

# James Allen

## Quotes



“A man's mind may be likened to a garden,  
which may be intelligently cultivated or allowed to run wild;  
but whether cultivated or neglected,  
it must, and will, bring forth.

If no useful seeds are put into it,  
then an abundance of useless weed seeds will fall therein,  
and will continue to produce their kind.”

— James Allen, As a Man Thinketh

“Self-control is strength. Right thought is mastery. Calmness is power. ”

— James Allen, As a Man Thinketh

“The outer conditions of a person's life will always be found to be harmoniously related to his inner state...Men do not attract that which they want, but that which they are.”

— James Allen, As a Man Thinketh

“A strong man cannot help a weaker unless the weaker is willing to be helped, and even then the weak man must become strong of himself; he must, by his own efforts, develop the strength which he admires in another. None but himself can alter his condition.”

— James Allen, As a Man Thinketh

“As he thinks, so he is; as he continues to think, so he remains.”

— James Allen, As a Man Thinketh

“A man is literally what he thinks, his character being the complete sum of all his thoughts.”

— James Allen, As a Man Thinketh

“A person is limited only by the thoughts that he chooses.”

— James Allen, As a Man Thinketh

“A man only begins to be a man when he ceases to whine and revile, and commences to search for the hidden justice which regulates his life. And he adapts his mind to that regulating factor, he ceases to accuse others as the cause of his condition, and builds himself up in strong and noble

thoughts; ceases to kick against circumstances, but begins to use them as aids to his more rapid progress, and as a means of the hidden powers and possibilities within himself.”

— **James Allen, As a Man Thinketh**

“Cherish your visions.

Cherish your ideals.

Cherish the music that stirs in your heart, the beauty that forms in your mind, the loveliness that drapes your purest thoughts.

For out of them will grow all delightful conditions, all heavenly environment, of these, if you but remain true to them, your world will at last be built.”

— **James Allen, As a Man Thinketh**

“The more tranquil a man becomes, the greater is his success, his influence, his power for good. Calmness of mind is one of the beautiful jewels of wisdom.”

— **James Allen**

“You are today where your thoughts have brought you; you will be tomorrow where your thoughts take you.”

— **James Allen**

“Circumstance does not make the man; it reveals him to himself.”

— **James Allen**

“He who would accomplish little need sacrifice little; he who would achieve much must sacrifice much. He who would attain highly must sacrifice greatly.”

— **James Allen, As a Man Thinketh**

“Do not dwell upon the sins and mistakes of yesterday so exclusively as to have no energy and mind left for living rightly today, and do not think that the sins of yesterday can prevent you from living purely today.”

— **James Allen, Byways of Blessedness**

“Men are anxious to improve their circumstances, but are unwilling to improve themselves.”

— **James Allen, As a Man Thinketh**

“The dreamers are the saviors of the world. As the visible world is sustained by the invisible, so men, through all their trials and sins and sordid vocations, are nourished by the beautiful visions of their solitary dreamers.”

— **James Allen, As a Man Thinketh**

“Good thoughts and actions can never produce bad results; bad thoughts and actions can never produce good results ... We understand this law in the natural world, and work with it; but few understand it in the mental and moral world—although its operation there is just as simple and undeviating—and they, therefore, do not cooperate with it.”

— **James Allen, As a Man Thinketh**

“As a man thinketh in his heart, so shall he be”

— **James Allen**, **As a Man Thinketh**

“A particular train of thought persisted in, be it good or bad, cannot fail to produce its results on the character and circumstances. A man cannot directly choose his circumstances, but he can choose his thoughts, and so indirectly, yet surely, shape his circumstances.”

— **James Allen**, **As a Man Thinketh**

“The world steps aside for the man who knows where he is going”

— **James Allen**

“A noble and God- character is not a thing of favor or chance, but is the natural result of continued effort in right thinking, the effect of long-cherished association with God- thoughts.”

— **James Allen**, **As a Man Thinketh**

“The visions you glorify in your mind,  
The ideals you enthrone in your heart..  
This you will build your life by...  
This you will become.”

— **James Allen**

“Men do not attract that which they want, but that which they are.”

— **James Allen**, **As a Man Thinketh**

“To Desire is to Obtain to Aspire is to Achieve”

— **James Allen**, **As a Man Thinketh**

“Calmness of mind is one of the beautiful jewels of wisdom. It is the result of long and patient effort in self-control. Its presence is an indication of ripened experience, and of a more than ordinary knowledge of the laws and operations of thought.”

— **James Allen**, **As a Man Thinketh**

“A man becomes calm in the measure that he understands himself as a thought-evolved being. For such knowledge necessitates the understanding of others as the result of thought, and as he develops a right understanding, and sees ever more clearly the internal relations of things by the action of cause and effect, he ceases to fuss, fume, worry, and grieve. He remains poised, steadfast, serene.”

— **James Allen**, **As a Man Thinketh**

“The law of harvest is to reap more than you sow. Sow an act, and you reap a habit. Sow a habit and you reap a character. Sow a character and you reap a destiny. ”

— **James Allen**

“There can be no progress nor achievement without sacrifice, and a man's worldly success will be by the measure that he sacrifices his confused animal thoughts, and fixes his mind on the development of his plans, and the strengthening of his resolution and self-reliance.”

— **James Allen**, **As a Man Thinketh**

“Man is made or unmade by himself. By the right choice he ascends. As a being of power, intelligence, and love, and the lord of his own thoughts, he holds the key to every situation...”

— **James Allen**

“Dream lofty dreams, and as you dream, so shall you become. Your vision is the promise of what you shall one day be; your ideal is the prophecy of what you shall at last unveil.”

— **James Allen**

“All that a man achieves and all that he fails to achieve is the direct result of his own thoughts.”

— **James Allen, As a Man Thinketh**

“The thoughtless, the ignorant, and indolent, seeing only the apparent effects of things and not the things themselves, talk of law, of fortune, and chance. Seeing a man grow rich, they say, "How lucky is!" Observing another become intellectual they exclaim, "How highly favored he is!" And noting the saintly character and wide influence of another, they remark, "How chance aids him at every turn!" They don't see the trials and failures and the struggles which these men have voluntarily encountered in order to gain their experience; have no knowledge of the sacrifices they have made, of the undaunted efforts they have put forth, of the faith they have exercised, that they might overcome the apparently insurmountable, and realize the vision of their heart. They do not know the darkness and the heart aches; they only see the light and the Joy, and they call it “luck”; do not see the longing arduous journey, but only behold the pleasant goal, and call it "good fortune"; do not understand the process, but only perceive the result, and call it “chance”.”

— **James Allen, As a Man Thinketh**

“The body is the servant of the mind. It obeys the operations of the mind, whether they be deliberately chosen or automatically expressed.”

— **James Allen, As a Man Thinketh**

“Suffering is always the effect of wrong thought in some direction. It is an indication that the individual is out of harmony with himself, with the Law of his being.”

— **James Allen, As a Man Thinketh**

“They who have no central purpose in their life fall an easy prey to petty worries, fears, troubles, and self-pitying, all of which are indications of weakness, which lead, just as surely as deliberately planned sins (though by a different route), to failure, unhappiness, and loss, for weakness cannot persist in a power evolving universe.”

— **James Allen, As a Man Thinketh**

“A man can only rise, conquer, and achieve by lifting up his thoughts.”

— **James Allen**

“Man's mind may be tamed to a garden, which may be intelligently cultivated or allowed to run wild.”

— **James Allen, As a Man Thinketh**

“Work joyfully and peacefully, knowing that right thoughts and right efforts inevitably bring about right results.”

— **James Allen**

“Whether you be man or woman you will never do anything in this world without courage. It is the greatest quality of the mind next to honor. ”

— **James Allen**

“The circumstances which a man encounters with suffering are the result of his own mental inharmony.”

— **James Allen, As a Man Thinketh**

“Composer, sculptor, painter, poet, prophet, sage, these are the makers of the after-world, the architects of heaven. The world is beautiful because they have lived; without them, laboring humanity would perish.”

— **James Allen, As a Man Thinketh**

“Man is made or unmade by himself. In the armory of thought he forges the weapons by which he destroys himself. He also fashions the tools with which he builds for himself heavenly mansions of joy and strength and peace.”

— **James Allen**

“He thinks in secret, and it comes to pass: environment is but his looking glass.”

— **James Allen**

“Act is the blossom of thought; and joy and suffering are its fruits; thus does a man garner in the sweet and bitter fruitage of his own husbandry”

— **James Allen, As a Man Thinketh**

“Our life is what our thoughts make it. A man will find that as he alters his thoughts toward things and other people, things and other people will alter towards him. ”

— **James Allen**

“Man is made and unmade by himself. In the armory of thought he forges the weapons which will destroy him. He also creates the tools with which he will build for himself heavenly mansions of joy and strength and peace. Between these two extremes are all the grades of character, and man is their maker and their master. ”

— **James Allen**

“for you will always gravitate toward that which you, secretly, most love.”

— **James Allen, As a Man Thinketh**

“A man sooner or later discovers that he is the master-gardener of his soul, the director of his life.”

— **James Allen**

“The greatest achievement was at first and for a time a dream. The oak sleeps in the acorn; the bird waits in the egg; and in the highest vision of the soul a waking angel stirs. Dreams are the seedlings of reality.”

— **James Allen, As a Woman Thinketh**

“No man is hindered by another; he is only hindered by himself. No man suffers because of another; he suffers only because of himself.”

— **James Allen, Above Life's Turmoil**

“The man who thinks hateful thoughts brings hatred upon himself. The man who thinks loving thoughts is loved.”

— **James Allen, Above Life's Turmoil**

“Man is made or unmade by himself; in the armoury of thought he forges the weapons by which he destroys himself; he also fashions the tools with which he builds for himself heavenly mansions of joy and strength and peace. By the right choice and true application of thought, man ascends to the Divine Perfection; by the abuse and wrong application of thought, he descends below the level of the beast. Between these two extremes are all the grades of character, and man is their maker and master.”

— **James Allen, As a Man Thinketh**

“Circumstances do not make the man, they reveal him.”

— **James Allen**

“The soul attracts that which it secretly harbours; that which it loves, and also that which it fears;”

— **James Allen, As a Man Thinketh**

“Impure thoughts of every kind crystallize into enervating and confusing habits, which solidify into distracting and adverse circumstances: thoughts of fear, doubt, and indecision crystallize into weak, unmanly, and irresolute habits, which solidify into circumstances of failure, indigence, and slavish dependence: lazy thoughts crystallize into habits of uncleanness and dishonesty, which solidify into circumstances of foulness and beggary: hateful and condemnatory thoughts crystallize into habits of accusation and violence, which solidify into circumstances of injury and persecution: selfish thoughts of all kinds crystallize into habits of self-seeking, which solidify into circumstances more or less distressing. On the other hand, beautiful thoughts of all kinds crystallize into habits of grace and kindness, which solidify into genial and sunny circumstances: pure thoughts crystallize into habits of temperance and self-control, which solidify into circumstances of repose and peace: thoughts of courage, self-reliance, and decision crystallize into manly habits, which solidify into circumstances of success, plenty, and freedom: energetic thoughts crystallize into habits of cleanliness and industry, which solidify into circumstances of pleasantness: gentle and forgiving thoughts crystallize into habits of gentleness, which solidify into protective and preservative circumstances: loving and unselfish thoughts crystallize into habits of self-forgetfulness for others, which solidify into circumstances of sure and abiding prosperity and true riches.”

— **James Allen, As a Man Thinketh**

“Not what he wishes and prays for does a man get, but what he justly earns. His wishes and prayers are only gratified and answered when they harmonize with his thoughts and actions.”

— **James Allen, As a Man Thinketh**

“A man remains ignorant because he loves ignorance, and chooses ignorant thoughts; a man becomes wise because he loves wisdom and chooses wise thoughts.”

— **James Allen, Above Life's Turmoil**

“He thinks in secret, and it comes to pass: environment is but a looking glass.”

— **James Allen**

“For true success ask yourself these four questions: Why? Why not? Why not me? Why not now?”

— **James Allen**

“Let a man radically alter his thoughts, and he will be astonished at the rapid transformation it will effect in the material conditions of his life.”

— **James Allen, As a Man Thinketh**

“Self-control is strength; Right Thought is mastery; Calmness is power. Say unto your heart, “Peace, be still!”

— **James Allen, As a Man Thinketh**

“The man who sows wrong thoughts and deeds, and prays that God will bless him, is in the position of a farmer who, having sown tares, asks God to bring forth for him a harvest of wheat. That which ye sow, ye reap.”

— **James Allen, Above Life's Turmoil**

“Men are anxious to improve their circumstances, but are unwilling to improve themselves; they therefore remain bound.”

— **James Allen**

“Things you might hear,

Things you wanna believe,

Things that aren't true,

Things that people say,

It's these THINGS that causes people to feel not wanted.”

— **James Allen**

“A person is limited only by the thoughts that he chooses.

-James Allen”

— **James Allen**

“Man is buffeted by circumstances so long as he believes himself to be the creature of outside conditions, but when he realizes that he is a creative power, and that he may command the hidden soil and seeds of his being out of which circumstances grow, he then becomes the rightful master of himself.”

— **James Allen, As a Man Thinketh**

“Cease to be a disobedient child in the school of experience, and begin to learn, with humility and patience, the lessons that are set for your ultimate perfection.”

— **James Allen**

“He who has conquered weakness, and has put away all selfish thoughts, belongs neither to oppressor nor oppressed. He is free.”

— **James Allen, As a Man Thinketh**

“CALMNESS of mind is one of the beautiful jewels of wisdom. It is the result of long and patient effort in self-control.”

— **James Allen, As a Man Thinketh**

“As the reaper of his own harvest, man learns both of suffering and bliss”

— **James Allen, As a Man Thinketh**

“Dream lofty dreams, and as you dream, so you shall become. Your vision is the promise of what you shall one day be; your ideal is the prophecy of what you shall at last unveil.”

— **James Allen**

“Men imagine that thought can be kept secret, but it cannot; it rapidly crystallizes into habit, and habit solidifies into circumstance. Bestial thoughts crystallize into habits of drunkenness and sensuality, which solidify into circumstances of destitution and disease: impure thoughts of every kind crystallize into enervating and confusing habits, which solidify into distracting and adverse circumstances: thoughts of fear, doubt, and indecision crystallize into weak, unmanly, and irresolute habits, which solidify into circumstances of failure, indigence, and slavish dependence: lazy thoughts crystallize into habits of uncleanness and dishonesty, which solidify into circumstances of foulness and beggary: hateful and condemnatory thoughts crystallize into habits of accusation and violence, which solidify into circumstances of injury and persecution: selfish thoughts of all kinds crystallize into habits of self-seeking, which solidify into circumstances more or less distressing.”

— **James Allen, As a Man Thinketh**

“Good thoughts and actions can never produce bad results; bad thoughts and actions can never produce good results.”

— **James Allen, As a Man Thinketh**

“He that seeketh findeth; and to him that knocketh it shall be opened;”

— **James Allen, As a Man Thinketh**

“Cause and effect is as absolute and undeviating in the hidden realm of thought as in the world of visible and material things. Mind is the master weaver, both of the inner garment of character and the outer garment of circumstance.”

— **James Allen**

“Doubt and fear are the great enemies of knowledge, and he who encourages them, who does not slay them, thwarts himself at every step.”

— **James Allen, As a Man Thinketh**



“Man is made or unmade by himself; in the armoury of thought he forges the weapons by which he destroys himself;”

— **James Allen, As a Man Thinketh**

“In the beautiful words of Staton Kirkham Davis, 'You may be keeping accounts, and presently you shall walk out of the door that for so long has seemed to you the barrier of your ideals, and shall find yourself before an audience — the pen still behind your ear, the ink-stains on you fingers — and then and there shall pour out the torrent of your inspiration. You may be driving sheep, and you shall wander to the city — bucolic and open-mouthed; shall wander under the intrepid guidance of a spirit into the studio of the master, and after a time he shall say, 'I have nothing more to teach you.' And now you have become the master, who did so recently dream of great things while driving sheep. You shall lay down the saw and the plane to take upon yourself the regeneration of the world.”

— **James Allen, As a Woman Thinketh**

“As the physically weak man can make himself strong by careful and patient training, so the man of weak thoughts can make them strong by exercising himself in right thinking.”

— **James Allen, As a Man Thinketh**

“He who has conquered doubt and fear has conquered failure”

— **James Allen, As a Man Thinketh**

“So you will be... What you 'will' to be”

— **James Allen**

“And you, too, youthful reader, will realize the Vision (not the idle wish) of your heart, be it base or beautiful, or a mixture of both, for you will always gravitate toward that which you, secretly, most love.”

— **James Allen, As a Man Thinketh**

“The outer world of circumstance shapes itself to the inner world of thought,”

— **James Allen, As a Man Thinketh**

“Only by much searching and mining are gold and diamonds obtained, and you can find every truth connected with your being, if you will dig deep into the mine of your soul.”

— **James Allen, As You Think**

“he necessarily must until weakness is overcome), the strength of character gained will be the measure of his true success, and this will form a new starting-point for future power and triumph.”

— **James Allen, As a Man Thinketh**

“One man is an oppressor because many are slaves; let us despise the slaves.”

— **James Allen, As a Man Thinketh**

“He who cherishes a beautiful vision, a lofty ideal in his heart, will one day realize it. Columbus cherished a vision of another world, and he discovered it; Copernicus fostered the vision of a multiplicity of worlds and a wider universe, and he revealed it; Buddha beheld the vision of a

spiritual world of stainless beauty and perfect peace, and he entered into it.”

— **James Allen, As a Man Thinketh**

“Man is a growth by law, and not a creation by artifice, and cause and effect is as absolute and undeviating in the hidden realm of thought as in the world of visible and material things. A noble and God character is not a thing of favour or chance, but is the natural result of continued effort in right thinking, the effect of long-cherished association with God thoughts. An ignoble and bestial character, by the same process, is the result of the continued harbouring of grovelling thoughts.”

— **James Allen, As a Man Thinketh**

“To have suffered so much in a certain direction that the suffering is finished, and only its particular wisdom remains, enables one, wherever that suffering presents itself, to understand and deal with it by pure sympathy; and when one has been "perfected by suffering" in many directions, he becomes a centre of rest and healing for the sorrowing and broken hearted who are afflicted with the affections which he has experienced and conquered.”

— **James Allen, Eight Pillars of Prosperity**

“...he who delights in work will not long remain unemployed.”

— **James Allen, Eight Pillars of Prosperity**

“Your circumstances may be uncongenial, but they shall not long remain so if you but perceive an Ideal and strive to reach it.”

— **James Allen, As a Man Thinketh**

“Just as a gardener cultivates his plot, keeping it free from weeds, and growing the flowers and fruits which he requires, so may a man tend the garden of his mind, weeding out all the wrong, useless, and impure thoughts, and cultivating toward perfection the flowers and fruits of right, useful, and pure thoughts. By pursuing this process, a man sooner or later discovers that he is the master-gardener of his soul, the director of his life.”

— **James Allen, As a Man Thinketh**

“In a justly ordered universe, where loss of equipoise would mean total destruction, individual responsibility must be absolute.”

— **James Allen**

“You will be what you "will" to be;  
Let failure find its false content  
In that poor word, "environment",  
But spirit scorns it, and is free.

It masters time, it conquers space;  
It cowers that boastful trickster, Chance,  
And bids the tyrant Circumstance  
To uncrown, and fill a servant's place.  
The human will, that force unseen,  
The offspring of a deathless Soul,  
Can hew a way to any goal,

Though walls of granite intervene.

Be not impatient in delay  
But wait as one who understands;  
When spirit rises and commands  
Then God is ready to obey.”

— **James Allen**

“We don’t get what we wish and pray for, we get what we justly earn. Our wishes and prayers are only gratified and answered when they harmonize with our thoughts and actions.”

— **James Allen, As You Think**

“Cherish your visions; cherish your ideals; cherish the music that stirs in your heart, the beauty that forms in your mind, the loveliness that drapes your purest thoughts, for out of them will grow all delightful”

— **James Allen, As a Man Thinketh**

“Thought is the fount of action, life, and manifestation; make the fountain pure, and all will be pure.”

— **James Allen, As a Man Thinketh**

“Man is made or unmade by himself; in the armoury of thought he forges the weapons by which he destroys himself; he also fashions the tools with which he builds for himself heavenly mansions of joy and strength and peace.”

— **James Allen, As a Man Thinketh**

“AS the falling rain prepares the earth for the future crops of grain and fruit, so the rains of many sorrows showering upon the heart prepare and mellow it for the coming of that wisdom that perfects the mind and gladdens the heart. As the clouds darken the earth but to cool and fructify it, so the clouds of grief cast a shadow over the heart to prepare it for nobler things. The hour of sorrow is the hour of reverence. It puts an end to the shallow sneer, the ribald jest, the cruel calumny; it softens the heart with sympathy, and enriches the mind with thoughtfulness. Wisdom is mainly recollection of all that was learned by sorrow. Do not think that your sorrow will remain; it will pass away a cloud. Where self ends, grief passes away.”

— **James Allen,**

“If your real desire is to be good, there is no need to wait for the money before you do it; you can do it now, this very moment, and just where you are.”

— **James Allen**

“THE dreamers are the saviours of the world. As the visible world is sustained by the invisible, so men, through all their trials and sins and sordid vocations, are nourished by the beautiful visions of their solitary dreamers. Humanity cannot forget its dreamers; it cannot let their ideals fade and die; it lives in them; it knows them as they realities which it shall one day see and know. Composer, sculptor, painter, poet, prophet, sage, these are the makers of the after-world, the architects of heaven. The world is beautiful because they have lived; without them, labouring humanity would perish. He who cherishes a beautiful vision, a lofty ideal in his heart, will one day realize it. Columbus cherished a vision of another world, and he discovered it; Copernicus fostered the

vision of a multiplicity of worlds and a wider universe, and he revealed it; Buddha beheld the vision of a spiritual world of stainless beauty and perfect peace, and he entered into it.”

— **James Allen, As a Man Thinketh**

“You will be what you will to be.”

— **James Allen**

“Men imagine that thought can be kept secret, but it cannot; it rapidly crystallizes into habit, and habit solidifies into circumstance.”

— **James Allen, As a Man Thinketh**

“The "divinity that shapes our ends" is in ourselves;”

— **James Allen, As a Man Thinketh**

“Mind is the Master power that moulds and makes, And Man is Mind, and evermore he takes The tool of Thought, and, shaping what he wills, Brings forth a thousand joys, a thousand ills:— He thinks in secret, and it comes to pass: Environment is but his looking-glass.”

— **James Allen, As a Man Thinketh**

“Doubt and fear are the great enemies of knowledge, and he who encourages them, who does not slay them, thwarts himself at every step. He who has conquered doubt”

— **James Allen, As a Man Thinketh**

“The human will, that force unseen, The offspring of a deathless soul, Can hew a way to any goal, Though walls of granite intervene.”

— **James Allen, As You Think**

“You cannot travel within and stand still without.”

— **James Allen,**

“Another hidden sacrifice, one of great spiritual beauty and of powerful efficacy in the healing of human sorrows, is the”

— **James Allen,**

“Such is the conscious master, and man can only thus become by discovering within himself the laws of thought; which discovery is totally a matter of application, self analysis, and experience.”

— **James Allen, As a Man Thinketh**

“When a man makes his thoughts pure, he no longer desires impure food.”

— **James Allen, As A Man Thinketh**

“Unrest and pain and sorrow are the shadows of life.”

— **James Allen,**

“As a man thinketh in his heart so is he,”

— **James Allen, As a Man Thinketh**

“To begin to think with purpose, is to enter the ranks of those strong ones who only recognize failure as one of the pathways to attainment.”

— **James Allen**

“You are today where your thoughts have brought you; you will be tomorrow where your thoughts take you.”

— **James Allen**

“Suffering is always the effect of wrong thought in some direction. It is an indication that the individual is out of harmony with himself, with the Law of his being. The sole and supreme use of suffering is to purify, to burn out all that is useless and impure. Suffering ceases for him who is pure. There could be no object in burning gold after the dross had been removed, and a perfectly pure and enlightened being could not suffer.”

— **James Allen, As a Man Thinketh**

“The oak sleeps in the acorn; the bird waits in the egg; and in the highest vision of the soul a waking angel stirs. Dreams are the seedlings of realities.”

— **James Allen, As a Man Thinketh**

“As a progressive and evolving being, man is where he is that he may learn that he may grow; and as he learns the spiritual lesson which any circumstance contains for him, it passes away and gives place to other circumstances.”

— **James Allen, As a Man Thinketh**

The dream is the promise for what you will be one day.”

— **James Allen, As a Man Thinketh**

“Good thoughts bear good fruit, bad thoughts bad fruit.”

— **James Allen, As a Man Thinketh**

“Mind is the master power that molds and makes, And we are Mind, and evermore we take The tool of thought, and shaping what we will, Bring forth a thousand joys, a thousand ills. We think in secret, and it comes to pass — Our world is but our looking glass. — JAMES ALLEN”

— **James Allen, As You Think**

“A man cannot directly choose his circumstances, but he can choose his thoughts, and so indirectly, yet surely, shape his circumstances. Nature”

— **James Allen, As a Man Thinketh**

“Man is made or unmade by himself; in the armory of thought he forges the weapons by which he destroys himself. He also fashions the tools with which he builds for himself heavenly mansions of joy and strength and peace. By the right choice and true application of thought, man ascends to the Divine Perfection; by the abuse and wrong application of thought, he descends below the level of the beast. Between these two extremes are all the grades of character, and man is their maker and master.”

— **James Allen**

“The world is your kaleidoscope, and the varying combinations of colours, which at every succeeding moment it presents to you are the exquisitely adjusted pictures of your ever-moving thoughts.”

— **James Allen, As a Man Thinketh**

“All that man achieves and all that he fails to achieve is the direct result of his own thoughts. His suffering and happiness are evolved from within. As he thinks, so he is. As he continues to think, so he remains.”

— **James Allen, As a Man Thinketh**

“There is no room for a complainer in a universe of law, and worry is soul-suicide. By your very attitude of mind you are strengthening the chains which bind you, and are drawing about you the darkness by which you are enveloped, Alter your outlook upon life, and your outward life will alter.”

— **James Allen, 20 James Allen Books - The Master Collection**

“So You will be what you will to be; Let failure find its false content In that poor word, 'environment,' But spirit scorns it, and is free. "It masters time, it conquers space; It cowers that boastful trickster, Chance, And bids the tyrant Circumstance Uncrown, and fill a servant's place. "The human Will, that force unseen, The offspring of a deathless Soul, Can hew a way to any goal, Though walls of granite intervene. "Be not impatient in delays But wait as one who understands; When spirit rises and commands The gods are ready to obey.”

— **James Allen, As a Man Thinketh**

“They themselves are makers of themselves.”

— **James Allen, As a Man Thinketh**

“Blessedness, not material possessions, is the measure of right thought; wretchedness, not lack of material possessions, is the measure of wrong thought.”

— **James Allen, As a Man Thinketh**

“Self-seeking is self-destruction”

— **James Allen,**

“There is an unavoidable tendency to become literally the embodiment of that quality upon which one most constantly thinks.”

— **James Allen, The Way of Peace**

“The universe does not favour the greedy, the dishonest, the vicious, although on the mere surface it may sometimes appear to do so; it helps the honest, the magnanimous, the virtuous.”

— **James Allen, As a Man Thinketh**

“By earnest self-examination strive to realize, and not merely hold as a theory, that evil is a passing phase, a self-created shadow; that all your pains, sorrows and misfortunes have come to you by a process of undeviating and absolutely perfect law; have come to you because you deserve and require them, and that by first enduring, and then understanding them, you may be made stronger, wiser, nobler.”

— **James Allen, The Path of Prosperity**

“A man should conceive of a legitimate purpose in his heart, and set out to accomplish it. He should make this purpose the centralizing point of his thoughts. It may take the form of a spiritual ideal, or it may be a worldly object, according to his nature at the time being; but whichever it is, he should steadily focus his thought-forces upon the object, which he has set before him. He should make this purpose his supreme duty, and should devote himself to its attainment, not allowing his

thoughts to wander away into ephemeral fancies, longings, and imaginings. This is the royal road to self-control and true concentration of thought. Even if he fails again and again to accomplish his purpose (as he necessarily must until weakness is overcome), the strength of character gained will be the measure of his true success, and this will form a new starting-point for future power and triumph.”

— **James Allen, As a Man Thinketh**

“Out of a clean heart comes a clean life and a clean body. Out of a defiled mind proceeds a defiled life and a corrupt body. Thought is the fount of action, life, and manifestation; make the fountain pure, and all will be pure.”

— **James Allen, As a Man Thinketh**

“Achievement of any kind is the crown of effort, the diadem of thought. By the aid of self-control, resolution, purity, righteousness, and well-directed thought a man ascends. By the aid of animality, indolence, impurity, corruption, and confusion of thought a man descends.”

— **James Allen, As a Man Thinketh**

“Of all the beautiful truths pertaining to the soul which have been restored and brought to light in this age, none is more gladdening or fruitful of divine promise and confidence than this—that man is the master of thought, the moulder of character, and the maker and shaper of condition, environment, and destiny.”

— **James Allen, As a Man Thinketh**

“The outer world of circumstance shapes itself to the inner world of thought, and both pleasant and unpleasant external conditions are factors, which make for the ultimate good of the individual. As the reaper of his own harvest, man learns both by suffering and bliss.”

— **James Allen, As a Man Thinketh**

“They who have no central purpose in their life fall an easy prey to petty worries, fears, troubles, and self-pityings, all of which are indications of weakness, which lead, just as surely as deliberately planned sins (though by a different route), to failure, unhappiness, and loss, for weakness cannot persist in a power evolving universe.”

— **James Allen, As a Man Thinketh**

“A man only begins to be a man when he ceases to whine and revile, and commences to search for the hidden justice which regulates his life.”

— **James Allen, As a Man Thinketh**

“Circumstance does not make the man; it reveals him to himself. No such conditions can exist as descending into vice and its attendant sufferings apart from vicious inclinations, or ascending into virtue and its pure happiness without the continued cultivation of virtuous aspirations; and man, therefore, as the lord and master of thought, is the maker of himself the shaper and author of environment.”

— **James Allen, As a Man Thinketh**

“Self-control is strength; Right Thought is mastery; Calmness is power.”

— **James Allen, As a Man Thinketh**

“You believe that the Christ of Nazareth was put to death and rose again. I do not say you err in that belief; but if you refuse to believe that the gentle spirit of Love is crucified daily upon the dark cross of your selfish desires, then, I say, you err in this unbelief, and have not yet perceived, even afar off, the Love of Christ. You say that you have tasted of salvation in the Love of Christ. Are you saved from your temper, your irritability, your vanity, your personal diss, your judgment and condemnation of others? If not, from what are you saved, and wherein have you realized the transforming Love of Christ?”

— **James Allen,**

“The man who does not shrink from self-crucifixion can never fail to accomplish the object upon which his heart is set.”

— **James Allen, As a Man Thinketh**

“Thought in the mind hath made us, What we are By thought was wrought and built. If a man's mind Hath evil thoughts, pain comes on him as comes The wheel the ox behind.... ..If one endure In purity of thought, joy follows him As his own shadow—sure.”

— **James Allen, As a Man Thinketh**

“Man is a growth by law, and not a creation by artifice, and cause and effect is as absolute and undeviating in the hidden realm of thought as in the world of visible and material things.”

— **James Allen, As a Man Thinketh: Classic Wisdom for Proper Thought, Strong Character, & Right Actions**

“Anxiety quickly demoralizes the whole body, and lays it open to the entrance of disease;”

— **James Allen, As a Man Thinketh**

“Before the divine radiance of a pure heart all darkness vanishes and all clouds melt away, and he who has conquered self has conquered the universe.”

— **James Allen,**

“How many people we know who sour their lives, who ruin all that is sweet and beautiful by explosive tempers, who destroy their poise of character, and make bad blood!”

— **James Allen, As a Man Thinketh: Classic Wisdom for Proper Thought, Strong Character, & Right Actions**

“Ignorant men imagine that dishonesty is a short cut to prosperity. July Twenty-First. HONESTY is the surest way to success. The clay at last comes when the dishonest man repents in sorrow and suffering; but no man ever needs to repent of having been honest. Even when the honest man fails--as he does sometimes through lacking other of those pillars, such as energy, economy, or system--his failure is not the grievous thing that it is to the dishonest mem, for he can always rejoice in the fact that he has never defrauded a fellow-being. Even in his darkest hour he finds repose in a clear conscience. The dishonest man is morally short-sighted.”

— **James Allen,**

“IF YOU WOULD PROTECT YOUR BODY, GUARD YOUR MIND.”

— **James Allen, As a Man Thinketh: Classic Wisdom for Proper Thought, Strong Character, & Right Actions**



“Act is the blossom of thought, and joy and suffering are its fruits; thus does a man garner in the sweet and bitter fruitage of his own husbandry.”

— **James Allen, As a Man Thinketh**

“It has been usual for men to think and to say, “Many men are slaves because one is an oppressor; let us hate the oppressor.” Now, however, there is amongst an increasing few a tendency to reverse this judgment, and to say, “One man is an oppressor because many are slaves; let us despise the slaves.” The truth is that oppressor and slave are co-operators in ignorance, and, while seeming to afflict each other, are in reality afflicting themselves. A perfect Knowledge perceives the action of law in the weakness of the oppressed and the misapplied power of the oppressor; a perfect Love, seeing the suffering, which both states entail, condemns neither; a perfect Compassion embraces both oppressor and oppressed.”

— **James Allen, As a Man Thinketh**

“All evil is corrective and remedial, and is therefore not permanent. It”

— **James Allen,**

“Cherish your visions; cherish your ideals; cherish the music that stirs in your heart, the beauty that forms in your mind, the loveliness that drapes your purest thoughts, for out of them will grow all delightful conditions, all, heavenly environment; of these, if you but remain true to them, your world will at last be built.”

— **James Allen, As a Man Thinketh: Classic Wisdom for Proper Thought, Strong Character, & Right Actions**

“Those who have conquered doubt and fear have conquered”

— **James Allen, As You Think**

“Every man is where he is by the law of his being;”

— **James Allen, As a Man Thinketh**

“We can give nothing better to the world than beauty of life and character;”

— **James Allen, AS A MAN THINKETH Deluxe Collection of Five Favorite James Allen Works [Annotated & Unabridged]: Includes BONUS Entire AUDIOBOOK Narration**

“The soul attracts that which it secretly harbours; that which it loves, and also that which it fears; it reaches the height of its cherished aspirations; it falls to the level of its unchastened desires,—and circumstances are the means by which the soul receives its own.”

— **James Allen, As a Man Thinketh**

“As a progressive and evolving being, man is where he is that he may learn that he may grow; and as he learns the spiritual lesson which any circumstance contains for him, it passes away and gives place to other circumstances. Man is buffeted by circumstances so long as he believes himself to be the creature of outside conditions, but when he realizes that he is a creative power, and that he may command the hidden soil and seeds of his being out of which circumstances grow, he then becomes the rightful master of himself.”

— **James Allen, As a Man Thinketh**

“The Temple of Righteousness is built and its four walls are the four Principles— Purity, Wisdom, Compassion, Love. Peace is its roof; its floor Steadfastness, its entrance-door is Selfless Duty, its

atmosphere is Inspiration, and its music is the Joy of the perfect.”

— **James Allen,**

“Your Vision is the promise of what you shall one day be; your Ideal is the prophecy of what you shall at last unveil.”

— **James Allen, As a Man Thinketh**

“A noble and God character is not a thing of favour or chance, but is the natural result of continued effort in right thinking, the effect of long-cherished association with God thoughts. An ignoble and bestial character, by the same process, is the result of the continued harbouring of grovelling thoughts. Man is made or unmade by himself; in the armoury of thought he forges the weapons by which he destroys himself; he also fashions the tools with which he builds for himself heavenly mansions of joy and strength and peace. By the right choice and true application of thought, man ascends to the Divine Perfection; by the abuse and wrong application of thought, he descends below the level of the beast. Between these two extremes are all the grades of character, and man is their maker and master.”

— **James Allen, As a Man Thinketh**

“How insignificant mere money seeking looks in comparison with a serene life—a life that dwells in the ocean of Truth, beneath the waves, beyond the reach of tempests, in the Eternal Calm! "How”

— **James Allen, As a Man Thinketh**

“UNTIL thought is linked with purpose there is no intelligent accomplishment. With”

— **James Allen,**

“How many people we know who sour their lives, who ruin all that is sweet and beautiful by explosive tempers, who destroy their poise of character, and make bad blood! It is a question whether the great majority of people do not ruin their lives and mar their happiness by lack of self-control. How few people we meet in life who are well balanced, who have that exquisite poise which is characteristic of the finished character! Yes, humanity surges with uncontrolled passion, is tumultuous with ungoverned grief, is blown about by anxiety and doubt only the wise man, only he whose thoughts are controlled and purified, makes the winds and the storms of the soul obey him.”

— **James Allen, As a Man Thinketh**

“As a man thinketh in his heart, so is he.”

— **James Allen, As a Man Thinketh**

“thus does a man garner in the sweet and bitter fruitage of his own husbandry.”

— **James Allen, As a Man Thinketh**

“Suffering is always the effect of wrong thought in some direction.”

— **James Allen, As a Man Thinketh**

“Man is always the master, even in his weaker and most abandoned state; but in his weakness and degradation he is the foolish master who misgoverns his "household." When he begins to reflect upon his condition, and to search diligently for the Law upon which his being is established, he then becomes the wise master, directing his energies with intelligence, and fashioning his thoughts to fruitful issues. Such is the conscious master, and man can only thus become by

discovering within himself the laws of thought; which discovery is totally a matter of application, self analysis, and experience. Only by much searching and mining, are gold and diamonds obtained, and man can find every truth connected with his being, if he will dig deep into the mine of his soul; and that he is the maker of his character, the moulder of his life, and the builder of his destiny, he may unerringly prove, if he will watch, control, and alter his thoughts, tracing their effects upon himself, upon others, and upon his life and circumstances, linking cause and effect by patient practice and investigation, and utilizing his every experience, even to the most trivial, everyday occurrence, as a means of obtaining that knowledge of himself which is Understanding, Wisdom, Power. In this direction, as in no other, is the law absolute that "He that seeketh findeth; and to him that knocketh it shall be opened;" for only by patience, practice, and ceaseless importunity can a man enter the Door of the Temple of Knowledge."

— **James Allen, As a Man Thinketh**

"world is your kaleidoscope,"

— **James Allen, As a Man Thinketh**

"Here is a man who is wretchedly poor. He is extremely anxious that his surroundings and home comforts should be improved, yet all the time he shirks his work, and considers he is justified in trying to deceive his employer on the ground of the insufficiency of his wages. Such a man does not understand the simplest rudiments of those principles which are the basis of true prosperity, and is not only totally unfitted to rise out of his wretchedness, but is actually attracting to himself a still deeper wretchedness by dwelling in, and acting out, indolent, deceptive, and unmanly thoughts.

Here is a rich man who is the victim of a painful and persistent disease as the result of gluttony. He is willing to give large sums of money to get rid of it, but he will not sacrifice his gluttonous desires. He wants to gratify his taste for rich and unnatural viands and have his health as well. Such a man is totally unfit to have health, because he has not yet learned the first principles of a healthy life.

Here is an employer of labor who adopts crooked measures to avoid paying the regulation wage, and, in the hope of making larger profits, reduces the wages of his work-people. Such a man is altogether unfitted for prosperity, and when he finds himself bankrupt, both as regards reputation and riches, he blames circumstances, not knowing that he is the sole author of his condition.

I have introduced these three cases merely as illustrative of the truth that man is the cause (though nearly always unconsciously) of his circumstances, and that, whilst aiming at a good end, he is continually frustrating its accomplishment by encouraging thoughts and desires which cannot possibly harmonize with that end. Such cases could be multiplied and varied almost indefinitely, but this is not necessary, as the reader can, if he so resolves, trace the action of the laws of thought in his own mind and life, and until this is done, mere external facts cannot serve as a ground of reasoning."

— **James Allen, As a Man Thinketh**

"He who masters the small becomes the rightful possessor of the great."

— **James Allen,**

"believes himself to be the creature of outside conditions, but when he realizes that he is a creative power, and that he may command the hidden soil and seeds of his being out of which

circumstances grow, he then becomes the rightful master of himself.”

— **James Allen, As a Man Thinketh**

“Man is buffeted by circumstances so long as he believes himself to be the creature of outside conditions, but when he realizes that he is a creative power, and that he may command the hidden soil and seeds of his being out of which circumstances grow, he then becomes the rightful master of himself. That”

— **James Allen, As a Man Thinketh**

“You may be keeping accounts, and presently you shall walk out of the door that for so long has seemed to you the barrier of your ideals, and shall find yourself before an audience—the pen still behind your ear, the ink stains on your fingers and then and there shall pour out the torrent of your inspiration.”

— **James Allen, As a Man Thinketh**

“would accomplish little must sacrifice little; he who would achieve much must sacrifice much; he who would attain highly must sacrifice greatly. VISIONS”

— **James Allen, As a Man Thinketh**

“Men do not attract that which they -want,- but that which they -are.-”

— **James Allen, As a Man Thinketh**

“The truly self-possessed, however, are free from the whims of fate and chance. Calmly, they affect their will, and with strength of character and purity of intention, they attract to their person solely positive outcomes. To”

— **James Allen, As a Man Thinketh: Classic Wisdom for Proper Thought, Strong Character, & Right Actions**

“The universe does not favour the greedy, the dishonest, the vicious, although on the mere surface it may sometimes appear to do so; it helps the honest, the magnanimous, the virtuous. All the great Teachers of the ages have declared this in varying forms,”

— **James Allen, As a Man Thinketh**

“Men do not attract that which they want, but that which they are. Their whims, fancies, and ambitions are thwarted at every step, but their inmost thoughts and desires are fed with their own food, be it foul or clean.”

— **James Allen, As a Man Thinketh**

“THE dreamers are the saviours of the world.”

— **James Allen, As a Man Thinketh**

“To think well of all, to be cheerful with all, to patiently learn to find the good in all - such unselfish thoughts are the very portals of heaven; and to dwell day by day in thoughts of peace toward every creature will bring abounding peace to their possessor.”

— **James Allen**

“Only by much searching and mining, are gold and diamonds obtained, and man can find every truth connected with his being, if he will dig deep into the mine of his soul; and that he is the maker of his character, the moulder of his life, and the builder of his destiny, he may unerringly prove, if he will watch, control, and alter his thoughts, tracing their effects upon himself, upon others, and

upon his life and circumstances, linking cause and effect by patient practice and investigation, and utilizing his every experience, even to the most trivial, everyday occurrence, as a means of obtaining that knowledge of himself which is Understanding, Wisdom, Power. In this direction, as in no other, is the law absolute that "He that seeketh findeth; and to him that knocketh it shall be opened;" for only by patience, practice, and ceaseless importunity can a man enter the Door of the Temple of Knowledge."

— **James Allen,**

"THE foolish man thinks that little faults, little indulgences, little sins, are of no consequence; he persuades himself that so long as he does not commit flagrant immoralities he is virtuous, and even holy; but he is thereby deprived of virtue and holiness, and the world knows him accordingly; it does not reverence, adore, and love him; it passes him by; he is reckoned of no account; his influence is destroyed. The efforts of such a man to make the world virtuous, his exhortations to his fellow men to abandon great vices, are empty of substance and barren of fruitage. The insignificance which he attaches to his small vices permeates his whole character, and is the measure of his manhood. He who regards his smallest delinquencies as of the gravest nature becomes a saint."

— **James Allen,**

"Man is always the master, even in his weaker and most abandoned state; but in his weakness and degradation he is the foolish master who misgoverns his "household."

— **James Allen, As a Man Thinketh**

"Having conceived of his purpose, a man should mentally mark out a straight pathway to its achievement, looking neither to the right or to the left, but straight."

— **James Allen, As a Man Thinketh**

"The truly contented man works energetically and faithfully, and accepts all results with an untroubled spirit. December Second. THERE are three things with which a man should be content: With whatever happens; with his friendships and possessions; and with his pure thoughts. Contented with whatever happens, he will escape grief; with his friendships and possessions, he will avoid anxiety and wretchedness; and with his pure thoughts, he will never go back to suffer and grovel in impurities. There are three with which a man should not be content: With his opinions; with his character; and with his spiritual condition. Not content with his opinions, he will continually increase in intelligence; not content with his character, he will ceaselessly grow in strength and virtue; and not content with his spiritual condition, he will, every day, enter into a larger wisdom and a fuller blessedness. Results exactly correspond with efforts."

— **James Allen,**

"man, therefore, as the lord and master of thought, is the maker of himself the shaper and author of environment."

— **James Allen, As a Man Thinketh**

"UNTIL thought is linked with purpose there is no intelligent accomplishment. With the majority the bark of thought is allowed to "drift" upon the ocean of life. Aimlessness is a vice, and such drifting

must not continue for him who would steer clear of catastrophe and destruction. They”

— **James Allen, As a Man Thinketh**

“All things at last yield to the silent, irresistible, all conquering energy of purpose.”

— **James Allen, The Mastery of Destiny**

“You must get outside yourself, and must begin to examine and understand yourself.”

— **James Allen,**

“The more intense the nature of a man, the more readily will he find meditation, and the more successfully will he practice it.”

— **James Allen**

“for weakness cannot persist in a power evolving universe.”

— **James Allen, As a Man Thinketh**

“A man only begins to be a man when he ceases to whine...”

— **James Allen**

“What you are, so is your world.”

— **James Allen, The Path of Prosperity**

“Renew your resolution daily, and in the hour of temptation do not depart from the right path.”

— **James Allen,**

“Tempest-tossed souls, wherever ye may be, under whatsoever conditions ye may live, know this in the ocean of life the isles of Blessedness are smiling, and the sunny shore of your ideal awaits your coming. Keep your hand firmly upon the helm of thought. In the bark of your soul reclines the commanding Master; He does but sleep: wake Him. Self-control is strength; Right Thought is mastery; Calmness is power. Say unto your heart, "Peace, be still!"

— **James Allen, As a Man Thinketh**

“You will be what you will to be;  
Let failure find its false content  
In that poor word, "environment,"  
But spirit scorns it, and is free.”

— **James Allen**

“if he will watch, control, and alter his thoughts, tracing their effects upon himself, upon others, and upon his life and circumstances, linking cause and effect by patient practice and investigation, and utilizing his every experience, even to the most trivial, everyday occurrence, as a means of obtaining that knowledge of himself which is Understanding, Wisdom, Power. In”

— **James Allen,**

“Victories attained by right thought can only be maintained by watchfulness. Many give way when success is assured, and rapidly fall back into failure.”

— **James Allen, As a Man Thinketh**

“No power, no event, no circumstance, can compel a man to evil and unhappiness. He himself is his own compeller. He thinks and acts by his own volition. No being, however wise and great--not even the Supreme--can make him good and happy. He himself must choose the good, and thereby find the happy.”

— **James Allen,**

“Aimlessness is a vice, and such drifting must not continue for him who would steer clear of catastrophe and destruction.”

— **James Allen, As a Man Thinketh**

“mind is the master-weaver, both of the inner garment of character and the outer garment of circumstance, and that, as they may have hitherto woven in ignorance and pain they may now weave in enlightenment and happiness.”

— **James Allen, As a Man Thinketh**

“To desire is to obtain; to aspire is to achieve.”

— **James Allen**

“Act is the blossom of thought, and joy and suffering are its fruits; thus does a man garner in the sweet and bitter fruitage of his own husbandry. "Thought”

— **James Allen, As a Man Thinketh**

“The price of life is effort; the acme of effort is accomplishment; the reward of accomplishment is joy.”

— **James Allen, The Mastery of Destiny**

“Bestial thoughts crystallize into habits of drunkenness and sensuality, which solidify into circumstances of destitution and disease: impure thoughts of every kind crystallize into enervating and confusing habits, which solidify into distracting and adverse circumstances: thoughts of fear, doubt, and indecision crystallize into weak, unmanly, and irresolute habits, which solidify into circumstances of failure, indigence, and slavish dependence: lazy thoughts crystallize into habits of uncleanliness and dishonesty, which solidify into circumstances of foulness and beggary: hateful and condemnatory thoughts crystallize into habits of accusation and violence, which solidify into circumstances of injury and persecution: selfish thoughts of all kinds crystallize into habits of self-seeking, which solidify into circumstances more or less distressing. On the other hand, beautiful thoughts of all kinds crystallize into habits of grace and kindness, which solidify into genial and sunny circumstances: pure thoughts crystallize into habits of temperance and self-control, which solidify into circumstances of repose and peace: thoughts of courage, self-reliance, and decision crystallize into manly habits, which solidify into circumstances of success, plenty, and freedom: energetic thoughts crystallize into habits of cleanliness and industry, which solidify into circumstances of pleasantness: gentle and forgiving thoughts crystallize into habits of gentleness, which solidify into protective and preservative circumstances: loving and unselfish thoughts crystallize into habits of self-forgetfulness for others, which solidify into circumstances of sure and abiding prosperity and true riches.”

— **James Allen, As a Man Thinketh**

“Man is buffeted by circumstances so long as he believes himself to be the creature of outside conditions,”

— **James Allen, As a Man Thinketh**

“A man only begins to be a man when he ceases to whine and revile, and commences to search for the hidden justice which regulates his life. And as he adapts his mind to that regulating factor, he ceases to accuse others as the cause of his condition, and builds himself up in strong and noble thoughts; ceases to kick against circumstances, but begins to use them as aids to his more rapid progress, and as a means of discovering the hidden powers and possibilities within himself.”

— **James Allen, As a Man Thinketh**

“As a being of Power, Intelligence, and Love, and the Lord of his own thoughts, man holds the key to every situation, and contains within himself that transforming and regenerative agency by which he may make himself what he wills.

Man is always the master, even in his weakest and most abandoned state; but in his weakness and degradation he is the foolish master who misgoverns his household. When he begins to reflect upon his condition, and to search diligently for the Law upon which his being is established, he then becomes the wise master, directing his energies with intelligence, and fashioning his thoughts to fruitful issues. Such is the conscious master, and man can only thus become by discovering within himself the laws of thought; which discovery is totally a matter of application, self-analysis, and experience.”

— **James Allen, As a Man Thinketh**

“THERE is no bondage in the Heavenly Life. There is Perfect Freedom. This is its great glory. This Supreme Freedom is gained only by obedience. He who obeys the Highest co-operates with the Highest, and so masters every force within himself and every condition without. A man may choose the lower and neglect the Higher, but the Higher is never overcome by the lower: herein lies the revelation of Freedom.”

— **James Allen,**

“The studied elimination of non-essentials from one’s daily life is a vital factor in all great achievement.”

— **James Allen, Eight Pillars of Prosperity**

“Men are anxious to improve their circumstances, but are unwilling to improve themselves; they therefore remain bound. The man who does not shrink from self-crucifixion can never fail to accomplish the object upon which his heart is set.”

— **James Allen, AS A MAN THINKETH Deluxe Collection of Five Favorite James Allen Works [Annotated & Unabridged]: Includes BONUS Entire AUDIOBOOK Narration**

“Those who cherish a beautiful vision, a lofty ideal in their hearts, will one day realize it.”

— **James Allen, As You Think**

“There is but one religion, the religion of Truth.”

— **James Allen,**

“humanity surges with uncontrolled passion, is tumultuous with ungoverned grief, is blown about by anxiety and doubt only the wise man, only he whose thoughts”

— **James Allen, As a Man Thinketh**



“That circumstances grow out of thought every man knows who has for any length of time practised self-control and self-purification, for he will have noticed that the alteration in his circumstances has been in exact ratio with his altered mental condition. So”

— **James Allen,**  
— **James Allen**

“Circumstances don’t shape us, so much as they reveal us. As the masters of our thoughts, we are the authors of our environments. As the sole gardener of your own mind, you have more power than any other force in shaping your environment and your destiny.”

— **James Allen, As a Man Thinketh**

“Circumstance does not make the man; it reveals him to himself”

— **James Allen, As a Man Thinketh**

“MAN IS MADE OR UNMADE by himself; in the armory of thought he forges the weapons by which he destroys himself; he also fashions the tools with which he builds for himself heavenly mansions of joy and strength and peace.”

— **James Allen, As a Man Thinketh: Classic Wisdom for Proper Thought, Strong Character, & Right Actions**

“a man's worldly success will be in the measure that he sacrifices his confused animal thoughts,”

— **James Allen, As a Man Thinketh**

“Alter your outlook upon life, and your outward life will alter.”

— **James Allen,**

“he will find that as he alters his thoughts towards things and other people, things and other people will alter towards him.”

— **James Allen, As a Man Thinketh**

“We do not attract what we want but who we are.”

— **James Allen**

“For the modern gentleman, the ability to regulate and control the impulses of thought is truly the last frontier in the quest for a cultivated air.”

— **James Allen, As a Man Thinketh: Classic Wisdom for Proper Thought, Strong Character, & Right Actions**

“one endure In purity of thought, joy follows him As his own shadow—sure.”

— **James Allen, As a Man Thinketh**

“Every man is where he is by the law of his being; the thoughts which he has built into his character have brought him there, and in the arrangement of his life there is no element of chance, but all is the result of a law which cannot err.”

— **James Allen, As a Man Thinketh**

“He who would accomplish little must sacrifice little; he who would achieve much must sacrifice much.”

— **James Allen**

“He that seeketh findeth; and to him that knocketh it shall be opened;” for only by patience, practice, and ceaseless importunity can a man enter the Door of the Temple of Knowledge.  
EFFECT”

— **James Allen, As a Man Thinketh**

“Turn the disadvantage to account by utilizing it for the gaining of mental and spiritual strength, and”

— **James Allen,**

“Law, not confusion, is the dominating principle in the universe; justice, not injustice, is the soul and substance of life; and righteousness, not corruption, is the moulding and moving force in the spiritual government of the world. This being so, man has but to right himself to find that the universe is right; and during the process of putting himself right he will find that as he alters his thoughts towards things and other people, things and other people will alter towards him. The”

— **James Allen, As a Man Thinketh**

“But to think well of all, to be cheerful with all, to patiently learn to find the good in all—such unselfish thoughts are the very portals of heaven; and to dwell day by day in thoughts of peace toward every creature will bring abounding peace to their possessor.”

— **James Allen, As a Man Thinketh**

“Un hombre sólo empieza a ser hombre cuando deja de lamentarse y maldecir, y comienza a buscar la justicia oculta que gobierna su vida.”

— **James Allen, Como un hombre piensa, así es su vida**

“and encourage; that mind is the master-weaver, both of the inner garment of character and the outer garment of circumstance, and that, as they”

— **James Allen, As a Man Thinketh**

“Thoughts of fear have been known to kill a man as speedily as a bullet, and they are continually killing thousands of people just as surely though less rapidly. The”

— **James Allen,**

“cease to be a slave to self, and no man will have the power to enslave you. As”

— **James Allen,**

“And you, too, youthful reader, will realize the Vision (not the idle wish) of your heart, be it base or beautiful, or a mixture of both, for you will always gravitate toward that which you, secretly, most love. Into your hands will be placed the exact results of your own thoughts; you will receive that which you earn; no more, no less. Whatever your present environment may be, you will fall, remain, or rise with your thoughts, your Vision, your Ideal. You will become as small as your controlling desire; as great as your dominant aspiration: in the beautiful words of Stanton Kirkham Davis, "You may be keeping accounts, and presently you shall walk out of the door that for so long has seemed to you the barrier of your ideals, and shall find yourself before an audience—the pen still behind your ear, the ink stains on your fingers and then and there shall pour out the torrent of your inspiration. You may be driving sheep, and you shall wander to the city-bucolic and open-mouthed; shall wander under the intrepid guidance of the spirit into the studio of the master, and after a time he shall say, 'I have nothing more to teach you.' And now you have become the master, who did so recently dream of great things while driving sheep. You shall lay down the saw and the plane to take upon yourself the regeneration of the world.”

— **James Allen, As a Man Thinketh**

“The way to true riches is to enrich the soul by the acquisition of virtue. Outside”

— **James Allen,**

“A man's weakness and strength, purity and impurity, are his own, and not another man's; they are brought about by himself, and not by another; and they can only be altered by himself, never by another. His condition is also his own, and not another man's. His suffering and his happiness are evolved from within. As he thinks, so he is; as he continues to think, so he remains.”

— **James Allen, As a Man Thinketh**

“Strong, pure, and happy thoughts build up the body in vigour and grace.”

— **James Allen, As a Man Thinketh**

“A man is literally what he thinks, his character being the complete sum of all his thoughts.”

— **James Allen,**

“every act of a man springs from the hidden seeds of thought,”

— **James Allen, As a Man Thinketh**

“man is”

— **James Allen,**

“The soul attracts that which it secretly harbors; that which it loves, and also that which it fears; it reaches the

height of its cherished aspirations; it falls to the level of its unchastened desires; and circumstances are the means by which the soul receives its own.”

— **James Allen, As a Man Thinketh**

“Meditation is the intense dwelling, in thought, upon an idea or theme, with the object of thoroughly comprehending it, and whatsoever you constantly meditate upon you will not only come to understand, but will grow more and more into its ness, for it will become incorporated into your very being, will become, in fact, your very self. If, therefore, you constantly dwell upon that which is selfish and debasing, you will ultimately become selfish and debased; if you ceaselessly think upon that which is pure and unselfish you will surely become pure and unselfish. Tell”

— **James Allen, The Way of Peace**

“It is the custom in my household, during the hard frosts of winter, to put out food for the birds, and it is a noticeable fact that these creatures, when they are really starving, live together most amicably, huddling together to keep each other warm, and refraining from all strife; and if a small quantity of food be given them they will eat it with comparative freedom from contention; but let a quantity of food which is more than sufficient for all be thrown to them, and fighting over the coveted supply at once ensues. Occasionally we would put out a whole loaf of bread, and then the contention of the birds became fierce and prolonged, although there was more than they could possibly eat during several days. Some, having gorged themselves until they could eat no more, would stand upon the loaf and hover round it, pecking fiercely at all newcomers, and endeavouring to prevent them from obtaining any of the food. And along with this fierce contention there was noticeably a great fear. With each mouthful of food taken, the birds would look around in nervous terror, apprehensive of losing their food or their lives.”

— **James Allen,**

“Bestial thoughts crystallize into habits of drunkenness and sensuality, which solidify into circumstances of destruction and disease: impure thoughts of every kind crystallize into enervating and confusing habits, which solidify into distracting and adverse circumstances: thoughts of fear, doubt, and indecision crystallize into weak, unmanly, and irresolute habits, which solidify into circumstances of failure, indigence, and slavish dependence: lazy thoughts crystallize into habits of uncleanness and dishonesty, which solidify into circumstances of foulness and beggary: hateful and condemnatory thoughts crystallize into habits of accusation and violence, which solidify into circumstances of injury and persecution: selfish thoughts of all kinds crystallize into habits of self-seeking, which solidify into circumstances more or less distressing.”

— **James Allen, As a Man Thinketh**

“Every thought-seed sown or allowed to fall into the mind, and to take root there, produces its own, blossoming sooner or later into act, and bearing its own fruitage of opportunity and circumstance. Good thoughts bear good fruit, bad thoughts bad fruit.”

— **James Allen, As a Man Thinketh**

“Your true wealth is your stock of virtue, and your true power the uses to which you put it. Rectify your heart, and you will rectify your life. Lust, hatred, anger, vanity, pride, covetousness, self-indulgence, self-seeking, obstinacy,- all these are poverty and weakness; whereas love, purity, gentleness, meekness, compassion, generosity, self-forgetfulness, and self-renunciation,- all these are wealth and power.”

— **James Allen,**

“A man should conceive of a legitimate purpose in his heart, and set out to accomplish it. He should make this purpose the centralizing point of his thoughts. It may take the form of a spiritual ideal, or it may be a worldly object, according to his nature at the time being; but whichever it is, he should steadily focus his thought-forces upon the object, which he has set before him. He should make this purpose his supreme duty, and should devote himself to its attainment, not allowing his thoughts to wander away into ephemeral fancies, longings, and imaginings. This is the royal road to self-control and true concentration of thought. Even if he fails again and again to accomplish his purpose (as”

— **James Allen, As a Man Thinketh**

“The lazy man does the hardest work”, ”

— **James Allen, Eight Pillars of Prosperity**

“The greatest achievement was at first and for a time a dream. The oak sleeps in the acorn; the bird waits in the egg; and in the highest vision of the soul a waking angel stirs. Dreams are the seedlings of realities.”

— **James Allen, As a Man Thinketh**

“He only is fitted to command and control who has succeeded in commanding and controlling himself.”

— **James Allen,**

“A noble and God character is not a thing of favour or chance, but is the natural result of continued effort in right thinking, the effect of long-cherished association with God thoughts.”

— **James Allen, As a Man Thinketh**

“Would you scale the highest heaven, Would you pierce the lowest hell, Live in dreams of constant beauty, Or in basest thinkings dwell. For your thoughts are heaven above you, And your thoughts are hell below, Bliss is not, except in thinking, Torment nought but thought can know. Worlds would vanish but for thinking; Glory is not but in dreams; And the Drama of the ages From the Thought Eternal streams. Dignity and shame and sorrow, Pain and anguish, love and hate Are but

maskings of the mighty Pulsing Thought that governs Fate. As the colors of the rainbow Makes the one uncolored beam, So the universal changes”

— **James Allen,**

“He no longer acts from self, but does what is right— what is universally and eternally right.”

— **James Allen, The Mastery of Destiny**

“Make the One Eternal Dream. And the Dream is all within you, And the Dreamer waiteth long For the Morning to awake him To the living thought and strong. That shall make the ideal real, Make to vanish dreams of hell In the highest, holiest heaven Where the pure and perfect dwell. Evil is the thought that thinks it; Good, the thought that makes it so Light and darkness, sin and pureness wise out of thinking grow. Dwell in thought upon the Grandest, And the Grandest you shall see; Fix your mind upon the Highest, And the Highest you shall be.”

— **James Allen,**

“you will fall, remain, or rise with your thoughts, your Vision, your Ideal.”

— **James Allen, As a Man Thinketh**

“As a progressive and evolving being, man is where he is that he may learn that he may grow; and as he learns the spiritual lesson which any circumstance contains for him, it passes away and gives place to other circumstances. Man”

— **James Allen, As a man tinketh**

“Circumstance does not make the man; it reveals him to himself. No such conditions can exist as descending into vice and its attendant sufferings apart from vicious inclinations, or ascending into virtue and its pure happiness without the continued cultivation of virtuous aspirations; and man, therefore, as the lord and master of thought, is the maker of himself, the shaper and author of environment.”

— **James Allen, As a Man Thinketh**

“Men are anxious to improve their circumstances, but are unwilling to improve themselves;”

— **James Allen, As a Man Thinketh**

“human loves are absolutely necessary as steps toward the Divine, and no soul is prepared to partake of Divine Love until it has become capable of the deepest and most intense human love. It is only by passing through human loves and human sufferings that Divine Love is reached and realized.”

— **James Allen,**

“He who would accomplish little must sacrifice little; he who would achieve much must sacrifice much; he who would attain highly must sacrifice greatly.”

— **James Allen, As a Man Thinketh**

“THE aphorism, "As a man thinketh in his heart so is he," not only embraces the whole of a man's being, but is so comprehensive as to reach out to every condition and circumstance of his life. A man is literally what he thinks, his character being the complete sum of all his thoughts.”

— **James Allen, As a Man Thinketh**

“Mediation centred upon divine realities is the very essence and soul of prayer.”

— **James Allen,**

“The cynic sees the hat and coat, and thinks he sees the man. The sympathetic seer sees the man, and is not concerned with the hat and coat.”

— **James Allen, Eight Pillars of Prosperity**

“He must avoid quarrelling as he would avoid drinking a deadly poison.”

— **James Allen, Eight Pillars of Prosperity**

“They themselves are makers of themselves.” by virtue of the thoughts, which they choose and encourage; that mind is the master-weaver, both of the inner garment of character and the outer garment of circumstance, and that, as they may have hitherto woven in ignorance and pain they may now weave in enlightenment and happiness. JAMES ALLEN.”

— **James Allen, As a Man Thinketh**

“To wish the best for all people; to find the good in everything; to be content in all circumstances—such thoughts are the portal to heaven.”

— **James Allen, As a Man Thinketh**

“The sole and supreme use of suffering is to purify, to burn out all that is useless and impure.”

— **James Allen, As a Man Thinketh**

“Thoughts of doubt and fear never accomplished anything, and never can. They always lead to failure.”

— **James Allen, As a Man Thinketh**

“A sour face does not come by chance; it is made by sour thoughts.”

— **James Allen, As a Man Thinketh**

“THE flesh flatters; the Spirit reproveth. The flesh blindly gratifies; the Spirit wisely disciplines. The flesh loves secrecy; the Spirit is open and clear. The flesh remembers the injury of a friend; the Spirit forgives the bitterest enemy. The flesh is noisy and rude; the Spirit is silent and gracious. The flesh is subject to moods; the Spirit is always calm. The flesh incites to impatience and anger; the Spirit controls with patience and serenity. The flesh is thoughtless; the Spirit is thoughtful. Hatred, pride, harshness, accusing others, revenge, anger, cruelty, and flattery--these are the works of the flesh.”

— **James Allen,**

“A man's weakness and strength, purity and impurity, are his own, and not another man's; they are brought about by himself, and not by another; and they can only be altered by himself, never by another. His condition is also his own, and not another man's. His suffering and his happiness are evolved from within. As he thinks, so he is; as he continues to think, so he remains. A”

— **James Allen, As a Man Thinketh**

“Thought is the fount of action, life, and manifestation; make the fountain pure, and all will be pure. Change”

— **James Allen, As a Man Thinketh**

“So You will be what you will to be;”

— **James Allen, As a Man Thinketh**

“The cause of all power, as of all weakness, is within; the secret of all happiness as of all misery is wise within.”

— **James Allen,**

“A noble and God character is not a thing of favour or chance, but is the natural result of continued effort in right thinking, the effect of long-cherished association with God thoughts. An ignoble and bestial character, by the same process, is the result of the continued harbouring of grovelling thoughts.”

— **James Allen, As a Man Thinketh**

“As the plant springs from, and could not be without, the seed, so every act of a man springs from the hidden seeds of thought, and could not have appeared without them. This applies equally to those acts called "spontaneous" and "unpremeditated" as to those, which are deliberately executed.”

— **James Allen, As a Man Thinketh**

“ALL that a man achieves and all that he fails to achieve is the direct result of his own thoughts. In”

— **James Allen,**

“MAN'S mind may be ned to a garden, which may be intelligently cultivated or allowed to run wild; but whether cultivated or neglected, it must, and will, bring forth. If no useful seeds are put into it, then an abundance of useless weed-seeds will fall therein, and will continue to produce their kind. Just”

— **James Allen, As A Man Thinketh**

“Here is a youth hard pressed by poverty and labor; confined long hours in an unhealthy workshop; unschooled, and lacking all the arts of refinement. But he dreams of better things; he thinks of intelligence, of refinement, of grace and beauty. He conceives of, mentally builds up, an ideal condition of life; the vision of a wider liberty and a larger scope takes possession of him; unrest urges him to action, and he utilizes all his spare time and means, small though they are, to the development of his latent powers and resources. Very soon so altered has his mind become that the workshop can no longer hold him. It has become so out of harmony with his mentality that it falls out of his life as a garment is cast aside, and, with the growth of opportunities, which fit the scope of his expanding powers, he passes out of it forever. Years later we see this youth as a full-grown man. We find him a master of certain forces of the mind, which he wields with worldwide influence and almost unequalled power. In his hands he holds the cords of gigantic responsibilities; he speaks, and lo, lives are changed; men and women hang upon his words and remould their characters, and, sun, he becomes the fixed and luminous center round which innumerable destinies revolve. He has realized the Vision of his youth. He has become one with his Ideal.”

— **James Allen, As a Man Thinketh**

“suffering is of self. All suffering ends in Truth. When you have entered into and realized Truth, you will no longer suffer disappointment, remorse, and regret, and sorrow will flee from you.”

— **James Allen,**



“man is literally what he thinks, his character being the complete sum of all his thoughts.”

— **James Allen, As a Man Thinketh**

“entered into and realized Truth, you will no longer suffer disappointment, remorse,”

— **James Allen,**

“the strength of character gained will be the measure of his true success, and this will form a new starting point for future power and triumph.”

— **James Allen, As a Man Thinketh**

“Doubt and fear are the great enemies of knowledge, and he who encourages them, who does not slay them, thwarts himself at every step. He”

— **James Allen, As a Man Thinketh**

“As evil is the direct outcome of ignorance, so, when the lessons of evil are fully learned, ignorance passes away, and wisdom takes its place.”

— **James Allen, The Complete James Allen Collection**

“man can only rise, conquer, and achieve by lifting up his thoughts. He”

— **James Allen,**

“And you, too, youthful reader, will realize the Vision (not the idle wish) of your heart, be it base or beautiful, or a mixture of both, for you will always gravitate toward that which you, secretly, most love. Into your hands will be placed the exact results of your own thoughts; you will receive that which you earn; no more, no less. Whatever your present environment may be, you will fall, remain, or rise with your thoughts, your Vision, your Ideal. You will become as small as your controlling desire; as great as your dominant aspiration: in the beautiful words of Stanton Kirkham Davis, “You may be keeping accounts, and presently you shall walk out of the door that for so long has seemed to you the barrier of your ideals, and shall find yourself before an audience--the pen still behind your ear, the ink stains on your fingers and then and there shall pour out the torrent of your inspiration. You may be driving sheep, and you shall wander to the city-bucolic and open-mouthed; shall wander under the intrepid guidance of the spirit into the studio of the master, and after a time he shall say, ‘I have nothing more to teach you.’ And now you have become the master, who did so recently dream of great things while driving sheep. You shall lay down the saw and the plane to take upon yourself the regeneration of the world.”

— **James Allen, As a Man Thinketh**

“Man is made or unmade by himself; in the armoury of thought he forges the weapons by which he destroys himself; he also fashions the tools with which he builds for himself heavenly mansions of joy and strength and peace. By”

— **James Allen, As a Man Thinketh**

“only he whose thoughts are controlled and purified, makes the winds and the storms of the soul obey him. Tempest-tossed”

— **James Allen, As a Man Thinketh**

“Having conceived of his purpose, a man should mentally mark out a straight pathway to its achievement, looking neither to the right nor the left. Doubts and fears should be rigorously excluded; they are disintegrating elements, which break up the straight line of effort, rendering it

crooked, ineffectual, useless. Thoughts of doubt and fear never accomplished anything, and never can. They always lead to failure. Purpose, energy, power to do, and all strong thoughts cease when doubt and fear creep in.”

— **James Allen, As a Man Thinketh**

“Just as a gardener cultivates his plot, keeping it free from weeds, and growing the flowers and fruits which he requires, so may a man tend the garden of his mind, weeding out all the wrong, useless, and impure thoughts, and cultivating toward perfection the flowers and fruits of right, useful, and pure thoughts.”

— **James Allen, As a Man Thinketh**

“They do not see the trials and failures and struggles which these men have voluntarily encountered in order to gain their experience; have no knowledge of the sacrifices they have made, of the undaunted efforts they have put forth, of the faith they have exercised, that they might overcome the apparently insurmountable, and realize the Vision of their heart. They do not know the darkness and the heartaches; they only see the light and joy, and call it "luck". They do not see the long and arduous journey, but only behold the pleasant goal, and call it "good fortune," do not understand the process, but only perceive the result, and call it chance. In all human affairs there are efforts, and there are results, and the strength of the effort is the measure of the result. Chance is not. Gifts, powers, material, intellectual, and spiritual possessions are the fruits of effort; they are thoughts completed, objects accomplished, visions realized. The Vision that you glorify in your mind, the Ideal that you enthrone in your heart--this you will build your life by, this you will become.”

— **James Allen, As a Man Thinketh**

“In a justly ordered universe, where loss of equipoise would mean total destruction, individual responsibility must be absolute.”

— **James Allen, As a Man Thinketh**

“Disease and health, circumstances, are rooted in thought.”

— **James Allen, As a Man Thinketh**

“If you cannot afford a carpet, let your rooms be carpeted with smiles and welcomes, fastened down with the nails of kind words driven in with the hammer of patience. Such a carpet will not fade in the sun, and constant use will never wear it away.”

— **James Allen, From Poverty to Power**

“FREQUENTLY the man of passion is most eager to put others right; but the man of wisdom puts himself right. If one is anxious to reform the world, let him begin by reforming himself. The reformation of self does not end with the elimination of the sensual elements only; that is its beginning. It ends only when every vain thought and selfish aim is overcome. Short of perfect purity and wisdom, there is still some form of self-slavery or folly which needs to be conquered. On the wings of aspiration man rises from earth to heaven, from ignorance to knowledge, from the under darkness to the upper light. Without it he remains a grovelling animal, earthly, sensual, unenlightened, and uninspired. Aspiration is the longing for heavenly things.”

— **James Allen,**

“Spiritual achievements are the consummation of holy aspirations. He”

— **James Allen,**

“Having conceived of our purpose, we should mentally mark out a straight pathway to its achievement, looking neither to the right nor the left. Doubts and fears should be rigorously excluded; they are disintegrating elements that break up the straight line of effort, rendering it crooked, ineffectual, useless. Thoughts of doubt and fear never accomplished anything, and never can. They always lead to failure. Purpose, energy, power to do, and all strong thoughts cease when doubt and fear creep in.”

— **James Allen, As You Think**

“All achievements, whether in the business, intellectual, or spiritual world, are the result of definitely directed thought, are governed by the same law and are of the same method; the only difference lies in the object of attainment.”

— **James Allen, As a Man Thinketh**

“If circumstances had the power to bless or harm, they would bless & harm all men a, but the fact that the same circumstances will be a good & bad to different souls proves that the good or bad is not in the circumstance, but only in the mind of him that encounters it.”

— **James Allen**

“only he whose thoughts are controlled and purified, makes the winds and the storms of the soul obey him.”

— **James Allen, As a Man Thinketh**

“Change of diet will not help a man who will not change his thoughts. When a man makes his thoughts pure, he no longer desires impure food. Clean thoughts make clean habits.”

— **James Allen, As a Man Thinketh**

“UNTIL thought is linked with purpose there is no intelligent accomplishment.”

— **James Allen, As a Man Thinketh**

“To put away aimlessness and weakness, and to begin to think with purpose, is to enter the ranks of those strong ones who only recognize failure as one of the pathways to attainment; who make all conditions serve them, and who think strongly, attempt fearlessly, and accomplish masterfully.”

— **James Allen, As a Man Thinketh**

“By the right choice and true application of thought, man ascends to the Divine Perfection; by the abuse and wrong application of thought, he descends below the level of the beast. Between these two extremes are all the grades of character, and man is their maker and master. Of”

— **James Allen, As a Man Thinketh**

“As the physically weak man can make himself strong by careful and patient training, so the man of weak thoughts can make them strong by exercising himself in right thinking. To”

— **James Allen, As a Man Thinketh**

“Those who lack a central purpose in life fall prey to worries, fears, and petty troubles, and end up stuck in self-pity. They may appear virtuous, because they lack any glaring faults and make no great mistakes, but they take a long, winding route to failure and unhappiness just the same.”

— **James Allen, As a Man Thinketh**

“Exert yourself ceaselessly in decreasing evil and accumulating good.”

— **James Allen,**

“If one would find peace, he must come out of passion.”

— **James Allen,**

“It has been usual for men to think and to say, “Many men are slaves because one is an oppressor; let us hate the oppressor.” Now, however, there is amongst an increasing few a tendency to reverse this judgment, and to say, “One man is an oppressor because many are slaves; let us despise the slaves.” The truth is that oppressor and slave are co-operators in ignorance, and, while seeming to afflict each other, are in reality afflicting themselves.”

— **James Allen, As a Man Thinketh**

“He is poor who is dissatisfied; he is rich who is contented with what he has, and he is richer who is generous with what he has.”

— **James Allen, The Path of Prosperity**

“The Vision that you glorify in your mind, the Ideal that you enthrone in your heart—this you will build your life by, this you will become.”

— **James Allen, As a Man Thinketh**

“People are anxious to improve their circumstances, but are unwilling to improve themselves. That is why they remain bound.”

— **James Allen**

“He who has conquered doubt and fear has conquered failure. His every, thought is allied with power, and all difficulties are bravely met and wisely overcome.”

— **James Allen, As a Man Thinketh**

“MAN'S mind may be sown to a garden, which may be intelligently cultivated or allowed to run wild; but whether cultivated or neglected, it must, and will, bring forth.”

— **James Allen, As a Man Thinketh**

“They themselves are makers of themselves.” by”

— **James Allen, As a Man Thinketh**

“Man is made or unmade by himself. By the right choice he ascends. As a being of power, intelligence, and love, and the lord of his own thoughts, he holds the key to every situation.”

— **James Allen**

“Circumstance does not make the man;”

— **James Allen, As a Man Thinketh**

“The man who cannot endure to have his errors and shortcomings brought to the surface and made known, but tries to hide them, is unfit to walk the highway of Truth.”

— **James Allen,**

“He who would accomplish little must sacrifice little; he who would achieve much must sacrifice much; he who would attain highly must sacrifice greatly. VISIONS”

— **James Allen, As a Man Thinketh**

“The weakest soul, knowing its own weakness, and believing this truth that strength can only be developed by effort and practice, will, thus believing, at once begin to exert itself, and, adding effort to effort, patience to patience, and strength to strength, will never cease to develop, and will at last grow divinely strong.”

— **James Allen, As a Man Thinketh**

“if he will watch, control, and alter his thoughts, tracing their effects upon himself, upon others, and upon his life and circumstances, linking cause and effect by patient practice and investigation, and utilizing his every experience, even to the most trivial, everyday occurrence, as a means of obtaining that knowledge of himself which is Understanding, Wisdom, Power.”

— **James Allen, As a Man Thinketh**

“Not what he wishes and prays for does a man get, but what he justly earns.”

— **James Allen, As a Man Thinketh**

“Thought and character are one, and as character can only manifest and discover itself through environment and circumstance, the outer conditions of a person's life will always be found to be harmoniously related to his inner state.”

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— **James Allen, As a Man Thinketh**

“you are the master of your thought, the molder of your character, and the maker and shaper of your condition, environment, and destiny.”

— **James Allen, As You Think**

“A teacher is a sower of seed, a spiritual agriculturist, while he who teaches himself is the wise farmer of his own mental plot.”

— **James Allen, The Wisdom of James Allen: Five Books in One: As a Man Thinketh: The Path to Prosperity: The Mastery of Destiny: The Way of Peace: Entering the Kingdom**

“Chapter 2: Thought Waves and Their Process of Reproduction”

— **James Allen, The Collective Works of Atkinson, Allen, Wattles and Towne: The Ultimate New Thought Collection**

“If one endure In purity of thought, joy follows him As his own shadow—sure.”

— **James Allen, As a Man Thinketh**

“As a man thinketh in his heart so is he,” not only embraces the whole of a man's being, but is so comprehensive as to reach out to every condition and circumstance of his life. A man is literally what he thinks, his character being the complete sum of all his thoughts. As”

— **James Allen, As A Man Thinketh**

“If you would protect your body, guard your mind. If you would renew your body, beautify your mind. Thoughts of malice, envy, disappointment, despondency, rob the body of its health and grace.”

— **James Allen, As a Man Thinketh**

“He who has conquered doubt and fear has conquered failure.”

— **James Allen, As a Man Thinketh**

“He that seeketh findeth; and to him that knocketh it shall be opened;” for”

— **James Allen,**

“Let a man radically alter his thoughts, and he will be astonished at the rapid transformation it will effect in the material conditions of his life. Men imagine that thought can be kept secret, but it cannot; it rapidly crystallizes into habit, and habit solidifies into circumstance. Bestial thoughts crystallize into habits of drunkenness and sensuality, which solidify into circumstances of destitution and disease: impure thoughts of every kind crystallize into enervating and confusing habits, which solidify into distracting and adverse circumstances: thoughts of fear, doubt, and indecision crystallize into weak, unmanly, and irresolute habits, which solidify into circumstances of failure, indigence, and slavish dependence: lazy thoughts crystallize into habits of uncleanness and dishonesty, which solidify into circumstances of foulness and beggary: hateful and condemnatory thoughts crystallize into habits of accusation and violence, which solidify into circumstances of injury and persecution: selfish thoughts of all kinds crystallize into habits of self-seeking, which solidify into circumstances more or less distressing. On the other hand, beautiful thoughts of all kinds crystallize into habits of grace and kindness, which solidify into genial and sunny circumstances: pure thoughts crystallize into habits of temperance and self-control, which solidify into circumstances of repose and peace: thoughts of courage, self-reliance, and decision crystallize into manly habits, which solidify into circumstances of success, plenty, and freedom: energetic thoughts crystallize into habits of cleanliness and industry, which solidify into circumstances of pleasantness: gentle and forgiving thoughts crystallize into habits of gentleness, which solidify into protective and preservative circumstances: loving and unselfish thoughts crystallize into habits of self-forgetfulness for others, which solidify into circumstances of sure and abiding prosperity and true riches.

A particular train of thought persisted in, be it good or bad, cannot fail to produce its results on the character and circumstances. A man cannot directly choose his circumstances, but he can choose his thoughts, and so indirectly, yet surely, shape his circumstances.”

— **James Allen, As a Man Thinketh**

“thought is linked with purpose there is no intelligent accomplishment.”

— **James Allen, As a Man Thinketh**

“In all human affairs there are efforts, and there are results, and the strength of the effort is the measure of the result. Chance is not. Gifts, powers, material, intellectual, and spiritual possessions

are the fruits of effort; they are thoughts completed, objects accomplished, visions realized. The Vision that you glorify in your mind, the Ideal that you enthrone in your heart—this you will build your life by, this you will become. SERENITY”

— **James Allen, As a Man Thinketh**

“Every thought-seed sown or allowed to fall into the mind, and to take root there, produces its own, blossoming sooner or later into act, and bearing its own fruitage of opportunity and circumstance. Good”

— **James Allen,**

“Composer, sculptor, painter, poet, prophet, sage, these are the makers of the after-world, the architects of heaven. The world is beautiful because they have lived; without them, labouring humanity would perish.”

— **James Allen, As a Man Thinketh**

“man is the master of thought, the moulder of character, and the maker and shaper of condition, environment, and destiny.”

— **James Allen, As a Man Thinketh & The Way of Peace**

“A man cannot directly choose his circumstances, but he can choose his thoughts, and so indirectly, yet surely, shape his circumstances.”

— **James Allen, As a Man Thinketh**

“The more tranquil a man becomes, the greater is his success, his influence, his power for good. Calmness of mind is one of the beautiful jewels of wisdom”

— **James Allen, As a Man Thinketh**

“Nothing is mine to claim or to command, But all is mine to know and understand.”

— **James Allen, From Poverty to Power**

“And Man is Mind, and evermore he takes. The Tool of thought, and, shaping what he wills, Brings forth a thousand joys, a thousand ills;- He thinks in secret, and it comes to pass: Environment is but his looking-glass.”

— **James Allen,**

“The first meditation is the meditation of love, in which you so adjust your heart that you long for the weal and welfare of all beings, including the happiness of your enemies. "The second meditation is the meditation of pity, in which you think of all beings in distress, vividly representing in your imagination their sorrows and anxieties so as to arouse a deep compassion for them in your soul. "The third meditation is the meditation of joy, in which you think of the prosperity of others, and rejoice with their rejoicings. "The fourth meditation is the meditation of impurity, in which you consider the evil consequences of corruption, the effects of sin and diseases. How trivial often the pleasure of the moment, and how fatal its consequences. "The fifth meditation is the meditation on serenity, in which you rise above love and hate, tyranny and oppression, wealth and want, and regard your own fate with impartial calmness and perfect tranquillity.”

— **James Allen, The Way of Peace**

“Not what he wishes and prays for does a man get, but what he justly earns. His”

— **James Allen,**

“In all human affairs there are efforts, and there are results, and the strength of the effort is the measure of the result.”

— **James Allen, As a Man Thinketh**

“Many men are slaves because one is an oppressor; let us hate the oppressor.” Now, however, there is amongst an increasing few a tendency to reverse this judgment, and to say, “One man is an oppressor because many are slaves; let us despise the slaves.”

— **James Allen, As a Man Thinketh**

“Happiness is mental harmony; unhappiness is mental inharmony.”

— **James Allen**

“Mind is the Master power that molds and makes, And Man is Mind, and evermore he takes The tool of Thought, and, shaping what he wills, Brings forth a thousand joys, a thousand ills:— He thinks in secret, and it comes to pass: Environment is but his looking-glass.”

— **James Allen, As A Man Thinketh**

“Men are anxious to improve their circumstances, but are unwilling to improve themselves; they therefore remain bound. The”

— **James Allen,**

“Not what he wishes and prays for does a man get, but what he justly earns. His wishes and prayers are only gratified and answered when they harmonize with his thoughts and actions. In”

— **James Allen, As a Man Thinketh**

“As a being of Power, Intelligence, and Love, and the lord of his own thoughts, man holds the key to every situation, and contains within himself that transforming and regenerative agency by which he may make himself what he wills.”

— **James Allen, As a Man Thinketh**

“Even at birth the soul comes to its own and through every step of its earthly pilgrimage it attracts those combinations of conditions which reveal itself, which are the reflections of its own purity and, impurity, its strength and weakness. Men”

— **James Allen, As a Man Thinketh**

“To put away aimlessness and weakness, and to begin to think with purpose, is to enter the ranks of those strong ones who only recognize failure as one of the pathways to attainment;”

— **James Allen, As a Man Thinketh**

“The dreamer is now in pleasure, now in pain ; This hour in confidence, the next in fear. He is without stability and has no abiding refuge. When the monsters of remorse and retribution pursue him, whither can he fly ? There is no place of safety unless he awake. Let the dreamer struggle with his dream ; Let him strive to realise the illusory nature of all self-seeking desire, And lo! he will open his spiritual eyes upon the world of Light and Truth; He will awake, and will see all things in their right relations and true proportions ; He will be happy, sane, and peaceful seeing things as they are. Truth is the light of universe, the day of the mind ; In it there is no error, no anguish, and no fear.”

— **James Allen, The Divine Companion**



“Before a man can achieve anything, even in worldly things, he must lift his thoughts above slavish animal indulgence. He may not, in order to succeed, give up all animality and selfishness, by any means; but a portion of it must, at least, be sacrificed. A man whose first thought is bestial indulgence could neither think clearly nor plan methodically;”

— **James Allen, As a Man Thinketh**

“He who has awakened into the light of day is no more burdened with the troubles of his dreams. They are remembered as dreams only as illusions that are dispelled. The unawakened one knows neither waking nor dreaming; He is in confusion, he knows not himself; Neither knows he others, and his judgment is without knowledge. The awakened one knows both waking and dreaming; He is established in wisdom; Knowing himself, he knows others, and he judges with knowledge. He is the understander, the knower of hearts, And, walking in the light of Truth, he knows that every dreamer will at last awake.”

— **James Allen, The Divine Companion**

“Into your hands will be placed the exact results of your own thoughts; you will receive that which you earn; no more, no less.”

— **James Allen, As a Man Thinketh: Classic Wisdom for Proper Thought, Strong Character, & Right Actions**

“Thoughts of doubt and fear never accomplished anything, and never can.”

— **James Allen, As a Man Thinketh**

“On the wings of aspiration man rises from earth to heaven, from ignorance to knowledge, from the under darkness to the upper light. Without it he remains a grovelling animal, earthly, sensual, unenlightened, and uninspired. Aspiration is the longing for heavenly things.”

— **James Allen,**

“Self-control is strength; Right Thought is mastery; Calmness is power. Say”

— **James Allen,**

“Indigence and indulgence are the two extremes of wretchedness. They are both equally unnatural and the result of mental disorder. A man is not rightly conditioned until he is a happy, healthy, and prosperous being; and happiness, health, and prosperity are the result of a harmonious adjustment of the inner with the outer, of the man with his surroundings.”

— **James Allen, As a Man Thinketh**

“The unselfish man, even though he finds himself involved in riches, stands aloof, in his mind, from the idea of “exclusive possession”, and so escapes the bitterness and fear and anxiety which ever accompany the covetous spirit. He does not regard any of his outward accretions as being too valuable to lose, but he regards the virtue of unselfishness as being too valuable to the world - to suffering humanity - to lose or cast away.”

— **James Allen,**