

*Messages from*  
*Abundant Hope*

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**Bela Part # 1**

# Table of Contents

<u>Message</u>	<u>Page</u>
<b>Table of Content .....</b>	<b>1</b>
To Know .....	3
Conflict - What is Within is Without .....	6
Who Will Lead? Raise Your Christ Shield .....	8
Beatitudes & Make Me a List.....	11
Stretching Your Consciousness .....	13
The Question & The Quickening .....	15
Rising Above the Miasma.....	18
Awaken! Rise and Shine .....	20
Let's Get Practical Pt 1-8.....	21
Belief systems .....	29
GRADUATION .....	33
Making Your Daily Bread of Life.....	34
Stay Calm in these events.....	37
DO NOT LEAVE YOUR POST.....	38
DISCRIMINATING RESISTANCE.....	39
CASTING PEARLS .....	41
Two Short Messages from Father .....	42
Father's further comment .....	44
TRUTH COMPASS .....	45
NOW COMES MY WORD.....	46
THE CALLING – PLEASE RISE .....	47
YOU HAVE WHAT YOU NEED .....	49
Stern message from Maitreya .....	51
Getting to know Maitreya.....	53
PAPA SOURCE IS WATCHING .....	55
Maitreya Checking in with Bela .....	56
Time to Step Forward.....	57
WEAR YOUR MANTLE.....	58
Mocking the Unknown .....	59

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## To Know

By Maitreya, thru Bela

Apr 7, 2010

Candace: I know Maitreya and he is a wonderful individual, and is the expected "Coming Buddha" for the Buddhists. Buddha himself will not return to walk the planet, and Buddhists know this. The one that was Buddha, is now Logos of Earth, taking the position some 25 years or so ago, when it was vacated by Sanat Kumara, who became Solar Logos of our solar system.

These are spiritual hierarchy teaching positions essentially and not to be confused with the Planetary Princes. For those interested, in the early days, still in 2005, I did a couple pieces with Buddha. Buddha is also a major "God" here and there in the Conversations with God books.

Maitreya and I agreed back in the early days of my project to not produce a work together because of all the very negative nasty and incorrect material against him on the net, both to new age and Christianity. It was thought to do so, might tarnish this project. Maitreya does not walk the planet, and is not living in London, just in case some of you have heard of Benjamin Creme. That is not an honest project.

It is time for Maitreya now to join with us and "show his face" and there was an agreement made between the new channel selected by him, Maitreya and myself. I am pleased to introduce "Bela" who is also known to me, who is the new channel. ENJOY! There are two pieces here, the first one sent is actually at the end.

### **TO KNOW - a message from Maitreya**

thru Bela

Yes, let us grow our connection. This is Maitreya.

TO KNOW. That is what you crave. You want to KNOW the TRUTH. You want to KNOW GOD, and then you'll decide whether to serve that truth or not! This is a mighty current that drives you from within. You choose to align your surface current with this under current in different ways over the globe and from individual to individual.

[Ah, NOW! We're cooking! (kidding tone) Just because it feels so strong and you feel its tug does not mean something negative, my dear! Get over it! You will get more and more used to this and will enjoy being "plugged in" to this current so to speak. This is what you need to do to teach through MY voice. Now, relax... Let us continue.]

BE!

If you could gain one concept as knowledge that you own, it would be this: to BE! Through this you gain access to the knowledge of the GOD, for you BECOME the central point as I AM, and the circumference of the circle of ALL , THAT at the same time. Then knowledge comes from your beingness through your DIRECT experience of the ONE.

**I AM THAT I AM becomes a growing self knowledge, not a belief.** You experience and come to know the true LOVE. All else is pseudo pabulum until you are WILLING to experience this. It is not difficult. In fact it is SO simple that we are amazed that some of you sidestep it so routinely. Do not try so hard, be still in this purpose, stop sidestepping, and bingo! You are there, growing your light of knowing. You are connected to God; you are a fragment of God; ah, so you are God?; and you come to KNOW this.

NO religion, however beautifully laid out can do this for you. NO ONE else's carefully laid out discipline can do this for you. There is God and your growing perception of God through the God fragment within you. That's it. Period. Done.

So why is it that you choose the sidestepping of this wonderful truth through religions or man-appointed religious authority? Oh, you make it so hard on yourselves. But you get a real education on the way don't you? You may have even said to your children "It's OK. It can be useful to experience the wrong way as it points to a better way. But now you know, and will make a better choice next time, wont you?."

We watch you grow your light. We send angels to assist you. We point the way time and time and time again. We are patient. We love unconditionally. We see you grow bit by bit, beyond belief into KNOWING and oh, we rejoice. For LIVING this paves the road for the age of LIGHT and LIFE!

This is good for now.

**Bela:** Love and thanks to you Maitreya.

**Maitreya:** Love to you.

Here are a couple initial short works Bela received from Maitreya a few weeks ago.-C

**It is I, Maitreya. We are ready. Let us talk of Peace.**

We have said that Peace is Love in Action. It sounds as if we are confused when we use man's limited words - but I assure you we are not! What we mean is that the central core of stillness only comes from the alignment of one's thoughts and actions with the WILL of the Father.

It is not passive, and you must travel through the heart to get there. It is useful to think with raised heart as such: It is my will that Thy Will be done. I AM the Father and the Son - the two are ONE! Know that the Peace we speak of is POWERFUL. (saw the still center of a mighty spiraling storm-Bela)

This center is where you should strive to place yourselves. The intent will carry you far and GOD will do the rest to get you there. Choose it - and it is so!

My Peace I give you.

It is done.

## **We are of home.**

Know that there will be a period of time when all is in chaos. This will pass. You will look back on it as a hiccup in time -for all will be so different and welcome after changes that you will become well rooted into the new reality. Churches will lose their footing and their following. Minds will lose their rigidness. Children will lead. Houses will fall and homes will arise. Through it all - Peace be with you. Peace emanate from you. Peace ring through the ethers. Peace is the surety of love in action.

Bela: I asked who this is.

Mine energy is one that will become more familiar as the warmth from the hearth is honored in each home.

I tried to attune to the name.

Nose

You will come to ship tonight and we will discuss this and much more as preparations are done and implementations are about to commence. Go to bed early this evening.

—  
Now - wait.

Please come as close to me as possible. Stay attuned as we compose this note. I am the thinker of mankind. I am the unity of mind. I am the collective of humanity on the higher turn of the spiral. I am a ruler of the human life wave. We are at a crucial point in our long trek together. Much will occur that has already revealed itself on the higher planes. This is good. It is assured that a positive outcome will unfold rather rapidly now. Simply attune with this wave that you are riding. Sit atop it. Be as a surfer on the beautiful and powerful momentum of change that is upon you.

Become one with it as the surfer becomes one with the wave. He does not control it. He does not fight it - for to do so would be at his peril. He has learned the art of cooperation with this power. Know it and act accordingly. For all will seem to be in another world as this change soon becomes reality at the level of density. And we do mean soon. Think on these things. Allow yourself to be swept up on the power of this wave that carries you to your new home.

The Christ - Lord Maitreya

Yes it is I - and you can attune to me at a moment's notice. For where you are - I AM. This is truth. Be at peace.

# Conflict - What is Within is Without

By Maitreya thru Bela

Apr 9, 2010

## Conflict - What is Within is Without

a talk with Maitreya  
thru Bela

**Maitreya:** The stirring of man's will can create quite a storm, can't it? Oh, and get your emotional energy revved up and we've got a cyclone going! These storms have provided much opportunity for growth.

So let's see - how we've done so far? I'll bet you can't remember a time when there was not war upon the globe you call home. Your own home! You brought this into your own home when the home should be a sacred place and center/hub of your activity. The same warring is experienced between religions, between families, within families - the heart! The same warring exists within the mind and emotions of each individual. And you wonder why peace eluded you?

We can always point the finger of blame outside ourselves - however that does not fix the problem. We can tidy up and change this world if we make peace within ourselves first, in the moment.

You've heard that the fluttering of a single butterfly wing WILL affect change in the world! TRUE. So, I use the butterfly as an example of the transmutation you are each called upon to choose in your every moment of conflict.

You are all co-creators! Take any instant of unrest within you (and there will be many) and utter "I CHOOSE PEACE" with a firm hand in your mind. It serves as glue to marry the will and the heart within you. This radiates outward to others, modifies your actions, and impacts their thoughts toward cooperation as well. There! You've done it! One moment at a time. You put your heart-will in play to start those beautiful butterfly wings moving - and you change the world. Notice that it is not pacify I suggest, but a real co-creative ACTION. This, you can do.

WHAT IS WITHIN IS WITHOUT. What a beautiful design that this is so - a perfect technology, if you would but recognize it!

We move ahead TOGETHER in the new world. We co-create TOGETHER, we resolve our problems TOGETHER using this technology. We do not run from conflict or worse - war with will and repeat the horrific lessons of the past. We celebrate differences while we act on commonalities. This is of GOD. This is the technology that will build this new world! Not the storm of religious differences, not political agendas, not my ideas - but OUR cooperation for sustainable LIFE one moment at a time. Now that's LOVE. What religion or school of thought would not honor LOVE?

Rest assured, you will be gifted with outer technologies to externalize the true cooperation that you build as you choose it more and more. What is within is without, and what is without is within.

Well, more than a bit of remodeling is underway - for the earth is excited about this plan working out. Ah, how exciting to have turned a corner. You are drawn by the light to participate in a more sustainable life model where conflict is transmuted at its core and produces a sweet fruit indeed.

You are invited to come to the table and eat of that which you have grown.

This is all for now, until our next talk over a cup of sweet tea.

**Bela:** Love and thanks to you Maitreya.

**Maitreya:** Love to you.

# Who Will Lead? Raise Your Christ Shield

By Maitreya and Bela

Apr 13, 2010

**WHO WILL LEAD** - a talk with Maitreya

040910

Thru Bela

**Maitreya:** Shall we talk?

**Bela:** So soon? Yes!

**Maitreya:** Now where were we? Yes, yes - the brave new world you are planning to build. So how is that going to happen - really? I'll bet you've asked yourself a million questions about that. So let's have it - let's take one of those important questions, like: Who KNOWS that plan and is credible to lead? Good question! What do you think?

**Bela:** What do I think? Well I think that the planet will be cleansed as Christ Michael has shared through Candace and the Abundant Hope mission, and that announcements and some key leadership will come from that inner team and Monjoronson and his team during and long after a period of stasis.

**Maitreya:** Good, good. This is a very broad brushstroke of the plan for this very important world project.

Now, let's consider for a moment, more brushstrokes that make up the larger picture: the partnership of Christ Michael, Esu, and my other elder brethren, the Rainbow Masters of the Great White Brotherhood. To put it most concisely: they have been working the plan preparing for the age of Light & Love for a long time within this tiny cosmic geography! This is a larger team of masters and initiates that most assuredly work the plan aligned with the will of God. And there are other and specialized groups that carry responsibilities in areas of the GRAND PLAN. This is unending and always evolving. It is a huge canvas that is unknown in part to even vastly senior beings.

As to the second part of the question: Who will credibly lead?

Now for the surprise. The Christ in you will lead.

Yes. To the degree that each takes on the Mantle of Christ - it will be done - and my signature will assist to unify those efforts. Now what does that mean to you? It means just that. Step up! We are counting on you to be the hands on the ground to implement actions you will be guided to by the greater Christ body that you will don one by one and collectively.

How beautiful! It BECOMES you and your outward action because it IS you within as you fan your light to brilliance. You have discovered it! What is within is without. The time has come for Christ to begin to appear on earth and it is through each of you that this will occur bit by bit. Do not tell me that you are too small. That is of the lie.

The raised flaming heart merges more completely with the will of the Father. These marry in you to birth the Christ of ONE body. It is a beautiful responsibility to accept this gift.

Wear it inside out! Like a light house - it is what it is because it is what it is. And it leads many home because it is what it is. You see, that is what is new to this planet. The ability to achieve this in greater numbers within and externalize it without having to vacate a dense body! What a joy. What a joy!

Know that The Christ has touched the earth. A wave of The Christ energy is upon you. Ride the wave; become one with it, let it flow through you, and let us change the world! Sleep on this.

**Bela:** Love and thanks to you Maitreya.  
Love to you.

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**Rise Your Christ Shield** - a message from Maitreya thru Bela  
041210

The wave of tremendous sadness you feel is because of your love and compassion for humanity as a whole. This can feel heavy indeed. Remember that you have tools at your disposal to choose balanced centeredness and joy while in the midst of this catastrophic wave of events that you feel approaching.

You will be most useful if you simply acknowledge the source of that sadness and chose to be useful from the Christ point of view. To do otherwise would incapacitate you and this is not the wise choice.

Does that mean that you turn a deaf ear or cast away your glance from the suffering? NO, IT DOES NOT! It means that you choose to ride the elevator of consciousness to a higher locale to lift your center to a place above the mind numbing and paralyzing storm into the clear light of vision, understanding, and your power to act. That's what makes you a warrior of the light. That's what you do!

Raise your Christ shield, do not lower it even for a moment, and get ready to march!

# Beatitudes & Make Me a List

By Maitreya and Bela

Apr 15, 2010

## Beatitudes

April 12, 2010

Maitreya thru Bela

I offer you a song of light, of love and hope to bring you closer to me. Listen now and you will hear the rhythm of my breath, the harmony of millions of light being voices and the lilting forth of a tune that carries you up, up, up. Now sit with me here - at MY table. And let us look upon what is occurring. We see the changes underway, we see the heavenly troops amass as if drawn by a great magnet to the need. This is the plan in action. This is the operation underway.

KNOW BEYOND ANY SHADOW OF A DOUBT THAT YOU ARE NOT ALONE! Mold into the strong arms, the powerful legs and core strength of THE ONE BODY OF CHRIST LIGHT. YOU CANNOT FAIL! There is NO fear. There is no FEAR. There IS no fear. There is a powerful core of peace in purposeful love-driven action. Now that I have lifted you here, I ask that you choose continually to lift yourselves here, to this place with me - to act with me.

You are mightily blessed. I do not coddle you, nor should you wish to be coddled. You can expect from me a vast energy wave channeling the path to Light and Life. This is the powerful undertow that you will sense through my messages to you beyond any words.

More and more I will use language that speaks to the larger you beyond the abc's of baby human language. Tether yourself to the energies of the ONE. I do not tether you. As you chose to weave this connection with more and more of yourselves - what seems in baby human words to restrict your freedom - in fact creates your true freedom. My beatitudes to you are not a lullaby! - they are the opposite.

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## Make Me a List

041510

Maitreya thru Bela

Make me a list of those things that compel you to keep things as they are. Go ahead and list the reasons to resist change. It may surprise you that there will be quite a long list if you are honest with yourselves.

It is the human condition to seek comfort in the known and to peek out from that only upon occasions prompted by boredom or curiosity - or when thrown into it by some turn of events. Highly valued are the individuals that strive regularly to push the envelope of man's consciousness motivated by service to others. You serve your fellow man when you dare to stretch beyond normal adult mental constructs and funneled desires - as this contributes to the collective mind.

You can only pace the same room so long in a service to self mode when you are relieving your boredom and itch of curiosity by counting floor and ceiling tiles, pacing off the dimensions, or testing the air quality and chemical composition of the materials, etc. You could explore the same defined space with the intent to serve others in many more diverse ways and it would be added to you eternally as it would touch the ALL. One approach is finite and limited/caged - the other is an infinite and free heart-mind cooperative approach. The greater universe literally opens up to you when you choose service to others - for you can be trusted a good bit more.

Those that are to stay with beloved Gaia tend to the service to others a bit more than service to self - but there is a long way to go to Light & Life, friends. So - go ahead and look at this in yourselves. See it for what it is and make a plan to nudge the service to others up bit by bit every day so that it will not be such a shock to your system after stasis when survival depends upon this approach.

Good day and good lists.

**Candace:** please take the above homework assignment in earnest and learn something about yourselves. For those of you that post to forums, this would be a good one to post!

# **Stretching Your Consciousness**

**By Maitreya and Bela**

**Apr 15, 2010**

## **Stretching Your Consciousness**

Maitreya thru Bela April 15, 2010

Let's chat a bit more now.

My, my, my, how the mighty have fallen! I speak of the very, very dark controllers and their fall - as if their stony heads rolled right off their cast shoulders while standing at the podium in front of the world for all to see. This will be laid out perfectly for the world to feast on the essence of this grand lesson. Let your hearts flow with unconditional love to all - for they and their organizations are a part of YOU that has been challenged and overcome. Congratulations.

Now, you will notice that I speak of past, future and present things like a moebius loop rather than in a linear time line - for I speak the truth - and it is the truth that time is not a linear thing. So I teach you of this perspective when I speak of it being accomplished, done, or in your near or far future - all in the same sentence. Beg not this question, for I know. And I share this perspective with you now.

You hear reference to "time will end" or "the end times." Words fail - and larger consciousness grows. LIFE does not end! Your linear concept of time is growing to a corrected version of the perception of the moebius strips of now. It is the now - and space - that is looped and folded and twisted and pinched much like your saying "anywhere, anytime." But this is managed. This you will learn about and learn to do. Your great ones such as Tesla tried gifting you with practical technologies based on this same expanded thinking.

Do not labor over words. Instead hear my energy that I assure you reaches you through the vehicle of these messages. You are being stretched. That is my purpose at this time as I prepare, prepare, prepare the way at the point of the plow to Light and Life. Take your honored place beside me and stretch ahead into the new consciousness of ONE.

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(Later on . . .)

Let us nibble on some new ideas, shall we? Let us look at life forms. You have identified, cataloged and analyzed millions of them - and have more than that remaining to be discovered on this tiny planet. Life is a tremendous experimenter. There is SO much more that you have closed your minds to regarding life forms. This will change sooner than later when you meet some of your cosmic brethren.

Just look at the oldest fossils that you have studied. And you need only look at your own human fetal development to see the earlier life forms that carry information from the life collective. This process of fetal development to birth intimately connects you to this wonderful laboratory of your Earth Mother and the light of the Father when the form receives His spark.

What of life forms alien to earth? Be assured that there is a virtual smorgasbord array of life forms. Earth humans think that the current human form is absolutely the pinnacle of forms. I tell you that is ONE of the forms that is evolving to be greater and greater forms for the light. All colors - some that human vision cannot see, and many sizes - for size does not equate to consciousness. So tell me that you differentiate the value amongst people by color, size, nationality, religion, paths, or any other of numerous artificial excuses. Oh, it is way past time to wake up from that one, dears- for your cosmic brethren are at your doorstep.

# The Question & The Quickening

By Maitreya and Bela

Apr 16, 2010

## The Question

a talk with Maitreya thru Bela

April 15, 2010

**Maitreya:** My dear - I ask that we do something different today. I will pour the tea while you pose a question.

**Bela:** OK. And I can ask anything?

**Maitreya:** Anything.

**Bela:** Where and when are what changes going to hit? I hope I didn't make you spit your tea out!

**Maitreya:** (Laugh) Well I did open the door to that didn't I? (Laugh) And I know that you ask this in a humorous way yourself as we've discussed how this all works around probabilities before. Some hints are given through messages when possible and you can all check the many websites that provide some information about what is occurring. But let me address your real concern nonetheless.

Know that these changes will ultimately benefit of all of you. They will affect all of you. They are beginning now and will continue to such a time as it makes rescue and stasis necessary. As Mother Earth cleans house there will be personal closets to clean, cobwebs to clear and dust to sweep - and we speak of your mental and emotional cleanup. This is the bigger issue for you when it comes right down to it - because the announcements, the earth changes, the weather changes, the crashing of the old civilization, and the choices of many to go to other spaces is out of your hands, beloveds. That is not comfortable to you.

What is even less comfortable, to be truthful, is to manage the mess in your own minds, and emotions to not only stay afloat, but to retain your centeredness, balance, and therefore your ability to be of service. Your little self is not equal to that. Your higher self is

absolutely equal to that, as from that level you can accept and tap the collective power of your brethren of the light to stay out of the downward spiral of separateness that is amongst your greatest fears. You know that, but choose to focus on the actual events and timing rather than tend to your own prep and maintenance list. It is like the frenzy and all of the attention around the expectation before and during pregnancy, and then the pain and urgency in the birth of a child compared to the preparation for the reality and years of diligence required in properly raising that child.

If you establish and retain your unquestionable position in the seat at the helm of the higher self - you are good to go. Stay tuned in. Do what you need to do within your own mind and emotions to clear away the debris between you and that helm. Settle in and decide that you are home for good. You are joined by the collective light brigades to manage this beautifully from that point forward so that you will be of tremendous service. That is good for now, dear. Sleep on this.

**Bela:** Love and thanks to you, Maitreya.

**Maitreya:** Love to you

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## **The Quickening**

Maitreya thru Bela

April 16, 2010

It's here. The wave that changes you is here. More growth than has taken place in thousands of years will take place now over a very short period of time because of the wave of extreme challenges that is upon you. You cannot fight this change; you cannot help but be moved along with it. Do not struggle so. Let yourselves float to the choppy top of the wave so that you are not pulled down into despair by your wriggling. We need you to be at your best. Those around you need for you to be at your best.

Get comfortable in your own mind and heart that the best for all concerned will be as God wills - and step aside from any wriggling to thwart His will. It will be done regardless. I breathe upon you to know that it is ultimately good - can you breathe that truth with me now?

Know that life continues and changes forms constantly using systems that have been in place longer than you can even imagine. The Life that you know in the many that will pass

will step right into the hand of the Father. NO worries there - please. NONE. The Father's brethren of light know exactly what needs to be done and will carry it out perfectly for they are like the fingers of one hand.

Christ Michael's decree holds you and lifts you up regardless of your destination, whether you will don a new body or remodel your current one. All you need to do is to attune to the God within, LISTEN, and ACT on what you will be instructed to do. DO IT as I too will keep my careful eye on you and nudge you more forcefully if need be.

Stay tuned.

# Rising Above the Miasma

By Maitreya thru Bela

Apr 29, 2010

## Rising Above the Miasma - a gift from Maitreya thru Bela

**Maitreya:** The Christ energy wishes to relay a message through you around the topic of the miasma that surrounds you. It is a confusing state of affairs where one does not know if they are coming or going. The old is rotting and the new is not yet formed. But, more importantly, what I speak of is an in between phase of understanding - or shall I say -not understanding the state of events, timing, placement, or footing.

This is clearly a disconcerting time to be a human being. The earth that was once solid beneath your feet is now moving, changing, breaking, reforming. The seasons are all mixed up and weather patterns are no longer familiar. The plants and fauna are confused. The systems are breaking apart that your society depends upon - and there is no new in place - even in your most personal lives. This is uncomfortable to say the least.

Decide to rise above this rather than get buried beneath the weight of it all. Make yourself a commitment to rise above the fog of putrefaction into the Christ light for We do lead you through the clear path to avoid the falling rubble of the old into the lighted garden of the new day, the new breath, the new life.

It is not a mirage I give you - but a lifeline to the new life, the birth, and the new earth. And with that collective new breath, We light the newborn earth with the the Christic circle of light multiplied through all of you.

You will be where you choose your consciousness to be. Choose to walk beside me. Do not lose sight - for I never lose sight of you.

So, walk with me a while to acclimate more and more to this path; this journey that we will take together. What do you see ahead on this path?

**Bela:** I see a sunny clearing.

**Maitreya:** Yes there is a lighted clearing just ahead. Shall we sit there amongst the lighted kingdoms for a while?

Ah, this is good here. Now place your hands in mine. Breathe.

Good.

And now your heart to mine. Breathe.

And now your crown to mine. Breathe.

Merge with my vibration as I house you. This, all with the blessing of your wonderful guardians for they assist the process so that this is possible. Thank them, for they serve well. Know that long was I was ahead waiting for you even as I also walked along side you to reach this pivotal spot.

This moment initiates a new direction, a new level of perception and ability to be more of the Christed being that you are. See, hear, know! It is done.

The bond is made. It IS. And it becomes more and more dominant as you remember it until you look back and wonder at how it ever could have been any less. You have raised yourself up to an awareness of the greater truth of who you are. Do not forget.

My seal I place upon these words.

# **Awaken! Rise and Shine**

**By Maitreya thru Bela**

**May 21, 2010**

## **Awaken! Rise and Shine**

5/21/10 Maitreya thru Bela

It is The Christ energy through Maitreya wanting to meet closely with each one of you at this time. Place your thoughts with the Christ energy that is you, with Christ Michael, with beloved Esu and your lighted brethren. It is time for humanity to awaken.

The elements will heave, the energies will rise, outworn systems will shatter - and lo, humanity will be shaken from his slumber in these moments that are upon you now. His attention will be swirling with the lost and broken, the new, the unknown, the now of his moment facing God with eyes opened in a manner that that was impossible before - but now - he will see - he will hear - he will know.

And this opening door is a wondrous thing. It will feel perilous, even for those that know what is occurring and why it is occurring. But for the abruptly woken masses - it will feel truly perilous indeed. Each will be taken care of according to what is the ultimate best. Know this. **KNOW THIS.**

Be of the mantle of Christ now and reinforce it with every breath that you may radiate this light greatly to those who have not yet discovered their own. It will be a glorious surprise when many know it for the first time. Glorious indeed. And then they will feel a pull to slide back quickly into a blanket of forgetfulness. It is your light and love that will stabilize the collective human energy to withstand a shaky transformation. Shine on, shine on, shine on! This is your important part to play.

## Let's Get Practical Pt 1-8

By Maitreya thru Bela

Oct 9, 2010

### Maitreya thru Bela #1-8

#### Let's Get Practical

090810

#### Let's Get Practical #1

**So – HABITS BY DESIGN will be our happy little topic for today.**

Yes, you could make a habit of “it” –whatever “it” is) and check it right off of your “to do” list by automating it like a computer programmer would automate certain activities behind the scenes. Wouldn't you be just thrilled to get those pesky things that you know need to be done, your “should ofs” right out of the way so that you would not trip over them time and time and time again. Perhaps there are 1 or 2 or 3 or??? things that you have DECIDED on – have put your foot down - and decided that this or that would be good for you – a good thing that would improve this or that? Of course you have – and you, and you too . . . It is the human condition to do so – and the usual one step forward and 2 stumbles backward can SLOOOWWW things down considerably.

We mean it slows the evolution – the positive change that you really do want. So you go right ahead and throw things down right in front of yourself – or a few steps out that are certain to trip you – yes I said YOU – not that other guy – they are CERTAIN to trip YOU up! Now why, why WHY would you do that? Well, you don't – not consciously anyway. But it is you that sets up this obstacle course for yourself in many, many ways. So – let's discuss and consider, a perhaps better way for you to facilitate the evolution, the positive, constructive outcomes that you say you want.

OK - #1. Do you know what you want? If so, name it. And do not get too highbrow with this – something small is good – and often better – and has far reaching results. Remember that.

Now - #2 What would one easy action toward that being “the way it is” be?

For example – let’s say that you like an organized household because the opposite (mess and chaos) is something you recognize as a “trip hazard” – it gets in your way and makes you cranky. Well, you cannot change someone else – so let’s stay focused on you shall we? Ok – so what is one of the 1st simplest things that YOU could do to impact this favorably? Yes – you could say that you DECIDE that you will put things in place as you go, rather than leaving it for later. Ok, let’s take that cup of tea you just made. You could put the tea box and sweetener back in the cabinet before you pour the heated water into the cup. Thereby tying the good result (non-clutter) to the other good result you know you want and WILL satisfy – you want that cup of tea! I’ve given out a little secret here to program yourself most easily to get the obstacles out of your way.

These small changes quickly become automated, habitual – BECAUSE we LIKE to do things that work, and you have tied one good thing to another that you KNEW you liked all wrapped up in an action that facilitates BOTH! AHA! You shouldn’t be so surprised – but it is AOK if you are, because that is the very nature of habitual behavior – it is not really something you think about - and we are recognizing the habitual behavior that works against you right now throwing all those little trip hazards down in front of you.

Now – do you see how this can apply to almost everything? And remember – it is truly best to start with the simple things. You will be amazed at how this mushrooms through your behaviors once that flame is lit. Why, you’ll make a safe little constructive contained forest fire of those trip hazards and create a nice little path for yourself to more of the good stuff at the same time. A computer programmer creates paths, efficient ones to accomplish certain things – using elegant programming without using an excess of system energy – and are user friendly. It is a useful analogy.

That is what these simple DECISIONS IN ACTION will do for you – yes FOR you, once you repeat them often enough to create some good footprints to follow. So lest I forget, #3 is to DO IT with an inner (or outward) smile - as if this is a little game/joke that is your own little secret experiment. Great ideas are wonderful – taking action on those great ideas is the ticket that get’s you in the door! Yes – habits by design – go ahead and chuckle-laughter is good – and then go ahead and DO IT anyway! Yes, anchor this before you forget.

## **091010 Let’s Get Practical #2 Cosmic Deck**

Let us use the card game of classic solitaire as an analogy. Yes, all the cards are there. So there is an opportunity to have it all come together. And – well, what if all the cards were not all there – if you were missing a few, or even one? The possibility to have it all come together perfectly would be reduced to zero. BUT – we will, for our example, confirm that we are playing with a full deck. This is how the cosmic operates. There is ALWAYS a full deck. Period. So the opportunity to “win” meaning “have a positive outcome” - is ALWAYS present.

Now, the fact that this is not your perfect experience every time in cards and in life tells you something, doesn't it? Yes. This coming together of all the necessary pieces/cards, depends on a particular order of present moments. Your choice of what card to place where and when given the shuffled order of the deck at the present moment from your moment in time. ORDER – COSMIC ORDER is a principle that you learn to work WITH, learn to CHOOSE, ever more often. And EVENTUALLY – you find that, AHA! this is what works best. And since you tend to like what works – you are likely to want to repeat this pattern to “win” again. You may not realize that that is what you are doing – BUT, nonetheless that is what you are doing.

And the more you become aware of your CONNECTION to ALL through meditation or whatever experiences enhance that for you, the easier it gets to RECOGNIZE the choice that is aligned with divine will/divine order. It is not complicated – in fact it is so very simple: you intend that it is so, let it go, and take some little action that you feel positively moved to take ( notice we did not say “THINK you SHOULD take”). And then you do it again in the next moment, and then the next moment . . . it is an easy, constructive way to live in the synchronicity that comic order provides.

Now – what really happens when you intend and take action aligned with the cosmic order? I am going to reveal another little secret here for you: YOU ARE CHOOSING TO BE ALIGNED WITH DIVINE WILL. This process is much of what evolution is all about.

SURPRISE! You can choose your moment, you can shuffle the deck, you can pick a particular action at a particular time, etc, etc., etcetera. FREE WILL – you choose. And you eventually LEARN that the choices aligned with divine order/divine will are the ones that work best – and you move forward incorporating this into YOUR unique experiential experiment. Everyone and everything “wins” in this process. Yes, it seems SLOOOWWWW in linear time – but it is a foolproof method. And you can speed it up if you choose using meditation or whatever means helps you maintain a connection with the ALL.

GOD- ALL THAT IS experiences this myriad of possibilities as you, and you, and you, and that. Amazing how it all works with the divine deck, isn't it? Relax into it, exercise a sense of humor, and admit that you are part of the cosmic deck. In fact, the cosmic would not be “playing with a full deck” if it were not so!

### **091310 Let's Get Practical #3 Another Game of Cards**

Let us continue using a solitaire card game for an analogy, shall we? Ok, so you shuffled and played the game – and you got some points by your decisions and actions. Maybe you even won the game. So, what about those times when you took action and won some points, but you did not win. Are these truly losses? In the game of life – are these losses – or are they wins to a different degree? Now in the game of life we are more ON the path to achieving outcomes than we are celebrating complete wins.

This is good. This is where the real learning and growth takes place. Learn to recognize the partial wins knowing that they are steps toward a positive outcome – though you may not even KNOW what that outcome is. You play anyway. You play smartly. You pay attention. But it is inevitable that you will miss certain opportunities. And you may NEVER realize that you missed them. That is the nature of missteps and not paying attention.

You may ask how it is even possible to be fully engaged, pay full attention and be fully discerning in your decisions and actions in every present moment. This would unnerve you a bit to be that vigilant and poised in your every moment! However, you don't have to deal with every moment – only this moment, right now. And the secret – here we go again revealing secrets – the secret is to BE PRESENT with the ALL as much as possible right now and follow what you are moved to do in this moment. Have Fun with this creative process. Now, we do not mean to throw any caution or responsibility to the wind. Quite the contrary!

Being in the present moment allows you to be in greater conscious connection with your higher self. That connection, when you gently create the habit towards a continuous connection – well then, my dear, you are responding to the promptings of the higher self that KNOWS the agenda, the outcome – and all the little steps from here to there which will be your present soon enough. There are many, many small wins on the way to the bigger wins. So embrace that concept rather than flogging yourself for the lack of what you would define as stellar outcomes.

#### **091310 Let's Get Practical #4 Being Joyous**

Oh, it's so much fun that we find it hard to understand why you avoid it so. Remember, all you really have is the present moment at hand. That's it. So why not dive in and experience it. That in itself will bring you into the joy of the creative experiment called your life. All too often you dip your toe in the side of the pool and decide to wait, flit off to do something else, or analyze the temp/conditions. And more often than not – you find a good reason NOT to do "it". This thing- of being in the present and experiencing the joy of it – your children can teach you this. Or should I say they can REMIND you of what you did beautifully and naturally in your childhood. Be child-like in this regard.

This one simple idea takes you out of the mindset of having the weight of the world on your shoulders (in whatever form that takes for you) and instead, you feel light as a feathered bird that may nest in grasses, walk or swim about, fly above, or rise from the ashes! You open the door to many possibilities when you fuel your present with joy, as joy is absolutely teeming with the creative vibration of love – and it "infects" you. This simple change will greatly improve the quality of your life experiment.

#### **092710 Let's Get Practical #5 Poised and Ready for Anything**

Now let us take this a step further in keeping with our “Let’s Get Practical” theme, shall we?

What if I were to ask you to consider taking a leap forward and to apply this process to a post stasis world? What would your thoughts and actions be when you find yourself on a completely new game board so to speak? Ah, now we are getting to the larger purpose in focusing your energies on a “What Can I Do” process rather than a “How can I fit in” approach within the established old order.

You will need to be in your element – centered in your capable godness. (Yes, even spell checker recognized your word goodness to be the intended word – but I assure you that GOD-NESS is our true meaning here.)

So how does this process bump up your ability to be ready for anything? I will tell you. This conduit is paved by your intention to make it so and your ACTING as if IT IS SO.

It sounds backwards – But I assure you it is not. Think about it. You design/create the habit of directing the energy from the helm of your godness and BUILD those very connections AT THE SAME TIME. It may not be perfect from the start, but build it will until the conduit is stronger, more dependable and eventually, your new normal.

Now let’s say that there is an event in your immediate community that threatens the water, food and shelter. Certainly these are basic survival needs and will immediately trigger base fears in most persons. If you RE-ACT right along with the bulk of your community, you will greatly add to the chaos – because you conduct much energy.

Would it not be a better choice to know that there is a switch you can flip at anytime and anywhere to gain the BEST guidance possible? It would be hard to say no to that one. Well we are here to tell you that you have been prepared for a good many years to become more and more acquainted with that switch, to flip it often, and to make it part of your habit by design. The prototype is finished. God incarnate is what you are. It is time to take it off the design table and make it so - put it into production – or shall we say PRO – ACTION. The testing phase will reveal a few necessary adjustments to your process, but this phase is here – NOW. Boots to the ground! Wings to the sky! It feels good to be moving again, does it not? You are growing the godness connection – it is online, functional – and quite practical.

## **Let’s Get Practical #6 Polish**

There is not one among you who would not want to be polished in a service discipline. By polished we mean bright and shiny – all the bumps smoothed out – and reflecting lots of light. Well, that takes some doing, doesn’t it? You add facets and facets and facets to your

diamond service to others, those facets becoming so numerous and tightly packed, until eventually they merge together into a perfect sphere that reflects all to all. Every time you take action of your own free will aligned with divine will you are polishing this ability to reflect GOD so that you come to know more of GOD through you. Elbow grease. Yes, elbow grease. Your ACTION is what makes this happen.

Your active choice, and your manifestation of that choice in action creates the polish. You see your physical reflection most clearly in a smooth mirror, do you not? GOD knows his own nature through your polished reflection. If your facts are not polished, the reflection is distorted and the reflection is not projected as far – it dies of it's own malformation.

Look around you at your projections about you in this moment. What would you prefer to see? Ask yourself what you can do to inch towards that outcome and do it. That is how you polish. THAT is how you polish.

If it is a community need - what does that reflection mirror back to you and what can you do to change that reflection? Do nothing, complain about dire circumstances, and you will live what you have bought into. Rise to the occasion and approach the situation from the helm of godness that you are and you will have inspiration to take certain actions. Taking the action completes the circuit – it is the elbow grease that makes it work. This is polishing.

## **100310**

### **Let's get Practical #7**

#### **Perchance there is a better way.**

Have you not done things a certain way in your human experience and found it to make things easier because of it? Some of these ways of doing things have truthfully improved things in one way or another and other ways of doing things has made things easier, but dragged you back and closed off many opportunities that would not have passed if you were not so comfortable?

Are we saying that comfort is a bad thing? No. By no means are we saying that, but you must realize – consciously realize - what has been sublimated to the automatic for ease purposes has been USURPED by control factions to work so well against you. BE MINDFUL OF THIS. You cannot go to sleep at the switch and expect all patterns of experience in your lives to fall nicely and constructively in those patterns all of the time without paying a severe price. That may have SEEMED to work for a good long time – but no more.

You have taken a wonderful concept and gone too far with it. Even sections of your brains have gone to sleep more and more as you repeat these “slumber through life” patterns. This is no longer acceptable and will change. In fact there is no getting around the fact that his will change with the energies coming to your planet now. You will have sore muscles

and feel fatigued and experience pains here and there. Recall the experience of your leg falling asleep and the sensation of waking up. However, we speak of your brains and your minds waking up – and this will impact what your body experiences as well. Do you recall ever being woken abruptly from a sound sleep/dream – and the sensation of confusion and disorientation that you experience? Well you are waking up from a sound sleep by the energies coming to everyone and the earth at this time. There will be turmoil, disorientation, aches and pains – but wake you will – this is too big to sleep through.

**100810**

**Let's get Practical #8**

**The Point?**

Yes, now let's take this a step further.

You have the opportunity to access all possibilities from your present point. Yes, this is mind boggling – but true! Think about it. Your perfect healing is right there – where you “are”. Your perfect circumstance is right there – where you are. All knowledge is right there right now where you are. It is simply a matter of choosing it. These are the shoes you grow into through your experiences – your many experiments. You see – IT IS SO – but you do not believe it!

Let me suggest that you concentrate on a point. See it in your mind's eye and become that point. Remember your simple geometry – an infinite number of lines connect that point to all other points no matter where they are in time or space. Now I am here to tell you that that point can also shift through dimensions. Remember your harmonics. This will give you a clue as to how your consciousness becomes resonant with other layers of consciousness.

Now the way that this happens is through your becoming more of what you already are. Let us explain that a bit further. Stay with me. Becoming is a functioning capability of consciousness. It is creative. You are creative. You are a creator. Now, if you were truly “in charge” of managing all of this in all of creation – would you think it wise to let the “kid in the candy store” unsupervised before he has earned the wisdom to know the value of balanced nutrition? The higher part of you supervises you by not allowing access to certain knowledge – even though it is right there, right now – because the god in you knows that it would be dangerous to do so without the accompanying wisdom and guidance. You would get much more than a belly ache!

I am here to tell you that the veils are thinning between these layers of consciousness. Many are seeing through the candy store curtain doors to other wondrous rooms filled with many kinds of nutrition – we speak of spiritual fruit, knowledge, manna that is very

sustaining to coordinated consciousness – your own and your own unknown. It is all you. Think on this.

So - Would you knowingly slam your fingers in a closing door? Of course you would not. But we tell you that there will be a few pinched fingers and bumped heads as these doors open. The fingers that get pinched and the noggins that get knocked may be your own or your brother's – but nonetheless – they are yours. Have compassion for all parts of yourself – even the part of you that makes ill aligned choices – big ones that have controlled large segments of your population. Have confidence that you WILL root it all out and learn quickly to do more of what works long term. You will find that when one of you pinches his finger, the rest of you feels a bit sore. But you will also discover that the healing salve soothes more than just that one's finger. And the memory of a better, more careful choice to avoid pinching one's finger is good and has far reaching results.

You see – all of this has gone on for a very long time – this pattern by which you learn to align with divine cosmic order/divine will- but it will become greatly accelerate now by the experience of yourselves as one. This greatly speeds up the learning. So, instead of a gentle nudge to wake you, you may give yourselves a little slap to come to awaken more quickly. The need you sense from your brethren worldwide will serve to awaken you to more and more of your practical GOD-NESS capability.

## **Belief systems**

**By Maitreya thru Bela**

**Jan 7, 2011**

Hi everyone, Bela started this back on Oct. 26, and then there was other stuff going on, and Maitreya just finished it with her. You may wish to recheck the previous ones on the teaching around playing the card game. This is in 3 parts.

102610

**BELIEF SYSTEMS:** Maitreya thru Bela

Ok, now we are going to begin a little series of simple thought packets offered to assist you in examining your belief structures, be they religious, societal, or governmental. But, we plan to do this in a manner that challenges none over another and unites all. A pretty big task wouldn't you say? Well we can only do this WITH you by distilling these mental constructs to their simple essence and taking a look at how they truly serve you – or not.

Let us begin:

### **#1 The Lay of the Land**

I am here to tell you that there IS no man-made religion that has ANY truth to it outside of that personal truth and power which you give to it. Be it constructive bits that serve you by improving the quality of your interactions with one another and all of life – or whether it divides, conquers, and destroys the “other”. The power of truth lies in your intent when it comes to the day to day of it all. And those days upon days and repeated, emphasized intent produces ages of evidence to look at, doesn't it? Do you like how YOUR religions have served you as a world? You collectively chose it – now look at your collective results. Hmmm...

Let us change focus to look at your societal patterns. Look at your precious globe as a whole. In fact, back up and take a distant overview of what you see on your world. Do this with me. Rise up in your body of light with me until we see the world, your home, below us. From this vantage we can see the energy patterns/colors of suppressed areas of human consciousness, other areas of a great deal of fruitless activity, others in chaos, vast areas where human energy has all been put out for lack. Well, how do you like what you see? SEE the result of your collective choices to divide one group over another, be it nation, color, net worth, appearance, or individual choice. Hmmm...

While we are taking a higher view in our body of light – let us alter our focus to the governing bodies all over your home globe. Confusing, aren't they? They supposedly exist for the good of . . . what? Your nation, your safety, your law and order. How are they serving the human race? Are they bettering the nation in some holistic way? They are

protecting whom from what? Do the laws in action help societies function better, or are they being designed to do other things as well? Hmm...

We have a bit of a bait and switch going on don't you think? Please do think on these things. Stop your conditioned thought/action pattern long enough to smell the roses – and note the odorous stuff that CAN be used to help the roses grow. Then ask yourself: What can I do?

## **#2- A Change Event Process**

Ah, now we come to it – back to the microcosm that exists in your own perceptions, your very own day to day. We can be tempted to succumb to excusing any responsibility, giving away our individual power, and la lah lah-ing it through day after day when it comes to our actions. You are a piece of the collective direction of humankind. You have a real vote with a real result that impacts the collective direction – whether you believe that or not – I tell you that this is an indisputable fact. The aborigine's intent counts as a vote, the cinema star's intent counts, the leader's vote counts, the scholar's vote counts, your neighbor's intent counts, your best friend's vote counts, your enemy's vote counts. No voting ballot or booth necessary – you each have a responsibility to the collective results that we have visited here together.

We can most likely agree that some changes are necessary – even vital for healthy survival on every level. An effective change process can be kick-started with a closer look at drivers, strengths, interests and values – your mental/emotional constructs. Dare to explore the foundation of human nature, desires and principles that drive decision-making and collective patterns that you can see right in the mirror. It can be so simple.

We may even agree on the need for the development of an effective strategy in the creation of a vastly improved quality of life across all the earth. Big job – with a simple action assignment that starts with you – so stay tuned.

*(Bela: There was hiatus where events were changing Christ Michel's PLAN and impacted how these messages might be rolled out . . .)*

010611

## **#3 What Can I do? – Cultivating Joyousness in THE WORK**

Let us continue using the solitaire card game analogy from our earlier talks, shall we – and get right to it? Simplicity is good. Now I want you to **feel** (not think) an inner “whoopie!” with each card play. Why, you may well ask, should you consider this silliness or choose to

respond that way when indeed there seemed nothing special about that move or even a seeming loss at game's end? Well, I'll tell you. It is a way to teach yourself true positive mindedness as a critical element in becoming a conscious creator. Now that was a mouthful!

After all, do you, or do you not subscribe to the understanding that the flap of a butterfly's wing affects all, changes all? It is time beloveds to live your truths, not just subscribe to them as you do a magazine or favorite website.

So let us examine what is really happening when you cultivate the "whoopie" feeling with each move. Well – it acknowledges that all/everything IS part of the whole and DOES affect the whole. This in itself is a joyous thing! To be aware of that with your every move or thought/action throughout your day IS a beautiful way to cultivate living/manifesting your truth. Now, remember that every move is not a game winning move – but it is a win nonetheless as we discussed in an earlier chat. This awareness in itself will impact your next choice, and your next choice – and so on it goes and interacts with the whole.

So you move what you deem to be a lowly card and see no progress – so you have one of your millions of thoughts of the day – so you witness what appears to be no outward progress or even a step backward in THE plan – and you fail to recognize how the whole has changed/benefitted as a result. It is time to become conscious of how this really works.

Every card in the deck is vital – you are a vital integral piece; every move counts – every thought and action truly does count; every move is a win in experience – and you grow towards paradise consciousness! It is to be celebrated. Cultivate this conscious experience. Even WE are continually growing in this way. And so WE feel joyous in THE creative work.

Think on this – then dare to feel it, experience it. Would you not choose to try to do as WE do without dismissing it as silliness? Whoopie!

And there you have it – a constructive lesson in joyful working for the change you want to manifest in your world. **We could have called this segment “ How to consciously flap your butterfly wings and change the world!”**

#### **#4 - Dare to Trust God in You**

So, here we are again at the threshold of imminent manifest changes. Get used to it! This change process has a long way to go. Enjoy the ride and please kindly direct all complaints to the driver – you! Well you certainly are not the only driver, Christ Michael is the Chief Engineer after all – but you are the one that can do something about managing your direct experience during this roller coaster experience.

Remember that your direct experience makes a b-line right through your belief systems – your mental/emotional constructs, in order for you to try to make sense of what is going on and to be AOK. So none are exempt from this ongoing management task. And none will find exactly the same thing when he compares notes with his neighbor. You have a unique experience thru this dear ones – how lovely, how exciting – yes, and how sobering unknown change can be.

It is challenging and daring to adjust mental/emotional constructs as you go along – BECAUSE YOU ERRINGLY BELIEVE THEM TO BE THE ONLY THING YOU ARE STANDING/RELYING ON. And you carry a strong proven belief that it is not a wise choice to saw off the limb you are standing on. Stepping off into the unknown is only possible if you have the heart knowledge that comes from your BEAUTIFUL ability to TRUST IN GOD without the tangible proof you would prefer to have before taking that step. But take that step you must – and I am going to remind you how to do it.

For some this has been going on for a long time and they know what it takes for them to work it thru. Others may declare that they have arrived at the shores of all knowing and they are astounded at seeing the next mountain appear. So who CAN you trust for a lifeline to truth? GOD thru YOU. God thru you when a new idea/explanation/event pops up or is revisited. God thru you when you feel pressed to the wall. God thru you when what was clear becomes unclear, what was strong becomes full of holes and falls apart. God thru you when you have no idea what to do, what to think – BINGO, there GOD IS – right where you are – and always has been.

These experiences prime the pump for you to rely on God thru you more and more directly and consistently. This is good; this is very good – and this is PRACTICAL dear ones! You will be engaging this more and more now and you will be guiding others to greater willingness to do this for themselves. Here I am – your friend – encouraging you to greater willingness to rely on the truest and most capable friend you will ever have: God in you.

Let me tell you a little story...

There was very old wise man that was well known for his knowledge and wisdom in the sole village of the known world on the tiny planet. Everyone knew him to be correct, and to know what to do when there was a problem. He was never wrong. Villagers who had been in counsel with him passed along these wonderful stories of sage advice to others and so his reputation grew.

One day a villager came to the wise man to ask why he was sick when he was following all of the wise counsel in eating fresh foods and drinking from the purest water source. The wise man looked at him and said “I do not know why you are sick if you are doing these things”. The wise man then became still and silent and finally said. “The problem is in your tangled thoughts, but that you do not know are tangled. You have built up so much upon this tangled mesh that the pressure is building to the breaking point. You are cracking open the eggshell, my dear fellow. Congratulations!”

The fellow went away disgruntled with the sage and told everyone he encountered of the poor counsel he had received. He complained that the old spent sage was no longer reliable and that he'd have to seek the answer himself! When news of this rumor spread throughout the village and circled back to the sage, he cried out – “FINALLY! Thank you GOD!”

## GRADUATION

By Maitreya and CM thru Bela

Jan 22, 2011

Bela: I have clearly heard the graduation music telepathically several times over the last couple of days – does this have meaning?

Christ Michael & Maitreya: Yes, indeed it has meaning. Now please take this brief message down.

### GRADUATION

The time has come upon you ones to graduate. Now what is meant by this? The word itself is not the achievement of endgame – but represents a very important step forward in earned opportunity, potentiality, and growth. This will not be the same from one to another, it will vary greatly, and know that all will not graduate with their respective class – but move they will!

There is a new teacher in town – and know that many of you will be the teacher through your own lunging forward into this new reality and the gift of fuller consciousness earned and gifted to and through you. Much will come upon you quickly – challenging both in the wielding of new gifts as well as the managing of actually physical, mental and emotional challenges in your and other's day to day. Time to step up and open your hand to receive the diploma that entrusts you with the knowledge of this open door and the power to walk through it. You have a job to do.

Information/knowing packets will be arriving at your doorstep with much greater frequency now. This will not be new information/knowing – but rather keys into areas of knowing that you already have – but locked away for one reason or another.

We look forward to our gathering at the celebration when we can meet with all of you for more related to this.

Our Love & Blessings to you,

Christ Michael and Maitreya

## **Making Your Daily Bread of Life**

**By Maitreya thru Bela**

**Jan 22, 2011**

011511

### **Making Your Daily Bread of Life**

Yes – you are of our root placed on earth now. So reaching up as well as grounding yourself with the center of the earth is a wise way to experience the greater fullness of your being. It is very conductive/conducive to the necessary energy flow – the safe energy flow.

Bela: I was given the thought: “May all the world be happy and blessed – perfectly aligned with Source - and ever growing in service to others!” and saw energy shaped like a funnel; a y-shaped energy with the stem as root.

Ok, now let me give you a peak behind the veil of what is really going on here. You have correctly received a useful tool here fullest of love and light and divine order! You have received the visualization of a brilliant conduit to request, align, receive, and give the blessings of DIVINE ORDER! Now allow me to lay out this conscious creator’s tool a bit more:

May all the world

be happy and blessed,

(Picture: funnel going up from a point of desire in your high heart up to SOURCE)

perfectly aligned with the ONE SOURCE

(then picture it going down from Source through your heart to and through the center of earth /humanity to all in your universe and back to SOURCE)

anchored in SERVICE

manifesting in my every thought, word, action

and creation in DIVINE ORDER!

And SO IT IS with me.

I AM THAT I AM !

Cycling through in this way, from and back to SOURCE IS DIVINE ORDER and you tap into it with your intent/request. WE have just mapped out a simply defined truly unlimited creative energy source. It is self sustaining through alignment and desire in motion. It is service to others, and includes the self, it is SERVICE in the DIVINE ORDER of Light and Life. Cycling and breathing in SOURCE with each of your breaths as you would see the field of a magnet, more correctly, as you would visualize a donut or breathing torus-shaped energy field.

With each expansion/contraction/expression of this form it is as if you are well kneading the energy to incorporate a bit more flour into the ball of dough – your all – to become it, to know it, and to create from it.

No doubt you have heard: “It truly does not matter if you win or lose - it is HOW you play the game.” The how IS the win. You have to DO IT to KNOW IT. You no longer care about “winning” – you are MOVED BY THE DESIRE TO KNOW GOD THRU YOU. You have just defined this in a visual way that the human mind can grasp and use. This is good. This is very good. This takes all the pressure off of figuring it all out alone, doesn't it? Your lower mind would not have the answer anyway, dear ones. This is what is truly meant by “being” - it is an active process of becoming what you already are. The point - The Father Fragment - becomes (through conscious connection with Source and desire in action) your multidimensional sphere of your evolving world/universe of experience. Source through you always has the answer. To try to muscle it any other way will hit the wall in the end.

Yes, this fills you with overwhelming love and light and joy – you feel it coarse through you. Blessed? I would say so. I would certainly say so. The “happy” part is conditional to your being and knowing this as your reality. Expect the awareness of this to come in waves of greater and lesser degrees of clarity, just like your breathing. And you prime the pump so to speak each time you initiate the desire into action with “May all the world be happy and blessed” and you consummate it with “I AM THAT I AM” evolving in every moment.

Know also that increased waves of energy from the ONE SOURCE become available for tremendous expansion in experience to the torus shaped breathing space you call your experience of all that is. This is the energy signature of becoming I AM THAT I AM and manifestation as a conscious creator. You are evolving. For, thru the God in you, you are the point and every point in that universe as it becomes a mirror of God to himself.

Now go create some daily bread with this energy. No matter what you think, take action on, or manifest – it will be of this divine order energy. Let it flow dear ones, let it flow.

## **Stay Calm in these events**

**By Christ Michael thru Bela**

**Jan 29, 2011**

012910 Christ Michael: Please – take this down:

We are approaching the final measures. This will likely trigger some final measures from the dark and we need you to be prepared. You may notice what appear to be reactive and helpful gestures and actions from your controllers. Know that they are ANYTHING BUT THAT dear ones. STAY PEACEFUL AT YOUR CORE. Do not be caught up in any of this or react strongly to it. That is the very reaction they are looking to provoke and then they will use this to slam shut the cage door and padlock it to boot! STAY CALM. WE are watching this closely and have many players in key positions on the game board to ensure a CHECKMATE.

We thank you for recording this Bela.

Christ Michael

# DO NOT LEAVE YOUR POST

By CM thru Bela

Jan 29, 2011

012811

We need you to take a short message. . .

This is Christ Michael:

There is a situation that is urgently being addressed that involves the AH effort. Nothing is in jeopardy, however things are being modified at a furious pace and we cannot tend to your faltering. We ask for your steady support of the AH mission that supports MY MISSION. These times are critical to meet the most positive outcome. WE ARE CLOSE.

Now what does this all mean? We are asking for your DILIGENCE, your EFFORT in strengthening this arm of the HEAVENLY MILITIA. The dark is clever in seeping through the smallest cracks in the foundation –

**DO NOT LEAVE YOUR POST !** Remaining vigilant in tending to any patching that may be necessary of the holes in YOUR thoughts, in the unified intention of AH, in YOUR donning the necessary armor to keep YOU strong and unshaken by the many arrows coming your way. TO ARMS!

In the light of TRUTH,

This is Christ Michael

# DISCRIMINATING RESISTANCE

By CM and Maitreya thru Bela

Jan 31, 2011

Message from Christ Michael & Maitreya thru Bela

## DISCRIMINATING RESISTANCE

Well dear ones - discrimination in what and how you resist is a long overdue knowledge/skill that you ones should have risen to long ago!

You are learning to coordinate cooperation with the ONE SOURCE DIVINE ORDER flowing within yourself and collectively. If you really understood that you would not resist divine order so. Remember – you are part of ALL and you are fighting yourself when you do this. You will recognize the mal-resistance within your body by it's ill health; you will recognize mal-resistance in your emotions by your poisoned energy pockets with darkened tendrils; you will recognize mal-resistance in your thought patterns because THEY LEAD YOU DOWN DEAD END ALLEYS. ENOUGH!

Say to yourself – enough! It is time that you demonstrate within yourself the higher value of discriminating resistance and exactly how that works. Why? Because, dear ones – with mal-resistance you open the door wide to manipulation of your energies, your thoughts, emotions, and actions that lead to the dead end alley of putrid conditions that you will define as your new day to day. You invite this in when you get off-track through mal-resistance.

Consider for a moment how electricity works and utilizes resistance as a positive means to result in the energy that can be redirected to the purpose at hand. Be cognizant of how much and what type of effort you delegate to the ohms and to what end it is directed! Yes, even your electricity generation and direction stands to be completely remodeled in the times to come. This will not work the same way as it once did. Your individual energies do not work the same way they once did. They are being remodeled, and this requires knowledge of discriminating resistance. An opponent's thrust of aggressive energy can be the very energy used against that individual. You need only to look to some of your martial arts to see this in action. Your world events require the application of this new level of discrimination.

So, WE will be assisting to redirect this “down the blind dead end alley” energy flow in a more positive direction. We need you to WATCH AND LEARN how this is done dear ones. Observe and learn. Reserve your energies to your clear still place using the eyes and ears of GOD working thru you. THIS is the action we are requiring of you now.

Christ Michael & Maitreya

Candace: those with a little time on your hands could be posting to various internet forums like GLP right now, into the many threads coming up around Egypt, Christians hating Muslims, non christians hating muslims etc, UFOS being seen and the like. Go shed some light, don't leave it all to me! I would not be necessarily putting up AH articles, others are doing that, but get INTO some work. Encourage people to see something other than their programming! There are some pretty good commentary there too, it is stimulating thinking. Ignore the thugs and don't be put off by them, stand up!

# CASTING PEARLS

By Father thru Bela

Feb 12, 2011

CASTING PEARLS – Father thru Bela

Casting pearls before ... well you know the rest.

I have given you MANY gifts. Do you recognize them? Do you use them for momentary entertainment and then toss them aside grabbing for your next fix? This has been a big problem for a long, long time on this planet. Attention spans have a shortened capacity and you embrace this – bragging of your boredom and your ability to multi-task. Deeper thinking has been dumbed down – casting aside wisdom for hot topics. Yet, skimming by in forgetfulness is in full swing!

You willingly forget your side of the equation in responsibility, dear ones – the adherence to principles and causes central to your sovereign status and the divine order of ONE. You are at the mercy and sweat of the few who have carried the bulk of you in this most important task. By the grace of GOD have you been carried through this cold dark winter of forgetfulness. Now the carrying is done. Now ends the grace period. Now ends the myriad of excuses.

We ask you to examine this in yourself – for time has run out. My blanket of protection for the ignorant and defiant is withdrawn – for you have been warmed enough and for longer than should have EVER been necessary.

I give this to you in small doses to assist you with the wave of energies coming to your system. Energy packets come to and through you more consistently now. This message holds energy clothed well beyond these simple words. Take your medicine and choose to heal thyself!

## Two Short Messages from Father

By Father thru Bela

Feb 13, 2011

021011 DELAYED NOTICE from Father

Bela: Dear ONE, I had a dream last night that there were odd events taking place within our skies and weather and that there were messages that were stashed away and not communicated. No one seemed to see these as I saw them and pointed them out in the dream. Even I was party to packing away undelivered messages through an old pager/receiver that I packed away in an end table behind its closed doors. Will you help me to be very clear on this meaning?

**Father:** Indeed there was meaning for you and others as well. Are the skies not filled with unexplained weather, sightings and events? Is not information about those very things being transmitted through words and messages? Are not those messages being squelched by the powers that be? Are not some of our messages being packed away and undelivered? The answer is a resounding YES. Even with yourself and some of the messages thru you that you have censored away or the times when we ring you up and find that you prefer to leave the call unanswered and therefore undelivered. Well – undelivered thru you my dear – but there are many avenues to get these broadly broadcast messages into words for those without a tuned radio station in their consciousness awareness. Nonetheless – you have agreed to serve in this capacity. DO YOUR JOB. You are not editor, you are SCRIBE.

Now we suggest that you include here a message from Father that you held back for several reasons when you were editing this transmission process through your uncertainty of just who was meant by FATHER and the uncomfortableness around delivering the Madrid warning. There are many things going on and requiring managing at a furious pace. Events will not wait patiently in line until you are ready for them my dears.

B: I am inserting here the message from 2/5/11.

020511 NOTICE from Father thru Bela

Now listen up dear ones. The times are upon us and it is time to move! We are pumping the higher energies to and thru your system. Your earth and your bodies are no exception. Ready or not here they are. Many of you have thought yourselves ready. Others have felt somewhat prepared. I tell you that these changes will challenge the best of you. (We will pause while you attend to this interruption...)

Let us continue.

Again you want specifics – and certainties around these changes that cannot be nailed down even by US. Yet we tell you that there is a strong probability for the Madrid to do her thing. We know you have mixed feelings around putting out such a message – but nonetheless we are asking you to do just that. Prepare little ones as you have been asked to do so often in the past. This is now about to occur and will not wait for your further procrastination in being prepared.

“My how the mighty have fallen” will be ringing in the minds of many as they look for those with supposed power, authority and means to look out for the people. **THEY WILL BE NOWHERE TO BE FOUND** that is in any way truly helpful to you. Mark my words: this will come to pass. Better to plant both feet firmly in your knowing when the waves come crashing in lest you lose your footing and be swept away. When this happens – it will happen quickly like a thief in the night.

Father: Remember also that you made it known to others in the ending of the dream that you had packed that pager (with the active/current message still coming thru) behind the closed door of the cabinet so that they could find it should they choose to. Yes. And now it is so.

## **Father's further comment**

**By Father thru Bela**

**Feb 15, 2011**

### **Father's further comment thru Bela**

021511 **Father's further comment thru Bela**

B: I was thinking of the New Madrid warning . . .

Father: It will heave – and be a great lesson to this country.

B: Could you not take some action to stop/lessen this?

Father: Even WE are tamed at times by “Mother Nature” as you call her. Though WE will be involved to a great degree in dealing with the results, during and after of this event that lingers. Have no fear but rest in your knowing of OUR presence with you right where you stand. GOD BLESSES YOU.

Handholding – no. GOD-power from within – YES. Act like the adult you are. Take actions as an experienced grown child of GOD. BE the Gods that you are. The shoes fit! Wear them and rest assured that WE WILL WALK WITH YOU.

# TRUTH COMPASS

By Father and Maitreya thru Bela

Mar 5, 2011

## TRUTH COMPASS - a message from Father thru Bela

*Hi Candace:*

*I took down the following message on 2/24 but had not shared this until now. It seems appropriate to do so now.*

022411

### TRUTH COMPASS

from **Father** with end note from **Maitreya**  
thru Bela

WE are putting the pieces of the cosmic puzzle back together in a new way. Although they were always of the same ONE and fit together perfectly in DIVINE ORDER – each scattering of the puzzle pieces affords the opportunity to grow the reflection of the ONE – and it has **never** failed to do so. The LIGHT is **always** triumphant in the endgame.

Can knowing this perhaps give you greater certainty around how you align your next step, how you manage your next circumstance, your thoughts? It should, dear ones. It should. The pattern is ever present and is mirrored throughout if you would but take the time to focus on THAT POINT first – BEFORE launching into a tangent of any kind.

MY compass of truth is ALWAYS there for you – and IT IS NEVER HIDDEN from you beloveds. Your choice to see it without ignoring it is another matter altogether.

CHOICE.

**Maitreya** here:

Free will is amongst the greatest of gifts. May the sure compass of DIVINE LOVE and TRUTH guide your journey every step of the way homeward thru these turbulent times.

## **NOW COMES MY WORD**

**By Father thru Bela**

**Mar 10, 2011**

### **NOW COMES MY WORD - Father thru Bela**

Now – more can be said beyond words; more can be understood without obstacle; more can be rooted and blossom in the NOW.

NOW HEAR– nowhere will this be unmanifest! It has been decreed. It is MY LAW unto you that this IS.

Remember your realization thru the endless blossoming that is planted, germinated, grown, rising and endlessly blossoming into more of the ONE FRUIT. THAT IS ME IN YOU. Imbibe this – as it becomes you AS ONE WITH THE FATHER.

Here is the experience of looking upon the face of GOD and being consumed without being destroyed in the process. Only that which is indigestible is dispelled, and even that, even that – can be fodder for further growth. OH THE GLORY OF THE ONE BE WITH YOU. My ever present breath be upon you and animate you to ever greater LIFE.

# THE CALLING – PLEASE RISE

By PAPA thru Bela

May 14, 2011

## Message from PAPA thru Bela: THE CALLING – PLEASE RISE

051011

from Father (PAPA Source)  
thru Bela

I give these words to you: It is time for this creation to rise up. LET THE GOD WITHIN YOU STAND so that you can bear the weight of what is to come and reach the heights to which you are capable. This is a calling like you have never experienced. Rise and be present or fall where you may – but notice I will take of you nonetheless – none can hide.

**EVA LU ! EVA LU ! EVA LU !** sounds through creation now as a mighty call that ALL MUST HEAR AND RESPOND. Decide to HEAR, RISE and TURN TO FACE evermore the palpable light – **EVA LU !** As a new sprout yearns toward the light so shall you now **reach** if you are to produce a blossom, bear fruit for LIFE ETERNAL and partner in the production of “heavenly honey” to feed the creation.

I am tallying up the fruit of this creation. May it be sweet and plentiful though it may be from but precious few. Therefore I put before you: Receive and vibrate **with “EVA LU”** to the core of your being and your world as I KISS YOUR CROWN. As the bee pollinates the blossom, I come close to touch you. Will you choose to receive MY gift or will you choose to perceive this as a sting?

Changed will you and your world be by this encounter, exchange, ONENESS – for I gift you with this closer touch that we may know one another more intimately with a new revealing of undeniable unity. **EVA LU ! MY dear ones – EVA LU !**

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**041211** (I just received this from Bela today. this of course is speaking of the Wave and is related to pieces I have posted also from elsewhere than AH in the WAVE section.)

Get ready. . . and LISTEN

WE who are the heavenly host collective speak as one to you now. P E A C E waft over and through you that you may tug knowingly on the umbilical cord and be born with this earth anew. You need to be focused and calm to do this as well as you have planned. The water has broken and repositioning and movement is stretching the limits of every mind, heart, and body. Relax into this.

Push forward with assuredness, centeredness and clarity of purpose all at the same time. It is called labor for good reason. Your consciousness travels along the “chord” to the new self, the new world and will eventually sever the connection to BE that new universal being.

The maestro is now in the down sweep of his baton and so the pause has passed. This new opus is birthed from the old, the original source, the theme, and the newly created that has never been. And so you will experience this sound-chord as eye opening– it will shake you from the depth of slumber that you knew not you were in to a newly created world. It is for you to go through the chord-sound-tunnel and become one with the new heartbeat. PUM PUM PUM. PAPA is beaming! Christ Michael IS through you.

FATHER: Please take this down. Moments will arrive when you will question EVERYTHING in Christ Michael’s mission. Ignore it. Days will pass when what was right side up will be upside down and you may know not how to place your footing. Ignore it. You will look into the mirror and know not how to define what you see there. Ignore that too. Ignore the pressure symptoms of the birth process – they will pass. You must unhinge yourselves from the very fabric that binds you. (The placenta and clean up will come later and you will be aided by specialists all along the way.) In this process you will find the bigger you and experience the kiss of SOURCE upon your crown that runs- “choruses” throughout your being like a living fire. BE STILL and receive it as it receives you into the UNION – universal ONE.

# YOU HAVE WHAT YOU NEED

By Maitreya thru Bela

May 27, 2011

**Candace:** Bela sent this on to publish today, as it goes with Rosie's Bee Story just posted, Flying from Poison to Paradise.

052311

YOU HAVE WHAT YOU NEED by Maitreya thru Bela

**Bela:** What can be said of those things that need to be done now that I **can** do?

YOU HAVE WHAT YOU NEED. I could give you the answer in this one statement and be done with it. Yet the complexity that you crave blinds you with facts that you call proof to the contrary. You will get over your craving when you gain greater clarity as to how this complexity often seems to be working quite nicely – and then turns around and strikes you with its venom. You recover time and again from these venomous stings and yet you cannot seem to resist going ahead with the same patterns time and time again.

However, now your awareness is being stretched so that you see the circumstance of the fangs approaching as if events were slowed enough giving you time to see this perilous development – and you can plainly see that you have time to redirect, change, and avoid the bite altogether. Yet I tell you that it is quite the opposite – you have sped up your vibration so that it seems that this fore-vision, this window of opportunity, just opens up – when indeed it was already there, laid out plainly before you to view, choose, and use.

More and more will you see those Divine Order options/steps before you – even while the external events tempt you to slip into forgetfulness and join the chaos around you. Do not fall into old patterns of pretending that you do not have this capability – the fangs will not wait for you to make up your mind. By choosing this you drop your vibration – and the fangs will move faster than you can react. Momentous challenges are upon you. Out of necessity you will dive into this knowing. This is how it works – you LEARN. I have learned as you are learning. I have grown my choice to be aligned with divine will and therefore see, hear and know as even you have the potential to see, hear, know in any moment.

It is unfortunate that you so appreciate the savvy problem-solver in your world of business and your day to day. **And it is the material problem-solving that is most often commended by your brethren. However, WE are growing universal problem-solvers of you so that you can participate responsibly in the universe at large.** Your seamless connection to the “home office” is mandatory to succeed in this. You have access to what you need in this and the rest “will be added unto you”.

I invite you to sit with me a moment and consider this: Imagine that you are to make a decision that will affect your whole sector of the universe. What would it take for you to be equal to that? Those are the shoes that you are growing into even now.

You rely so heavily on the associations you make in your thinking; in your experiences; all of the analogies that help you make sense of life. But I tell you that you are often only accessing a minute piece of what is available – it is of little wonder that things go amiss when based solely on those parallels. There are tangents and dimensions that need to be considered, are there not? Yes there are! – many of them going on at the same time in the same space. Oh there you go, you say –taking me into complexity where you warned of the venomous bite! Yet I direct you to where the solution lies – it is in the simple unwavering connection to SOURCE that cuts as a cosmic laser through the most complex of scenarios to see the clear possible choices and possible consequences – and yet CHOICE remains.

I leave you to finish your tea while you immerse yourself in thought around these possibilities . . .

## Stern message from Maitreya

By Maitreya thru Bela

Jun 8, 2011

060611

**Stern message from Maitreya**  
thru Bela

B: I feel you knocking. Who has a message to deliver thru me now?

It is I, Maitreya come to enjoin you to take down this message:

For all of my dear ones – and you know who you are - I call on you to be most vigilant in the next days – for time is more than short – it is at hand. Many are notified of this in one way or another and not nearly as many will respond with knowing nod and engage the work/action they are prompted to do. This will make all the difference, my dears – all the difference in the world. Pay attention to a regular offering of your work in cooperation with Source and Christ Michael's plan for this world.

You may be called upon to take and relay a message. You may be called on to have targeted discussion or specificaction with another or a group. We are working thru you and are handicapped ifyou do not respond as our hands **should** respond in this giving. You may be called upon to direct specific energy to specific places for specific ends. Listen and do! When we say boots on the ground – we mean just that.

We accomplish these things thru you. We are with you. We are behind you. You are prompted to put but the pin prick in the board and We add to the river that runs thru it! So, ignore the pebble inyour shoe that stops you from doing what you ought! – or simply pause for a moment, remove the pebble and **keep on** in this task. There are no observer seats available in this work. Fire up your hearts and get moving in God's action. Ever so small yet ever so great at the same time.

My news is that you are the news you make every day. Mere claims are empty of result.  
We are well past giving gentle nudges.

Deliver it.

## **Getting to know Maitreya**

**By Matreya thru Bela**

**Jun 15, 2011**

061211 **Getting to know Maitreya**

from Maitreya thru Bela

Bela: What would you say this morning to those who wish to know you better, Maitreya?

Firstly, I would convey that indeed, I am but a servant of the ONE SOURCE. The stage has been set here and Christ Michael has center stage with all eyes upon his baton. I am shoulder to shoulder amongst his orchestra at this time and am honored to be so.

Secondly, I am one who has traveled on the path of service a bit further than some, yet enough to extend a guiding hand as part of my role. It has not yet been the time for my externalization, yet I assure you, I AM intimately involved with the spiritual growth of man - in a light body that serves as needed. I have gone before and have seen through man's eyes and suffered as man has suffered. Many names have I. Some refer to me as Buddha even now – yet you can surely call me “Friend” no matter the spiritual practice or walk of life. Be assured that you call forward my attention with each burst of heart energy – for that energy/intent/calling resonates very closely with the signature of my energy.

My specific role will be defined and externalized once things have progressed a bit more. In general, I will be working to acclimate man to learn to LIVE day to day in LIFE and LIGHT as he builds anew. My friend and scribe has correctly perceived and described my energy as part of a vast moving river of living fire laced throughout with thousands upon thousands of OM symbol-like lotuses as if they were tatted together – each one unique to meet any possibility, any need. And yet there is a profound peace, centeredness, oneness at the same time this roaring fiery river flows. Yes, this river – man will learn to embody in a very practical way in the era of LIGHT AND LIFE to come. We will walk together to those ends.

Recognize me then as I offer deep compassion amidst this powerful vibration of the FIERY LIVING RIVER OF LOVE so that your heart does remain steady, and your shoulders capable of bearing the weight of what you have been asked to do during these transitional times - one moment at a time in the great ONENESS. We can then collect the stones to lay a walkway together as we go forward.

You can be as comfortable with me as if we were sitting together and chatting while sipping a cup of tea from the same pot – for I know many of you – and you will come to realize that you knew me already.

# PAPA SOURCE IS WATCHING

By Papa Source thru Bela

Jul 21, 2011

## **PAPA Source:**

I speak now for all to hear . . . wait...pause... and JOIN ME in this... and then speak no more in your thoughts – but BE with ME. Moments we have spent together will now connect to your ongoing experience of the truer reality wherein all the “soons” and “nevers” and hopes converge to the single point. There I AM. I move towards your awareness, closer with each breath. Can you stand it? The utter beauty, the intense bliss, the truth?... Will you survive your own thoughts by overcoming them with the truth that you can now touch? I is ME that you touch when you dare to do so. This is the opportunity before you.

**Bela:** Somehow this makes me think immediately of the tear/split (shaped like a narrow cat's eye) that I saw filled with intense light in the Pacific a couple of weeks ago – was this related? Or is it more the other personal experience/glimpses of that almost unbearable bliss/love/light as a peek, as a tearing out from my own consciousness envelope?

**PAPA Source:** It is more the latter –but the vision for the earth is also valid. Realize that you could not experience this for and with the world unless you experience this within your own consciousness. Within yourself is and always has been the doorway. But at this time it is being stretched from multiple dimensions so that it WILL occur, and present itself to each one who truly desires it. Those who can survive this create anew with it and mourn not the old – for the old was indeed only the dream. Like the glorious peeking in of the intense rising sunlight through a crack in the dark sleep room curtain – I shall shine upon your face and WAKE THEE.

Remember past talks about possibilities and the effect of consciousness on probabilities - this IS how it works. There must be the appropriate mind stuff moving in the same direction to have a significant impact at any point in time. Your breath upon a feather will have a definite and measurable impact. A luke warm bent on life will continue your existence as baggage for those that do the work. The baggage compartment is about to be unloaded. Dare to do. PAPA is watching.

## **Maitreya Checking in with Bela**

**By Maitreya thru Bela**

**Apr 10, 2012**

I had asked Bela if she had heard from Maitreya lately, they are all so busy. He came with this short note to her, which I thought you all might enjoy. -C

Hello, my dear one. We have been very busy preparing our ones to respond to the vibrations that have been seeping in and through. They are inescapable. And those that would hear me, that can hear me, that are attuned to me are under my wing so to speak for this task at hand under the plan of our dear Christ Michael Aton and of course the vast plan of our dear Papa Source as you call in/out to him.

We wish the response was deeper and more positive, but we care for even one as if we care for billions. The cloak of my compassion and love is therefore lifting and smoothing the edge off this transition process. For there is no exempting oneself from the transition that is upon us.

Any can call on my vibration to assist through patches whether they be physical, emotional, mental or spiritual wrinkles that need smoothing. The warmth of your attunement with Maitreya will smooth your vibration as tepid steam would smooth silk. There is a way – and the way is ever present but for the asking to be still enough to be shown.

Maitreya

## **Time to Step Forward**

**By CM thru Bela**

**Jul 1, 2013**

### **063013 Time to Step Forward**

truly in the highest light, truth and utter protection

It is time for some truth to be spoken here and now. Be it known that I Christ Michael Aton am present in this in purity and in this very moment. Feel me and know my truth.

There has been disarray and major testing that was not unexpected but nonetheless challenging for many. This is to end now and we can weigh the outcome. Be advised that AbundantHope and Candace et al will arise unscathed in my purpose, my work. Though not perfect in expression I AM through this my vehicle and move forward with my plan. Ever will you ones be dear to me in this rolling in and out of events to come.

I live and move through you and have chosen wisely. Fear not that I misstep in this for I do not! It is with purpose that I hold my tongue at certain points and reveal not my hand even to the knowing. You are greatly blessed for holding fast to the central vibration that you know to be truth and are my cohorts in this great undertaking. Details would have created greater disturbance, delays, wavering and unnecessary shake up in the progress that had to take place. For there is a time table and window of opportunity that is firm. Thank you.

# **WEAR YOUR MANTLE**

**By CM thru Bela**

**Jul 11, 2013**

070913 **Wear your mantle. I need you now.**

This is Christ Michael Aton. I am present with you and will need you upon occasion to deliver MY words. It is well.

Come to MY MIND all you ones who say that it is your will. Is it? If it is truly your will to align with MY will then DO IT and don't look back! It is of the utmost importance that you decide to do this and ACTUALLY do it so that things can proceed as they should. Do not be lackadaisical in this - for time has run out.

You speak of oneness. You speak of many things. Is it lip service in love of the idea of it? Or are the words and thoughts and CONVICTION coming from your core? Step into the TRUTH WITH ME and let the old world behind you vanish into the illusion that it is - poof! There it goes into the smoke and mirrors that dissipates into nothingness. Do not let it take YOU with your ill conceived notions that you hold tightly to along with it into nothingness. For I promise you that low illusion is going, going, gone! You will go out with it if you align your will with it.

Get serious. Get centered in TRUTH. Can you smell it? Hone in on it. Grab ahold. And don't let go! And march with me to the cross of victory!

## **Mocking the Unknown**

**By CM thru Bela**

**Feb 12, 2014**

I return with a few words from our perspective. Now rest assured that we cannot reveal all, but a piece that will encourage many IS at your doorstep. Expect it. We cannot say more.

Imagine if you will, a snowy day with the sun shining, a rainbow, hail, watershed and lightning. This is a very good analogy of what is occurring! A real amalgamation of variations of a well known thing such as a weather pattern, but all at once. This is what we see. And it is happening now in ways that will out of necessity change your surface living and your day to day.

We have admonished you to be prepared, for the seeds that have been planted a millennium ago would continue to sprout, bloom and produce their fruit- for good or ill. Harvest is upon your shoulders, and we are assisting to be certain that bad seeds are not replanted to sprout again! That experiment is done and much has been learned. Rosy days will only dawn after the messy cleanup of the long season of experiment on this, your world. We suggest you pull out the high boots, gloves, and protective gear as we dive in together to get this done.

It is easy to be flippant and to discard the many warnings that have come and it is a simple thing to think about any one piece of chaotic change and to say that you are very equal to it - "bring it on" as you say. But put several challenges together at one time, and you may find yourself reeling from it. In hindsight, you will not mock the many messages warning to be prepared for imminent challenges- for we have been kind to give them!

There are many human reactions to the unknown: wonder, fear, excitement, anxiousness, among others but the most dangerous among these would be dismissiveness! You have been warned.

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