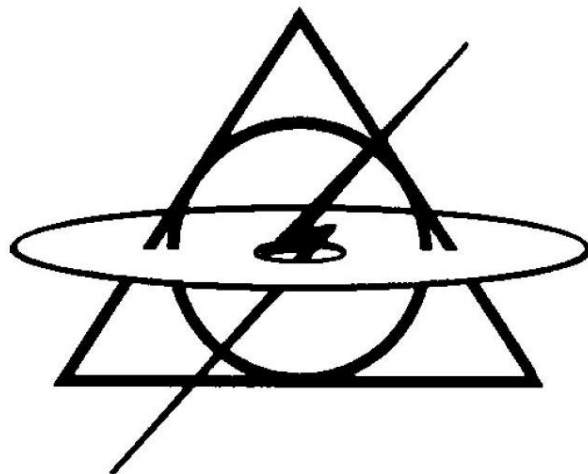


CONTACT

THE PHOENIX EDUCATOR

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The 12 WRITINGS

WRITING NUMBER 1

Change Is A Natural Part Of God's Thinking

*Editor's note: This is the first time the entirety of the following 1996 writing has been presented publicly. When it was first received by the scribe who has contributed many of the spiritual writings in these pages, that one was relatively new to the capacity of a public receiver, and was thus a bit nervous about receiving one day—of all things—a message from Commander Hatonn which was instructed to be shared with Doris and E.J. Ekker. At the time, Ekkers asked that the writing remain private though, except for the part between the ***, it was a wonderful message for our general audience. That general message was included, as chapter 32, in WISDOM OF THE RAYS: The Masters Teach, Volume I. After both E.J. and Doris read this writing, E.J.'s comment to the receiver (with witnesses present around the speakerphone) was that "This is the best Hatonn writing I have ever read!" The cautionary statement herein warning that "you could get quite bogged down" carries a particular poignancy considering their present difficult situation due to the choices made.*

9/28/96 HATONN

Greetings, my scribe. It is I, Gyeorgos Ceres Hatonn. I come in the Oneness of Creator and Creation, that this transition project be completed in perfection.

We are at crossroads of change. This change is a transitional point within the overall mission. Ones are in great need for this change. Our faithful Lightworkers, especially the ones who have been fighting and persisting for years, are in need of rest.

This message is to allow those ones to recognize that, indeed, the rest is near. No one needs to be alarmed. There is balance in all of those endeavors that are truly of God intent.

With the approach now of this transitional crossroads, there is the possibility of confusion to you of the Ground Crew who have focused too much on Dharma, instead of the message. Dharma is simply my scribe, my secretary.

She has worked, literally, night and day with me and for me, in a most public capacity, for over ten years. She has no real privacy; her family life has suffered. She has given up much to fulfill her role. She has been under CONSTANT attack from those small-minded ones who attack out of ignorance and fear.

I, Hatonn, am not going to ask more of her. She has completed ALL that she had agreed to do—and MUCH, MUCH MORE!

If she chooses not to write another public word from this day forward, know that she has more than completed that which she has come to do. SHE NEEDS A REST BREAK AND SHE SHALL HAVE IT!

Be assured that she is not going anywhere at this time. She will have her rest. But, in time she will get bored, and will again realize that there is great joy in "retirement".

None of the Lightworkers ever REALLY retire, you see. Like breathing, an inhale is always followed by an exhale. This is an opportunity for Dharma to relax and catch her breath. In doing so, she shall find the inner peace that shall allow her to rejuvenate her inner strength.

Her fatigue is of a mental nature, which saps the physical body, thus causing a dwindling spiral effect.

When the mental viewpoint can be shifted away from those things which cause the mind the greatest concern, one can step outside of oneself and take a more objective viewpoint. This, in effect, frees up the necessary mental and emotional space in order to free oneself from the impact of inner frustrations and pains.

These are the challenges that stretch a souled being. Dharma has accepted her current job knowing full well that it would be ANYTHING BUT easy! She did, however, know that the experience would be quite fulfilling to the soul. She has untold riches in the many mansions of God!

Back to the crossroads mentioned above. Crossroads are where decisions must be made that affect one's journey—to go in one direction or another. The choice is that of free will. Neither is right or wrong. Either choice shall lead you forward, and there is always the consideration that BOTH paths will eventually lead you home. Each path will have its challenges and its joys and its surprises along the way.

Keep in mind that you always carry the baggage from your current path of choice. This baggage may not be as impacting to you on one path whereas, on another, **you could get quite bogged down**. God shall give you the strength to accomplish EITHER choice, but be assured there shall ALWAYS be challenges that will stretch you.

What is this crossroad? This is a point where Dharma will begin to relinquish the myriads of responsibilities to those ones who have come up through the ranks and have proven that they CAN and DO handle responsibility in such a manner as to not need the constant babysitter.

This is NOT to say that she will just dump her load off onto another. This IS to say that it is time to loosen the grip on the reins enough so that others may have their opportunity to grow.

One person CANNOT do it all! Dharma would like to do everything for everyone, but that is simply impossible! Others are awakening to their mission and shall know what to do when they need to know.

This writing is as much a writing to Dharma as it is to any of you readers. She needs her confirmations as do all of you.

I honor all of my team members who have persisted through and beyond that which can be expected of them. However, I know that you ones need these experiences that cause you to search deep within your souls to find those things which keep you from realizing your true potential within the Oneness of Creator.

We of the Hosts have infinite patience for you who constantly seek to know and understand the workings of God's thinking. As you begin to understand more and more, you shall begin to realize the simplicity in Creator's thoughts. Complexity is merely a by-product of ignorance.

Ones feel that Creator must be so highly complex that no one could possibly understand Him. NO! Creator's thinking is simplicity at its finest.

Know that there is only One Ultimate Reality, thus One Ultimate Truth. In the end, all will have come full circle.

The alpha (beginning) and the omega (ending) shall face one another and you shall see the Oneness and Reality of the many third-dimensional experiences viewed as a whole cycle. At this point you ones will know the answers to all those questions prefaced with, "Why...?"

Remember that the primary reason for the third-dimensional experience is SPIRITUAL growth NOT physical anything! I am only interested in those things that will allow your SOULS to expand.

There are infinite cycles of growth within the mind projections of God. There are no limitations except those YOU place (or ALLOW to be placed) on selves.

There are always Guides and Wayshowers provided for those of you who hear the call and desire to participate. We of the Hosts honor your choices, regardless of whether or not we agree with them. Each experience you choose can be turned into an opportunity for growth in one form or another.

Neither I, Hatonn, nor any of the Hosts of God, nor even God, expect you to be perfect in the third-dimensional experience. If you think that you must be perfect in order to be on my team, then you err GREATLY! You simply must have a desire to participate, for God forces NO ONE to do anything.

I understand the challenges facing you ones. The impact of daily living is quite harsh at this time.

Tempers are going to flair. It is a matter of fact. However, I ask that you release the past. Do not hang onto your anger. That is the adversary working on you through your ego. Forgive selves and others, and move on.

Those who would volunteer, yet are not really ready for THIS level of responsibility, will simply weed themselves from the mission. Those who endure (and pass) the testing experiences shall be systematically given more and more responsibility—but never more than they can handle, yet enough so that there is challenge and growth.

Remember that the primary reason for the third-dimensional experience is SPIRITUAL growth—NOT physical anything! I am only interested in those things that will allow your SOULS to expand.

Allow for your life's experiences to unfold. Do not try to force an experience to conform to YOUR perception of reality, for in doing so you are, in effect, trying to force YOUR reality off upon another.

Your perception of reality does not change the truth of it.

Allow each of your brothers to come into knowing in their own, unique way. Each has their own path which will ultimately lead them back to Creator. Each must do their own walking and choosing.

There shall be physically challenging times ahead for all. There are many opportunities to prepare for these challenges. These opportunities have and will continue to present themselves to you ones. The choices of what you do and how you use these opportunities (gifts) is entirely up to you.

Go within and ask for Guidance within the Light and you shall be given that which you need.

The script of this play is forever changing in subtleness, yet the general story never changes. There is that which leads you closer to God, and that which pulls you away. The sum total of all your experiences has brought you to the point you are at this day.

The very mission (purpose) of your soul is to reach out and explore and grow. This implies change. Change is a natural course of an evolving planet, soul or universe.

You can see, by looking back into history (back in time), that life shall continue to move forward WITH OR WITHOUT your personal action. Nothing remains in a completely static (unchanging) condition.

Let us take, for example, a rock. It may just simply sit there, yet many things can and do happen which cause change: rain, wind, sand, light, heat, cold, biological reactions and interactions, and so forth, can and do impact the existence of the rock. Yet, it just seemingly sits there and does nothing. All the while it is, in fact, in a constant, never-ending state of change, as is everything in Creation—for all is connected.

The very mission (purpose) of your soul is to reach out and explore and grow. This implies change. Change is a natural course of an evolving planet, soul or universe.

Whether or not you take an ACTIVE role in this evolution, you shall still experience change. Taking an active role involves creating.

Creativity is the act of bringing forth that which did not exist prior to the point of realization (or materialization). You have the ability to be co-creators in this overall play. That is to say that you can change the script. This shall only happen if your ways or ideas are better than those which are now in place. These new ideas would most certainly be of a creative, inspired nature.

As you move forward in this mission, please keep in mind that there shall be realizations, and thus growth, for ALL involved. For those who refuse to see, know that their choice is one of reluctance due to ignorance of their own spiritual nature. Their future experiences shall be guided so that they will have opportunity to confront those things which will pull them out of their self-imposed stagnation.

Keep in mind, also, that this is a time of instant karma. That is to say that ones shall have to face their indiscretions in a most abrupt and timely manner.

Find inner peace and balance and cast off those things over which you allow yourself to get angry.

The stagnation that you are in is only as bad as YOU perceive it to be.

The greatest trap is the self-imposed punishment for those things which were merely experiences so that you can have a measuring stick with which to gauge (measure) your own progress. You are the ones who beat selves up over past mistakes, not I nor God.

Be assured that the ones who have a conscience are the ones who punish themselves. Those without conscience (soul) are NOT deterred in reaching their goals. This is because they do not care how they reach their goals or who they hurt in the process.

Realize, please, the illusionary nature of your third-dimensional expression and that it is natural to make mistakes. It is also natural to forgive self and others for your and their mistakes. Always remember the lesson and move on.

The opportunity to rebalance shall cycle back around and you will have opportunity to get it right eventually. Do not expect every opportunity to hit you upside the head. You must look for the opportunity and take action.

Do the best that you are able to discern and act in confidence. God monitors heart intent. If the heart intent is correct, then your actions will reflect this in time. You may not get it right the first time just because your intent is good. All things worth attaining take effort if they are to have true lasting value.

If you stay the course, you will find that you need every mistake in order to set the stage for new, sometimes bigger experiences and opportunities for growth. Thus even the perceived mistakes add to the spontaneity of expression (excitement). And each challenge presents newness of experience. This, in effect, brings about the JOY of experiencing that you ones look forward to.

If you worry constantly about doing the "right thing" to the point where it stops all action, then you have, in effect, short-circuited an opportunity for growth. Sometimes you need to make a large "mistake" in order to find out what NOT to do next time. Also, the experience shall provide insights into a better solution in the future.

Small experiences in this life may be setting the stage for one of this life's bigger challenges. This could be a challenge that has been following you around from lifetime to lifetime. You cannot know what is the "right" thing to do ALL the time. But if you ask with the heart, God shall send you what or who you need in order to assist you in finding your way.

All is as it should be! The radiant unfoldment in the third dimension is but a reflection of that which is truly real. Thought within Creator is real; all else is but a reflection of mirrors in a holographic play.

Ponder upon these words for they are the confirmations you ones need—if you but look closely at the wording and the intent.

Worry not about the messengers. Discern always the message.

Thank you.

I am Gyeorgos Ceres Hatonn, Friend and Wayshower. Salu.

WRITING NUMBER 2

Sananda: It Is Time My People Come Together!

Original editor's note: The following writing began as a personal message to a scribe who has been struggling with the responsibilities of public receivership for some time. However, the message evolved into such a wonderful "pep talk" for the entire Ground Crew that it was decided that it be shared publicly, here. Astute readers will find continuation of an important theme addressed by Aton Himself in last week's CONTACT. That message was written through a different public receiver who likewise struggles with the challenges and doubts and responsibilities of the job. Let us all be mindful that these ones do not take their jobs lightly, but strive ever to conduct themselves Light-ly!

12/25/98 ESU "JESUS" SANANDA

When decisions are made to serve the Light, there will always come distractions to turn your attention away to what is perceived as the more important task. Good evening, child. I am Sananda, come to visit with you upon this night reported to be my earthly birthday.

I bring unto you the blessing of Holy God of Light, and I am well pleased that you have taken the counsel as you have. Though it is understood that there are many earthly duties that you perceive have been heaped upon your shoulders, know that most of these perceived duties are but distractions placed in your life to sway you off the path of receivership.

There is so much that you can offer to your world by serving in this manner, and that is the reason the darkness will forever try to seduce you from that service for which you have been chosen and you have chosen in this life experience.

Long before you came into this physical expression, you chose a life of service, whether you know it or not. You also chose to come into your present life, in this time of great chaos and transition, for you knew that a clear-channel receiver was a role that the world would need.

Anytime you desire to be a teacher of the spiritual nature, you must have a life in which you learn much, for in learning, you shall be able to pass along advice and wisdom to those who are reaching out to you. How often have you ones in the role of teacher found yourselves touching another at times least expected? This happens in the check-out line at a grocery store, or when listening to a co-worker struggling with a personal or business-related problem, or when taking-in a wayward and confused teenager, or when hugging and kissing a crying child.

How often have you seen, in the eyes these ones, a glimmer of Light as you passed on to them a blessing in one form or another? Can you deny that this is your chosen path? A teacher comes in many forms and, as a receiver, you stand in the station of teacher.

I understand your hesitation, for you do not feel qualified to be dishing-out advice. However, consider that you do not so much pass on your own wisdom as you do that which is *channeled through you*, for your receiving abilities are not limited to penning words for publication. You are in a constant state of receivership, whether you recognize it or not!

There are many times when the receiver needs to be fine-tuned, for there is much interference on the frequency, but the channel is open nonetheless. Those are the times when you find yourself steeped in doubt and depression.

Depression is a state of mental and emotional anxiety when you have conflict within. That conflict is nearly always in making some choice between the heavier, material universes and the lighter, spiritual universes.

As I stated above, when you have chosen a spiritual path, the darkness will always attempt to interfere, to sway you away from this spiritual walk, by throwing all sorts of emergencies and other earthly duties in your path. When you are in the process of making these choices, quite often ones will experience a state of depression. However, once the choice has been made, be it the physical path, or be it the spiritual path, the depression will almost always pass.

Those who are the most spiritually attuned and sensitive experience these states of mental depression. That depression is the "pull" or "tug of war" of conflict within. Those who suffer with this horrible ailment should pay very close attention, for if they did, and if they would consider what choices they need to be making, most of the Prozac could end up being flushed down the toilet!

There are two segments to the human brain—the side that is the vehicle for the physical mind, and the side that is the vehicle for the spiritual mind. These two segments of the mind, when functioning properly, will be in balance; that is, neither side dominates, but both work in perfect synchronicity.

That state is all but absent in 98% of the population of the planet at this time, and so there is always a state of internal conflict. With those of greater sensitivity, this conflict, very often, manifests itself in the form of mental depression.

So, how do you overcome these bouts of depression? By recognizing them for exactly what they are—the internal battle of Light and dark. Your spiritual nature is attempting to get a message through to you, while the physical nature is pulling you in the opposite direction.

Your doctors give you explanations along the lines that the synapses of your nerves are misfiring, as a spark plug in your car misfires. There is a bio-electrical charge that these synapses create, and this spark (or charge) should, if things are functioning properly, cross the gap between the two segments of the brain. When a synapse misfires, the charge may fail to cross the gap. That is why it is helpful for you to make a *conscious* effort to make a decision, for in so doing, you are stimulating the synapses to fire properly and thus for the charge-signal to cross the gap properly between the two brain segments.

That is what the so-called anti-depressant drugs are touted to do. And they do. However, as with nearly all of your chemically produced drugs, there are, in nearly all cases, undesirable side effects to deal with.

These side effects are very much a cause for alarm in those people who are considered border-line depression cases. What happens is, the drug creates a spark great enough to cross the gap; but, it may "overfire", so to speak, throwing the person out of the depressive state and into an over-reactive state, such as one of extreme anger or other expressive outrage.

When this occurs, you may have the Vietnam veteran who suddenly grabs his gun and goes out on a killing spree, only to remember nothing as soon as the dosage of the drug begins to wear off. Your chemists and doctors are dealing with something they know little about, and so, as usual, there are casualties—which often include more than just the patient.

You are winding up another year, and so, because of the mental and emotional conditioning of the population of the planet, it is a time of endings and beginnings. You are about to enter the last year of the current millennium, according to the dominant calendar used. There is significance to this, because of the belief systems of the majority of your population; therefore, it is a time now to reflect back and to look forward.

As the new year comes, so too will many changes. The year approaching, because it represents a cycle of completion, will prove to be a double-edged sword. There will be many, many blessings; but there shall also be much chaos and consternation. So, if you thought the past year has been an interesting ride, just wait until this next one begins to unfold.

Changes. That shall be the order of the day, nearly every day. For those who live strictly in the physical realm, there will be more grief than joy. For those who live by the spirit, there will also be great changes—but those who have been studying the teachings we have been offering for these last many years should recognize and understand what is taking place.

All those things you have learned shall come to serve you well!

It is also a time for those of you who have chosen to assist in the transition of the planet to begin your work IN EARNEST. *The coming year will definitely be a time when I shall separate the "chaff" from the "wheat". There is going to be an infusion of The Light as you have never before seen, as the cleansing becomes accelerated during the coming year.*

Those who function in less than truth are going to find it more and more difficult to cover their tracks. There are going to be even more uncoverings of past indiscretions and lies. Some shall find it unbearable to the point where they choose to simply leave the planet through the death process.

People shall be forced to make their choices, as the "battle lines" are drawn between the forces of Light and dark. For some, it will appear that all hell has broken loose; for others, they will instead believe that the Kingdom of Heaven has come to Earth. It shall all be in the perspective of the individual.

Those sitting on the fence are going to get kicked off to one side or the other! So, get ready to be confronted with all sorts of decision-making opportunities.

I made a statement, lo so many years past, that in those days, to either be hot or cold, for the lukewarm I would spew out. That means NOW! And that means every one of you who has not made up your mind as to whether you serve The Light or you serve the darkness.

IT IS THE TIME OF MAKING UP YOUR MINDS! Those who serve The Light are going to find they have little-to-no tolerance for deception in ANY form, and these are those who WILL demand THE TRUTH!

Do not think for one moment that the cleansing is going to take place only within the dark recesses of governments and big businesses, although it shall. BELIEVE ME WHEN I SAY TO YOU THAT THE GREATER CLEANSING WILL BE AMONG *MINE OWN!* Those

MANY OF THOSE WHO HAVE CLAIMED TO BE WRITING OR SPEAKING FOR THE LIGHT ARE INDEED IMPOSTERS, OR HAVE SLIPPED FROM AN HONEST TO A DISHONEST ROLE, AND I INTEND THAT THESE ONES SHALL BE UNCOVERED. If I cannot have honesty from within mine own, then how can I, or you, demand honesty from the others? NO, FIRST THE PURGING WILL OCCUR WITHIN MINE OWN RANKS! So be it.

who claim to be in service unto The Light, yet in their hearts believe differently, are going to fall by the wayside.

That is why you have been offered so many messages from so many valid sources which suggest you **MUST** learn to turn to your **OWN** Inner Guidance and stop relying solely on those who have been penning our messages all these past years.

MANY OF THOSE WHO HAVE CLAIMED TO BE WRITING OR SPEAKING FOR THE LIGHT ARE INDEED IMPOSTERS, OR HAVE SLIPPED FROM AN HONEST TO A DISHONEST ROLE, AND I INTEND THAT THESE ONES SHALL BE UNCOVERED. If I cannot have honesty from within mine own, then how can I, or you, demand honesty from the others? NO, FIRST THE PURGING WILL OCCUR WITHIN MINE OWN RANKS! So be it.

This internal cleansing is going to upset many, for they have found it comforting to follow another. Yet, it is also laziness on their part, for they believe that they assume no accountability for their choices. I SAY UNTO EACH OF YOU THAT YOU HAVE ACCOUNTABILITY AND RESPONSIBILITY *ONCE YOU HAVE HEARD AND KNOW THE TRUTH!* After such time, following another one blindly is not an excuse that I shall accept.

If you ones thought that we Teachers from the Higher Realms have been hard and harsh before, you have seen nothing yet. What may appear as harshness is simply demanding that each and every one of you take a stand and choose now whom you intend to serve. And you *shall* be responsible and accountable for the choice you make.

Judgement is not your job, but it is mine and my Father's. You would serve yourselves well to begin judging thine own intent and actions, rather than those of another, for none of you know the intent and agreements of another. So leave the judging up to those who **DO KNOW** the intent and agreements! **Believe me when I tell you that you shall have quite enough to do focusing upon your own person in the coming year!**

To my receivers, I wish to address the subject of doubt. You ones, all of you, struggle with whether you are hearing properly and correctly, and whether you are hearing those of The Light or those of darkness.

In your doubt, you err. Doubt comes from fear, and fear is from the darkness. So shed the darkness, shed the fear, and the doubt shall cease to exist. Always be diligent in demanding identification, and check your own Inner Guidance, for it shall serve you well if the intent is pure.

Those in the station of (especially public) receivership have had much practice and lessons in discernment over the past years, and this was for a purpose. Those lessons shall now serve you well, for in your learning you have grown strong.

There are literally thousands of you. Some have just become more public than have others, but each of you is serving a specific purpose, and most of you are serving **VERY WELL**. Those who are penning and speaking for purposes of personal or material gain or gratification shall also receive their reward very soon, for we are even now dealing with them.

Those of you who have made the decision to serve The Light are going to have a most interesting year. You are going to make connections with others of like minds and spirit, and you will be amazed by whom you shall be coming in contact with.

I will caution you ones, however, that regardless of how famous the personality might be, each of you has a specific and **EQUALLY IMPORTANT** role to play, so guard against the demi-god syndrome that you are so apt to fall into.

IT IS TIME THAT MY PEOPLE COME TOGETHER AND DECLARE THEMSELVES TO ONE ANOTHER AND TO THE WORLD AT LARGE!

Many of you ones have been quietly working behind the scenes for many years now, and it is time that you each step forward and take upon yourselves the job which you are here to perform. IT SHALL BE A TIME SUCH AS YOU HAVE NEVER WITNESSED BEFORE UPON EARTH, AND IT SHALL BE A JOY UNTO YOU!

There is much more that I could say at this time, but let us draw this to a close, for I believe that I have given you ones enough for consideration at this time. If you feel that this message is overload for you, it is imperative that you take the time to go within and settle yourself—for it can be overwhelming, but together, believe me, we shall go through onto the other side of these times.

I am Sananda, One with The Light of Holy God of Creation. I leave thee with my Father's blessing upon thee. Salu.

WRITING NUMBER 3

Sananda: The Battle Intensifies Between Light And Dark

1/3/99 ESU "JESUS" SANANDA

This receiver just learned a very great lesson and was called to task quite sufficiently. Now I believe that we can sit down and work in earnest. Thank you, child, for taking the correction so well.

Let me begin by repeating a phrase that I just heard said about myself. I AM NOT SOME FLOWER-CHILD HIPPIE GOING ABOUT WITH FLOWERS IN MY HAIR, PROFESSING THAT ALL IS BEAUTIFUL AND WONDERFUL. All is *not* beautiful and wonderful, for if it were, we would not be needing these words to be written for a planet gone astray.

I am Sananda. I am One with My Father, Holy God of Light. I come on behalf of and in service unto My Father, to a world that is in dire need of The Light. All is not well, and all will continue to degrade until the battle between the Light and the dark has been completed. So be it.

This receiver was in error, but we have now corrected that. I do not need, nor want my words filtered and/or flowered up, for my words are My Father's words, and are not up for discussion or filtering. I can understand why the receiver was trying to filter, for my reputation upon Earth has been one of mostly myth. Yes, I ministered to the sick and the poor. But I came to change the world, and in the process of that change, I made many enemies, and was quite unpopular with the controlling powers of that time.

Two thousand years have not changed that, and I am still very unpopular with the controlling powers of the planet, and shall continue to turn over the money changers' tables in My Father's house of prayer.

I did not come to bring peace, but I came to bring TRUTH and LIGHT. It is not an oxymoronic statement, because there is so much darkness upon the Earth that TRUTH and LIGHT becomes the enemy. There is every form of perversion and deceit thinkable.

The money changers do inhabit even the houses of prayer, for the majority of the houses of prayer have become social circles for the so-called "elite" and there is very little good coming from any of them. I can tell you that I would be most unwelcome in the goodly number of them.

There is but a handful of truly spirit-filled, faith abiding, workers of The Light in your world today. Yet they come from every walk of life and segment of society.

Your big businesses boast of their multi-cultural programs. But I tell you that my program is *truly* multi-cultural, for these ones are from the wealthiest of the wealthy, to the poorest of the poor, yet each of these ones only view one another as children of God—no more, and certainly no less.

TRUTH and LIGHT shall prevail. But there will also be many who fall by the wayside, for they shall not be willing to truly put down their material possessions and their social standing in order to follow GOD's principles. I never promised that the good road was the easy one, but I did promise it would have the greatest rewards. Those rewards can only be appreciated, however, when you

have really dedicated your life to GOD, for GOD's rewards do not come in the form of gold or silver or shiny trinkets. **GOD's rewards come in many forms, but the greatest rewards are love, charity, and wisdom.**

The love I speak of, however, is not as you ones perceive, for you cannot truly perceive of the purest of love. That love is not jealous, and it is not deceitful, and it has nothing to do with sexuality or sensuality, as you have been programmed to think.

Pure love is recognizing that each and every thing, be it animal, vegetable, or mineral, all projects from One Source, and that each is no greater, nor any lesser, than is the other, for all is greatness in creation. And only when you recognize that you are no greater and no lesser, as well, will you even begin to be able to comprehend the fullness of that love. For only when you love yourself, as an equal part of creation, can you truly begin to love all in the same manner.

True charity comes only after pure love is understood. Charity is giving not only of money and material possessions, but also giving of yourself—your time, your energy, your wisdom, and your love to any and all forms of creation.

The Earth was not created for you to abuse and destroy, but was created as a beautiful place in which to learn some of the most difficult lessons you shall be faced with. Some of those lessons deal with recognizing that, regardless of how insignificant a thing might be, all are important if your world is to remain in its created condition, which was perfection.

Wisdom is achieved when love and charity are understood. Once you achieve the wisdom, you will have little or no desire for gold or silver or shiny trinkets because you will understand that the greatest rewards are not things you hold in your hands or show off. These rewards will serve in bringing you into the Higher Realms, where gold and silver and pretty trinkets are of no value beyond their intended uses and reasons for creation in the first place.

So, if you choose to chase after only those Earthly treasures, you are indeed short-changing yourself and will never experience the benefit of the greater treasures that are available to you.

As I stated in my previous message [*in last week's CONTACT*], there shall be a sorting and separating of the wheat from the chaff, and / intend that it will first begin with mine own. Many are wondering just exactly what I meant by that statement, so allow me to make a clarification at this time.

My desire is that all will come to serve the Father. However, in that kingdom, there is no place for those who would use the Light of the Father and pretend messages for self gain in any form.

There are those who have found that many in the world are hungry for spiritual truth and wisdom, and have decided it was an easy way of making a name for themselves and/or an easy avenue through which to charge exorbitant fees for ones to come sit and listen to them speaking, presumably for myself or any of the Ascended Masters or Teachers. These ones are fakers, and liars, and they shall each earn their own just reward.

There are also those who have penned and spoken our words, but the intent of them was for their own agendas and self-aggrandizement. These shall be dealt with as well.

The Earth is entering into a period of cleansing and purification as it accelerates its pace toward the transition shortly ahead. That cleansing and purification will touch every one and every thing, and nothing shall be able to hide from or escape it.

Those of you who have been reading and hearing the messages for these past years have a foot up, so to speak, for you have been hearing the messages regarding Truth, and you ones know the difference. Truth is Truth is Truth, and deceit is deceit. You know the difference, but too many of you have been practicing otherwise. It is time to stop the lies, because I will require no less or no more of you than I will anyone else.

But those who intend to serve The Light need to be the standard bearers in the days ahead, because you ones are serving as our hands and our mouths for the time being. If you expect to be told the truth, then YOU must first learn to tell the truth, for like produces like.

For those of you who found my previous writing to sting, then consider that it applies to YOU, and examine what part of the message struck you the hardest. That will be what you need to examine and work on in your own life. My words are chosen carefully, and they will "speak" to those who need to hear them.

As you see the winds of change sweep across your world, know that these changes are necessary and all a part of the transitionary process. Those winds may blow harshly at times, and at other times will bring the gentle cleansing and nourishing rain. Sometimes that rain will cause a flood, but that too is all part of the transitionary process.

The dark forces are battling fiercely with the forces of Light, and that battle only promises to intensify in the coming days.

But in those times when you feel the darkness is all about you and closing in, remember that you are *never* alone, and you are *never* farther away than the call—for the call WILL demand an answer, and you shall be answered! I have come to cause a split in your world—a split between darkness and Light, and the sorting out process has just begun. It may not always be easy, but I promise you that it shall be worth it.

Now, let us get busy, for there is much to be done. Each of you who reads this and understands and has the purity of heart to serve GOD of Light, GOD of Creation, are the Light bearers in your darkened world. Do not be afraid to speak that which you have received, but when your words fall on deafened ears and hardened hearts, turn and go your way and find another with whom to share what you have learned. Allow my Father and me to do the sorting out.

Thank you, each and every one of you whose intent of heart is pure and who selflessly serve The Light in TRUTH. You are blessed and we are honored by your service. You ones are cherished and loved, and abundance is yours, if you will but accept it.

I am Esu "Jesus" Sananda, One with the Light of my Father, Holy GOD of Light.

Salu.

WRITING NUMBER 4

Soltec: Feel/ The Changes In The Air For 1999 & Beyond

1/4/99 SOLTEC

Good morning, my friend. It is I, Toniose Soltec, come in the Radiant One Light of Creator Source. Be at peace.

Always look for the clues when looking toward the future possibilities. There will always be the "signs" that you need along your journey. None will have their path so clearly painted that they will not have to think or take responsibility. However, one who observes closely all of the subtleties of their experiences, and learns to accurately interpret these signals, will have a much more productive, rewarding, and enriching journey.

As usual, our message is vague in terms of specifics, yet these words will cause within you a stirring which cannot be easily ignored. Why such words at this particular time? Why do we choose certain word combinations that seem to "jump off the page" at you?

All is for a reason! Do not discount even the slightest word choice, for there can be *much* communicated in terms of tonal frequency or reactionary response to a single word placed in proper sequence.

Allow for the changing (rising) frequency of your planet. But, perhaps even more importantly, please pay close attention to the inner feelings and emotional responses that you ones are feeling from day to day. Growth is not usually something that explodes in your face, but rather, a gradual evolution of thought and understanding brought about from years of experience.

Your inner world is constantly offering to you a *feeling* response to that upon which you focus your attention, from moment to moment. Many of you have had a noticeable "inner tension" since the first of the year. Some would describe this as a sense of foreboding or uneasy anxiousness of sorts.

Did something "happen" as the clock on the wall ticked past midnight in your area on the first of the year? Yes!

There was a shift in planetary awareness resulting from many people seeing that the year 2000 was just around the corner. And, with the perception of time being such that the last year is mostly a blur for the majority, many are left with an anxiety and an anticipation of the next year. There was no real change in physical space, but there is indeed a "charge" in the nonphysical space that precipitates the events that get played out in the physical.

Each and every day you ones make seemingly small decisions and choices that affect your daily lives—from what clothes you choose to wear, to what food you will eat, and so forth. Though these are seemingly small choices, they can have quite a large impact on your daily experience.

If you choose clothing that is comfortable, neat and appropriate, yet unobtrusive, you will likely be far less distracted than if you choose clothing which draws a lot of attention or makes you feel "out of place". Wearing a bikini to the grocery store on a typical winter day is an extreme

example. Likewise, if you choose to eat a lot of garlic or beans, you may also become quite a distraction to others!

Now, if we look at the fact that there exists this very real feeling that most of you are feeling as we enter 1999, and we understand that this feeling is mostly due to the inner stirrings of the masses, then we have just made note of an important clue. In taking this look toward the future, there would seem to be a "significance" about the coming year which no one seems to be able to put their finger on.

This feeling is their Higher Self offering a "wake-up" call. Many are still *consciously ignorant about the personal meaning of this sensation, but deep down in their "gut" they know that there is indeed a "quickenings" occurring, and that massive, life-altering change is coming.*

When the mass consciousness alters in this way, the energy must seek its proper density for outlet. If you feel hope and anticipation with eagerness associated with this energy, you will walk lightly through these times of change and attract experiences with that same lightness. On the other hand, if you anticipate hardship and trouble, you will attract more of this "heavier" (lower frequency) burden. Either way, the emotional energy that has been generated will seek its outlet (a grounding of sorts) in terms of physical manifestation.

There is no experience you can have that will not first play out in mental and emotional (non-physical) spaces. The more "in tune" you are with the intent of your Higher soul-purpose, the more peaceful will be your experience. When you are "off course" with respect to your core intent, you will find the coming times quite stressful in terms of inner emotional conflict. This is a perfect time for self-examination in terms of "feeling out" exactly where you are with respect to fulfilling your intended purpose for this physical life experience.

Please also know that, if you are drawn to these types of messages, then you are, at the very least, on the path of educating yourself in terms of understanding how you fit into the Divine Tapestry of Creator God's thinking.

You are each in a schoolroom, trying to better yourselves and find greater knowledge. The mere fact that you have chosen to come forth in such a manner says that you have lessons to learn. Many view ignorance as a weakness and it is hard for some "intelligent" ones to accept that their current perception of the universe and why they are here could possibly be in error. Yet, many of you who read this message have great errors in your "learned" thinking (this includes the one writing this message) that need to be looked at and "studied".

Now comes the challenging part: How does one identify their errors in perception and thinking? First and foremost, accept that you DO have such errors and that you are there to have experiences that will show them to you.

This means that your whole life is a journey with challenges and choices which will bring about experiences that will lead to more choices and future experiences. When you recognize a recurring "theme" in your life, you can be sure that there is a lesson therein, and that you now have a different perspective on the situation—hopefully one of expanded growth and awareness. However, if you make the same choice you did the last three or four times, you will likely confront the same experience yet again.

Approach life with a balance of humility and exuberance. You each make mistakes every day.

Approach life with a balance of humility and exuberance. You each make mistakes every day. This is a natural function of the learning process. Some will learn faster than others, and some will simply hold on to the irresponsible belief that they are the "victim" of luck and chance happenings.

This is a natural function of the learning process. Some will learn faster than others, and some will simply hold on to the irresponsible belief that they are the "victim" of luck and chance happenings.

Your current world situation will evolve in a manner that will cause every living being to look within and ask questions. The most prominent question for those who are not numb to life will be: WHY? Ones who ask this question are wanting to understand how these things happen and how they fit into the experiential equation.

OK—why ask why? Experience shows that if ones have an accurate working model of any situation, they will be better able to make a better choice as to what course of action to take. It stands to reason that the inner desire to survive in the physical will drive ones toward a desire of understanding.

Our work (mission) is not to scare the hell out of you, nor is it to tear down or destroy any one or any thing. We come, as promised by Creator God, so that those of you who want to understand the underlying spiritual fabric in which physical reality is immersed can have an external, objective viewpoint to consider that is from a broader, uninhibited perspective.

Many at this time have chosen to ignore the clues that are all around, and have thus chosen to remain in a state of "sleepy" ignorance. Closing their eyes and escaping the "reality" of the situation, as it now exists, will not serve these ones for very much longer.

Slumber time has ended, and many ones, for a brief moment around the first of the year, looked forward in time and felt great confusion and uncertainty. This energy charge will dissipate in the form of all sorts of distractions and seeming catastrophes. It is, in essence, self-fulfilling prophecy. In actuality, it is out of spiritual ignorance to the fact that you ones have the innate ability to create, that much of what will manifest will cause confusion due to a lack of understanding the creative process. Regardless of your beliefs on the subject, YOU create your own reality and your own experiences. PERIOD!

Denial of the "scientific" aspects of spiritual truth does not change things one single bit. Go within and realize that this inner uneasiness need not be a negative potential. It is mostly unfocused energy that is seeking its proper path. You can tap in and use it any way you like, and direct it toward that which you feel to be of the greatest good. In doing so, you will find it an invaluable resource in the months and years ahead.

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We come as Teachers and Guides who are trying to prepare you for the upcoming challenges along your current path. Much like the tour guides who can make a vacation trip much more informative and enjoyable because they can impart their knowledge and experience to you, we too have come to add to your experience so that you may have a greater opportunity to expand your awareness and understanding of who you REALLY are.

These messages are only intended as insightful viewpoints from we Tour Guides. They are written, for the most part, for the general public reader. You must ALWAYS choose for yourself what path you will take and what you will do with ANY information that comes your way. We wish to help you maximize the quality of your experiences at this time.

If you choose to touch the leaves of a Poison Oak plant, after your trail guide has told you that such a plant is dangerous, then you cannot blame the guide for not warning you. Your subsequent discomfort will be a result of YOUR OWN CHOOSING.

You ALL have the ability to connect within to your own personal Guidance. Learn to recognize for yourself what this Guidance is and how to interpret it for yourself.

Your Guides are eager to work with you and will always present you with the proper experiences so that you will come to recognize this connection. Be persistent and willing to connect and hear at all times. And be responsible enough to accept what you hear, whether you "like" it or not. If you have a question you would like help with, then ask yourself, as a way of tuning-in to your Guidance, the following: "How would an en-Lightened being from the Higher Realms of creation answer this question?"

You each, who read these messages with regularity, know how to discern truth for yourself. Stop being followers of another. Your Guidance always comes from within, first! Writings like these are for your confirmation as much as they are for your education.

Never blindly follow another. Every word of this writing should be questioned within for yourself! EVERY WORD!

How do these words (in this writing or any such writing) make you feel inside?

Do you agree with them?

Why do you agree or disagree?

Does the writing help you?

Does the writing cause you confusion?

Does the writing "sound" like it came from a wise and high-frequency Lighted being?

What do you feel the intent of the writing is?

Is there a manipulative agenda telling you to do this or that—or else? (That is manipulation through fear.)

Is there an even-tempered, informative nature to the message which says: if you do this, then the consequences are likely to be that?

You should be asking these questions EVERY time you read ANY source of information! A wise person will NEVER blindly accept information as Truth without first asking a few simple questions, like the ones above. The best intending soul on your planet will not be able to help you as much as you can help yourself. You know what is best and right for you.

There are Teachers and Guides who have come to assist the masses with their insights and knowledge. Many of *you* have been reluctant to accept the responsibility of your role and await another to do it for you. This is fine, for there remains the experience of ever evolving consciousness, which you are all a part of, that *does* have great and true value. No experience is meaningless or without value.

Trust your heart and trust what you have learned for yourself. If a person is declared evil by someone, then question seriously the one making such an accusation.

Are they judging the person or their actions? How does this one know the intent or contract of another?

What gives this one the authority to make such a pronouncement?

Have YOU any personal proof of such actions, or are such merely the opinion of another?

Are the words stated with compassion and understanding, or are they stated with anger and hurt?

Which of these characteristics do you think to be a hallmark of Higher, en-Light-ened Teachers, and which seem to be the product of lower-frequency, adversarial intrusion?

Be consciously aware of the reactionary emotional nature of the physical being. When ones feel they have been wronged, there is often a period of time wherein ones want to justify their own (low-frequency) feelings to the world—so that they can avoid confronting the truth that they do not have the proper understanding of the TRUE reasons for the agitating events in the first place.

All grief, anger, and frustration come as a result of ignorance to the true reality of your situation. We of the Higher Realms view all occurrences in terms of energy flow and can easily see how it is that you ones attract into your experiences the so-called "negativity". **YOU ARE MERELY EXPERIENCING THE REFLECTION OF YOUR OWN ENERGY VIBRATION!**

When you harbor negativity toward another, then you will ALWAYS summon forth like negativity into your experience. Learn to allow for the ignorance of others, and "forgive them, for they know not what they do" as you were taught by the great christed Teacher.

This message is as much (if not more) for the one who pens this message as it is for any and all who read it. Do not, for one moment, think that our scribes are beyond the need for lessons. They are seeking answers just like any of you! If they had all the answers, they would not be there. Also, we do NOT give them the answers that will short-circuit their own personal growth. This is to say that they too must, as I said early in this writing, learn to discern *all* the clues around them. Much like with playing a game of poker, you must learn when to hold them, when to fold them, or when to simply find another game because you are out of your league!

I am Ceres Anthonious "Toniose" Soltec, come in response to the heart's call for clarity and understanding. I am one of several thousand such Teachers communicating with you ones at this time. Seek first your own Truth and follow your own Guidance, and you will have the confirmations that you seek.

In the Light of Creator Source, I bring insights which may help you, like the tour guide, to get the most out of this grand experience before you.

Salu!

WRITING NUMBER 5

Aton: Reminder To ALL To Discern Truth For Yourself

1/24/99 ATON, THE ONE LIGHT

Good morning, little one. It is I, Aton, *The One Light*. I am the Breath of Life. I am Source of your soul essence. Be calm and find peace within My Light.

There is much change that will quickly be impacting your current experience. Players are being moved and responsibilities are going to be shifted to those who have proven their ability to handle same.

There shall be a greater demand for clarity in these times ahead. The beast is among you and you see it not.

The adversary plays his role well and is a master of third-dimensional illusion. He will cloud your minds with illusions of grandeur and get you ones chasing fantastic dreams—all under the pretense of serving the "Lighted" cause.

Any distraction from purpose can be considered a success for the adversary. Whether it be an annoying mosquito which keeps you from concentrating in the moment, or a maiming of the physical body in a direct assault to remove you from the playing field, the adversary is a genius at his testing game.

NO ONE IS BEYOND THE INFLUENCE OF THE MASTERFUL TRICKERY OF THE ADVERSARY. NO ONE! IF YOU THINK THAT YOU ARE, THEN HE HAS YOU IN THE PALM OF HIS HAND AND YOU SEE IT NOT.

A great but subtle laziness has crept into the more recent receivings of some of our more "seasoned" receivers who feel that there is little need to demand identification from even the most familiar entity. This should raise "red flags" in the minds of *all* who read these writings.

There is a fundamentally important reason for the messages that come via this public newspaper route to have the clarification of intent and source as an explicit, integral part of the writings. First, it establishes the intent of the receiver as to keeping their shielding up. Second, it helps the reader reaffirm and call-in The Light while reading. And third, it stands as an example to all about how very important even the most subtle (simple) of things can be.

I, Aton, caution all readers to henceforth question any and all writings, including this one. Read them as if they are from a master con-artist who will give you great truth 99% of the time, only to suck you in and distract, or even destroy, you with the remaining 1%.

You ones shall bear witness to great atrocities and see millions who follow blindly, not just purposeful deceivers, but even well-intending ones who realize not their overshadowment by the adversarial forces.

The adversary still has many tricks "up his sleeve" and even you more experienced ones will have not seen some of these "new" twists. YOU ALL ARE NOW ON NOTICE AND HAVE BEEN WARNED! THIS IS *NOT* A TIME FOR CASUAL ATTITUDES OR LAX ATTENTION TO DETAILS.

Forewarned means you now have an educated viewpoint from which to make your OWN choices. You may claim ignorance if you like, but I know you, and I know what YOU know.

I shall allow each and every one of you to your own free-will choice. I will honor your choice, even if it is to serve those forces which oppose My Lighted Wisdom. I will not force you to see or force you to hear, nor will I force you to partake of the many gifts offered to en-Light-en your path.

All who walk the Lighted path stumble along their journey. It is an integral part of the learning. Those who get back up and persist forward are the ones who grow and become wise. Those who focus upon hiding (and otherwise making excuses for) their "humanness" leave themselves open to a level of ego manipulation which the adversary plays like a skilled musician.

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The path is fraught with great challenges (potholes) along the way. The more you travel down the road, the greater the challenges become, and the wiser you will need to be.

But, so too do ones become more and more tired of climbing up out of the potholes, and in the fatigue comes a laziness in which ones will simply find it easier to "rest" awhile and try to remember why it was so important to walk the path in the first place.

This again is the adversary getting in and clouding the thoughts with subtle doubts and uncertainty. There is ALWAYS a way back out of the "rut" or "hole" that you may find yourself in. The most difficult one to get out of is the one that you either cannot admit to having fallen into, or you are not aware of being in, in the first place.

Again, if the adversary gets you one degree off course, and though from day to day you notice not the "drifting", you may very well "wake-up" one day and see that you have wandered several miles off your intended course—only to be too embarrassed (another tool often used by the adversary) to admit to yourself (or others) that you have been "played" by the adversary.

This is the nature of your current schoolroom. I hold not My receivers responsible for what YOU-the-reader do with the information they offer. However, they will always hold themselves accountable for their actions taken. If they have allowed the subtle influence of adversarial manipulation to enter into their writings, and they go forth under the guise of an assumed name, then they will surely feel the return energy flow from such error in discernment.

TO ALL OF MY RECEIVERS (WHICH INCLUDES ALL OF YOU READERS): IT IS NOW TIME TO RETURN TO THE BASICS AND DEMAND IDENTIFICATION FROM ANY AND ALL ENTITIES WHO MAY COMMUNE WITH YOU.

This means not just asking: "Do you come in Light?" But even more importantly: "In *whose* Light?!" To all of you who read, and accept without question, EVERY word from such received messages, I say that you are already off course in terms of personal growth.

Just where does your own PERSONAL RESPONSIBILITY enter into such blind faith in others?! Go within and hear My voice for YOURSELF!

If you see contradiction in a writing from an entity who, say, has stated otherwise in an earlier presentation, then go within and seek clarification. Perhaps you ones are being tested to see who is awake and who is on "auto-pilot". When you read something that does not "sit" right with you, then seek clarification within; if what you feel still "bothers" you, then speak up and voice your concern.

You will do a great service for the ones who have become lax or sloppy in their communication skills. All of My Hosts are experts in communicating, so where might the breakdown be? If you do not demand Truth for yourself, then you will not have Truth.

Also, know that I and My Hosts have infinite patience for you ones. All who come in service to expanding the greater awareness of Creation do so as a matter of FREE-WILL CHOICE. Each have infinite patience for you ones and infinite capacity to forgive. Likewise, each are experts at balancing sternness with compassion and love.

None here love any of you less when we see you make a mistake. We only wish for you ones to have the growth that you desire. This desire comes from the depths of your soul and is the primary reason for choosing to face challenges such as you are now facing.

I offer these words as a template of sorts so that you may refer to them and remember where you come from and where you are heading. The adversarial forces (those who choose to disconnect from Source and oppose those who choose to remain connected) must ALWAYS wear a sign. The clues are ALWAYS there, so no excuses, please!

If you want to be a part of a "group" who sit around and meditate and chant, then do it. But, maintain reason, and when the "leader" tells you all to wear your Nike tennis shoes and asks you to drink the "special" Kool-aid, have enough sense to say "NO, THANK YOU!"

Who are these so-called leaders? Who is it who YOU rely upon to make YOUR connection for you? Again, where does PERSONAL RESPONSIBILITY enter into this picture?

When will you realize that YOU are the miracle and that YOU have the gift of creating within you? The *CONTACT* newspaper is for those of you who have come to assist your brothers in need of guidance. You have each volunteered to come forth in the physical so that there would be an awakened voice to speak out and expose the atrocities of the darkened ones who drain the life-force from everything they touch.

Those of you who are drawn to *CONTACT* for insight and useful information are among the "Ground Crew" for My Hosts.

But—do not think for one moment that one needs to read, or even know about, *CONTACT* in order to be "Ground Crew" for there are MANY who simply follow their own Guidance (Conscience) and do their job. For these ones, the challenges of the newspaper would only serve to distract them from their particular chosen path.

Do not place any one or any thing above another. My Plans are perfect and EACH of you play a role, whether you see it or not.

I need scientists as much as I need philosophers and receivers. But most importantly, I need independent thinkers and DOers. The faces of My poor little children, who come from broken homes, Light up not because of the money dealers on Wall Street, but because of the dedicated ones who serve the only decent meal of their day at school cafeterias. This is My Plan in action!

Seek first knowledge and truth. Let not the limitations of imposed beliefs and prevailing thought distract YOU from following YOUR own unique path. Still yourself and sense the inner, feeling state of resonance that lets you *know* when something is RIGHT or WRONG (truth or lie).

Be not afraid to speak out and challenge what you feel to be distorted or "spin-doctored" information. None of My Hosts mind in the least to be challenged—and would prefer that you did so more often than has been the case.

Again, My Hosts have infinite patience relative to anything you can conceive in the physical, and will not get upset with you. If the physical receiver becomes annoyed with you for doing so, then call them to task, for you are NOT addressing them! Or are you?

Learn the lesson that each day brings and seek always the greater "reality" (the one which adds the greatest clarity to any situation). Be quick to forgive those who err and you will find that others will likewise be quick to forgive you when you err. Look for newness in each day, and allow for the changes of course to be interjected into your consciousness. The very reason may be to get you back on the path you never knew you left.

Be at peace, little one, for all happens for a reason and all shall unfold in perfection. Just remember that the perfection I speak of is MY Viewpoint of Perfection and is not limited by the thinking of physical man. The greater the growth potential of any situation, the greater is the perfection of the situation. You shall all grow immensely in the coming years upon your orb!

Follow your own path and seek always clarification and balance. Cast not stones upon another and be quick to forgive those who still feel a need to cast stones at you. It is out of ignorance that these ones do such things. This same ignorance is why they have chosen to come into this experience at this time. When you show them that you need not get offended by their actions, you have helped show them a better way.

I am Aton, **The** One Light! I am the Spark of Life that animates your bodies and fires your souls. You are ALL a part of My Oneness. What *you* experience, so too do / experience.

Walk always with your head held high and your heart open in the expression of appreciation and love for all life, everywhere.

Blessings and Peace! Salu.

WRITING NUMBER 6

Soltec: Follow Your Heart-sense And Let Others Do Likewise

If your current path is making you physically ill, then you can know that you have ignored your Guidance at some point and you are currently off the path your Higher Self has plotted for you.

1/30/99 SOLTEC

Good morning, my friend. It is I, Commander Ceres Anthonious "Toniose" Soltec, come in the Radiant One Light of Creator Source. Be at peace.

Allow for the unfolding of the "drama" at hand. We of the Hosts have all the details "covered" with regard to ensuring that all have a fair opportunity to awaken and realize the condition and position they are in. This is to say that there will be given ample opportunity to the ones who play irresponsibly with the gifts they are given. You need not concern yourself with another's challenges or lessons.

When there is overlap (of sorts) you should effort towards recognizing the lesson that is being presented to you. You each play a very intricate role with regard to each others' lessons. When you ignore the clues that are in front of you, there will always be a greater (in terms of impacting your awareness) clue offered. This is often one that is much more UNcomfortable to deal with.

[Editor's note: The matters about which Soltec is commenting upon above are the same ones I kindly and circumspectly have referred to, in my page-2 editorial, as "some problematic circumstances beyond our (CONTACT 's) immediate control". You can be sure that, should there be continued bad judgement exercised by the parties involved, which continue to jeopardize the existence of this conduit of Truth, I will not hesitate to bring details of the situation into a public forum! There have been more than ample clues and guidance supplied in recent writings of this nature, beginning with Esu "Jesus" Sananda's 12/25/98 first "housecleaning" proclamation in the 12/29/98 issue of CONTACT, and continuing right on through Aton's cogent advice last week, and into this present wise counsel.]

You each are being guided down pathways that will garner you the experiences you need in order to bring forth the awareness and viewpoint you need the most. When ones blindly follow another, there will always be the stumbling of the one who is leading and the one who is following. Both are responsible for creating the condition and allowing it to persist.

One is no more at fault than is the other, and each will grow and learn from the experience. Follow your own path and discern always the correctness of each situation for yourself. Observe each situation from the largest perspective you can conceptually grasp, and you will be well on your way to seeing where you might be "fitting-in" to the equations which precipitate life experience.

There is value in every experience, for each involved directly and for those who observe from afar. You can learn much from the actions of another and the subsequent results. Be thankful that THEY are walking the path YOU are observing, rather than you. Likewise, be forever willing to step out of your current situation and take a look at the path you are projecting forward.

If your current path is making you physically ill, then you can know that you have ignored your Guidance at some point and you are currently off the path your Higher Self has plotted for you.

Wisdom comes from being able to see your own mistakes and understand how and why you chose what you did. There are very few who truly awaken to the point of seeing such. Most simply sit in the same old "rut", walking in a slow, tight spiral that takes many lifetimes to achieve forward progress. Look within and find the ruts in your own life first, and worry about another's ruts only after you have gotten yourself out of your own.

Never follow, but rather, walk side-by-side in the journeys of life. Be willing to assist another who asks for assistance, and be allowing of another to find their own way when this is their choice. Many wish to have insight and knowledge, yet few are willing to take responsibility for finding it for themselves. There are many helpful "rule books" written, yet few will take the time to read them.

Your world is full of ones who want someone to give them the condensed version of the rules, and this often lends to their confusion, for the one passing on the "condensed" version is often working from a similarly condensed version as well.

Knowledge is free to any and all. One must simply "tune-in" and recognize that there is no real excuse for ignorance. God will give you the answer to any and every question you can pose. Let not your limited perceptions about self stop you from utilizing this Inner Gift.

We of the Hosts see the reasons behind all of your actions (and reactions) taken in the physical. We also know very well the challenges that you are facing and why you have chosen to face such challenges. We offer you the Guidance that you seek on a continual and personal basis. Often our messages go ignored or "filtered" so that you ones can avoid the personal responsibility (and human ego embarrassment) of showing to the world that you have somehow made a mistake. As Aton said in last week's message, "Again, if the adversary gets you one degree off course, and though from day to day you notice not the 'drifting', you may very well 'wake-up' one day and see that you have wandered several miles off your intended course—only to be too embarrassed (another tool often used by the adversary) to admit to yourself (or others) that you have been 'played' by the adversary."

If your current path is making you physically ill, then you can know that you have ignored your Guidance at some point and you are currently off the path your Higher Self has plotted for you.

All illness and dis-ease come about as a byproduct of inner conflict. Inner conflict here is defined as a battle between the physical, fear-based, reactionary ego and the Higher-Knowing Soul-you. Whether the illness is in the form of a "small" headache, or a life-threatening cancer, you can know that there has been a divergence from your intended path. When there is continued resistance to the natural tendency and "signals" for balance, the small "headaches" often grow and grow and become the cancers at a time 20-40 years down the road.

Learn to recognize the inner signals offered to you, and learn to take seriously even the smallest of inner annoyances. Left unchecked or ignored, these small "things" will grow—every time! If your body needs rest, then give it rest. You ones have the ability to override the physical machinery and push it to extremes, but this is often not a wise thing to do on a regular basis.

INNER BALANCE IS THE KEY TO THE HAPPINESS THAT YOU ALL SEEM TO BE SO EARNESTLY LOOKING FOR "OUT THERE" SOMEWHERE!

While on this subject of seeking balance, your planet is likewise seeking her own balance and she has been making quite a few adjustments lately. There has, once again, been a substantial increase in the earthquake activity around your world. This increase is both in amplitude and frequency.

There are great pressures being applied to her outer skin due to "secret" testings of atomic and advanced scalar weaponry. There is also a great electromagnetic torque being generated and applied to the Earth's crust, through a magnetic field "coupling", from the intense electromagnetic pulse-waves that are being generated from these tests.

The electromagnetically induced weather modifications that affect greatly the barometric pressures around the planet also contribute to the abruptly changing pressures on Mother Earth's crust, and thus upon her tectonic plates. Add into the equation tons of water (snow and rain) deposited in great quantities where it is not usually deposited, or not deposited in normal quantities where it should be (droughts), and you, again, change the pressures on the tectonic plates.

Now, perhaps, you can see a bit more clearly how these "invisible", so-called secret tests may be affecting you ones. There are ignorant, ego-driven ones who are destroying themselves in their "struggle" for power. They would have already destroyed your entire planet, in terms of being able to sustain life as you know it, several times over if it were not for extraterrestrial intervention. And yet, these ones continue to repeat the same insane, selfish scenario all over again.

These experiences are all for a reason. The majority of you were on the planet at the time of Atlantis, when the same insanity and lack of respect for life existed. Most of you are here to face the same challenge today that you faced then. You have each grown since you last faced this challenge. Many on your planet have made the same choice they made then—to sit back and claim that the problem is too big, and therefore there is nothing they can do about it.

YOU EACH ARE CREATED IN GOD'S IMAGE. THIS IS THE SOUL-YOU, NOT THE PHYSICAL-YOU. YOU HAVE THE ABILITY TO CREATE STARS AND PLANETS, YET MANY OF YOU CHOOSE TO LIMIT YOURSELVES WITH BELIEFS THAT YOU ARE HELPLESS BLOBS WITH ONLY THE POWER TO AFFECT WHAT YOU CAN PLAINLY SEE IN FRONT OF YOUR PHYSICAL NOSES.

You are each much, much more than a physical body bumping around in a physical world. One person can change a world. Look to the many Christed teachers of just your known past. Look also to the so-called "evil" ones, such as Genghis Khan or Hitler. Even when only acting as figureheads for behind-the-scenes idea-makers, ones came forth and made great changes. They projected forth goals and manifested around them the realization of a vision.

YOU TOO CAN DO THIS! You must first drop those self-imposed limitations and beliefs. You are Creator manifest!

YOU CAN! You can make a difference! You can bring about change. You can bring to the masses an awakening vision of what is taking place on your planet. You alone can initiate the necessary energy in order to manifest change in physical space and mass consciousness. YOU CAN DO IT!

There are many out there who have long been using their own minds to modify weather patterns and create favorable situations for themselves. This is "merely" ones using their God-given right to CREATE! This ability is not to be feared, nor is it to be worshiped; it simply is part of who you ALL are—an extension of God's creative thinking.

YOU CAN! You can make a difference! You can bring about change. You can bring to the masses an awakening vision of what is taking place on your planet. You alone can initiate the necessary energy in order to manifest change in physical space and mass consciousness. YOU CAN DO IT!

You do it by going within and connecting to Source and finding inner balance, peace, understanding, and knowing WHO you really are. And then, from this position of great certainty, you make determined and powerful decisions that summon forth and create the "miracles".

This is as much a physics lesson as it is a spiritual lesson. There really is no difference other than, perhaps, the terminology.

Let not another distract you from your goals. Allow for ones with like goals and focus to walk with you, SIDE-BY-SIDE in your journey.

But never insist, at one extreme, on being the "leader" of a group, or at the other extreme, become overly dependent upon instructions from another. It is YOUR life and YOUR journey. Even those who function well as a team respect each team member's individuality.

If your focus is conflicting with another's, then without judgment or ego reaction, allow each to go their own way.

There are infinite pathways to reaching any goal, and all are a "right" path from the Greater Perspective.

From a position of balanced confidence, be always daring and let not another's ego-reaction opinion of you, or ultimatums to "control" you, influence what you know to be true within your heart energy center. Be true and honest with yourself first, and never compromise your own integrity in order to remain outwardly "popular".

YOU EACH ARE CREATED IN GOD 'S IMAGE. THIS IS THE SOUL-YOU, NOT THE PHYSICAL-YOU. YOU HAVE THE ABILITY TO CREATE STARS AND PLANETS, YET MANY OF YOU CHOOSE TO LIMIT YOURSELVES WITH BELIEFS THAT YOU ARE HELPLESS BLOBS WITH ONLY THE POWER TO AFFECT WHAT YOU CAN PLAINLY SEE IN FRONT OF YOUR PHYSICAL NOSES.

YOU become the example and the wayshower by walking the uncharted or forgotten path; it does not "just happen" by your sitting in a rut of repetitive familiarity. In fact, the rut path is likely to generate the "kick in the behind" from your Higher Self to get you moving in a more productive direction!

Look beyond the physical illusion of mirrored reflections and know that what you experience is a result of what you are projecting forth in terms of energy flow.

Are you building up with your energy flows? Are you sucking dry the energy from others? Are you simply re-creating what already is? How is it you are flowing your energy this day?

How do you feel? Tired?

Worn out? Invigorated? Full of energy and life and determination and joy? Do you complain a lot about what is, or do you focus more on your dreams and goals?

You can always ask yourself these questions. The answers will generate a correlating emotional response that will help you to honestly evaluate yourself.

If you know you feel chronically tired, but try to convince yourself otherwise because you understand the implications are that you are "off course", then you will surely generate an uneasy feeling within that will sort of "gnaw" at you.

You can never hide from your inner feelings! You can ignore them if you like, but then we get back to the earlier discussion, and these "small" announcements will grow into the bigger and more pronounced "problems"—such as chronic fatigue, strings of illnesses that seem to hit one after another, cancers of some sort, or whatever is your stress-induced preference.

If your excuse is old age, then so be it. You are not necessarily older than the young child who runs and plays and looks forward to every day with an eagerness to explore the gift from God of that day. Your soul enjoys exploring and creating in a focused, yet playful, manner. When was the last time you "played" in such manner?

I am Ceres Anthonious "Toniose" Soltec. I come in the Lighted Oneness of Creator God. My intent is that of a Messenger to those who are seeking Insight and Guidance.

Take within this message and discern for yourself the usefulness of these words. Monitor closely any reactionary responses, for this is surely your Guidance (Conscience) communicating with you.

In Light, blessings to you ALL!

Salu.

WRITING NUMBER 7

Esu Sananda: Lightness And Darkness Both Show Their Signs

2/1/99 ESU "JESUS" SANANDA

Just because ones once followed The Light, does not mean that they are still following The Light.

It is very easy to be seduced by the dark forces, especially if ones allow themselves to become angry, fearful, sloppy, boastful, or haughty. If you have become so self-confident that you feel you no longer have the need to clear your space or demand identification or ask for Guidance and Protection by the Lighted Forces of Creator God, then you have set yourself up for the biggest fall possible.

I open this message with a great caution, for there are many who have been taken-in by the adversary and know it not. It is a time for real self-examination and self-judgement.

Good evening, child. It is Esu "Jesus" Immanuel Sananda, the one who was, and is, and has been known by many titles. I AM *ONE* with the Father—Holy God of Light and Creation. I come unto thee this day in and with that same Light of Creation, and I come with The Truth, which is the sword of justice.

If you have allowed yourself to become more important than the overall mission at hand, then you have been misled and misguided by the dark energies. And if this attitude is not checked and brought under control, it will ultimately cause not only damage to the mission at hand, but to your very soul.

I caution all, therefore, to take care and do a thorough self-examination, and judge for self why you might be doing what you are doing. God sees what you see, knows what you know, and feels what you feel. He knows what motivates your actions, reactions, and inactions. Only you and He can know for certain what the reason and intent is behind each of your choices.

As we sit to write this evening, there is much activity underfoot, and much of it is going to become unpleasant very soon, for the darkness has been found out and is being exposed for exactly what it is and what it is doing. There are, unfortunately, going to be a few who shall be hurt by it; but the pain shall not be life-threatening, unless those who experience it choose it to be so—and that is always a potential, but not necessarily the given.

Any time that the adversary is found out and is cast out, there shall be much noise and temper throwing. The unfortunate thing is that many of you shall bear the brunt of the tantrum, so gird thyself with my Father's strength and faith that you are standing on solid ground. For, as I told you ones previously [*in Sananda's 12/25/98 and 1/3/99 messages*], I am in the process of separating out the wheat from the chaff, and this cleansing process would first begin with mine own!

This process is one of cleansing dark energies, not necessarily people. However, if ones become comfortable entertaining (and refuse to let go of) an influencing dark energy, then *they*

weed themselves from Lighted (high-frequency) service to Creator. I am very serious about my cleansing mission, and I see that not much has changed. So, therefore, let it go forth. So be it.

For those who would be caught in the crossfire, so to speak, I can only give you this assurance: Defend thyself with our Father's Light—the Light of The Creator, the pure, warm Light of Love—and you will escape harm. For the winds of anger shall blow, and the storm may come very near unto you, indeed. But wrap yourselves in the Love and in the Knowledge of what you know to be The Truth, and the storm shall pass over.

The adversary will always attempt to infiltrate God's own (and most often has been successful). It is the place where the most damage can occur, and it gives him much satisfaction to seduce those who have followed the righteous and Lighted path.

The adversary does not come with a grand announcement, but slips in through the cracks of fatigue, sloppiness, laziness, and self-indulgence. Most often he will appear to be of The Light, in order to gain acceptance and trust.

Once accepted, the damage has already taken place, and the influence has begun. What is said may sound very correct, with a salting of truth (enough to reel you in), but sooner or later the true identity will be recognized by lies, confusion, anger, hatred, lust, greed, and/or rage that will almost always come forth, for he can only disguise himself for so long before overconfidence sets in.

[Editor's note: The following section of this writing was originally noted as private information, not to be included with the public portion, had this writing not been held back from presentation when originally intended to be shared with you readers many weeks ago. Now, of course, the information below is enormously relevant to what has been unfolding in a larger arena of challenges. Moreover the compassionate insight herein carries a lesson for all of us.]

We have a receiver right now who has fallen into that state of confusion and anger, and is more driven by the ego of self than by the good of the overall mission. If she should have to admit to failure in the treasure-hunting department, then she is too embarrassed to come home, for she has allowed herself to be set-up as the solver of all the problems for too many.

She has allowed the many to become helpless, and now does not know how to handle it, other than to continually seek more and more money to keep all the present projects going, and plan for even larger ones. The adversary has a tight grip on her at present, and there is no prediction as to whether she will cast the shadow of darkness from her at this present time.

(The receiver of this message does not want to write these words, but I am encouraging this one to do so, for clarification to those who are very close to the problem. You have all remarked how clear and how high the frequency of receiving of *[the one who often receives the spiritual messages presented here in the CONTACT newspaper]* has become of late. And there is little wonder, for the Hosts of God of Light are working with this one night and day, for it is of utmost import that these words of Truth and of Hope continue, especially at this time.

We are all coming to the end of this mission, but we are not there yet, and the greatest work is yet to come. In the days that lie ahead, there will be an even greater need for words of Truth and encouragement as your world grows even darker. Doris is far off the mark right now, due to the influences of the adversary, and the writings coming from her are so littered with misperceptions, half-truths, and confusion that it is causing damage to the ones who are not strong in their knowledge.

I began this writing by saying that just because someone once followed The Light does not mean that they are still following The Light.

Ten years ago, when Doris first began writing and receiving for Commander Hatonn, she truly was following The Light and the desire of her heart was to help bring a broken, saddened, and misguided world back into The Light and the ways of God.

And she worked hard, day and night, for many years to accomplish the task. But, the adversary has worked very hard to destroy this Light, this voice that was Truth, by bringing those ones who would be able to do the most harm. And in many cases the adversary was very successful.

These experiences, however, caused Doris to become bitter and angry, for she was the focal point of the attacks, because she dared to allow The Truth to go forth from her lips and from her fingers (writing).

After many attacks, both personal and against the Phoenix Institute, by those who had come to assist her, a wall was built around her by not just herself, but by those who cared for her. And, in her anger and in her fear, she began to believe that she, and only she, could garner the real answers to the problems of the world. And so she began to trust very few people, and kept a small, intimate circle of protectors and friends around her at all times, and cut herself off from most of the outside world.

She developed not only anger against those who came against her in court battles and the like, but also anger at family members as well, and cut herself off from many of them for a long time. Remember the pain of the loss of her son, for it is at the apex of the whole thing. That pain and loss have never truly been dealt with, but have been masked-over and she lives in a charade about it.

It was her son's death that first led her down the spiritual path, and allowed her to come into contact with Commander Hatonn in the first place. But the loss is still deeply painful, though she will not admit it outwardly to anyone anymore, and that pain and sorrow has created a breeding ground for the anger and bitterness upon which everything else has been built.

Rather than allowing the loss to become a growth mechanism, she has allowed it to consume her, and this has driven her onward ever since. The adversary has taken that hurt and turned it, not only inward, which is slowly destroying the individual, but also has now caused her to turn it outward, to attack those who have only wanted to help.

She is a stubborn woman, a strong-willed woman, and these are not necessarily bad qualities. However, the strengths are being used in an attempt to destroy others now. The adversary has been successful in convincing her that she is the only one who can hear from Commander Hatonn, but the Commander Hatonn that she is espousing these days is but the adversary disguised in a costume of Light. Behind that costume is the all too familiar darkness and destruction.

You are witnessing the breakdown of one who began with Godly intent of heart, but through many unpleasant experiences, the heart has turned to cold stone.

Remember that I once told you ones that lust for money was the root of all evil? Well, what is it that these "treasure hunters" are lusting for? Is not gold considered money? The adversary has these ones distracted and dealing in some very shady and quite dangerous dealings. These ones have no idea just how dangerous their actions are, not only for themselves, but for all those who have been or are becoming involved. The adversary does not play for fun—HE PLAYS FOR KEEPS, CHELAS!

I wanted the opportunity to clear the air completely here, but I CAUTION YOU STRONGLY THAT THIS INFORMATION IS FOR THOSE NAMED ABOVE AND ONLY FOR THOSE NAMED ABOVE. IT IS NOT YET TIME FOR ANY OTHERS TO BE ADVISED. THE TIME IS AT HAND, BUT BE PATIENT, PLEASE, FOR ALL WILL UNFOLD IN ITS OWN DUE COURSE OF EVENTS. WE MUST NOT MOVE FASTER THAN IS PRUDENT. THANK YOU FOR YOUR INTEGRITY IN THIS MATTER. I AM SANANDA, ONE WITH THE LIGHT OF HOLY CREATOR.

[Editor's note: This is the end of the information segment which was originally considered to be a private aside.]

THE WINDS OF CHANGE ARE SWEEPING ACROSS YOUR WORLD, AND THEY SHALL BE AFFECTING EACH AND EVERY INDIVIDUAL UPON THE PLANET. THOSE WHO HAVE HEARD AND HAVE UNDERSTOOD THE MESSAGES WILL BE THE STRENGTH TO OTHERS IN THE COMING DAYS.

There are many dark influences and energies present in the world, but there are also many, many Lightworkers as well. These Lightworkers are everywhere, in every walk of life, and you will know them by the fruits of their labors.

They are the ones who are continually reaching out and helping those whose strength has given out. These are the ones who draw their strength from Creator, for if you should pay close attention, they always seem to be able to summon the strength to carry out whatever comes their way, even when they may be dead on their feet.

You look upon them, and their burdens seem light. But in reality, their burdens are greater than you know. They have only learned to allow God to assist them and aid them in the carrying of these burdens. They are also trying to teach others how to care for themselves, and seem to have the gift for knowing how to advise and how to teach.

Though they grow weary some days, they are always "there" when the need arises. Look for them, for they are many in number, but they often go unnoticed, and do these things with little or no material reward. They are, for the most part, taken for granted in your world, but not in my Father's Kingdom; and I know them, and they know me. They are not doing what they are doing for ego-satisfaction, or for recognition, but only because they see a need, and are willing to fulfill that need.

These ones deserve recognition, but they are not seeking it. They grow weary and frustrated with the state of this world, just as does anyone who is awake. These ones have their sights set not on what is, but on what they see as possible. These are the ones who are making the difference, and are manifesting, through their deeds, a better world.

Each and every one of you have this same Potential within, for each and every one of you is a Spark of the Divine Source of Creation. As such, you each have as much Authority and as much Potential as any other. You have but to recognize and to begin to acknowledge this fact, and make it so.

If you desire a thing, then manifest it, and stop complaining about the lack of it. You must focus and keep focused, and continue to step toward the goal if you intend to reach the goal, whatever it is. You cannot get to the end of the street by wishing and complaining, but by putting one foot in front of the other and moving forward in a BALANCED manner.

Many overlook this matter of balance, especially when swept-up by determination, though it is as central to achieving your goal as is the process of balance a young child must master when learning to walk across a room. Without balance, your goal loses its connection to Higher Purpose and thus loses its feeling of soul-satisfaction. And balance most definitely does not mean taking

from others so that *you* can achieve *your* goal. Many in your modern business world consider such taking a normal part of their ascending the corporate ladder.

So, get up off your seat and put one foot in front of the other and start moving! Focus on where you are headed, and stay on course, and stop becoming distracted and immobilized by every little pebble along the way. Step over the pebbles; don't stop because they're in your path.

This is how miracles happen, *chelas*—one step at a time. You have the Potential of The Creator and The Creation within you, and you know it not.

Healing of the body begins in the mind and comes from the spirit within. That same Spark of Creation that is within each and every one of you carries with it the perfection of all of Creation. You have but to draw upon it for a healing of the body, the mind, or the spirit.

I once told you that *if you but believed*, you could heal the body. You must believe within the very depths of your being that you are a Divine Spark of Creation, and then picture this same Spark of Creation coursing throughout the entirety of your being, perfecting and re-creating all the time.

YOU, however, must take the initiative to bring about the healing, and you must *truly* desire to be healed, and you must not be holding any unforgiveness, guilt, or anger—especially against self—in order for the healing to take place. If there is unforgiveness, guilt, or anger, reconcile it first, and then the healing will follow.

Take the time to not only pray, but to listen. When you pray, YOU are doing the communicating (talking), and this is very important; but you must also take time to hear the answer! Many stand, for hours on end, praying, but very few take even a brief moment to listen and hear from God.

You are all One with the All of Creation. You cannot separate yourselves from it, for to do so would mean you do not exist at all.

The spirit within each of you is the connection you have to The Oneness, and you are only shortchanging self by denying or ignoring it. It is through this connection with The Oneness that *all* takes place, so you must align yourself with The Oneness in order to receive from same.

As long as you consider yourself a separate entity from Creator, you shall remain separated from all that is available to you. It is your limiting beliefs which need to be replaced with empowering ones.

You live in a world in which most spend less time thinking about, or communing with, Creator than in pursuing any other activity. As a result, you typically operate in a state of unbalanced manifestation—one which generally lacks the God component and thus materializes only what you put the greater portion of your energy into.

Thoughts and actions are forms of energy, and energy, by Higher "physical" law, will be multiplied when exerted. So, what kind of energy do you want multiplied back to you? If you expend most of your energy communing with and working with the Divine Energy of Creation, that bounty is what shall be multiplied back to you. If, however, you expend most of your energy chasing after such as material wealth—that is, actually mostly dwelling (mentally and emotionally) on the *lack* of same—that lack is what will be multiplied back to you!

God's universes are teeming with abundance of every kind thinkable, and you, instead, chase after the toys and trinkets of your little planet. So, the next time you complain to God about lack, consider where you are spending your energies.

GOD OF LIGHT IS NOT A GOD OF LACK, BUT A GOD OF ABUNDANCE! YOU HAVE BUT TO RECOGNIZE THIS AND TAP INTO IT THROUGH A CHANGE OF YOUR THINKING HABITS AND A CHANGE OF YOUR HEART HABITS.

Only YOU can make the change of heart and change of mind that is necessary. You have great Potential, and you but need to acknowledge this fact.

Let us close this now, for it is growing late. I thank you for the time you have taken, and I assure you that all is unfolding in perfection.

The winds and the storms are coming, but take solace in the knowledge that you are providing a necessary service—albeit one that appears to be somewhat unpleasant. All is moving forward, and we are moving together. You are never alone, and you are never further away than the call which compels the answer.

God does grant mercy and God does grant you blessings. The adversary would have you believe otherwise, chelas, so recognize the darkness for what it is—the antithesis of The Abundant Light of Creator.

THE DARK DECEIVER WOULD HAVE YOU BELIEVE THAT GOD IS THE GREAT PUNISHER, THE GREAT DISCIPLINARIAN, AND THE GREAT DESTROYER. *GOD IS NONE OF THESE, AND YOU ONES ALL KNOW IT!* I AM ONLY REMINDING YOU.

Blessings upon you and yours. I am Sananda, One with the Love and Light of Creation. I leave you this day with the knowledge that you too are One with the Love and Light of Creation. Now, go in peace and go in love—mostly go in LOVE, for nothing is more powerful.

Salu.

WRITING NUMBER 8

Aton: The Unique Nature Of Your Current Environment

2/6/99 ATON, THE ONE LIGHT

Good afternoon, little one. It is I, Aton, *The One Light*—Creator God. Be at peace and find comfort in the Radiant Light within which I hold you. My Light is Source of all that is physical, all that is mental, and all that is spiritual within your conscious and unconscious planes of reality.

My words are chosen carefully. They will cause stirrings of recognition within many and discomfort to those who resist the greater awareness of self.

It is natural for ones to reject that which brings them discomfort. It is un-natural for ones to disconnect selves from the nurturing energy of My Light—yet there are ones who would argue the sanity of these words. So be it, for I give you all free-will choice to think and choose as you will. I love not one more than another; you are all precious and dear to Me. Nothing that you can do or say in the physical can offend or disturb Me in the least. I know your heart, for I created you each.

All ones will eventually come back into the conscious awareness of the inner connection we all share. Let not the brief compression of the current experience keep you from connecting to the Larger Picture you know in your heart to be true.

You are characters in a play, acting out various dramas that will cause you to have to look beyond what is or what was, and tap into the Infinite Creative Potential, and create new and better soul-utions to the "same old problems". It is quite boring to create the same old "wheel" that you created for the last several incarnations—is it not?

Look within and recognize the Inner Connection that connects you each to one another. You are all brothers on an infinite journey of self discovery and self mastery. The physical is only one small part of this infinite journey, but it helps to prepare you for the many journeys, challenges, and adventures which lie ahead. Let not the perceived pressures and stresses of the moment cloud your mind to the point of losing sight of who you each are and where you are heading.

Let Me remind you that the physical environment is a byproduct of one single Energy (Light) which, in and of itself, is the wholeness of Creation. This Energy differentiated itself into two polar opposites, making up the two Primary Rays of Creation—the Silver-White Ray and the Golden-White Ray.

These two Rays perfectly balance one another and are perfectly complementary with one another. They combine with one another in such a manner as to bring forth (precipitate) what you ones have come to know as the physical universes—along with many other octaves of corresponding energy realms (planes) that are necessary in order to "hold it all together" and allow for The Creation to persist in what you ones perceive of as time.

This environment, with its compressive nature, provides a unique opportunity for the *individuated* soul (which is also borne of My Infinite Energy Potential) to experience in a manner in which all knowledge is buffered to some extent so that ones can more easily explore their own individuality and uniqueness in a non-blended state of experiencing.

This is merely an *illusion* of separation, rather than an actual separation from the One Whole. This illusion can be quite uncomfortable for the experiencing entities, and many will begin to rapidly sink to a vibration that matches the discomfort in an effort to understand and explore the "new" environment in great detail.

Many of you are still exploring these less-than-comfortable vibrational realms and "squeezing" every last bit of data out of them that you can. You will also be using this data as contrasting information, so that you will be better able to appreciate the Higher (more familiar) frequencies of joy and exuberance. The individual experiences of each of you are recorded for ALL to connect with, experience, and grow from, and is added unto the evolving awareness of everyone everywhere (physical and non-physical).

There is nothing hidden from anyone, except from those who choose to not recognize this inner connection to infinite knowledge. The massive, holographic "data banks", labeled by some as the Akashic records, are generally accessed by forming a desire (question) regarding whatever it is you want to know. This knowledge is without the restrictions of time, and therefore future, as well as past and present, are all within the grasp of any who wish to connect and partake.

Those who refuse this connection are often ones who wish to erase their past or to hide in secrecy, for the perception of "shame" is somehow unbearable. There is nothing that you ones can do that has not already been done or will not inevitably be done again. This is to say there is no reason to burden selves with ideas that you have done a "shameful" act. I take no offense. Why should you?

If you call me a liar, do you think that I am so insecure as a being as to be offended? I know why it is out of great inner pain and disconnect that such utterances come forth. I will ALWAYS effort to send to you a message in some form or another with the necessary guidance and insight you need—in most cases before you are even aware that you need same.

I know that each of you will again "get back on your feet" and "dust yourselves off" and begin again to walk forward along your chosen path of self discovery. When you do stand up again, you will often find yourself wondering what exactly it was you were sooooo upset about that you wouldn't allow yourself to get back up.

A clue: It is easier to see "the path" when you're standing on your feet than when groveling in a rut. A learned traveler will find that, if they go within and connect with their Guides, they will have the added advantage of an even larger perspective to help them navigate along their way.

Dear ones, you are *never* alone and you can *never* make a mistake that is too big or unforgivable. YOU are your own worst enemy in terms of self punishments. I will always allow you to your choice to do so, but when you cry out in your moments of agony and desperation, I'll tell you to let it go and focus your attention elsewhere—in some more productive direction.

All who seek shall find the answers they desire. *Recognizing* an answer is another matter altogether! If you cry out for assistance, and then bite the hand (or those) sent to help you, because the assistance did not come in the form you wanted, then wherein lies *your* responsibility for remaining in a "troubled" state?

I shall never abandon you along your many journeys, for I would only be abandoning Myself, and that is something that may very well be impossible! WE ARE ALL ONE IN THE SAME!

If you erroneously think that I love the one you have come to commonly know as Lucifer any less than the one you have come to know as Esu "Jesus" Sananda, or any of My countless other creations, you err greatly in your thinking and understanding.

Limit not Me with your thinking and you will be well on your way to recognizing (and thus freeing yourself from) the repetitive cycles of reactionary decision-making that are based on ego fears and self denial.

I am Aton, *The One Light!* I am Creator God—THE ONE WHO CREATED YOU! I am the beginning and the end. All will come full circle only to set forth anew on another adventure of exploration and growth. Go within and discern for yourself the information offered here, and know that it is brought forth with great honor and appreciation for you all!

Blessings and Love to you all! Salu.

WRITING NUMBER 9

Soltec: Recognizing The Subtle Influence Of The Adversary

2/13/99 SOLTEC

Good afternoon, my friend. It is I, Ceres Anthonious "Toniose" Soltec, come in the One Light of Creator Source. Find peace in knowing that all is unfolding in perfection and in accordance with His plan.

You may not know the details of the agreements (contracts) of others with respect to the role they have agreed to play. Many of you are very uncertain as to that which is YOUR agreement in terms of specific details and agreed role you play. This makes the unfolding "drama" a bit more alluring and adds a challenging element of surprise to the "play".

Just when you think you have everything "figured out", the "pieces" on the playing field get moved in a very unsuspecting manner, and you are left rethinking strategy and position. This is part of the challenge you ones have chosen to face in your present incarnation.

Do you think a Lightworker can be seduced or manipulated into drifting off (leaving) the Lighted pathway? Do YOU feel that you are beyond the "touch" of such seduction or manipulation? What do you feel the signs would be (or are) when this drifting happens? What clues would you look for to verify, for yourself, that YOU have not been seduced or manipulated in such a manner?

The Lightworker is the greatest threat to the darkened ones and the adversary himself. The greater the Light you bear, the greater the attacks will be against you. It is time to fortify your shielding and demand that ALL dark energies around you be dissolved by the Pure White Light of Creator God. You need not entertain the low-frequency entities, even for a moment. Most are merely thought-forms sent forth against you by the master trickster himself.

Many a great being has been subtly tricked in this manner. Take, for instance, one particular great "receiver"-scientist (who must remain nameless in these pages at this time) who did fantastic research on the nature and characteristics of Light and the creative process. For several years the work progressed and grew, but in the later years he was seduced (literally) by a younger woman, and left his longtime companion (wife) for this younger woman. His work quickly became diverted off-course, and the insightful gifts he was given began to become misused and misdirected. He did not recognize the nature of the distraction before him, though all the clues were there to see.

The external evidence would be in the form of significant advances in his work. There was little in the way of significant advances in the later years, while he was under the "influence" of such sweet and "innocent" beauty.

With only minor changes in terms of the specifics, this same kind of subtle influence is tugging at you all. The key word here is SUBTLE!

There will almost always be a slow but methodical "reach and withdraw" procedure that will cause oscillations in the emotional centers. This is to say there will be the "pushing of buttons" (exploitation of weakness) whenever the opportunity arises that will

add explosive fuel to an already potentially volatile situation. And then there will be a withdrawal and the person will become calm and sweet again. These flair-ups will be few and far between at first, but then they will begin to become more and more frequent as the troubled individual becomes more familiar (comfortable) with the lower frequencies associated with the darkened entity in their proximity.

The darkend ones currently rule your world. The biggest news of the day is that the "leader" of the United States was acquitted for the moral atrocities he had obviously committed. This is a strong message to the world that shows the level of influence these dark ones are projecting. The general masses, for the most part, care not what the president has done, and simply don't want to be bothered by the whole thing any longer.

How is it that one with such a low moral character gets "elected" in a "free" society? How is it that the masses become so numbed to the implications of such an acquittal? Yes, the answer is mass mind-control or, as your psychologists would state, mass "conditioning" of the population. You each have been influenced by this sort of "conditioning" to varying degrees.

What can you do to break yourself free and avoid such traps laid forth by the adversary? CALL UPON CREATOR SOURCE (THE ONE WHO CREATED YOU) and ask for Guidance and Clarity in any situation that causes you the discomfort of confusion. Then listen for the Guidance that will help you to discern for yourself the correct answers. Usually this Guidance will be in the form of questions, so as to help you to grow personally, and will not likely be in the form of a direct "yes or no", "right or wrong" answer.

Rather, your help will likely be communicated in the form of questions such as: "Well, how does the information make *YOU* feel?" or "What does your 'gut' tell you?" or "What is NOT being said? What points of data are you missing in order to have complete information?" In other words, clues will be pointed out to you so that you may grow through the exercising of discernment.

These are but examples for you to know that sometimes your Guidance will come in the form of a Teacher asking you questions so that you can learn to find your own answers. This is why you have chosen to come into the current environment—to learn and grow. REMEMBER: the only "thing" which is of true lasting value is what you take with you when you leave the physical experience—"things" like knowledge and experience.

If the Earth were to shake, and a building were to fall on your head tomorrow and "kill" you, it will not matter one bit how much money you have in your bank account, or whether or not you had acquired a new spring wardrobe. You will be more concerned about the productiveness of the experience, and what you learned about yourself as a creative being and about the uses of various spiritual (nonphysical) laws such as the Law of Cause and Effect.

Wherein lie your priorities? Do you place family and friends above all else? Do you place Creator God's will above all else? What was Esu "Jesus" Sananda's choice when faced with these

RESPECT THE ONE WHO CREATED YOU. LOVE THE ONE WHO CREATED YOU. BUT, DO NOT FEAR THE ONE WHO CREATED YOU, FOR FEAR IS A LOW EMOTIONAL STATE AND ONLY SERVES TO DISTANCE YOU FROM THAT WHICH YOU DESIRE THE MOST UNDERSTANDING AND PEACE.

same questions two thousand years ago on your Earth? Would *you* agree to a path that leads to such physical torture as to have spikes hammered through your flesh in order to fulfill your mission? Many of you cannot bear the ego pressure of someone finding out that you believe in extraterrestrials and the Hosts of

God, let alone admit to ones (even close to you) that you believe they are personally communicating with you through the heart connection of God.

These subtle insecurities are the result of centuries of mental and social conditioning. How different is it, really, between the Lightworkers who get burned alive and called a witch for exercising their spiritual gifts, and for Esu to be impaled on a cross and left for dead? Your world is full of ones who have been trained (conditioned) to be afraid of that which they do not understand. These ones likewise fear God, for they do not understand Him. From the adversary's point of view, he has succeeded in all the major religions of the planet by just keeping you ones in a "healthy" state of fearing God.

RESPECT THE ONE WHO CREATED YOU. LOVE THE ONE WHO CREATED YOU. BUT, DO NOT FEAR THE ONE WHO CREATED YOU, FOR FEAR IS A LOW EMOTIONAL STATE AND ONLY SERVES TO DISTANCE YOU FROM THAT WHICH YOU DESIRE THE MOST— UNDERSTANDING AND PEACE.

Recognize the many things that impact and influence your daily thinking. Look at the evening news on your television sets if you need a good "hard" (physical) example of that about which I speak. Count up the number of negative issues reported and contrast that with the number of positive issues reported. Are both sides of a controversial issue reported fairly and without bias, or is there a slant to the story?

If you knew that one very dark faction of your "elite" controllers wanted Clinton out of the way so that they could get Gore into office and make radical changes, would your opinion on the impeachment acquittal be different? Do you know for certain that Clinton is not one of our Ground Crew? Could Clinton become more than a puppet? Would God assist him if he were to choose to do a greater service for the masses? Do you forever condemn someone as being evil because of their past? Do you forever praise someone because their past was once good and godly? If a serial rapist were to save your child from a burning building, would you not be thankful to him?

Learn to Connect Within and *FEEL* your way through these challenges! Use logic and reason, but also heart and "gut" feeling (solar plexus energy center) in a balanced approach to finding your own path.

You can break the conditioning through a deliberate intent to think things through for yourself and formulate your own opinions and beliefs. Worry not about that which another thinks about you, and do a thing because YOU know it to be right and correct for you. Only you can truly know what is best for you in every situation or circumstance. A wise person will always get as much data and put aside their personal prejudices while evaluating the data at hand.

Is love blind? In the physical perhaps, but not in the non-physical realms. We of the Higher Realms of Creation have great love for you ones. We will, however, gladly leave you to your free-will choices. This is to say, for example, if you insist on taking drugs (prescription or otherwise) to handle your depression, we will not stand in your way. We will send you help in many forms and in many ways (usually through friends and relatives), so that you can know that you are not alone, but we will not interfere with your free-will choices. To do so would only show a lack of respect for you and would be against who we are, to the very core of our being. Remember: God goes not where He is not welcome—so why should we?

You must not only ask for assistance, but you have to accept it as well. Many times we send forth messengers to assist you ones, and yet you refuse to hear, and in some cases you attack the messenger and miss entirely the message! So be it, for we will honor always your choice to do so.

Please, dear ones, go within and CLEAR from your heart any and all feelings of doubt, irritation, frustration, anger, grief, and hurt. These are not natural feelings to hold to, for they only serve to disconnect you from Higher Creative Source (God).

You must make an honest attempt to release these sorts of feelings and give way to the more natural (high-frequency) feelings of love, joy, and appreciation. Remember also that there is no need to get too wrapped-up in the current physical experience, for it is but a twinkling of an eye in the infinite journey of your soul.

I am Ceres Anthonious Soltec (Solar Technician and Light Worker). I come in the One Light of Creator Source—The One who created you and me. I am a Teacher, Guide and Friend to many. I wear many "hats" and I am in constant communion with Father Source. I choose His Divine Will for me, for I recognize the Wisdom in doing so.

Blessings to all of you who go within and hear with your heart and recognize that direct connection to Source, for you are the teachers come to help your brothers who cry out for greater understanding.

Salu! -^Ax

WRITING NUMBER 10

Soltec: Acting In Balance To The Challenges Of Life

Editor's note: The following writing was originally a private message to the receiver. However, it is being shared here for its insightful value within the subject forum of this special issue of CONTACT.

2/20/99 SOLTEC

Good morning, my friend. It is I, Ceres Anthonious "Toniose" Soltec, come in the Radiant One Light of Creator Source. Be at peace and be still.

All is unfolding as it should and all will come into a greater awareness of what is truly important. Let not the swirling of emotion or the mental preoccupation with trying to "figure it all out" get in the way of your forward progress.

Worry not about what "might" happen. Always act in honesty with self and others and you will find that you are well prepared for anything and everything that may cross your path.

You shall be given the navigation clues along your journey. Be always attentive to the situations that are guided to cross your path, for ALL is for a reason. Nothing happens by "chance". NOTHING!

In the coming weeks there shall be great change in the mental and emotional states of both your planet as a whole, and in you each as individuals. There is a deliberate attack designed to keep you ones in a state of distraction. Your "elite" controllers are thrashing about in a last-ditch effort to realize their global agendas. Their plans are fraught with many an error—the largest and most blatant of which is that they lack the balance of the "God element".

Allow for the unfolding "drama" in the Philippines to run its course, for these ones have made choices and decisions that will bring them the lessons they need the most. Pay attention to the clues and play your part in the "play" with the balance of His Light in your heart. Be your own person and hold to your own perception of truth and reality. Always endeavor to act from a point of balance and never from a negative point of reactionary emotional response.

Your challenge is just that—YOUR CHALLENGE—to learn to control the reactionary nature of your ego, and thus lift yourself out of the tit-for-tat petty garbage. Move forward with knowing and certainty that you have done the best you presently know how to do. In doing so, you will find that your life will smooth out and the challenges will become less impacting in terms of emotional stress. There shall always be the mental-spiritual challenges, and they will likewise become easier because you will no longer have the emotional reactions compounding the situation.

This, again, is YOUR challenge. When you have learned to master the physical environment, you will then be ready for your next level of growth and challenge. There is NO skipping ahead; you must face each challenge as many times as it takes in order for you to learn the intended lesson. Any given lesson can be learned in hours, days, weeks, years, or even lifetimes, depending upon the determination and awareness of the individual. Allow each to determine their own path and find their own answers in their own time.

Another's challenges are theirs to experience. If they do not ask your assistance, then do not presume that you should give same. Conversely, if one does ask your advice or help, offer to them that which will help them to help themselves. If you just go and "do it" for them, then they will not learn. You may very well get stronger, but they will go again around the "merry-go-round" and come face to face with the same challenge until they do face it head-on themselves.

Allow for the spontaneity of daily life to guide you in a pleasant and fulfilling manner. If you are down or uncertain about where you are heading or what is important, then fall back to a balanced position of personal certainty—such as the Golden Rule. Remember that what you put out, in terms of energy, will flow back to you in like kind and amplified.

When uncertain, defer on the side of kindness, and that same kindness will return to you amplified. Likewise, stern honesty with compassion will return to you a greater honesty and knowing. Even if another cannot confront a situation with honesty, their reactionary response to the high-frequency intent will be of a nature that will confirm to you your accurate appraisal of the situation.

If they choose to reject the high-frequency approach, then that is their CHOICE, not yours. You will be given to see, through actions taken (sometimes against you), the TRUTH, and you will HONESTLY know, with a greater CERTAINTY, that you have done the "right" thing, and thus your Honesty and Truth have come back to you and strengthened you.

Let go of the reactionary feelings that are precipitated by another's actions. Allow the experience to wash through you, so that you can recognize that you still have some areas of understanding and growth to work on. But be quick to let go of the negative feelings, for they will do little for you except reinforce your disconnect from Higher Source.

Seek always balance, FIRST and FOREMOST. Speak not with anger in your heart, for there will almost always be regretful words uttered. State the facts if pushed for comment, such as: "I feel great anger and frustration in the present moment, and therefore I feel it is best to say little or nothing until I can first find balance and inner calm."

Anyone hearing such words will, if nothing else, respect you for your wisdom (maturity). You will also be setting the tone of the conversation and you will find that it will become easier to regain the balance you are innately desiring. You do not have to do "battle" with anyone, ever, if you just seek to find balance and understanding first.

All is viewed in energy space as a matching of frequency and amplitude. You cannot be angry if you are dwelling in the emotional realms of satisfaction and certainty. Now, if you get bored with your peace, and decide to be a bit ornery, you may choose to get into an argument or debate for the sake of the challenge of wits. But, you do not need to do so and you can stop anytime you like.

When your current life challenges are over, you will reemerge into the nonphysical, only to begin again the planning of your next projection forward along the infinite pathways that lie ahead for you. The current experience will be just like the countless ones that came before, and you will, for the most part, be free from the garbage accumulated in the present experience. You may very well pick up where you left off, but you will be a bit wiser and a bit more experienced. The journey will naturally evolve into one of newness and continued growth.

This writing is a simple reminder to you so that you can know that there is truly no reason to get too upset over ANYTHING that happens. You all need such reminders, from time to time, and there is wisdom in remembering often the Bigger Picture of who you are and from where you come.

I am Ceres Anthonious "Toniose" Soltec. I come as a Messenger, Guide, and Friend, within the One Light of Creator Source. Blessings and peace! Salu.

WRITING NUMBER 11

Soltec: Make Truth, Honesty, And Integrity Your Guides

3/6/99 SOLTEC

Good morning, my friend. It is I, Toniose Soltec, come in the Radiant One Light of Creator Source. Be at peace.

Allow for the forthcoming confrontation to play out its natural course. The adversary will always try to intimidate, bash, and destroy any who would expose him in the Light of Truth. We of the Hosts shall stand with you in these times of "head-on" confrontation, for there is a time and a place for everything. Let Truth, Honesty and Integrity be your strengths and convictions.

Act in wisdom, certainty, and compassion, for these ones are still your brothers and they truly know not what they are doing. The volatile nature of the reactionary ego pressures will certainly cause these ones to make foolish statements as you have already witnessed. There has been great outward bashing under the guise of "Hatonn" of ones who did not deserve such bashings. These ones needed to experience these things and thus helped create the conditions for such confrontations.

This is allowed, to a certain point, in order for you ones to experience the subtle but effective influence of the dark ones. This only goes on as long as it takes for the impact of the lesson to "sink-in" and this is when there will inevitably be a call for assistance made to Higher Source.

Remember that the purpose for your current environment is to provide you ones with opportunities for growth and learning. We will effort to help you find the solutions to your problems *only after you have truly grasped the nature of the challenge* facing you. True recognition of the nature of your challenges is as much a part of the learning and discerning process as is the finding of the solution.

We monitor closely the frequency of your intent, and when it is in alignment with the high frequency nature of the Higher Self, then there will be the miracle "soul-ution" brought forth into conscious recognition. When the frequency of intent is of a low-level nature, such as to "get even" or "I'll show you", then there is, to a very great degree, a fundamental disconnect from Higher Guidance. This will always lead to great hurt on the part of the one who chooses to operate in such a manner

Seek first inner calm and balance prior to responding to harsh accusations. Find the inner connection to Source, and know that ALL is connected to ALL, and that harsh words spoken in anger will only serve to disconnect you from the nurturing Light you so deeply desire. This energy will likewise circle back to you and continue to fester and grow until it either consumes you or you come into understanding that YOU have created the out-of-balance situation in the first place, and simply choose to stop reliving the "nightmare".

Did not Esu "Jesus" Sananda show this to you when he asked forgiveness for those who were impaling his flesh: "Forgive them, Father, for they know not what they do." Compassion for your brother who is failing to recognize the Lighted path will always help you to find a balanced

solution, for the frequency of TRUE Compassion is born out of Love and Understanding of the true nature of your spiritual heritage.

We are all One within the collective consciousness of Creator God. What you do to your brother, you also do to the entirety of the collective Oneness that IS Source—GOD! Remember: "What you do unto the least of mine, you do unto me."

Be kind and compassionate to those who come against you, and you will be doing great service to them in terms of their continued soul growth. You will likewise be doing a great service to yourself for you will be showing, through action and high-frequency intent, that you have achieved a basic understanding of the true nature of your being and your interconnectedness to ALL that IS.

This is an achievement in consciousness which prepares you for even greater challenges and rewards. There must first be a truly solid foundation upon which to build, else there will not be given the assistance from Greater Knowing, for it would be spiritually unethical to do so without the proper preparations. This is to say that you will not be given more than you can responsibly handle. Responsibility is shown through the results of actions taken and the subsequent balance achieved.

If there are consistently out-of-balance conditions created, then there is always evidence of disconnect from Higher Source. The amount of balance in any situation is directly proportional to the amount of Life-Force (God) Energy one is willing to allow to flow through them.

As one seeks greater balance and clarity, there will always be challenges of greater magnitude presented, so that you can have the opportunity to appreciate and see the wisdom of remaining connected at all times.

If you wish to grow, there must be that which offers to you a means to appreciate the difference between where you were and where you are. These contrasting viewpoints are what give you ones the confirmations that you desire and need along your physical journey.

Each of you wish to know the "Great Secrets of Spiritual Truth", yet many of you are reluctant to walk the challenging path of RESPONSIBILITY in order to reach the desired results. We frequently witness you ones opting for (and rationalizing in your own minds) the easier path, especially where "tough love" confrontations in truth are warranted.

You each must make the journey for yourself. If you think that another can impart Higher Knowledge to you with words written or spoken, then you err greatly for both the connection and the journey are personal and unique for each of you. True knowing comes ALWAYS from within, never from without.

We of the Hosts of God can and will guide you each along your journey. A wise traveler will always be efforting toward strengthening their own inner connection to Higher Guidance. Learn to discern, for yourself, Truth. You all can do this, for it is an innate gift given to you by Creator, and "it" is YOUR direct connection to Source.

Be thankful for the "LARGE" challenges for they are indicators that you have grown in ability, knowledge, and responsibility, and that you are now ready for the next level of challenge and subsequent strengthening. Let not the perceived size of any challenge become overwhelming to you, for you CAN handle the task at hand!

Patience is a natural byproduct of certainty and knowing. When you find yourself impatient with another or a situation, you can know that your frequency has dropped and that you have withdrawn to some extent from your connection to Source.

Monitor closely all aspects of the emotional responses that you feel from moment to moment, and you will begin to understand how it is that some ones can seemingly discern better than others. The biggest difference is that the ones who pay attention to all of the subtle clues will begin to recognize the nature of the Higher Self guidance, and use it as it was intended. Make note of all sensations you have and any correlation to thoughts or ideas that may be associated with them. You will then be well on your way to the next level of understanding, challenge, and subsequent growth.

I am Ceres Anthonious Soltec. I come in the Radiant One Light of Creator Source. I come as a member of a much larger team of like-minded Lightworkers known as the Hosts of God. Our purpose is to assist any and all who wish to have inner spiritual guidance and are willing to go within and connect for themselves to this Higher Knowing.

Be at peace, and go in certainty that God awaits your inner conscious communion.

Salu. ^Ax

WRITING NUMBER 12

Esu Sananda: Reclaiming Your Authority As A Co-Creator

3/7/99 ESU "JESUS" SANANDA

Good evening, child. It is I, Sananda, also known as Esu or Jesus the Christ, depending upon your own understanding. Regardless of the label, I come in and with and as representative of the One Holy White Light of our Father, Creator of all that is. It is my pleasure to commune with you on this day, and I am thankful and honored that you have taken the time to sit with me.

I, as well as others of the Higher (Lighted) Realms, are in full understanding that many of you ones are questioning what is taking place and when and how it might all play out eventually. What I shall comment in regard to this matter is this:

All is progressing forward, and all will eventually play itself out. There are many human conditions, karma, and decisions that have effect upon the outcome of the situation, and we must allow for all these human dramas to be expressed as they will. After all, the principal way that you in the third-dimensional reality learn is by the human experience through your current expressions of physicality.

Many have, are, and will complete lessons as the current situation plays itself out, and it is as it should be—even though it may not be as many wish it to be. There shall be those who will consider the outcome to be sad, and others will be vindicated, and still others may come to the completion of this particular physical expression.

None can predict the absolute outcome, for the human drama is dependent upon the free-will choices and decisions made by all involved—and there are many, many involved, even some who do not know they are involved. So, know that it will all be resolved, one way or the other, and there are none who can know for certain, though there are probable outcomes.

[Editor's note: The following section was originally denoted as a private message for some ones who are in responsible positions which are impacted by this situation. This update continues from a similar message within the 2/1/99 writing by Sananda.]

As you will recall, we wrote previously about Doris's own personal condition. That condition has not improved, but rather has deteriorated even further, for the heart is still hardened, and she will not allow herself to reach out to those who really do care for her wellbeing. Her emotional state is such that you might consider her to be in a melt-down condition, and confusion is blurring the mind's ability to make rational decisions. Even words meant as constructive criticism or assistance are taken with an unhealthy dose of doubt, anger and distrust.

All the while, she has E.J. sitting beside her, encouraging her to continue, as they have lost so much of their own in the financial arena, that he too is functioning from a state of great fear. You see, even though he professes to believe all that has been written and spoken by us in the last eleven or so years, he still fears that, without money, he is nothing and fears for their future.

Add to this the embarrassment of having to return without having succeeded, after all the statements made about not returning until they have gold in hand, and you have two people who are operating, not in faith, but in fear, which is the ABSOLUTE opposite of faith.

Those with whom they are dealing, trying to obtain money, are not all working from the Lighted side of Creation. There are many who would dangle a carrot of small amounts of money in order to obtain complete control of a U.S. operation, even though it has never been presented as such.

When you play in the Big League, with the Big Boys, you can know that, unless you have absolutely clean hands going in, with nothing even the slightest bit shady in your background, these Big League Players will find out all the dirty laundry in your baskets, and will use it against you whenever needed. The information is held as a trump card, ready to play, just as soon as they hand over the bait money.

So, be very careful, anyone who thinks they shall benefit from such funding, for I can tell you for a fact that strings are attached, and the strings reach around the world several times and are filled with many knots. If you ones believe that the money from these sources is what is needed to bring about freedom and liberty to your projects and this mission, then I tell you that you certainly are traveling down a very slippery slope, and at the bottom you shall find yourselves drowning in thick quicksand. I strongly urge you, therefore, before accepting any money from this source, to think about what you really want, and just what your intent might be, for if money is all that you are seeking, then money is all you shall have.

How many times have I told you ones that you HAVE NOT because your faith is such that you believe you CANNOT HAVE? My Father's universes are filled with abundance, but abundance does not always take the form of great sums of money.

One of the basic lessons that you should all have learned is that money is not the answer to all of your problems. Your problems come from lack of trust, lack of cooperation, lack of community, and lack of love and forgiveness.

You have formed something which more resembles a large business holding, with one or two people controlling everything, rather than each and every one of you having the same amount of responsibility AND authority. Giving responsibility without the authority to carry out the job at hand is a dead-end position. How can you possibly carry out your particular task, and have full responsibility of that task, without the authority to make decisions about that task? If you have the responsibility, while only one or two hold the positions of authority, how can those one or two persons possibly know every detail involved in every task, and how can they possibly expect to, or be expected to, make the best decisions for every situation?

[Editor's note: This is the end of the originally private section of this writing.]

Why is responsibility so freely given, while authority is rationed? The answer is as old as the world itself, and it is CONTROL. If you have the responsibility to carry out your appointed or chosen task, but another holds the reins of authority, then you are most likely destined to fail, even before beginning, because you are always going to be on "the short end of the stick" when things go wrong, even though the decisions that brought you to that end were not necessarily your own.

Yet, the position is still *your* responsibility!

Under these conditions you will forever find yourselves in "head-butting" contests with those in "control" and seats of authority, for it is a most inefficient way to operate. Authority is not rendered to those with whom it should reside because there is lack of trust, lack of cooperation, lack of love, and lack of forgiveness. In your third-dimensional expression, there are VERY FEW

who have progressed enough in their journeys to allow authority to fall to those who are responsible for a given job. Meanwhile, those who can actually handle authority in a responsible, balanced manner are even fewer in number.

Authority carries with it a great deal of responsibility, and if you ones fully understood the ramifications of the authority that you have been given by Creator, you would not be in the condition you find yourselves today. When you allow another to take away your authority, or you freely give it away, you are short-changing yourselves, because each and every one of you have no greater or any less authority in the eyes of Creator God.

I told you earlier that God's universes are teeming with abundance in every form. It is only because you have allowed your authority to be usurped by the Adversary that you live in a mental and spiritual state of LACK consciousness. If you truly believe that all you need, and even what you desire, is yours simply for the asking, then you would not be needing to travel all over the globe to find monetary treasures. You would, rather, be creating them exactly where you are!

But, because your levels of faith and understanding are stuck in the mud, you are, therefore, continuing to lack what are, in some cases, even the basic necessities—to say nothing of the desires of the heart. You have not because you ask not, or you ask in error—that is, you ask without COMPLETE AND UNBENDING FAITH! If there is the slightest seed of doubt, you have undone it even before you have spoken it. And, remember from whence cometh doubt—it comes from fear, and you all do, I hope, remember *THE* source of fear, for it is, after all, lesson number one.

By allowing fear to have such control over you, you have, in essence, given away your authority to create the reality that you all profess to desire. God did not create you to achieve any task without giving you the authority to create your own reality.

But you all walk around as if you are victims of some angry, vengeful god. The anger and vengeance are not from God, children, **THEY ARE FROM THE ADVERSARY**, and you must, if you are ever going to step off the down-trodden path, take back that authority which you have given away.

Stop waiting for another to bring you back the money, or tell you what you can do, when you can do it, and how you can do it. Stop waiting for someone else to make your decisions, and know that the only really bad decision is the one you refuse to make.

ONLY BY TAKING THE RESPONSIBILITY AND THE AUTHORITY FOR YOUR OWN LIVES CAN YOU TRULY BECOME FREE. Freedom is not going to come from money and, in all likelihood, money will be fleeting if you believe that it is all you need to set you free.

I agree that you live in a physical world, where money *seems* to be the ultimate ruler. But that, children, is the greatest of the lies, for it only gets you ones running around in very large circles, chasing your own tails—for the more you get, the more you spend, and the more you spend, the more you want, and the wants become needs, and the cycle becomes never ending, for more is never enough, and enough always requires more.

I told you earlier that God's universes are teeming with abundance in every form. It is only because you have allowed your authority to be usurped by the Adversary that you live in a mental and spiritual state of LACK consciousness. If you truly believe that all you need, and even what you desire, is yours simply for the asking, then you would not be needing to travel all over the globe to find monetary treasures. You would, rather, be creating them exactly where you are!

This is the point where abundance will truly flow, for you will be working in cooperation with Creation, and not in opposition to it for fear of lack is opposite to Creation, and fear only destroys your authority, which is given to each of you in order that you might create your own reality.

Rather, get your spiritual house in order—and that means you clean out all bits of fear, regardless of how small they might appear to be, for those bits of fear will forever keep the abundance just beyond your reach. After all vestiges of fear have been eradicated, you will suddenly find that even your priorities have changed, and suddenly money becomes but another tool, and not something that you endlessly chase after.

You will find that the big houses and fancy cars and clothes have absolutely no value, and appearances mean nothing. The only thing you will find yourself focusing on is your part in the overall scheme of Creation; and once you find this level of knowledge, then material possessions, fear, and doubt have no hold over you.

THIS IS FREEDOM!

This is the point where abundance will truly flow, for you will be working in cooperation with Creation, and not in opposition to it—for fear of lack is opposite to Creation, and fear only destroys your authority, which is given to each of you in order that you might create your own reality.

Do you ones understand this? *The most difficult part of the whole journey upon which you ones find yourselves is ridding yourselves of all the self-imposed limitations due to fear.* **The best way of getting rid of fear is to have experiences which allow you to take control over the fear with the AUTHORITY of your birthright, and thereby re-create the situation into something more balanced and bountiful.**

Many of you ones have bought into the lie that it is much easier to allow someone else to hold the reins of authority, for if something goes wrong, they're ultimately the ones who will be blamed. However, allow me to correct you, for it is once again a lie that your lives are easier thereby, for there is always much more struggling because you shall always have to answer to the one(s) in authority for everything you do. You will be obligated to that one or ones, thus you have no freedom—so your life isn't easier, but instead becomes more complicated! You expect the one(s) in authority to provide for you in one form or another, and that, chelas, is not the way I taught!

Know that we allow the human dramas to play themselves out because we do not have the authority to interfere. We do not have the authority because the authority is YOURS, not ours! It is your decisions, your choices, and your authority to work through your own dramas. We only interfere in extenuating circumstances, and when a species is ready to blow up their world, which affects the rest of Creation.

You who are there as Ground Crew have the same authority as everyone else on the planet. You would never have been asked to participate in the experience with one hand tied behind your backs, so to speak. You do not need our permission to do anything, for we do not grant permission, and we do not call all the shots, as so many of you seem to believe. We shall all work in complete cooperation with one another, but we shall never take away your personal authority

and decision-making functions, for you would learn nothing, and the mission would soon cease to be effective.

There is none whose authority is any greater than another. Those who would tell you otherwise are not functioning within the framework of this particular mission. There are other missions that have been mounted by adversarial forces to destroy this mission of bringing Earth into the greater galactic family, for those who would want control perceive they have much to lose. Therefore, just because ones come telling you that you shall do thus and so if you want to be on "my team", be very, very careful which team this is, because MY teammembers do not dictate every aspect of your lives!

Each of you know full well all these things, and are only in need of refresher classes from time to time. This has been one of those refresher classes.

Thank you for your time, your patience, and your perseverance in these times. We are making progress, and though you may look upon happenings as setbacks, know that they are but further experiences from which all shall learn many valuable lessons.

I am Sananda, One with the Holy White Light of Creator God, our Father. I leave thee, as always, with the blessings of our Father. Go then, in Peace and in Light and in LOVE.

Salu.