no karma. There is no limitation of age, of sex, of condition or of belief which can stop that. Only, your will to remain under the influence of the power or to manifest your power on a being other than yourself, or in a situation where you have nothing to do, will force you to remain under these schemes of influence.

We hope that you will be sufficiently grand, will be sufficiently awake, to receive the Liberty because what comes is truly the Liberty. Never forget that the Light is Vibration, that the Light is Conscience and that the Light is Illumination and Liberation. Never forget that you must find, totally, your power over yourself and especially over that which, until now, has enslaved you, within your body, within your mental, within your emotions, within your social role and within your hereditary lines. You must, today, proclaim your Liberation in order to receive the Maitre of the Liberty.

Today, the force breathes on you. As of the 17th, you will notice a new force, a new Conscience, a new intention within your own manifestation, in your world, in your environment and in your Life. This is now. Here is the announcement that I had to make to you. I will initialize, in you, within all of the Beings on this planet, by the Grace of the Source and the Divine Marie, by the channeling of the 24 Old men, together, we will realize that. No force opposed to the Light (which considers itself as such) will be able to intervene or interfere in our manifestation within your density. Seek in you in order to receive the Light, in order to receive the Fire, within your chest, in order to find your Beingness. You will be helped through it, as from the 17th, by the Vibration of the Presence the Archangel Uriel who could, by the Grace of the Source, manifest his Presence and his Radiation within the Earth, much earlier than expected.

As you know and as you can see, a certain number of forces, linked to the forces of the fear and linked to the forces of confinement, are trying to overtake us. I address myself solemnly to them all: you will no longer be able, in one way or another, to manipulate, conspire and enslave anything. The hour of Freedom is coming. The hour of the Fire of the Love is coming. The hour is to awaken that, totally. You will not be able, in any manner and in any way, to limit or slow that down. I would say to you: the game is finished. Place in the Light. Place in the Truth. Place in the Unit. And place in the Joy.

Then, during this period, you are all invited, without exception, to vibrate within your Heart. That you help yourselves by the syllables and the Sacred Sounds, transmitted by Metatron, that you utilize the techniques that are your own, it doesn't matter. The technique or the means which will start in you the Vibrations of the Fire of the Heart will be, for you, the adequate technique. It belongs to you to devote the maximum time to your own Liberation.

We count on you. And you can count on us. You are the Beings of total Liberty and total Light. I spent my time repeating it to you, reaffirming it to you. It is time, now, to live it totally because the Light establishes its reign, reign of Liberty and reign of Sovereignty, within even this dimension. The Space/time in which you live and that was falsified and curved straightens itself out, now, at full speed. The three envelopes of falsification called ionosphere, magnetosphere and heliosphere became, totally, permeable to the cosmic radiations, to the radiations of the Light and to our dimensions. This means that there are no more technical obstacles to our intervention within this

dimension. There does not exist any constraint which could force us not to manifest ourselves. We will do it according to your call, your wish for Liberty and Liberation, according to your wish to find the Unit and above all Beingness, that is to say the totality of what you are.

On the day of the 17th, I will return to participate in this Effusion of the Liberation. I will pronounce only some words, permitting you to climb, during the period of November 17 to the end of your year, the steps which will permit the establishment of your total Sovereignty within this dimension. Today, however, because of my Presence in advance, by giving you in advance what will appear the 17th, the Fire of the Love will penetrate in you as of 12 noon (French hour) within your Crown of the head, within the Crown of the Heart and, for some, in the totality of your physical structures. The hour of the awakening of your cells, the hour of the awakening of what you are, is coming. If you have, compared to that, a certain number of questions, I want to try well to bring an additional clarity. The word is therefore up to you, concerning the establishment of these second and third steps.

*Question: does that mean that the initial expiry date envisaged is advanced, considering the second and the third step are confused?*

The final expiry, which was that of May of your next year 2010, is still relevant today. Simply, the conditions and the manner of arriving there will be profoundly different. All that has been occulted of what you are, all that locked you up, will have disappeared, by then.

*Question: does that signify that the Christ Vibration will manifest in us?*

The Christ Vibration, and the Maitre of Light in his Vibration and his Presence, approach you inexorably. He will be able, as we have said, to take place within your own Heart, in time. You will merge with him, in Unit and Truth. But this is not for immediately. Nevertheless, a number among you, within the Vibration of Beingness, the Vibration of the Light, will perceive, feel his Presence and will then be linked to Him, in a strong way.

*Question: could you develop on the fusion of your Radiances and those of Christ?*

As from the moment when the magnetosphere will have almost disappeared, it will be possible for me to amalgamate my Radiance with the Radiance of Christ. That will be effective before the end of your year.

*Question: does that meet a specific objective of the evolutions in progress or is this in the logic of the normal evolution?*

Both at the same time. There is, within your density, in little time, the access fully of your Conscience to the spheres of the Unit. It will thus sign the total end of what you call your Conscience, within this density. It will be made possible by the Effusion, in you, of the Christ Michael Conscience and the Marian Conscience. That will sign "on vous" {"on" means someone or it, we, you or they} the Revelation, in you, of your four spiritual lines and your return in the worlds of the Unit. That will be realized by the Fire of the Love and the Light. Conscious vibration, transforming your own Conscience, in other spheres of life.

*Question: from when will there no longer be electromagnetism on the Earth?*

At the latest, in your year 2012. By then, many human beings will have already passed to other Vibrations and other Consciences.

*Question: when you say that they will have passed to other Vibrations and other Consciences, does that means it that they will have left this plane?*

Obviously. But to quit this plane, does not mean to die, from now on. When you yourself fall asleep at night, your Conscience travels. In the same way, when you quit this body, at the time of a door called death, your Conscience continues its voyage. In the same way, to leave this plane will translate to leave this plane to go on another plane. This is called "dimensional translation" or

"ascension". It is this which starts to manifest with you, in you and around you.

*Question: what difference do you make between the union of the Source/the Holy Spirit/Metatron and the union of Christ/Michael/Marie?*

At the level of the multi universe, within the multiple dimensions, the unified members of the Light are supported vibrationally by the tri Unit. This one is constituted of the Source, of Marie, of Michael or Metatron. Within your density, the false appellation Father/Son/Holy Spirit will find its Truth in the new tri Unité called Christ, Marie and Michael. There is not a difference, there is a differentiation according to the dimensions. But, vibrationally, that corresponds to the awakening that I announced to you.

*Question: which could be the reaction of the leaders of this world or people of power in this world?* They will have to change. They will discuss. They will struggle. But that is their problem. That is not your problem nor our problem.

*Question: does that mean that they will no longer have the means of imposing whatever it is?* All is question of the level and rise of vibration. The Light which comes to you, and your reaction within your own Light which is elevation/exaltation, will annihilate totally the slightest attempt to manifest their power and their influence. Whether that is through manifestations related to the interruption, in one way or another, of the means for maintaining their power called money, media, electronics and others or whether that is through the vibratory rise in your Conscience, if it is sufficient and if our vibratory lowering to you is sufficient, then, they can no longer lure you.

Remember that, whatever your vibratory level, each one, on his level of human being, will perceive the Truth. In perceiving this Truth, many beings will be opposed to what will correspond, for them, to the fact of being misled. Others, who will be on higher vibratory levels, will accept, forgive and evolve/move on while quite simply dropping what belongs to the past. Those who will be opposed to that no longer represent any power nor any faculty to be opposed to it. We have, in a decisive and final way, prepared what should be repaired within your falsified dimension. This has been realized by our action at the level of the sun and the whole of the planets of your external Solar system. It only remains for it to manifest within your density.

*Question: when you speak about external sun, is it about the second sun which must replace the present sun?*

It is about the reunification of what you call sun with the true sun. It also, had been falsified and split in two like you. The true sun is the Light which does not project the Shade. It is what exists when you live in unified dimensions, where the Light does not come from a point, but from the whole.

*Question: when this day is established, it is right to all sing an hallelujah?*

If it makes you pleased... It is well beyond. You will include/understand the scope of it only when you live it.

*Question: in what are we going to live, as being incarnated, it will manifest more or less difficult moments of readjustments. How to know if these readjustments are really steps leading towards the Beingness?*

This question keeps alive the duality. As from the moment when your vibratory level rises, whatever the consequences, at the level of this body, they no longer have any importance in front of the evolution of your Conscience. The Vibration transforms the body and the Conscience. When the Conscience becomes established within the Vibration, whatever the body manifests, that is resistance or adjustment, that no longer has any kind of importance.

*Question: why cannot one have access to our spiritual lines before the translation?*

Because the access to your spiritual lines signs the Vibratory connection to your Unit. The rest, which appears before or which would not follow this connection, would be useless curiosity. Thus it is, in the same manner, with your memories of what you call your lives, within this falsification, of the lives past. It does not have any sense nor any interest as long as you are not ready to transcend this dimension of duality and thus the law of karma.

*Question: Conversely, what is the reason or the particular effect of re-contacting one's four lines, while one is still incarnated before this translation?*

To prepare your translation. Each Conscience will not live the same type of translation. Nor with the same aim. Nor with the same goal. Nor with the same destiny. In short: you do not all go to the same place, nor at the same moment. Wanting to put the whole of humanity and Consciences, currently present within this dimension, in the same basket does not make sense. There are many residences in the house of the Father. You all come from different stellar origins. You all have different dimensional ways.

*Question: you have mentioned people who could be in opposition compared to the events that will take place. What will happen to their Conscience?*

This is their way and their function. There is not another thing to say. Your glance and your Conscience should not fall on these reactions there, but you must be in the Vibratory action of your own Light. Take charge/care of yourself and your Heart. It is the best way that you will have to help the whole of humanity: to leave the personality, to leave the bonds, whatever they are, you rise beyond that, in order to find the Liberty and the sense of the real Service and not of slavery.

Any glance carried towards the outside, and you will have the capacity to live it, any glance turned towards a sentiment of wanting to help or of wanting to oppose, will slow down your Vibration. You will include/understand then the mechanisms of operation of them. Without passing by the head or by the intellect, without passing by the affect, without passing by the emotion, but only by the Vibration, there will be what elevates you, there will be what weighs you down. With you to choose.

*Question: as long as we are still subject to the electromagnetic forces present on this plane, how to ensure that they do not lower our Vibrations too much?*

They will not be able to lower your Vibration as from the moment when your Conscience does not give it weight. As and when you perceive and feel in you the radiant Crown of the head and the Crown of the Fire of the Love, within your Heart, you will include/understand the nature of it and you will no longer be subservient, in a limited way, to the electromagnetism. Thus, the guide will not be what you think. The guide will not be linked to the blackmail, whatever it is, nor to the bonds of power, but rather to the Vibration. What raises you and lightens you will put you in Joy and will put you in contact with the energy of the Presence and the Angel of the Presence. What weighs you down you will give you the problems and the concern and this will be immediate.

*Question: does that mean that we will find our Divine nature?*

You will find your Unit and your true and real nature. Your nature is that of a star Seed. You will become again, in other words, your own Source because you are the Source.

*Question: what we see, in incarnation, like integration of this process linked to the body of Beingness, will lead directly to the integration with the Source or is this a step?*

It's about, in Truth, the last step. There will be no others, within this dimension.

*Question: there has been talk of asteroids which would hit our planet. Is this still the actuality or the Vibratory movements, in this moment, sufficient for all these changes?*

All will depend on your ability, individual and collective to respond to the Light and become, yourselves, Light. Nevertheless, whatever are the types of events within your density, they are

nothing compared to what you are and compared to the Light. Again, whatever happens, you will be in the reaction or in the elevation. What comes is Light. And nothing else.

What I propose to you, now, to some extent preparatory to the day of the 17th, is to live the first steps of that. Thus, I bring my Blessings to you and ask you to receive, within this Restricted circle, the Vibration of the Angel of the Presence, accompanied by my new Vibration of Conscience, in conjunction with Christ, during a few moments, together and in communion. It is what we will realize the 17th, during one hour. Now, I say to you, very soon.



# Christ Michael's Christmas Message thru Donna D.

By Donna Dingillo

Dec 25, 2009

Christ MICHAEL - CHRISTMAS MESSAGE

*Center for Christ Consciousness*

[www.ctrforchristcon.org](http://www.ctrforchristcon.org)

My beloved children, this is your Father Michael and your brother Jesus. As you celebrate my human life, remember that I came to Urantia to show you the way to peace and happiness. Remember my life as the inspiration for humanity to seek the Father within your hearts. Celebrate my life as a time of renewal on Urantia, and celebrate your own life as my light emblazes upon your hearts a new living reality—that you may more gracefully seek and find your own Indwelling Spirit of the Father. Be renewed in the Spirit, my children in this Christmas season.

My children, the Father's LIGHT is alive! Allow me to share it with you. Let it grow within you now and drink deeply of this LIGHT. Your Mother Nebadonia is breathing new life in you as you digest these words. Allow her Spirit to break open the places of resistance in your bodies and receive my presence deeper into your cells—allow your physical systems to rejoice with the effervescence that is my being: living truth, gracious goodness and majestic beauty. Feed upon me, my children, and become living expressions of Father's love.

Amass these treasures within and share them fully with others as they come into your circle of influence. Share fully your hearts with them, as I shared my heart with my brothers and sisters as I passed by. Look past their frailties and shortcomings and feed them with the energy in your hearts that I feed into yours. Share freely, share openly and allow the joy to flow.

As you celebrate my birth upon your world, remember that the whole universe is celebrating with you. Drink deeply of this celebration and carry it into the New Year, creating the intention to be about your Father's business more assuredly into the new world that is now birthing itself. Celebrate the transformation that is occurring as you live each and every day, for surely the creative forces of the universe are demonstrating their actions in and through you.

Beam LIGHT everywhere you go, my children, from my heart to yours, from yours to others. May this Christmas open the hearts of the brothers and sisters close to you and awaken their Spirits to know the JOY of our Paradise Father's LOVE.

## HEAVEN #3318 What Christ Yearned For, December 25, 2009

By God

Dec 25, 2009

God said:

Is not every day a holy day? Is not every day new? Is not every day a day of all possibilities? Who can know what today will bring? This could be the day that dreams are fulfilled and no longer deferred.

On this day that commemorates the birth of Christ, many of My children on Earth are yearning for peace to arise and to stay. This is what Christ and all Great Ones have yearned for. Why not today, beloveds? Why not today? What cannot the thoughts of man do?

The world has waited a long time for peace to take its rightful place. And what is another word for peace but brotherhood? What is another world for brotherhood but love? And what were Christ and all the Great Ones to the world but the embodiment of love. What can possibly equal love, beloveds? Only love itself. Nothing else equals love. Nothing can surpass it. Nothing can hold a candle to love.

Any departure from love is exaggerated drama. It is hysteria. It is not truth. All the Great Ones came to give love, and so they shared themselves. What did they think about but love? What did they demonstrate but love? Who were they but love?

They were born the same as you. They were born to a mother and father. The Great Ones walked on the same Earth that you do walk on. They knew their connection to Heaven, and they offered you Heaven right here on Earth. They discovered for themselves a new land, and, of course, they wanted you to be beloved in this new land of love where hearts burst into flame and where stars dance in everyone's eyes and glory is to be beheld.

When a new star is discovered, all want to see it. And so the Great Ones discovered bright light on Earth and pointed to it so that all might see. "Look up," the Great Ones said. "Do you see what I see?"

"Where?" the people asked.

"Here," the Great Ones said.

That new star is still shining brightly. It shines onto Earth. It lights up the world. It would light you up with all the love of God.

The stars in the sky herald your birth, beloveds. If you are ninety years old, the stars still herald your birth. With one flip of the switch of your mind, your heart can strike out and find gold right where you are sitting.

What Christ saw, you can see. What Christ knew, you can know. What Christ lived, you can live. You can widen the expanse of where the starlight of your love can fall. You can cover the world with love. Declare love in your heart right now. Be emboldened to express the love that Christ was and that you are.

It is time now to stop thinking that you are less. It is time now to stop thinking that you cannot be Christ. Christ said otherwise. He said you can be all that he is. He yearns for you to accept your rightful place in the galaxies of luminaries.

Gift-giving and gift-receiving are symbolic of the gift of love. Give the stars, beloveds. Give out stars of love voluminously. Paste stars of love all over the world. Issue stars of love from your heart. Goodness knows, I have supplied you with them. I gave you a whole heartfelt.

Deliver Christ's love today.

Santa Claus represents the wrapped worldly gifts of love.

Christ represents the Divine gift of love, love that opens hearts, love that connects all to Heaven and to Me.

All the Great Ones spoke on My behalf, and you can too. Would you like to?

I wish you a Merry Christmas Day of love abundant and unanimous.

Permanent Link: <http://www.heavenletters.org/what-christ-yearned-for.html>

Thank you for including this link when publishing this Heavenletter elsewhere.

## Messages from Christ Michael thru Melanie and Tania

By Melanie and Tania

Dec 30, 2009

Hi all, Tania's appeared on AHS today, Melanie has been mailing them. I want to add some UB teaching to the first one of Melanie's, but my schedule changed for this past evening and I am tired, so will add it tomorrow.

### From Tania today.

Oh the time for stasis is coming  
Right around the corner  
Don't you wanna wait to see what happens  
I know you want to  
Still in the night I come for you  
My beloveds sons and daughters  
I am with you I never leave you  
Hold still some more moments  
I promise it won't be long  
It's right there around in the corner  
Wait until the dawn of time to come for you my beloveds  
You have waited for a long time  
But now I tell you it's no longer time for waiting, the time has come  
Heed my calling the stasis is around the corner

CM

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Now these from Melanie. I have tried to post the first two TWICE now, only to have gremlins log me off the server! So maybe the 3rd time is the charm, and since then Melanie has sent two more.

### First one found in my email after I returned from my vacation:

Greetings to all you who are reading this article: I am **Christ Michael** ATON of Neadon. My wife, Neadonia is here with me today and I wish to share some of her transmissions. She hears quite a bit of people these days...believe it or not, SHE can hear you too. (laughs). Here she is:

**Hello, this is Neadonia.** I am your creator goddess. Some of you have contacted me wondering \"what was up\" with Christ Michael's plans for the universe and for your solar system. I will dutifully inform you that I am here to watch over and protect all of Christ Michael's assets, property, and the like as his devoted wife and \"partner in crime\" (laughs). I am here to sooth and to comfort you as Mother Earth wants me to, but you must remember that it is up to you to heal the wounds of the past yourselves.

This is why it is called ascension dearest ones. Your WILL to ascend out of hardship along with our efforts to help you along is NOT a substitute for your WILLPOWER. We are here to inform you and protect you. We are not here to ascend for you. That is it for today, Neadonia MOTHER GODDESS of this EARTH and UNIVERSE.

**CM:** Thank you Nebadonia. Mind if I say a few words, Melanie?

**ME:** No, go ahead.

Now if I may say so, this ascension process takes TIME to achieve. You will not ascend overnight and you will not ascend in 20 days or whatever time limit you have put on it because THERE IS NO TIME LIMIT. There is time, and there is space, and there is time as you perceive it. Your perception of it is a LIMITED perception of it. You can go backwards and forwards. You can go side to side (present dimensions) and you can go around in circles. What we perceive as time is a 3D perception or a 4D perception as you might put it. It has no spacial aspects but it is delicately woven into all aspects of life.

Time can be transformed by the pure power of thought and will. We cannot halt time. Stasis is a halting of PERCEPTION of time. True time does not stop. It cannot be manipulated by the terms which you deem \"manipulatable\" (laughs). Something for you to ponder over for the meantime.

See you, Christ Michael.

I AM THAT I AM The Big Cheese and Chief Sunglass Wearer of Nebadon

**From about December 10<sup>th</sup>**

Greetings, this is Christ Michael Aton speaking. Now I'd like to talk to you all about dealing with your negative inhibitions or emotions. Sometimes they trigger you to do rash things...other times they just make you want to sit down and curl up in a corner. I am \"emotionally sane\" I understand these things (laughs). But they are NO EXCUSE for discontinuing your ascension process. Now I'd like to share two examples: Melanie here was walking day and night, in and out of depression. She still managed to get up and channel me.

Candace has also been dealing with negative emotions such as anger, confusion, loss, guilt for people are bugging her...RIDICULING her for things she did not say but things that I ALONE have said. If you're going to blame someone, blame ME. Now dealing with these emotions can be awful stressful and hard to deal with. Let me make this short and sweet: deal with them in this way I have provided for you.

Now, when you get up in the morning, GROUND YOURSELF. It's not hard to do, just take a few deep breaths and imagine roots growing from your feet to the center of the earth. The second thing I want you to do is meditate daily. Meditation grounds the soul and stills thoughts and emotions. It is very useful in dealing with stress, anger, and depression. The third and most important thing I'd like you to do is to THANK the universe for your time here. This puts you in the right attitude to continue your day. Thank you, that is all.

Christ Michael Aton--Your wearer of sunglasses in this universe of Nebadon B-)

PS: You may post this, just don't put my last name! Thanks!!!

-Melanie

**And this a just very recently**

**Candace:**

CM requested that you post this as a brief update although you are not obligated to. Thanks so much for everything you've done on abundant hope!

-Melanie :)

Greetings, this is Christ Michae Aton speaking. Now I have a few updates for you regarding Jupiter, stasis and the pole shift, as well as all the other things going on here. We're all quite bust I assure you. Now, I have my hand right on the stasis button, ready to push it at any moment. As soon as Jupiter is unveiled we will go into stasis. I specifically requested Jupiter be unveiled at this point and time as to speed up the shedding of the magnetosphere.

We are ready to unveil her once and for all! Now, once we unveil her, this will create a roundabout effect. It will "power up" Jupiter (as earth has it's own corona of ascension energies) and it will help strip the earth of her magnetosphere. Now don't worry, we'll go into stasis AS SOON AS this happens. We don't know when the magnetosphere will fly off, but we have a very good idea. A month or two from now it should be gone. Jupiter should appear in your morning skies any day now as we will tug it and pull it to get it where we want it.

It is very precarious business tugging a star like Jupiter...we will continue energizing the magnetosphere as needed so as not to disturb the delicate balance of earth's life forms. Now many of you are wondering what stasis is like. Now it goes like this: one moment you are walking down a paved street and the next moment you are standing in a field of daisies! (laughs) No not literally, but the weather should change drastically within the coming seconds that you are out of stasis. You won't even know what hit you! (Although I assure you WE do). As for the pole shift, this will happen during the magnetosphere dropoff. There isn't much I can say on that just yet.

Thank you for reading,

Salu, Christ Michael Aton

### **and now the most recent, I**

Hello, my brethren, I am Christ Michael Aton, and I wish to convey to you an urgent message of GREAT importance. We are NOT waiting too much longer now...we may not let the magnetosphere do it's thing naturally so we are going to wait ONE MONTH for it to crap out. If not, we are going IMMEDIATELY ahead with stasis! Dark Ones, if you have ANY widea what you are up against you will back down NOW. I will NOT tollerate any thievery, debauchery, or miniscule games of ANY KIND ANYMORE. Now, As for your plans to throw a Russian satellite into one of your satellites, it is NOT HAPPENING. That satellite is of HIGH importance to the Russians and OUR game plan so back off now, before you do anything stupid. If you try to interfere one more time, we will come for you. We WILL throw the NWO out of business I assure you. That's all for today.

I AM THAT I AM,

Christ Michael ATON of Nebadon

## Three Dictations thru Tatyana of Russia

By Lanto, Sanat Kumara, St. Germain & Nada

Jan 3, 2010

**Candace:** I have featured a few of these before. These are done in Russian and the translations into English are a little rough, but they merit attention. The 3rd one from Germain is in a different font, I can't get it to change. There seems to have been a period of no dictations, or they were not translated between summer and now. I had checked a couple months ago and there were none recent.

**The task of the Ascended Masters is to save as many souls of the Light as possible who are off on the wrong track in the contemporary world.**

*Lord Lanto, December 7, 2009*

I AM Lanto, having come to you on this day, in order to give a short Teaching, which you have most probably heard about but I intend as my duty to remind you of it.

And so, in order to step forward to the exposition I need your attention. Your full attention and concentration on this Teaching I am giving and not on your surrounding world. The full concentration allows to apprehend the subject of the talk.

Your sojourning in the physical plane is connected with many things, which are not preferable and which as a result you have to give up one after another. These things include the use of meat, alcohol, ciggarettes. If we talk about your hobbies then it is necessary to mention about the most destructive ones for your soul. These comprise in the tv and some sorts of contemporary music.

Both one and the other affect perniciously, to such an extent the body of the human being and the thin processes that flow in the aura, that as a result, the day to day watching of tv and the listening to unpreferable types of music entirely destroy the ability of apprehending of the fine worlds. The ability of concentration is being destroyed and the humanbeing, being dependent on these abberations becomes incapable of apprehending the fine energies anymore.

I gave you an idea for that how destructive and sometimes pernicious the harmless at first sight and widely accepted hobbies of your world are. However, if i dont tell you this then where else you will be able to read about it?

Many things became such a big poplarity and mixed in such a way with the business that it is very diffucult to find true and correct information for their influence upon the body of the humanbeing in your world.

The most unsuitable one will be your unwillingness to give up the things I am talking about. Isnt it true that the contemporary humanbeing cannot imagine life without tv, music and now even Internet. I am not talking about your giving up all achievements of the contemporary civilisation. I am just talking about this that the regular use of many of the so called achievements of your civilisation does not only slow down the evolution but does also make the evolution impossible.

Of course, there are some types of tv broadcasting programmes, films and music which influence positively the soul of the humanbeing. However, they are so few that they get lost in the sea of this, which destroys your soul. At a certain level of the evolutionary development it is easier the

giving up of watching as a whole the tv and the listening to destructive music than the making of attempts for finding the precious seeds in the dust bin, which the tv and radio have turned in. Why did I devote today's talk on this topic? Aren't there more important and actual topics for instruction found?

Of course there are many topics, but your life consists of a mass of small things and each of these small things comprises the common undesired picture of the contemporary humankind. I am talking of the main thing, which deserves to be given up by you.

The humankind has lost the thread, the Divine thread which is necessary to be followed. And in order to find the lost, it is necessary to acquire sensitivity, to return the taste for the beautiful, to bring in your world back the exquisite, fine models.

Unfortunately, too many people have gone so far in their enjoyments that for their fine bodies to be recovered will not be possible. What does this mean? This only means that after the death of the physical body nothing remains, which to continue the evolution. The fine bodies are entirely destroyed and cannot be recovered. You alone kill yourselves.

In the genes of many representatives of the humankind is a programme for selfdestructing. The physical body dies last. The finer bodies in your aura get destructed first.

I am giving this information with the hope that a certain quantity of human beings will be found who are capable of getting out of the jungle and labyrinths of the contemporary civilisation, and coming back towards the harmonious relations with the surrounding world and nature, as defined by the Creator.

Let the dead bury the corpses. I am turning to these who are still alive and capable of following the evolutionary path of development. The terms of the cosmic evolution get shorter, therefore, the harvest is taking place fast, the harvest from both – on the side of the forces of the death and hell and on the side of the light forces.

I look after these souls who are still alive. My task is that you create Noah's ark in which the best, which has been created by the humankind will be saved. Everything else, in a few hundred or thousand years will be buried at the bottom of the ocean or under the earth layers.

The vibrations of the planet increase and everything that cannot correspond to these vibrations, with the time, will leave the physical world and the finer plans of the existence. It will remain only this which will be capable of further evolution. Our task- a task of the Ascended Masters is to save the most souls of the Light it is possible who are off on the wrong track in the contemporary world and cannot get out of the chains of the contemporary civilisation.

There is still time. It is necessary that you think more about your immortal part of yourselves alone. I very well understand that not all people who read this message of mine will be able to understand something from it, apart from a big threat, which they can be afraid of. In order to understand this in a better way, you need to methodically read all dictations one after another, which we were giving through our messenger during all these last years. In their entirety, all these dictations contain a Teaching, which is called upon to show the Path, which the Ascended Masters want the human kind to move on now. None of the dictations does carry the information in its entirety. The separate dictations are like separate pearls which have to be thread in your consciousness and then they will form a precious necklace. And this necklace possesses a magical ability - it gives an opportunity for the saving of your souls.

I AM Lanto.



## **Warning that you have chosen the most difficult path to the future**

***Sanat Kumara, December 1, 2009***

I AM Sanat Kumara, who has come again.

I have come because the feeling of love for humanity overwhelms me. And I am ready to sacrifice all of my accomplishments, all the momentum of my achievements for the humanity to be able to live and grow.

Yes, the situation is still very serious. We are doing everything possible, and every time we look back at you, who are incarnated right now on Earth, we try to see if anything has changed. If not for my multimillion year experience of communicating with the mankind of the Earth, I would have stopped this experiment long ago. But for all this time I grew to love the humanity of the Earth, represented by its best individuals, so again and again I keep sacrificing the momentum of my achievements for you, earthlings.

In fact, I have come to tell you about a certain imbalance, which we fail to adjust by our efforts. We expected more support from the light bearers of the planet Earth.

When we started the series of dictations through our messenger in 2005, the flame of Victory was lightened in the hearts of 144 000 light bearers! We were happy to contemplate this Flame, sparked here and there on the planet.

However over time the Flame of these bright spirits was put out by everyday life and strife, by the lack of aspiration and dedication. And now, there are barely a few hundred of light bearers around the world who are able to retain the momentum of their achievements and share their Light with others.

Where are the rest of the light bearers? When we started our mission through this messenger, very many souls were called to remember their Divine mission. Very many of them were drawn to the Teaching given by Us. And among those drawn to it there were even more of those who wanted to use the Light released by Us. Yes, beloved, the imperfection prevails in your world. And the first wave of light bearers, drawn to the new source of Teaching, was dissolved in the majority of those who wanted only to receive, without giving anything in return.

It is unfortunate that among many, many light bearers there weren't any who were able to overcome external and internal resistance and survive in this unequal fight. I am talking about the battle and I am using military terminology, because no one has cancelled Armageddon, no one has cancelled that battle for the souls of the people of the Earth, which goes on right now. And the harvest of the opposite side happens to be greater than the harvest of the forces of Light.

Our efforts directed towards providing a place on the physical plane, where the light bearers could unify their efforts and come up with an action plan, have met an unprecedented resistance. And this resistance can not be compared with the resistance that our previous messengers had ever had. Yes, we are still able to act on the territory of Russia, but that darkness which leaned heavily

on our outpost on the physical plane from all directions has surpassed all our expectations. We could not expect that the main strike would not be made by the forces of darkness, but by those who consider themselves to be light bearers or those who used to be light bearer until recently, therefore we did not take action.

What do we observe? We observe strife, rumors, gossip. We observe the condemnation and the stench. All our efforts meet resistance, unprecedented resistance in the minds and hearts of people.

Time has accelerated. Time has accelerated a lot, and the sad picture that we witnessed in our former organizations around the world, have been manifested in Russia over just one year period. What a pity that so much energy has been wasted. This energy could have been used to create a shining future for Russia . And now all this energy is laying like a sticky substance over to the land of Ashram , here and there in Russia , where former light bearers sow discord and doubt, instead of sowing light, love and hope.

I have also a few things to reproach our messenger with as well. However, I do not know anyone who is in incarnation right now, who would be able to withstand all the blows from front and rear, and from light bearers and from government agencies and state authorities, if they took her place. Yes, beloved, before you gain the right to lead other nations, the whole Russia must pass the tests, all of its authorities and structures, including the judiciary, legislative authorities and inspection bodies. However, the most important failure we have experience came from the light bearers who have turned from being eagle younglings in my own nest into a flock of crows in the course of just a few years. It's hard and painful for me to watch and realize all this.

We anticipated a different path, mountain path. However, the mankind is still seeking to take the most difficult path. Well, we respect your choice.

But when your sufferings, pain and trouble will exceed all imaginable limits, be aware that there are Ascended Masters, who are always ready to lend you a helping hand.

We are always ready to cooperate. We are always ready to help. Your karma doesn't always allow us to provide assistance, but it is something that you created yourself, and the Law of Karma continues to act firmly in the universe.

In order for the light, mountain path to appear, you have to show us your internal achievements. The future of mankind depends on your inner choices, and that future can be changed any moment, if only a certain number of light bearers could show unity and aspiration.

Every time you have to start over in more and more severe conditions. You have to overcome all the karmic deposits, created by you yourselves.

Hand on heart; can you say that for the last few years you have directed all of your strength, all of your energy and aspiration entirely towards serving the Great White Brotherhood? How many of you are able answer this question affirmatively, being completely honest to yourself?

What do you then expect from the future? How can we assess the extent of your commitment and your achievements, if today you are briskly going in that direction, that we show you, and tomorrow you rush in a completely opposite direction or even prefer to devote my days to depression and doing nothing, or descend yourself to playing with the illusory toys of your world? I came with this message to give you an explanation of the situation, which is now formed on Earth and with a warning that you have chosen the most difficult path to the future.

I AM Sanat Kumara. Om

[http://www.sirius-eng.net/dictations/s12/December\\_2009/01.12.09.html](http://www.sirius-eng.net/dictations/s12/December_2009/01.12.09.html)

**The whole perfection is inherent in you!**

***Saint Germain, 10 December 2009***

I AM Saint Germain!

Are you happy to hear from me again? I came to inspire you with a huge portion of optimism! I am a very optimistic Master. And regardless of all difficulties which increase more, I am sure that the victory, the end victory will be on the side of the forces of the Light! It cannot be otherwise! And I always meet with joy all types of problems and difficulties on the Path! There is what to train in. And there is what to learn!

I wish you from all my heart to learn exactly such an attitude towards various difficulties, which you encounter on your Path. You have to always remember that God does not give you unrealistic tasks and that this task or problem which you are faced with, even if it closes your whole vision, is only one illusion. The problem is before you only until then when you, in your consciousness, do not find the key to its being solved.

And if you constantly concentrate on the problems then you will encounter problems, while if you concentrate on the successes then the success will always accompany you!

The optimism – this is that feature of the character, which is inherent in me. And I wish to give you as a gift this optimism.

Everything that is happening with you in your life, is conditioned by yourselves, from these choices you have been making in the past. All events have their reasons in the past choices and even in the past states of bad quality of your consciousness. Therefore, the true reason for everything that you encounter in your life is present within yourselves, in your consciousness. And those negative energies which are present in you, attract towards you negative situations from the space. In fact, you create alone the illusion in order to disperse it afterwards, by encountering with it. Indeed, this does not happen always to you, often you create even bigger illusion. And this is happening just because you deal incorrectly with everything that is happening in your life.

You may have most probably had very difficult situations in the past. You have worried for thoughts that the life does not have anymore meaning for you. This might have been a love failure or a failure at work, in the family. Remember, certain time have elapsed; probably a day or a month or may be a year or several years and when you in your new state of the consciousness have been going back to this situation, it has not seemed so helpless and hopeless.

You alone create situations in your life, which you then overcome as heroes. And the Teaching, which I give is connected with this to overcome these inner negative states, caused in the past. At the moment when everything seems helpless and hopeless you just have to remember about me. Just imagine my image, give yourselves an opportunity to draw away from the current situation. I know that then when you are immersed in the illusion and it seems so real to you it is very difficult to remember about the Masters, about the Teaching and about me. This is the thing you have to learn about.

God is great. He allows for each of you an own illusion. And one and the same situation, in which different people are present, is tragical for some, for others interesting, while others do not have any feelings at all, regarding this situation.

This is what the art of transformation is expressed in, when you, in your consciousness are capable of transforming the situation. Of course, you do not change anything outside yourselves but change your attitude towards the situation. You are just finding in this situation some positive moment, then another. Afterwards, you distract your attention for a while towards something that is pleasant and then when you go back to the situation, it does not seem so bad and hopeless to you. The very situation has already changed for you, with your correct attitude, have transformed it. And that very dense energy which has caused the negative situation in which you have come across, has succeeded to get dilute due to your correct inner actions.

Try to always look upon each situation from its positive side. There is one feature in the character of the Russian people that destroys in fact many things. And this is the inability to be watched optimistically on things. I like the Americans, I treat with love their ability to find the pluses in every situation.

Even at the beginning I could not give messages through the Russian messenger. To such an extent the Russian character was impeding me.

Everything can be rectified. And many features of the character even if they are inherent from centuries incarnation and in bad condition, can be rectified.

Through the American messengers I was giving the science for alchemy, the science for transformation. And the essence of this science is expressed in this that you have an opportunity with the fire of your heart to transform in every situation, the whole anger, to transform the whole, negativism in the best human qualities.

I deliberately came to give this talk of mine at the end of the year when in the northern hemisphere, the sun is not enough and the people are subject to depressions. You have to pay more attention to the work above yourselves. The whole perfection is already inherent in you. This is your Divine entity, the gold which lies in the depths of your being. It is only necessary to make efforts in order to cleanse these karmic aggregations, which are impeding you to take advantage of your fortune. You will be happy! You will definitely be happy if you guide yourselves in your lives from these pieces of advice, which I give to you as well as the other Ascended Masters. I was happy to provide you today's message.

I AM Saint Germain!

[http://www.sirius-eng.net/dictations/s12/December\\_2009/10.12.09.html](http://www.sirius-eng.net/dictations/s12/December_2009/10.12.09.html)

**You can start Serving directly there where you are at this moment**

***Beloved Nada, 17 December 2009***

I AM Nada. I am coming for the first time through this messenger. My task for today is to provide you with an idea for the role, which each of you can play in his/her life.

Certain expectations, connected with your potential Serving to the Brotherhood exist in your minds. I have to explain this moment to you. Beloved, it is not necessary for you to wait when you will receive some opportunities, monetary resources or power, or a position in your disposition. When in order for you to start your Serving you need something else, apart from this, which you already have, you act in such a way as your carnal mind is prompting you to do. Everything that is necessary in order for you to start your Serving to the Brotherhood is your wish to do so. And nothing else is necessary.

You can start the Serving directly there where you are in the given moment. Everything you do in the given moment can be directed by you to Serving to the Brotherhood. Look what you do? You are at home and are fulfilling your home duties. This is wonderful! You are already serving the Brotherhood! However, how it is possible to clean the room or to wash the dishes, and to serve the Brotherhood? Ou, beloved, the whole point is in how you do this. Every small and negligent thing, which you do in your life, can be done with huge Love. And if you do the small things with huge Love and think of this how much your relatives and your family will be happy when they come to the clean premise and dress the snow – white clothes, that have been just washed by you, then you are already serving the Brotherhood. You can invest your Serving into every work. And if you do the work thoroughly, with Love then every activity of yours will transform the space and when the children or the husband come back home, tired and overburdened from the vanity, in which they have been during the day, the atmosphere of Love that has been created by you, at home, can transform their hearts and restore the harmony in their souls.

When you are at work it is very difficult for you to keep your inner balance and the feeling of Love, for not all people who you meet up with during the day are harmonious and friendly. You are more often encountering not the best manifestations of the human consciousness. And exactly here, a field of action is revealed to you, for your Serving. You have to acquire the habit to extinguish every negativism with the help of Love, Patience and Humility.

You are given so many opportunities in life in order to manifest your Serving! Practically, every work, every meeting, everything that is happening with you during the day can be used to manifest your Serving. For only then when you learn to find points for applying of your best spiritual qualities in the small things in life, in your day - to - day deeds, only then when no external disorders can infringe upon your inner peace and harmony, only then will another opportunity for your Serving reveal. And you will be able to already use the qualities, worked out by you, in a new stage of serving to the Brotherhood, which is inseparable from the Serving to Life.

How many of you are turning to the Ascended Masters for help with a request to be given an opportunity for Serving, to be given a chance to express them in the Serving. Beloved, you are disingenuous before yourselves. God has already taken care of everything. You have the best conditions in order to start your Serving, to work on those qualities of yours, which hinder your manifesting of Love and care towards the fellow in the most difficult situations in life. And until then when you do not learn to find a great serving in the small things in life, you will not be able to walk on the Path. For many of you want to become messengers or to manage our organisations. Look what you in reality wish? Do you want to either become someone or to lead something, or do you want to serve in reality?

The answer to this question will provide you with a direction of your whole, further life. And you will either fight until the end of your life for this to occupy a position or to prove someone that you have already huge spiritual achievements, or you will serve, without attracting the attention, and will be performing God's deeds on the Earth in a bigger and bigger scale.

I came to you today in order to provide you with understanding for the true Serving and the false serving. Yes, beloved, as everything in your world has two sides, so does the Serving.

Always, before you start doing something, think what does in fact motivates you to do so? A desire to prove something to the rest, to show your greatness, to show in order for all to see your efforts? Or you are guided by the Love towards the fellow, which is inherent in you and sets a mark on everything you do. Many ordinary things, done selflessly and with a huge unconditional Love, remain always with you like a fortune of your causal body. This earth life of yours will pass but

your attitude towards the work, towards the people will remain and will accompany you in your next incarnation.

Much of this quality of true Serving, which automatically is a Serving to the Brotherhood is lacking in your world for the Great White Brotherhood places as its main task the Serving to the humankind of the Earth.

I have announced simple truths to you today. And I am even convinced that you already know all of this, you have read about it or you have heard of it. However, allow me to ask you: 'What is impeding you to apply this knowledge of yours in your life?'

An abyss lies sometimes between this that you know something, or you have read or have heard about it and this that you are in reality applying this knowledge in your life.

You have to think more about what impedes you to express the Divine qualities in life and gradually, step by step, to release from everything which hinders you.

I was not going to be an Ascended Master if I did not learn in practice, in my incarnations, this whole science I am teaching you. I passed the earth school and now I have an opportunity for a bigger Serving to the humankind. If there are no witnesses of your good deeds, actions, do not think that your attitude towards the labour, people, the plants and the animals remains unnoticeable. Everything is kept in the Akashi records, every action, thought or deed of yours, both the negative and positive ones. Think over this and go in Life carefully, without leaving behind you astral or mental rubbish.

Let your whole movement in life be accompanied only from Love and the aroma of roses!  
With Love I AM Nada.

[http://www.sirius-eng.net/dictations/s12/December\\_2009/17.12.09.html](http://www.sirius-eng.net/dictations/s12/December_2009/17.12.09.html)

**Audio record of the dictation in Russian language can be heard at the following address:**

<http://sirius-ru.net/dictations/dek2009/audio.htm>. The text is read by Tatiana N. Mickushina

## Haiti and the Chaotic Node

By Hathor's/Tom Kenyon

Jan 18, 2010

### Haiti and the Chaotic Node

The recent seismic event in Haiti heralds the beginning of the [Chaotic Node we referred to in our last communication](#).

We are, quite frankly, surprised that this event occurred slightly outside the timeline we had projected. This tells us that new levels of “novelty” (meaning an increase in unpredictability) are escalating faster than we anticipated. Thus, it is, and will be, increasingly difficult to pinpoint such future occurrences.

However, the general thrust of your planetary state is one of extreme volatility. Your magnetic North Pole is shifting its position in erratic and unpredictable ways. The photosphere is also showing signs of unusual activity, as yet undetected by your scientists. All of this is to be expected for a planet undergoing a movement into Ascension, and we liken all of this to the birthing pangs of Earth’s birth into higher dimensions.

Our purpose in this communication is not to give predictions as to the unfolding of this chaotic node, for we must admit, in all humility, that our technology is no longer able to precisely predict the chaotic events unfolding before you.

What we wish to address, as always, are practical applications of multi-dimensional awareness. *It is the state of your vibratory field that determines your experience of any event.* In its most simple form, the cultivation of appreciation for the smallest things in your life will give you the greatest results.

The various inner technologies we have given before will also help you navigate through this transition as well, but we realize that not everyone is capable of entering into multi-dimensional awareness. If you are one of these persons, do not concern yourself with it. The simple act of appreciation for what is in your life will shift your vibratory field faster and more effectively than any sacred geometry.

The task, then, is one of attaining a higher level of vibration. We do not mean physical vibration—the vibratory rate of your physical body—but rather we refer to the vibratory rate of your subtle energy body (your KA, your *etheric double*).

As your planet moves into its energetic process more deeply, you can expect more volatility in weather patterns, as well as an increase in unpredictable earth changes. But in some ways the external events are easier to deal with than the internal changes you will be facing.

Those of you who are more sensitive to the subtleties of energetics may find yourself “hard hit” by the dimensional and physical shifts that will occur. To a greater or lesser degree, depending upon their vibratory levels, more and more individuals will experience sleep disturbances, and strange dreams—some of them prophetic in nature. There will also most likely be an increase in strange physical ailments that have no logical explanation. These will often arise early in the morning hours as your energy body shifts from its inner journeys back to orientation to your physical form. These types of physical discomforts are a reaction from the organs within your body and the

various bodily systems to the accelerating changes taking place. In other words, your physical bodies are challenged by the rapid escalation of planetary change.

You may experience sudden and unexpected periods of extreme fatigue, weakness, and even the very odd state of being both awake and asleep at the same time. Again, all of these challenges are a result of the rapid changes taking place upon your earth. If you have the luxury of time, and you feel one of these energetic drops, the sudden onset of fatigue, it is best to rest if you are able—to literally lie down. If you are unable to do so we urge you to be vigilant if you are driving or making critical decisions or choices, especially when engaged with technology. There may be—and we expect this to be true—a general increase in irritability throughout the population; small negative encounters can easily amplify into something much larger.

In our previous communication we offered the [Dimensional Attunement for the Pineal Gland](#). This is still a very effective sound tool to assist you as you move through this period. Listening to this Attunement a few minutes a day can help your system “fine tune” itself so that the changes that are upon you will be less stressful.

Again, the key component in all of this is your vibratory rate, and the Dimensional Attunement assists your nervous system by tuning the pineal gland to the higher realms of light. Think of it as an “acoustic life raft.”

You may also experience a greater number of individuals choosing to exit the Earth plane. These exits will take place through unexpected accidents, unforeseen illnesses, and of course, earth changes and weather anomalies. What we wish to say to you in this regard is that as the dimensionality of Earth shifts, the veils between the dimensions will become thinner, and it will be true for many that they sense friends and loved ones on the other side of the veil more clearly than ever before.

In some ways the veils between life and death are being lifted, and the veils between dimensions are being parted. Thus some of you may have unusual and extraordinary encounters with animal spirits, devic beings of the Earth, and other nature spirits that have been obscured for the last several thousand years.

Although this is a difficult and challenging period, it is an extraordinary opportunity to be embodied at this time. Regardless of what unfolds before you in your life, or in the lives of those around you, we suggest you cultivate appreciation for the smallest things in your life. Share your love and affection for those to whom you feel close.

In the great miasma you call Western Civilization, it shall be individual relationships that survive the coming storm.

As you let go of the distortions created by your culture and wake up to the simple truth of your existence as an embodied being in time and space, you will see that the great adventure has just begun.

**The Hathors**  
**January 13, 2010**

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### **Tom's Observations**

In their last message, the Hathors predicted a ninety-day timeline for the emergence of the first Chaotic Node. This puts the earthquake in Haiti six days past their time line. When the Hathors



predicted this Chaotic Node, something they have rarely done by the way, they did say that it could occur either before or after the ninety-day period.

But when the timeline came and passed, they were rubbing their proverbial heads. They were honestly quite surprised that the event didn't occur before this.

In my first contact with them they told me that there are stages of chaos that all systems (including Earth) go through as they move to higher levels of order. And the emergence of novelty, meaning unusual situations that could not possibly be anticipated, is part of the chaotic process.

The Hathors are of the opinion that the emergence of this catastrophic event marks the beginning phase of ever-increasing unpredictability and novelty. Please do note that not all of this is negative. Unpredictable generosity from one human to another, or one culture to another can also be part of this. It is just that all bets are off when it comes to predicting probabilities.

There are a few points in this most recent message I wish to explore. The first has to do with "strange physical ailments that have no logical explanation."

Personally, I have experienced some of this, as have many of my friends, but I would like to insert a caution here. If you are experiencing physical ailments and are concerned about them, especially if they persist, I would suggest that you see your health practitioner to rule out any medical reasons. Don't assume that sudden physical ailments or loss of wakefulness are just energetic.

Having said that, let me share a personal experience I had with this type of phenomenon. I was caught off guard several mornings around 3AM by particularly strong and strange physical sensations. I asked the Hathors what the hell was going on, thinking that I might be dealing with something quite serious. They said that the atomic and molecular levels of our bodies are being affected by the massive energetic changes that are taking place within the Earth, the sun, our solar system, and our galaxy. They said this was the biological equivalent to "holding on" to old ways of organizing third-dimensional reality and not letting go into the unknown (meaning higher dimensional realities).

They had no real solid solution for this other than to say that as I continued to work with the inner technologies they had given, I would eventually reach a place where I was more familiar with higher dimensional realities and could let go of my attachments to the third dimensional world more easily. For the record, they were not talking about death, per se. They believe that the shifting of dimensionality (Ascension) ultimately means that those of us who are embodied will be aware of both the third-dimensional world we live in and other realms, simultaneously. But in the process of moving to this expanded state of awareness, most of us tend to hold onto the known. I also find it interesting that they addressed the issue of sleep by mentioning "the very odd state of being both awake and asleep at the same time." I am experiencing this on a regular basis, as are many others. In this odd state of body and mind, my body is asleep, as evidenced by the same type of breathing patterns I experience when I am asleep, and my body feels heavy as it does when I am asleep. But in these peculiar bodily sleep-states my mind is quite awake.

I am personally finding that sleep is becoming more and more of an art form. For those of us experiencing the simultaneity of sleep and wakefulness during the night, it is sometimes challenging to enter into the restorative state of deep REM sleep. If you are one of these persons, may the farce be with you. Perhaps think more in terms of catnaps than long comfortable sleep. Take what you can get, and be thankful for it.

The Hathors also mentioned the [Pineal Dimensional Attunement](#) in this message. When they originally gave me this sound code, they indicated that they would give other Attunements in the

future. By the way, all of these Attunements will be offered free of charge to the world community through this website as they become available. For now, the Hathors are of the opinion that listening to the Dimensional Attunement for the Pineal Gland (on a regular basis) will continue to assist those of us choosing the path of Ascension.

Personally, I sometimes think of the Hathor inner technologies and the Attunements as energetic surfboards that allow us to keep ahead of the evolutionary waves.

This brings me to one of their statements that I found both illuminating and quite amusing: "The simple act of appreciation for what is in your life will shift your vibratory field faster and more effectively than any sacred geometry."

Mind you this is coming from a group of intelligences that have given me volumes of information regarding geometry. And I have no doubt that sacred geometry shapes the flow of subtle energy. But when it comes down to it, the most important thing here is to raise the vibratory rate of your own subtle energy body (your KA) despite what may be happening around you. If the use of sacred geometry assists you in this, then so be it. It certainly does for me. But if you are unable to engage such pyrotechnics of the mind, the Hathors are saying don't worry, be happy. Just appreciate the smallest things in your life and your vibratory rate will rise by itself. I applaud them for this simple statement for I, too, have found appreciation to be the express elevator to the upper floors of my own consciousness.

There is a tendency for many of us to get attached to our little devices, whether physical or mental, thinking that they will shift us into whatever version of paradise we imagine. But this is, I think, just another type of dogmatitis (an inflammatory condition of the soul). Dogmatitis appears whenever there is a limiting idea or belief. The most common form of this is the belief that you cannot move upward in consciousness on your own, unless you use some type of device and/or follow a certain path. The Hathors are reminding us that we possess one of the greatest tools for self-evolution within our emotional nature, the simple act of appreciation.

This brings me to another one of their statements that occurs toward the end of this message. "In the great miasma you call Western Civilization, it shall be individual relationships that survive the coming storm."

Whatever comes down for humanity in terms of 3D realities, I suspect that truthful and co-operative relationships with our fellow humans may turn out to be our most reliable currency.

May you find both the small things and the big things that bring you joy.

**Tom Kenyon**

<http://tomkenyon.com/haiti-and-the-chaotic-node/>

## Preparation for the Changing Times

By Christ Michael thru Donna D'Ingillo

Mar 29, 2010

MESSAGE FROM CHRIST MICHAEL

Received at the Center for Christ Consciousness

March 21, 2010

Topic: **Preparation for the Changing Times;  
Staying Close to Michael and Nebadonia**

Transmitter: Donna D'Ingillo

My beloved children, this is your Father. The winds of change are about to blow more vigorously upon Urantia. Are you ready for this? Are you prepared in mind and body for what is to come? Never before has this level of spiritual enhancement come upon your world in such magnitude, and yet this is something my children have longed for over the ages. The time is upon you now, and my message today is to further prepare you so you are in the position to enact the greatest acts of loving service for your brothers and sisters who will have a very hard time coming to terms with what is to come.

You have heard these messages before. You have been told that the changes coming will banish the old ways that were a part of the luciferic legacy of destruction and death. You have been encouraged to seek your own divine source of the Father within to help you learn that it is within where you have the most control of your self and where all the resources you need to live successfully lie. Now you will be having more opportunities to share what you have learned, and to truly demonstrate how well you have mastered these lessons that have been given to you over the course of many years of study. It is time to go into the fields and labor for me and with me, for you do not go alone. I accompany you and send my love into you to radiate into your brethren, to feed them with what they need to make sense of the coming changes. You must prepare your being now so that you are in positions to allow me to come forward from your heart.

It is not enough to just understand this message. It is imperative that you now become and BE who and what you are: divine sons and daughters of the living CREATOR with whom you share personal traits. In me you can feed upon all of those qualities of nobility of character that are so charmingly attractive to your brethren, so I ask you: are you ready? Are you living as you need? Are you demonstrating tolerance in your thoughts and actions towards your brothers and sisters? Do you appreciate them in spite of their differences? Are you non-judgmental of their actions and the way they go about their lives? Are you patient in dealing with their shortcomings? These are the questions to ask yourselves now and to spend time with me to feed upon my help to secure these attributes within you more steadfastly that will enable you to feel the winds of change assail you but keep you strong and firmly planted in my love.

You cannot excuse yourselves from wrongful thinking any more, my children. You do not have the luxury of time for your planet needs you to be in right mindedness in mind and body. Forgive yourselves when you err and misjudge your brethren, but do not make allowances any more for justifying your behavior or thoughts. Waste not your time in doing this! Put your attention on me and ask me to see your brethren as I see them, and in this way you will rise from your own limitations and be available for more dedicated service. It is time to act in the godly ways you have been trained and to move beyond the pettiness of your limited understanding of your fellows.

The changes coming to Urantia will thrill and delight you. Yet this phase of allowing the old culture to fall away is necessary as it clears the conceptual frame of reference to a credo that honors death and destruction. It is part of the healing process for all life forms here. Ensure that you understand the ramifications of what is occurring by allowing your Mother and me to broaden your horizons and to show you the new ways that you and your fellow spiritually awakened brethren will create here with your celestial helpers. It is quite the construction project and one you will be talking about with your fellow ascending mortals in the ages to come!

Live as I taught you. Love as I demonstrated to you. Prepare yourselves each day. Pay no attention to the fear that exists amongst the unawakened but keep your attention tuned within to me and your Indwelling Father Fragments. We will see you clearly through this time and give you what you need to help your brethren come alive as they have only dreamed of. Live in Spirit, my beloved children, and you shall have the time of your lives working in the fields of love, bringing my children home to their hearts where their healing can occur.

Be in my peace!

I AM Claude.